

# Spiritual History of Mankind Including Mu, Lemuria and Atlantis

Trance Library File No. 87-03

# SUGGESTIONS ON READING THE TRANCE LIBRARY FILES

by

WILLIAM ALLEN LePAR

I appreciate your interest in the information we have been receiving from [The Council](#), the spiritual source which speaks through the Trances. In all the years that I have been manifesting the Deep Catatonic Trance, I have learned a great deal from The Council, and I earnestly wish that you also gain a greater understanding of our existence.

These Library Files present information from The Council over a vast range of topics. In some cases, the information presented comes from one or two Trances that were usually held consecutively, within a few weeks or months of each other. In other Library Files, the information is selected from Trances held over many years. In all cases, if you study these Library Files carefully, you will notice a common thread of awareness that runs through all the information that The Council presents.

You may also notice that by the manner in which The Council presents the information, it becomes evident that they are layering awarenesses and insights. The observant reader will realize this progression of awareness and the unfolding of these insights.

These Library Files will not reveal their deepest insights to you with a casual reading. You must study them and reflect upon them. I would advise you to read the Library File at least twice and reflect on the information that The Council gives.

Again, thank you for your interest. I sincerely hope that you benefit from the Council's wisdom.

Sincerely,

SOL

# AN INTRODUCTION TO THE COUNCIL

by

**William Allen LePar**

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and means something far greater than what we normally have been taught to understand as "spiritual beings."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description from The Council, we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit The Council's own personal description of themselves.

## THE COUNCIL SPEAKS OF THEMSELVES

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection until finally the soul, the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mergence or merging with other beings; where all ideas of limitations, all awarenesses of false limitations, have been done away with; where the person or the soul or the entity begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself. Once a soul or entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity has its own personality, yet delicately flows in and out and with other souls but yet maintains its own personality, its own being. The soul, the entity becomes more god-like in that it becomes part of all things, yet maintains its own personality, its own being. Once a soul has reached this level then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited **Child of God**, one who is so developed that no name could ever describe him. That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we souls have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the **physical plane**.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who come to us some idea to relate to or some concept that they can relate to.

## THE TRANCE PHENOMENON

We believe The Trances of William Allen LePar are the rarest paranormal experiences known to modern man. The only example of a similar phenomenon ended with the death of [Edgar Cayce](#) in 1945. The Council's unparalleled revelations, through Mr. LePar's trances, are made available to the public through the SOL Association for Research. His time and efforts are without compensation, and SOL is a non-profit, tax-exempt concern dependent on the commitment of volunteers.

The following is a brief explanation of a Trance, so those without the opportunity to participate have a better understanding of the phenomenon. On the day of a Trance, Mr. LePar remains in a peaceful environment. He consumes little food and The Council recommends his diet include red shellfish. He engages in considerable prayer and meditation throughout the day.

Those participating in a Trance, to question The Council, gather about a half hour before the session for socializing. Nancy LePar, his wife, is always the last to leave her husband before a Trance begins. She sits with him in a separate room as he quiets himself with prayer and meditation. When she enters the room in which the trance is to be conducted, all talking and noise cease. Soon he enters, silent and already in an altered state. With everyone seated and quiet, he enters, removes his slippers and positions himself on the floor.

He wears, as instructed by The Council, loose clothing of all natural fabric. Also, Mr. LePar wears no metal other than a wedding ring and cross. As he rests his head and bare feet on pillows, he maneuvers his body into alignment with magnetic north. Those participating, following instructions from The Council, are to place themselves in a quiet, prayerful state as until this remarkable source begins to speak. There are two distinct time periods in the linking of LePar's spiritual vibrations with those of The Council. The first period concludes with LePar's extremely deep and rapid breathing, a form of [hyperventilation](#). His hands, folded across the abdomen, quiver; his left leg stiffens and his left foot extends. Then, suddenly, silence. It seems almost as if he has stopped breathing. Finally, The Council begins to speak -- slowly at first, repeating the name of the Trance moderator, until the link with the physical world is ready. It usually takes about thirty minutes from the time Mr. LePar lies down until The Council speaks. But on some occasions, for a variety of reasons, it can be as long as 45 minutes.

Once The Council begins to communicate, a Trance usually lasts between ninety minutes and two hours. The Council is offered the opportunity to give the gathering an opening statement, which has always become a segment of information useful for universal spiritual growth. Then, the trances follow a simple question-and-answer format, beginning with written questions and continuing with follow-up questions raised by The Council's comments. At some sessions, there are so many follow-up questions that only the first question asked will be from the list of written questions.

Afterwards, when Mr. LePar awakens, he remembers nothing. His memory is blank from the time his wife leaves him before each session until he awakens at the conclusion of the Trance. He is always physically drained, cold and disoriented. He is helped to a seat, wrapped in an afghan for warmth, and given a slice of bread and a glass of orange juice to help him recover.

We hope you profit from the information in these Trance Library Files. If reading a particular file gives rise to a question, we encourage you to contact us for more information. Thank you.

## FOREWORD

The Council has told us on many occasions that truth has always been available to mankind from the very beginning. As you read this Trance Library File, you may note similarities to information from other sources. You will also encounter new information. You may be surprised by some of the information revealed by The Council, to the point where it strains your credulity. The Council realizes this, and so they often begin a Research Group Trance with an opening statement such as this:

Again, a reminder as we have said before, we ask that you think about what we have said, the answers to your questions. It is not necessary to accept everything we say, but we do ask that you take the time to think on what we have said and hold it for possible use or acceptance at a later time. What is most important is that you do think, that you exercise your God-given mind. Use what you can use and store away that which is not serviceable at this time, for if you wish to see a dawn tomorrow with its clear blue skies, you must make ready for it now. If you cannot believe that tomorrow will be a better day than today, then it will not be so for you. If you do not carry the light of tomorrow, then where will it come from? If your tomorrow is not planned for today, then how can it exist? Forearmed with the knowledge of the path you are presently traveling, you are then in a position to create a better path for your travels tomorrow. The outlook for the children of the Divine is definitely a bright and sunny day. Only you can make the decision as to what your tomorrow will be. We have one distinct advantage over each of you, and that is we have gone through the process of life that you are presently experiencing and in those activities we have learned that one must never narrow their vision down to what they prefer to see, but it is great wisdom when one is willing to look at the total picture, even those segments that one wishes were not there.

Always keep this concept in mind: Use what information you can, and that which you cannot agree with, put it aside for now. Do not discard it, for you may find it very useful in the future.

## IMPORTANT

### TERMS AND CONDITIONS FOR USE OF TRANCE LIBRARY FILES

1. PLEASE DO NOT RETAIN THESE LIBRARY FILES.
2. THIS MATERIAL IS COPYRIGHTED. KEEPING A COPY IS PROHIBITED.
3. TAKE NOTES IF YOU WISH, BUT FOR ACHIEVING THE GREATEST POTENTIAL TAKE CARE THAT THE NOTES ACCURATELY REFLECT THE INFORMATION IN ITS ORIGINAL CONTEXT.
4. WHEN FINISHED WITH THE LIBRARY FILE, PLEASE NOTIFY SOL BY EMAIL.
5. NO FURTHER LIBRARY FILES WILL BE FORWARDED UNTIL PREVIOUSLY LOANED FILES HAVE BEEN REMOVED.
6. PLEASE REQUEST ADDITIONAL FILES BY EMAIL SO THAT WE CAN REPLY QUICKLY.

### DISCLAIMER

These Trance Library Files are verbatim transcripts of psychically derived information. This information was given in response to questions posed by individuals in attendance at the Trances. These transcripts are presented for informational and educational purposes only. They should not necessarily be considered applicable to situations other than those of the person asking the original question. **SOL cautions that this information should always be considered in its original context.** SOL advises that the reader exercise judgment and common sense when considering this information. SOL cannot take responsibility for any abuse of the information contained in the Library Files.

From thousands of transcript pages, SOL has compiled the Trance Library Files, and will continue to do so in the future. Some of the information has come to us in concentrated form, while other Library Files are compilations of material given through the years.

As you experience more Library Files, you may occasionally notice the same or similar bits of information in different Library Files. This is done to maintain the integrity of The Council's message in each subject area. Please enjoy your encounters with the words of The Council. SOL heartily endorses the spiritual and educational value of these Library Files and firmly believes great benefit can be derived by those approaching this information with a sincere desire for greater understanding of themselves and their world. The material in this Library File is copyrighted and may not be reproduced without the written permission of SOL.

## EXPLANATION OF TRANCE LIBRARY FILE FORMAT

### Reincarnation<sup>(1)</sup>

page 31<sup>(2)</sup>

Selection # 16<sup>(3)</sup>

Reincarnation<sup>(4)</sup> was discussed on 80-06-28<sup>(5)</sup>, the 78th Trance<sup>(6)</sup>.

The word "reincarnation was first found on page 1235, in line 387<sup>(7)</sup>.

386<sup>(8)</sup>

387 \*\*\*:<sup>(9)</sup> Since we believe in reincarnation, and apparently have experienced death a number  
388 of times, why do the majority of us fear death, and why do we not have a conscious  
389 awareness of what it is like beyond the veil?

390

391 C:<sup>(10)</sup> If you have reincarnated then evidently you have not fulfilled or let us say you  
392 have not taken advantage of the opportunities available to you while in the material  
393 manifestation, thus you have relegated yourselves to the man-made heavenly realms. The  
394 fear comes from a degree of awareness of the conditions in the man-made heavenly realms.

### NOTES

(1) **Title** - This is the topic of the Trance Library File.

(2) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.

(3) **Selection** - This number indicates the chronological order of this block of information in the whole of the Trance material.

(4) **Key Word** - This is the search word used for this selection.

(5) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (80-06-28).

(6) **Trance Number** - All of Mr. LePar's Trances have been numbered chronologically beginning with number one. This number indicates from which Trance this selection was drawn.

(7) **Master Volume Information** - All information from all Trances is transcribed in chronological order into the SOL Master Volume. This line indicates the page number and line number as found in the Master Volume.

(8) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.

(9) **Questioner** - The symbol \*\*\* indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.

(10) **Council** - The symbol C: indicates that The Council is speaking.

## EXPLANATION OF TRANCE LIBRARY FILE FORMAT

79-12-01<sup>(1)</sup>

Life After Death - Part 1<sup>(2)</sup>  
Trance #2<sup>(4)</sup>

page 21<sup>(3)</sup>

This trance was the second trance in the Research and Study Group series. The Trance was attended by William LePar and (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), (\*\*\*) (\*\*\*), and (\*\*\*) (\*\*\*).<sup>(5)</sup>

1<sup>(6)</sup>

2 C:<sup>(7)</sup> May the Peace and the Joy of the Infinite Father be upon you, and may His Light  
3 shine down upon you and around you and within you.<sup>(8)</sup>

4

5 \*\*\*:<sup>(9)</sup> Thank you. Are you ready?

6

7 C: Yes, we are ready.

8

9 \*\*\*: Would you agree with the statement that Jesus Christ came into the earth in human  
10 form and is both man and God?<sup>(10)</sup>

11

12 C: Yes, we acknowledge that Jesus Christ is both man and God and that He did come  
13 into the material manifestation.

### NOTES

- (1) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (79-12-01).
- (2) **Title** - This is the topic of the Trance Library File. If a subject requires more than one Trance Library File, then the file is divided into **Parts**.
- (3) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.
- (4) **Trance Number** - This is the number of the Trance within the Research and Study Group Trance series.
- (5) **Identification** - This paragraph identifies the Trance and the persons in attendance. Individuals are identified by the symbol \*\*\* to maintain confidentiality.
- (6) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.
- (7) **Council** - The symbol **C:** indicates that The Council is speaking.
- (8) **Greeting** - The Council always opens with a greeting.
- (9) **Questioner** - The symbol \*\*\* indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.
- (10) **Test of the Spirits** - As outlined in the First Letter of John this test is given at the start of each Trance.

*Spiritual History of Mankind*  
*Including Mu, Lemuria and Atlantis*

This Trance was attended by William LePar and (\*\*\*) and (\*\*\*). The information given here was received at two different times. All information that extends to the far left margin was given first, and then at a later session questions were asked about specific pieces of information and this information is indented. Combining these two sessions for efficiency was done at the suggestion of The Council.

1 C: We will give the blessing and then you may ask the questions one  
2 at a time. As we said, we will continue as long as the physical is  
3 comfortable.  
4 May the Peace and the Joy of our Infinite Father and yours always  
5 be with you, and may the Joy of His Son always be present with you.  
6 May His Light shine down upon you all and around you and within you.  
7 Very well.

8

9 \*\*\*: The first question was, "Could you please give us a progression  
10 of the true belief system through the history of man to our present  
11 day? Could you give some specific names or belief systems in this  
12 progression, if possible, from the beginning of the spirit's entrance  
13 into the material?"

14

15 C: Very well. We might advise here that you pay particularly close  
16 attention to the recording equipment. There is a chance that it may  
17 malfunction. Do you understand?

18

19 \*\*\*: Yes.

20

21 C: So be sure to keep your eye and make sure that it is working  
22 properly.

23

24 To give an explanation or a history of the progression of truth  
25 could become quite involved, and many of the things that we would

26 speak of, man has no awareness of. In past communications we have  
27 spoken of the Cosmic Bible, and we do so for a specific reason. Man,  
28 shall we say, the entity that makes up man, is extremely old or has  
29 been in existence for a length of time that is not conceivable in the  
30 mind of the physical. To give a better understanding we speak of a  
31 Cosmic Bible, and it is naturally understood that Bible, whether it  
32 be Cosmic or other, would be divided into two parts: an Old and a  
33 New, an Old Testament or an Old Covenant and a New Testament or a New  
34 Covenant.

35

36 \*\*\*: The Bible as in the Old and New Testament true,  
37 and also each is made up of many books, does this apply  
38 and if so, how?

39

40 C: Yes, in all of history, in all of man's history  
41 from the very beginning of time there are cycles, and  
42 each cycle can be compared or, let us say, each part  
43 of a cycle can be compared with the next oncoming  
44 cycle. What occurs is a refinement of that same  
45 portion in the oncoming cycle. Yes, history can be  
46 related to each of the books of the Old and New  
47 Testament, but this is getting much more detailed  
48 than what is necessary. The actual information  
49 that can be useful in this material or in this  
50 situation would be useless really. It would take  
51 too great of a comprehension to fathom the real  
52 value and would not be worth the effort or time.  
53 So basically the only answer needed for that question,  
54 yes, there is a parallel portion of history that can  
55 be related to each of the books.

56

57 And this is a pattern that runs throughout all of time. The thing  
58 that man fails to see because of his intellect is the consistency in  
59 God. He constantly repeats things over and over in hopes that His  
60 children will begin to go beyond the intellect and strive to  
61 accomplish a degree of wisdom so that he may see the workings of his  
62 Creator, his Infinite Father. The progression of the truth has been  
63 quite obvious to man if he were to use but a touch of his God-given  
64 wisdom, instead of his intellect.

65

66 If you were to go back to, shall we say, the earliest point of  
67 man's recollection, you would arrive at a time when the civilization  
68 or the civilized world was the land of Mu. In this case or in this  
69 situation, we must have an Old and a New Covenant. Consequently, Mu  
70 was the Old Covenant and its New Covenant was Lemuria. From the time  
71 of Mu to the present day, the earth has undergone countless changes,  
72 countless changes; but, basically looking at the earth as it is  
73 today, Mu would have been, shall we say, off of the west coast of  
74 North America, south of that coastline into the Pacific Ocean.

75

76 \*\*\*: Could you give a clearer indication of where Mu  
77 was?

78

79 C: We could give you the exact location, but this  
80 would take a detailed description. To give you a  
81 clearer idea but yet somewhat vague is that in the very  
82 beginning time of Mu there were basically two large  
83 land masses, not as you know them today, but two large  
84 land masses. Those portions of land now known as North  
85 and South America and the European and Asian continent

86 and the South African continent were the basis of one  
87 large land mass. The other land mass would have been  
88 almost opposite that. That particular land mass now is  
89 no longer in existence on the surface. Taking the  
90 globe or the world as it is today, we indicated that Mu  
91 would have been in the Pacific Ocean area, but at that  
92 time South America had not broken away yet from the  
93 larger land mass. It was basically part of the African  
94 continent now, as was North America. The North  
95 American land mass was much higher up on the larger  
96 land mass now. This broke away first, that portion  
97 that would be recognized as the Gulf area and the East  
98 Coast but not Florida, not the state of Florida. In  
99 other words, you would have the basic appearance of  
100 America now without the peninsula of Florida. That  
101 began to break away along that portion of the continent  
102 that is the lower east coast and gulf coastal area.  
103 That broke away from the main body of land and began to  
104 swing away while the upper part or the Canadian area  
105 was still attached. Now during this period Mu would  
106 have been in the area that is now known as the Pacific  
107 Ocean. During the, shall we say, eons of time or  
108 during the history of man then the other land masses  
109 began to form. As the North American continent broke  
110 more completely away from the larger land mass, it  
111 began to move, again as you would look at a globe  
112 today, westerly; it would begin to move towards its  
113 present position now. The breaking of the South  
114 American continent came sometime later. During the  
115 existence of Mu the three major destructive periods are

116 indications when this larger body began to break apart.  
117 Also this would indicate the collapsing then of Mu  
118 proper, but also the rising up of another mass of land  
119 in the vicinity of the upper part of South America,  
120 Mexico, and the western coastline of what is now the  
121 North American continent. Do you understand? The North  
122 American continent had not yet swung into its place nor had  
123 the South American continent moved into its present place.  
124 As Mu collapsed completely, or, shall we say, as Mu began  
125 to collapse, then greater portions, greater movement was  
126 made of the larger portions of the present-day continents.

127 Lemuria was somewhat of an unstable continent. Its  
128 period of time or existence was somewhat shorter than Mu.  
129 The actual continental plate was not a true plate, but a  
130 portion of a greater plate that could be related to  
131 basically now as the Pacific Plate. The movement of land  
132 that allowed the American continent to move into its  
133 present place now can be directly related to the Aleutian  
134 Trench which starts in the vicinity of what is known now as  
135 the Hawaiian Islands and extends north-northwest. Now these  
136 are rough, you understand, descriptions. This area then is  
137 the weak point in the crust or in the plate at that time  
138 of Mu and Lemuria, and this weakening then was the  
139 triggering device, this weak point was the triggering  
140 device to cause the two continents to collapse into a  
141 lower level so that the oceans then would come over the  
142 top. Some lands actually did drop or sink but many were  
143 washed over. In the collapsing then of these continents  
144 the North American continent had an easier push, shall we

145 say, because they collapsed inward so that they dropped,  
146 thus relieving the pressure of the other plates and  
147 allowing the continent to move, also in this process then  
148 this allowed a shock wave to disconnect what is now  
149 presently known as the South American continent. It began  
150 to move west from the existing continent. So you have a  
151 total collapse of one major land mass and the breaking up  
152 of the other major land mass. Now it is somewhat hard to  
153 explain, the actual rising and falling of Mu and Lemuria  
154 because this was more or less a progressional situation or  
155 development. As Mu existed in its full glory Lemuria was  
156 brought basically to the surface with the very first  
157 forces, destructive forces to hit Mu. So then Lemuria began  
158 to dry out very quickly, began to solidify very quickly,  
159 along with the volcanic eruptions and what have you. There  
160 was a give and take process with the falling of Mu and the  
161 rising of Lemuria.

162 Lemuria, if one were to picture it, would resemble  
163 the west coast of South America, but the east coast  
164 would not have the bulge. The Lemurian continent or  
165 island was a curved shape piece of land, quite long.  
166 So that the southern portion of it would be in the area  
167 that part of the South American continent now exists,  
168 but the northern portion of it would be in the area of  
169 the west coast of North America. Now this would be the  
170 furthest east coast of Lemuria. Has this cleared it up  
171 any for you?

172  
173 \*\*\*: Yes, I believe so.

174

175 C: The collapsing of the plate that is now basically  
176 referred to as the Pacific Plate was also at that time  
177 partially under water, part of it also was the  
178 continent of Lemuria, and part of it was the continent  
179 of Mu. When this weakness in the plate developed, it  
180 gave way and fell inward towards the center of the  
181 earth, allowing a large opening for ocean waters to  
182 pour in. If one were to investigate the area one would  
183 find evidence of this. Now the continent that is now  
184 known as the Asian continent, in the breaking up of the  
185 large continent, became fragmented. Thus in our  
186 description we referred to it as a mass of islands,  
187 because when the area, when the fault fell in, this  
188 tore the segment of that continent apart, pulled it  
189 away, pulled it towards the area that is now occupied  
190 by North America. Now it was not pulled into that  
191 position that is now occupied by the North American  
192 continent but was pulled towards that area. Do you  
193 understand this?

194  
195 \*\*\*: Yes.

196  
197 C: So then now with the collapsing of this plate this  
198 caused a certain rigidity in that area that can be  
199 compared to as, shall we say, a brace or support, so  
200 that the volcanic action then underneath the surface of  
201 the water began to move then the what is now the  
202 western edge of that plate or the edge that would be  
203 closest to the Asian continent began to move it back  
204 together. Then with the collapse of Lemuria this

205 created greater pressure then, pushing the continent,  
206 shall we say, back together. Do you understand this?

207

208 \*\*\*: Yes, I do.

209

210 C: So then when Mu collapsed this tore that edge of  
211 the continent apart, when Lemuria collapsed it pushed  
212 it back together. Because when Mu collapsed, Mu  
213 collapsed, shall we say, across its center, now do not  
214 mistake the entire Pacific Plate as the continent of  
215 Mu, but it collapsed in the center pulling the Asian  
216 continent apart. Lemuria collapsing then collapsed  
217 against the V-shaped plate the force pushing then the  
218 continent back together. During all this then the  
219 North American continent began to swing more to its  
220 proper place.

221

222 Now recall that the destruction of these continents  
223 came in cycles of three, Mu and Lemuria; and with each  
224 cycle then there was a moving away of the populace, the  
225 same as the information on Atlantis. Basically it is  
226 all a repeat. Now during all this time the North  
227 American continent began to swing over into its present  
228 position. The northern part finally breaking away from  
229 the main body but instead of the west coast and what is  
230 now known as Mexico, instead of that being the leading  
231 edge, it was held back by the continent of Lemuria,  
232 thus causing pressure there along the west coast and  
233 southern west coast area, causing pressure there  
234 allowed the northern portion which is now known as  
Canada to swing into the lead position. Do you

235 understand?

236 \*\*\*: Yes.

237

238 C: So there is a tipping there, first the southern  
239 portion led the move, then the northern position led  
240 the move. During this time then there is a plate that  
241 begins to form in an area that today would be  
242 recognized as the Gulf of Mexico, the Cuban islands,  
243 and that vicinity, this plate would probably be better  
244 recognized today as the Cuban Plate. Also this plate was  
245 much larger than what it is today. It was actually a  
246 combination of two plates, one being the Cuban Plate,  
247 and the other one being the Coca Plate.

248

249 \*\*\*: Which plate was that?

250

251 C: Coca, C-O-C-A. Now this plate that was actually the  
252 composition of the two plates mentioned plus more would have  
253 been the basis for Atlantis, which then would have been  
254 directly east of the mid- to southern part of Lemuria. This  
255 would have been basically in line with the mid- and southern  
256 portions of Lemuria. By the first devastations to hit  
257 Lemuria, Atlantis was well above water, so that when those  
258 moving from Lemuria moved to the east they had dry land on  
259 which to start over. The island of Atlantis could be  
260 compared to, shall we say, the South American continent  
261 only turned upside down so that the point was north and the  
262 larger segment would be in the southern portion. The  
263 northern point would have extended almost to what is now  
264 known as the entrance to the Mediterranean Sea, the Straits

265 of Gibraltar, in that area. The actual end of the  
266 Atlantean land is somewhat south of that. Very well.

267 As Lemuria then underwent its last destructive  
268 period this relieved the pressure then on the plate  
269 movements to permit the North American continent to  
270 swing into its almost present position. We say almost  
271 because the continental plates are constantly moving  
272 and we would have to say that they move much more per year  
273 than man is capable of recognizing yet. Nevertheless,  
274 the North American continent then moves basically into  
275 its present position. The southern end of the  
276 continent swings over then basically in line with its  
277 northern part. Now the continent itself did not split,  
278 when we say it swings over it, shall we say, tipped to  
279 its present position, since the northern part of the  
280 Canadian part now had the leading edge. Do you  
281 understand?

282  
283 \*\*\*: Yes.

284 C: Now in the meantime then after Lemuria had  
285 completely collapsed and the majority of the southern  
286 and midsection of Lemuria had completely collapsed,  
287 then this allowed the releasing of pressure so that the  
288 South American continent would begin to swing much  
289 quicker into its proper position. You see?

290  
291 \*\*\*: I'm a little confused, if -- wouldn't that  
292 interfere -- the picture that I have in my mind is that  
293 South America would have to move through Atlantis.

294

295 C: You are trying to picture South America as it  
296 presently looks to you. This is not the case. The  
297 northern part of South America that is presently  
298 attached to the end of Mexico, the Panama Canal area,  
299 had not yet been above the water. Do you understand this?

300

301 \*\*\*: Okay.

302

303 C: In other words you would have what might be  
304 considered something that is cropped at the top. To be  
305 even more specific the South American continent by the  
306 time that Atlantis was completely above water, the  
307 South American continent had already passed the area in  
308 which it would have been prohibited in moving if the  
309 continent had been there. Do you understand?

310

311 \*\*\*: Yes.

312

313 C: In other words in our description earlier we did  
314 not give you the full movement of South America. Do  
315 you understand?

316

317 \*\*\*: Yes.

318

319 C: Nevertheless, by the time Atlantis was in its  
320 position and in its full land mass, the continent of  
321 South America had already swung past the area that  
322 would be occupied by Atlantis, so that during all this  
323 and eventually the South American Plate is ground and  
324 pushed into its present position and then the plate

325 that was basically the bed for the island of Atlantis  
326 or the continent of Atlantis had moved so that it was  
327 more or less, shall we say, squeezed between the  
328 southern part of North America and the northern part of  
329 South America, therein causing a split which would give  
330 you the two present plates, smaller plates; in the  
331 meantime then, of course, land rises between these two  
332 continents causing the attachment.

333  
334 \*\*\*: And during that time the migrations are going  
335 from Lemuria to Atlantis?

336  
337 C: Yes. Now you must use a little sense in  
338 understanding this whole situation; you are not talking  
339 about a mere few thousand years. If you were to think  
340 in the area, shall we say, of approximately 150 million  
341 years, you would probably be closer. Do you  
342 understand? 150 million years. Now we are talking  
343 about the entire movement of the land masses. So by  
344 the time the first destructive forces had hit Atlantis,  
345 then everything was in its proper position. The only  
346 thing necessary then was the drying out of certain  
347 areas of land. Do you understand?

348  
349 \*\*\*: So would that give an indication as to how long  
350 Mu was, would be around that time of 150 million years  
351 ago?

352  
353 C: Yes. You see, the story of Mu and Lemuria and  
354 Atlantis is not quite so close to the past as what some

355 may think. The times of Atlantis are fairly accurate.  
356 They are close enough in the time to be considered  
357 accurate. The existence of Atlantis was not quite, or,  
358 shall we say, was not nearly as long as Lemuria. Mu  
359 existing the longest; Lemuria, second; Atlantis, third;  
360 and, of course, the present state of, shall we say, the  
361 world will be . . .

362

363 \*\*\*: The least?

364

365 C: Well, you could say that. For the record or for  
366 the information the statement that the present land  
367 masses will exist for approximately the same length of  
368 time, this will be somewhat better than what we agreed  
369 with you on. There is more that we could give, but it  
370 becomes very complicated in describing the movements of  
371 the land masses. This sort of information really only  
372 adds confusion to the situation.

373

374 \*\*\*: There was one other question I had about that,  
375 when the migrations were leaving Lemuria, why did they  
376 not go to either South America or North America?

377

378 C: The lands were very unstable. Now in the later  
379 part of the migrations they did, they did; but in the  
380 first migrations the lands were too, shall we say,  
381 unsettled. Too much volcanic conditions, too many  
382 earthquakes. These land masses were moving. Do you  
383 understand?

383

384 \*\*\*: Yes.

385

386

387

388

389

390

391

392

393

394

395

396

397

398

399

400

401

402

403

404

405

406

407

408

409

410

411

412

413

414

C: And so in the interior of the land there was much slippage of rocks, cracking of the surface crust, and they were not safe lands. As they began to come up against the pressure of the Pacific Plate or what is now referred to as the Pacific Plate, then they began to stabilize more. In fact, there was very little stability to the South American continent, as far as a time period where it was stable. The North American continent presently is in a stable position. This will change shortly. The South American continent now has moved from its stable position into an active position which can be seen through the earthquakes and what have you going on now. Presently the pressure will rise though on the North American continent to cause more land movement.

\*\*\*: When you say to cause more land movement in North America is that also particularly in the west coast?

C: Which do you want some history or do you want predictions?

\*\*\*: I guess I was trying for a little bit of both.

C: We will decide when you receive predictions. Now that you have all this information do you know any more than what you did before? You still do not have a full picture; you cannot imagine masses of land moving and grinding against one another creating pressures and

415 pushing up lands and pulling down pieces of land. You  
416 have no better picture than what you had before.  
417 Because you have such a tremendous span of time it is  
418 impossible for you to be able to relate really to the  
419 whole situation. The basic information available on  
420 Atlantis, to give you a for instance, is 50,000 to  
421 55,000 years ago as far as the first eruptions or times  
422 when the land began to break apart, but you have no  
423 real idea of its existence prior to that, which is  
424 quite extensive. So what more do you know than before?  
425 \*\*\*: Could you give any indication of how long  
426 Atlantis had been in existence before the first  
427 break-up?

428  
429 C: Again you would be talking about years that really  
430 you cannot relate to.

431  
432 C: As in Atlantis, Mu was eventually divided into two belief  
433 systems. One that would be known as the Children of the One Law or  
434 the Law of One and the other one, the Sons of Darkness or the Sons of  
435 Belial. The originating belief was that of the Sons of the One God  
436 or the Law of One. In this group, eventually there came a  
437 break, and the break led into the Sons of Darkness, and as they  
438 traveled their separate paths, they began to travel further apart.

439  
440 \*\*\*: What was the cause of the break?

441  
442 C: The portions of the Sons of Light that became the  
443 Sons of Darkness were those entities that began to  
444 be fascinated, shall we say, with the possibilities

445 of creating in the physical form, and in this then you  
446 have the breaking away. In the Sons of Light who  
447 remained true or the Sons of the Law of One who  
448 remained true, their prime point of concentration was  
449 in experiencing or expressing, shall we say, only what  
450 was absolutely necessary to relieve themselves of the  
451 physical manifestation; where that group which developed  
452 into the Sons of Darkness began to enjoy the  
453 physical, the possibilities of the physical  
454 manifestation.

455  
456 \*\*\*: Could you be more specific about what they  
457 enjoyed or . . . ?

458  
459 C: That is sufficient information.

460  
461 Eventually, the Sons of Darkness became more predominant than the  
462 Sons of Light, and as this force grew stronger, they began to  
463 overcome even more of the Sons of Light.

464  
465 \*\*\*: Can you tell us why they became more predominant?

466  
467 C: As the Sons of Darkness began to enjoy their  
468 experience in the physical, they began to entice more  
469 and more of the Sons of Light, so in this then they  
470 began to grow in number.

471  
472 Eventually, the group known as the Sons of Light or the Sons of the  
473 One Law or the Law of One began to, shall we say, become isolated.  
474 They became communal but in, shall we say, a very elite way or in a

475 separatist way. In order to protect the purity of their knowledge of  
476 God, they were forced into this, although amongst themselves they  
477 were an open community.

478 Eventually, the Sons of Darkness grew in power, and as the  
479 civilization advanced more, they brought into their physical  
480 knowledge or into the material existence many great weapons of war  
481 and all the attitudes that go in making up a destructive force. At  
482 that time Mu then began to experience the destructive forces of  
483 nature. Tampering with the creation of God in unnatural and ungodly  
484 ways, they began to affect nature, and nature began to react. Even  
485 man against man was an act of nature or was a natural act.

486

487 \*\*\*: What does this mean? Could you please make this  
488 clear?

489

490 C: By the time that Mu began to be destroyed the  
491 spirit of man was well engrossed in the material form  
492 or material manifestation, so that at that time they  
493 had begun to develop or, shall we say, had by  
494 that time developed many unusual instruments of  
495 pleasure and destruction and some of their  
496 bizarre forms, shall we say, of amusement was  
497 to go against one another in what would be considered  
498 today inhuman ways. They had become so gross that  
499 they received great pleasure in actually seeing  
500 the death of one individual or of an individual,  
501 not referring to a particular individual. Do you  
502 understand?

503

504 \*\*\*: Yes.

505

506

C: So that it was common sport just to murder, to maim.

507

Do you understand?

508

509

\*\*\*: Yes.

510

511

C: So that there had to be no, shall we say, ill

512

feelings between two individuals, they would simply

513

slowly murder or kill another individual just for the

514

pleasure of watching that individual die.

515

516

\*\*\*: Is there any more on that?

517

518

C: No. That is only one example of what we meant.

519

520

In the negative aspects or in the group known as the Sons of

521

Darkness, they began to break up amongst themselves and war.

522

C: Eventually, the continent of Mu began to be destroyed, again in

523

three cycles, the same as Atlantis. The Sons of the One Law, the

524

Law of One, began to move from the continent of Mu. They moved then

525

to what is known now as Lemuria. True, some of the Sons of Darkness

526

moved away from the continent of Mu. They moved, shall we say, north

527

and west; where the majority of the Sons of Light moved east from

528

the continent of Mu. Now this is not to say that Lemuria did not

529

have its infiltration of the Sons of Darkness; they did; but the

530

largest masses moved in separate directions, and again, even the

531

continent to the west of Lemuria was also occupied by some of the

532

Sons of Light. The continents to the west of Lemuria were really

533

not named. Basically, there was not a large continent, such as

534

Lemuria or Mu. It was more of an island affair. In other words,

535 there was a vast area of many, many islands. Naturally, in the  
536 upheavals of Mu much more land began to rise; so that, instead of  
537 many small islands, there began to develop larger land masses.

538

539 Now to Lemuria. Lemuria then can be considered the New  
540 Testament of that segment of time, in that, in Lemuria you had the  
541 greatest concentration of those believing in the Law of the One God.  
542 There you had the greatest concentration of the Sons of Light, and  
543 as they began to develop Lemuria, it began to prosper; but there  
544 again, there began to infiltrate into the Sons of Light negative  
545 aspects, greed and selfishness. So that even amongst these elite,  
546 there was a division. There was just a slight, shall we say,  
547 changing of the purity of knowledge, ever so slight at first; and  
548 gradually, as time went on, this impurity began to infest to a  
549 greater degree, and naturally, those Sons of Darkness, by all means,  
550 took every opportunity possible to infiltrate even more, whenever  
551 the opportunity allowed them, and they intermingled with the Sons of  
552 Light to bring about an even greater division and more impurity to  
553 the truth of the One God and the worshipping in spirit.

554

555 \*\*\*: After all this was there still a segment that  
556 still held the pure truth of God?

557

558 C: During the passing of time the numbers of the Sons  
559 of Light were greatly diminished. In other words with  
560 each catastrophe that hit the different continents, fewer  
561 and fewer of the Sons of Light were left. It was only  
562 when they banded together and made migratory moves did  
563 they, shall we say, replenish themselves in spirit.

564 Now, during this whole passing of time by the time the

565 Lemurian continent was in existence the Sons of Light  
566 or the Sons of the One Law had lost the brilliance,  
567 shall we say, of their truth, of their knowledge of the  
568 One God. Do you understand?

569

570 \*\*\*: Yes.

571 C: It was not really made unclean. The sharp awareness,  
572 the distinct remembrance of their heavenly existence had  
573 begun to dull, so that deep within themselves they  
574 recalled an existence that had nothing to do with any  
575 physical form, and they recalled many of the other things  
576 that had been made known to them in their heavenly  
577 existence or in their spiritual existence. So that  
578 although many more of the Sons of Light had been  
579 contaminated to a degree by the Sons of Darkness, there  
580 was still a segment that held the pure truth, but it was  
581 somewhat diminished by the passing of time, similar to  
582 your natural forgetfulness over the years. Do you  
583 understand?

584

585 \*\*\*: Yes.

586

587 C: Very well. The basic understanding should be here  
588 that in the group known as the Sons of Light or the Sons  
589 of the Law of One there was a slight distortion in the  
590 purity of the truth, and also there was a segment that  
591 did maintain the absolute purity of it, but the awareness  
592 was somewhat diminished. That will be the official  
593 answer.

594

595 C: Again then, just as Mu, history repeats itself, and Lemuria  
596 became quite prosperous and quite advanced. True, much of the  
597 technology that Mu had, Lemuria acquired as an inheritance. So with  
598 that knowledge the people of the newly inhabited continent could  
599 begin to rebuild much quicker and develop much quicker; and so, then  
600 again history repeats itself. Yes, the Sons of Darkness grew more  
601 powerful. They developed greater weapons or weapons at least as  
602 equal to those of Mu. They again began to misuse nature and the  
603 earth, and again she began to lash out at the negative thrusts at  
604 her.

605

606 Again, then, the Sons of the One God, the Sons of the Law of  
607 One, began to diminish in strength. They began to be refined, shall  
608 we say, or purified. The less strict believers began to fall away  
609 and those that believed deep from within their heart or soul clung  
610 closer to one another and became stronger. Again, they underwent a  
611 siege from the Sons of Darkness. At the same time Lemuria began to  
612 be destroyed as a continent. There were earthquakes, violent  
613 storms. So history then begins to repeat itself. The Sons of the  
614 Law of One then began to migrate into the area that is known now as  
615 Atlantis, there into the Atlantic Ocean. In this move then we have  
616 a repeat.

617 Now we can consider Atlantis then being another Testament, another  
618 Bible, shall we say, this being the first episode in a new Bible. Now  
619 remember, first, you had Mu and then Lemuria: Mu being the Old  
620 Testament and Lemuria being the New Testament; the Old Covenant and  
621 the New Covenant. In Mu's breaking up, it was the Divine Hand that  
622 saved His children and saw to it that His children preserved His  
623 knowledge or the knowledge of Him. In like manner then, when Lemuria  
624 began to self-destruct, we should put it that way, the intervention

625 of the Divine Father again comes into play and makes way for His  
626 children to preserve the awareness of Him and themselves, and so  
627 these children then move across the water and basically find a home  
628 in what is now understood as Atlantis.

629

630 Now we start a new cycle, Atlantis being the first segment of  
631 this particular Bible. We shall not go into great detail, but one  
632 must not assume that no other lands then at this time were inhabited,  
633 because many of the Children of the Light or the Sons of Light did  
634 move to the west of Mu, and even when Lemuria was in full existence,  
635 they moved to the west. In these earth changes then, we begin to  
636 find a development that would have been west of these countries (what  
637 is now considered in this time, from this country, to be the East).  
638 So you would have then the Orient, the Asian continent, and the  
639 European continent and the African continent beginning to gradually  
640 take shape as with the development of the North American continent.  
641 Now the important part to recall or remember is the migration west  
642 into the area that would now be considered the Asian continent.

643

644 Very well, now back to Atlantis. As the Sons of Light began to  
645 migrate to the continent of Atlantis, so did the Sons of Darkness.  
646 There they brought with them their technology, and again, they began  
647 to develop the land and it began to prosper, and so we see again, the  
648 same thing happening. Again, there is a sharp division between the  
649 positive and the negative, between the Light and the Dark, between  
650 the Sons of the Law of One and the Sons of Belial. In this then they  
651 began to concentrate, the Sons of Darkness, on the material aspects,  
652 power and material growth, while the Sons of Light concentrated more  
653 on the spiritual aspects. Again then, there was, shall we say, a  
654 challenge for power or a desire for control.

655

656 In each of the continents the Sons of the Law of One generally  
657 had the power at the beginning. They brought the spiritual aspects  
658 to that particular continent or that particular civilization. It was  
659 the Sons of Darkness then that challenged that community, that way of  
660 life, for a more, shall we say, aggressive style, or one of greater  
661 individual power and individual wealth. Consequently, then the Light  
662 forces were challenged and again suppressed. Their sizes were  
663 reduced, and in this then, the Sons of Darkness grew stronger and  
664 greater. Again then when Atlantis began to quake, when the earth  
665 changes began to come again, because of man's transgressions against  
666 the earth, then we see the Sons of Light moving again then to what  
667 would be the east of Atlantis, some did move then to the west which  
668 would then have brought the continent of America almost into its  
669 present state. Florida, of course, had not fully emerged from the  
670 water. Much of the interior of the country was still inundated, but  
671 basically the outline or what could be recognized as the North  
672 American continent was there. Actually in, shall we say,  
673 approximately 50,000 years there was more or less a drying out of the  
674 land as opposed to any real earth changes, as far as the continent of  
675 North America goes.

676

677 Here, we have then the ending of the Old Testament of this  
678 particular Bible. We have then the land being destroyed, and the  
679 people moving then to both east and west, the greater concentration  
680 to the east, which would bring you into the European countries into  
681 the continent of Africa and so on. Now we must not think that these  
682 lands were barren, by no means. Because those that had moved from Mu  
683 and from Lemuria did then come around through all the eons of time,  
684 or all the years, centuries, did come around and begin to populate

685 what is now known as the European, African, Russian, the Arabian, the  
686 Arabic countries, and what have you. The thing that one must recall  
687 was that, since the greatest migrations were to the east and much  
688 less to the west, the dispersion of individual ideas became  
689 intermingled. In other words instead of those of the Sons of Light  
690 being very strict in their concepts or holding very rigidly, because  
691 of the lack of, shall we say, civilization or means to develop a more  
692 civilized existence, they found that they had to tie in very closely  
693 with the Sons of Darkness in order just to sustain themselves. Now in  
694 this mixture the Sons of Darkness, shall we say, mellowed somewhat, as  
695 did the Sons of the Law of One; so you have kind of a bastardized  
696 version of an understanding of God and man's relationship to his  
697 Creator wherein it did not continue as a communal understanding or a  
698 united effort. It became withdrawn. It became a religion of  
699 withdrawing into one's self, and it developed into levels of people.  
700 One was more attuned than the other. Consequently, in this we begin to  
701 see a development of a caste system which is quite pronounced. There  
702 are the elite, who have the true understanding, and a graduation from  
703 there down to those who are nothing more than, shall we say, a herd  
704 of goats or sheep. This is not to say that those at the very top did  
705 not progress, they did; but it was, shall we say, a very slow and  
706 tedious progression and quite small at that.

707

708 \*\*\*: Did the Sons of Darkness brighten up a little and  
709 the Sons of Light dim a little bit to bring about the  
710 Eastern religions such as Hinduism, Buddhism,  
711 Tibetanism, and Confucianism?

712 C: You could say that but that is somewhat of an  
713 oversimplified statement and does not give really any  
714 clarification on the subject, the matter being

715 questioned. What happened there was the western  
716 movement was into areas that were, shall we say, much  
717 more rugged, less, shall we say, pleasant for existence  
718 than the mother lands of the migrant people. Do you  
719 understand this?

720

721 \*\*\*: Yes.

722

723 C: Very well. They were accustomed to having what is  
724 referred to as the luxuries of life, many more luxuries  
725 than what man is aware of now, many more luxuries than  
726 what he has now. They were a, shall we say, refined  
727 people. Many of their luxuries included the ability to  
728 do things other than with manual labor. In other words  
729 there were powers of what might be referred to now as  
730 the mind or powers of the soul, that were very easily  
731 manifested in that time. Now as the awareness of an  
732 entity's divine origin leaves him, he also leaves the  
733 abilities that are naturally his in his purest state.  
734 Do you understand this?

735

736 \*\*\*: Yes, I believe so.

737

738 C: Today you would refer to the menial aspects of this  
739 as the psychic abilities, but they extend much further  
740 than that in their fullest intensity, and this is just  
741 in the material existence in those times. The Sons of  
742 Darkness had lost much of their abilities. The Sons of  
743 Light maintained a greater degree of these abilities.  
744 So the Sons of Darkness, although they had the power in

745 number, they did not have the power in the spiritual  
746 aspects or in the psychic aspects or in the ability to  
747 manifest, shall we say. So that they were more or less  
748 forced to be, shall we say, leeches on the Sons of  
749 Light. The Sons of Light being of a much more godly  
750 nature tended to their brothers' needs, but of course  
751 they were taken advantage of. In this tending to their  
752 brothers' needs there was a certain amount of, shall  
753 we say, enlightenment of the Sons of Darkness. They  
754 became re-aware of this inner awareness of the origin  
755 of themselves, and in the process of trying to reach  
756 back or go back to that origin, the originating source,  
757 their original existence, they developed a religious  
758 system in where they would go into their own beings,  
759 into their own minds, into their own bodies. Similar  
760 to what is referred to as meditation today, the going  
761 inward of oneself. Do you understand?

762

763 \*\*\*: Yes.

764

765 C: The purpose of this at that time was a desperate  
766 search for that source of power that they originally  
767 had. Their grossness was to the extent that they could  
768 not understand the explanations given to them by the  
769 Sons of Light and, of course, by this time the Sons of  
770 Light, their awareness, had begun to dull also. They  
771 had the inner knowing, but they did not have the  
772 ability to express it, so that it was understandable.  
773 Do you understand?

774

775

\*\*\*: Yes.

776

777

C: So you see here then we do have kind of a blending of the two aspects. The eventual outcome was that through the progression of time in this area that the Sons of Light did manage to have the upper hand; they did manage to enmesh with the Sons of Darkness, shall we say, to stabilize the situation and hold it from further deterioration. Do you understand this?

778

779

780

781

782

783

784

785

\*\*\*: Yes.

786

787

C: So that there was a, shall we say, certain bottoming out and that is where it stayed. Now as time progresses then in this particular area there is a definite breaking away though of segments, but those that did maintain that bottomed out area of awareness or that, shall we say, that level of awareness of the One God and the inner relationship they did not drop further, those maintained a specific level. If there was any change, which there was, there was a complete breaking away then. Do you understand?

788

789

790

791

792

793

794

795

796

797

798

\*\*\*: Not totally, no.

799

800

C: In other words, the Sons of Light managed to stabilize the Sons of Darkness by intermingling, intermeshing with them. Do you understand this?

801

802

803

804

\*\*\*: Yes.

805 C: Very well. The sharp awareness, the true awareness  
806 of their relationship with the Law of One diminished  
807 only to a certain point; there it stopped. From that  
808 point on then any breaking away or any diminishing of  
809 that awareness was not a degreed diminishing situation,  
810 it was not a degree of diminish, but it was a complete  
811 breaking away. Do you understand this?

812

813 \*\*\*: Yes, I do.

814

815 C: Now this is not to infer or to suggest that those  
816 that did break away from this one level, that they  
817 completely lost the awareness of their relationship.  
818 Consciously, in some cases yes, but never completely.  
819 So that if you were to look at the, shall we say,  
820 Tibetan belief system, it is basically the same today  
821 as it was back then. Oh yes, there are changes, but  
822 the basic principle, the basic idea, the basic thrust  
823 has not changed. Exterior dressings, yes; but the  
824 interior reality, no.

825

826 C: Of course, much of the development that came about in the moves  
827 east of Atlantis are more or less piecemealed together today through  
828 some historical documentation. The minor west movement would then  
829 encompass the South American continent. The eastern movement then,  
830 of course, would encompass the Greek, the Egyptian, so on and so  
831 forth.

832

833 Now the easiest means of entrance into, shall we say, the  
834 European country by the Atlanteans would be going north, or where the

835 land was somewhat closer to one another, going north-northeast. The,  
836 shall we say, outer islands of the main Atlantean continent came very  
837 close to the entrance to the Mediterranean Sea, and the gentle moving  
838 of the populace through this area and around this area, their  
839 population of that area was much easier, their traveling was much  
840 easier. You find settlements in and along the Nile into the interior  
841 of Egypt and into the land now known as Israel, all along the coastal  
842 lines, Greece, and what have you.

843

844 \*\*\*: What about the advanced technology of the  
845 Atlanteans and their reported relationships with the  
846 pyramids in relationship to this move and all the other  
847 moves? What happened to those technologies?

848

849 C: By the time Atlantis had reached its pinnacle of  
850 technology the land masses had definitely stabilized to  
851 a much greater degree than the earth had known or,  
852 shall we say, to a much greater degree than the earth  
853 had ever known. At that time they did move out away  
854 from their own continent. Since the pyramid was  
855 mentioned, the pyramid that is in Egypt, the Great  
856 Pyramid, was part of the Atlantean effort to establish,  
857 shall we say, power lines or power sources all over the  
858 globe. In the earlier years of their glory they were  
859 basically a good people. They had, shall we say,  
860 humanitarian desires, and they were interested in  
861 helping those that were not, shall we say, as advanced  
862 as them. They were very stingy with their technology.  
863 In other words they did not pass their knowledge to all  
864 the other countries or all the other people of the

865 world. They would be beneficiaries; they would be as  
866 caretakers to the less civilized people, but they would  
867 not give their technology to those people. They did  
868 not want competition for control. They wished to be  
869 the absolute rulers of all that existed. Do you  
870 understand this?

871  
872 \*\*\*: Yes.

873  
874 C: When the problems came to the inner workings of  
875 Atlantis, the government, the social structure, then  
876 they began to withdraw their missionary, shall we say,  
877 efforts and in so doing you have, shall we say, remains  
878 of some of that that they had in their control, that  
879 they used, such as the pyramids. Of course, some of  
880 the Atlanteans did stay in those areas, but very few.  
881 Most of them were called back to their own country  
882 because of the inner turmoil that was going on there,  
883 the civil strife. Although some did stay, they were  
884 few in number, maybe half a dozen here or a few there.  
885 They were quite dedicated to their own and those that  
886 were not of their own kind were nothing more, shall we  
887 say, than a higher form of animal. So that when those  
888 that were left in those lands, those that had decided  
889 to stay, as age came upon them and their passing came  
890 there were no others to replace them. At best would be  
891 their children and through the natural processes of  
892 time, those children that were left then soon forgot  
893 the existence of Atlantis, the knowledge that their  
894 fathers and mothers had left with them. Do you

895

understand this?

896

897

\*\*\*: Yes. Then wouldn't the Atlanteans when they moved from Atlantis, wouldn't they have brought that technology with them?

898

899

900

C: The technology that is referred to does not necessarily mean technology as you think of it today.

901

902

You see, man has traversed time from the height of

903

Atlantis to now, and in that time his ideas of

904

technology are somewhat different than the Atlantean's

905

ideas of technology. Much is said about mechanical

906

technology, true there was a degree of mechanical

907

technology, but the true technology was that technology

908

of the mind and the abilities of the mind. The

909

greatest moves of the Sons of Light were basically in

910

an easterly direction and with the Sons of Light they

911

maintained the highest degree of awareness concerning

912

the spiritual abilities, the natural properties of

913

their own being. So that much of the technology that

914

man relates to in his terms was not necessarily

915

mechanical technology but was more mental ability

916

dressed up in a mechanical covering. Do you understand

917

this?

918

919

\*\*\*: Yes.

920

921

C: There was definitely use of crystals and the

922

natural ability of sun power. There was awareness of

923

the workings of high-frequency sounds, of magnetism, and

924

what have you. But these have very little mechanical

925 working pieces. It was quite easy when an Atlantean  
926 wished to move from place to place to enter, shall we  
927 say, a vehicle and through the processes of the mind  
928 and, shall we say, an apparatus that was part of the  
929 vehicle cause the magnetic fields of the earth to  
930 change to the degree that that individual wished. Also  
931 the use of energies that man does not really, shall we  
932 say, understand yet or have full knowledge of yet. Now  
933 there was a certain amount of technical technology  
934 naturally needed, a certain amount of mechanics needed,  
935 but this was a minimum, and basically, if these actual  
936 mechanical pieces were to be viewed today, they would  
937 hardly be recognized as advanced technology. So the  
938 technology even at the height of Atlantis was still the  
939 manipulation of the spiritual powers. There was a  
940 sharp decrease though in these powers with Atlantis.  
941 When things became so, shall we say, corrupt in its  
942 height, the decrease in these powers were at a, shall  
943 we say, super-escalated rate. So that by the time the  
944 third set of quakes came, this ability was practically  
945 nil.

946  
947 \*\*\*: Was the war between the Sons of Light and Sons of  
948 Darkness overt, were they overtly hostile to each  
949 other?

950 C: Yes. They had become gross enough then where there  
951 was out and out war as you know it today. This, of  
952 course, started basically in Mu.

953  
954 \*\*\*: And then continued onward?

955

956

C: Yes. This does not mean that the Sons of Darkness

957

and the Sons of Light were constant enemies. In an

958

active sense there were times that they lived side by

959

side peacefully, such as the time of great

960

catastrophes, they overcame their, shall we say,

961

battles or their hates, and they lived in peace through

962

the catastrophes and the re-establishment of their

963

civilizations they lived in peace, but as soon as the

964

civilization began to prosper and grow, then they began

965

to war among each other.

966

967

C: As those writers that write of Atlantis, or that advanced

968

civilization from the Greek lands, their understanding of that land

969

was not quite brought out in their writings, in that the biggest part

970

of Atlantis by that time had long gone, shall we say, and only those

971

northern islands that were still above the water were obviously

972

populated by the Atlanteans, and thus some of the writings, the Greek

973

writings, referring to Atlantis, were not actually referring to

974

Atlantis proper but the very outlying islands that remained and some

975

of the history of Atlantis proper.

976

977

Now, where do we see the continuation, then, of the Children of

978

Light or the Children of the Law of One? Basically, they had decided

979

to, shall we say, scatter widely through much of the area, but there

980

was, in fact, a very sharp concentration of them in that land now

981

known as Israel, particularly along the coastal area and in the area

982

more recognizable now as Carmel.

983

984

\*\*\*: Was this migration of a large number of the Sons

985 of Light such as 20,000 or 30,000 or more and is that  
986 Israel as it is today or the biblical boundaries?

987  
988 C: During that particular segment that we spoke of  
989 that was Israel according to the biblical boundaries  
990 because that was the time that we were referring to.  
991 The number by this time of the Sons of Light that had  
992 moved in that area was nowhere near 20,000 or 30,000,  
993 nowhere near that. If one would give an estimated  
994 figure it would have to range somewhere between 4,000  
995 to 5,000 at the very, very outside. Now in our  
996 statement that they were concentrated in those specific  
997 areas, they were not concentrated there, shall we say,  
998 in groups of a thousand, no. This figure of 4,000 -  
999 5,000 would have been scattered all over the entire  
1000 area including Egypt, some in Greece, they were kind  
1001 of, shall we say, speckled all over, but there was a  
1002 distinct group or a distinct concentration of these  
1003 Sons of Light in that area. There were groups, shall  
1004 we say, or communities, but there were groups or  
1005 communities in that area in the original migration.  
1006 Once established then in that area they began to spread  
1007 out and incorporate the local people. Do you  
1008 understand? They intermarried. Now in referring to  
1009 these people as the Sons of Light, you could not  
1010 distinguish them from any other individual. The term  
1011 Sons of Light refers to them in the sense that they had  
1012 an inner awareness that the others did not have. So  
1013 you are not to think on these as some super-beings. By  
1014 this time they had lost all that they had in the

1015 sense of being able to do things that the earlier  
1016 Atlanteans were able to do. The essential thing or the  
1017 most important thing was still there, their awareness  
1018 of the One God.

1019

1020 C: Moving into these lands was somewhat different than migrations  
1021 before, in that these lands were already populated, and they were not  
1022 sure of their standings since by that time then these people were,  
1023 shall we say, civilized to a degree but had developed an entirely  
1024 alien understanding of God. So here ends then, shall we say, the Old  
1025 Testament of the Second Bible, bringing about then the beginning of  
1026 the New Testament of this Second bible. From this point on it should  
1027 be quite easy to see the progression of the Children of the Law of  
1028 One, the Children of Light as opposed to the Children of Darkness.  
1029 It is very obvious to see the progression of the Children of  
1030 Darkness; not quite in the beginning so obvious, the development and  
1031 the positioning of the Children of Light.

1032

1033 What happens here is something that is quite unusual in that the  
1034 Divine Father in the overall Plan had, shall we say, a working area  
1035 for the ultimate development or the ultimate outcome of His creations  
1036 returning to Him or developing an at-one-ment with Him again.

1037

1038 \*\*\*: Is this God's first intervention in the physical  
1039 manifestation?

1040

1041 C: This question is in actuality one might say almost  
1042 without answer because it is quite hard for the mind of  
1043 man to comprehend the whole working of His Father. In  
1044 the very beginning when His Children or His creation

1045 left Him, the Father told them that He would allow them  
1046 to do whatever they wished, that they were totally  
1047 free, they had total free will, but somewhere  
1048 along the line He would give them a situation that  
1049 would guarantee their rising up again regardless of  
1050 their condition, their abilities, or their  
1051 circumstances. If they chose to accept that which He  
1052 would give them, He would guarantee them their return.  
1053 So to say that this is the first active action of the  
1054 Father in human history would not be totally accurate  
1055 and yet it is. It, shall we say, is the first  
1056 recognizable action. The action actually began at the  
1057 very moment the Divine Father's creations left Him. It  
1058 was set in motion so that it would eventually come to  
1059 its point in time when His children would be most ready  
1060 for it, would be in most need for it. You see, in God  
1061 there is the All-Knowing even though you have complete  
1062 free will, the All-Knowing of God is part of that free  
1063 will. In you there is a certain degree of the All-Knowing  
1064 in respects to your own existence, regardless of what  
1065 state it is in or what condition it is in, and since  
1066 there is a small part of that All-Knowing in your own  
1067 being and your own being is part of God's All-Knowing  
1068 then He automatically, shall we say, knows your  
1069 ultimate decision without interfering with your right  
1070 to free will. Is this understandable?

1071

1072 \*\*\*: Not very clearly, no.

1073

1074 C: You understand the part about the actions of the

1075 Father, the Plans?

1076

1077 \*\*\*: To a certain degree, yes, I think so.

1078

1079 C: In other words you are referring now to the  
1080 question, was this the first time for God's actions in  
1081 the physical?

1082

1083 \*\*\*: Right.

1084

1085 C: And the answer there is this: that is the time in  
1086 which it manifested or became active in man's  
1087 awareness. The actual starting of that was at the  
1088 moment of your leaving your Divine Father, so that you  
1089 would not leave Him without help, since He is  
1090 All-Knowing and knew then what your final outcome would  
1091 be. He then instituted a Plan or an action or a  
1092 situation which would guarantee you your return to Him  
1093 regardless of your state, your condition, your  
1094 situation, guarantees you that He would raise you up to  
1095 Him if you so chose to meet at that situation or on  
1096 that common ground. Very well.

1097

1098 In His Divine Wisdom and Knowledge He realized that the majority of  
1099 His creations were, shall we say, being deluded. They were going  
1100 very way but the right way. So He decided to choose a segment of  
1101 people wherein they would be used to bring about certain things in  
1102 history to come that would bring His creations back to Him. Left to  
1103 their own means totally, they would only disperse even further away  
1104 from Him. Knowing this, He begins to lay out a Plan where the

1105 dispersion is not quite as easily accomplished, wherein His children,  
1106 His creations, could return to Him, if they chose, if they wished,  
1107 regardless of how strong or how weak they were, regardless of how  
1108 much they knew or how much they did not know.

1109

1110 \*\*\*: Does this mean that He designed the Plan right  
1111 then and there or was this done from the beginning, and  
1112 so from your answer before you are saying that He  
1113 designed this right from the beginning?

1114

1115 C: When you make the statement that He designed it  
1116 right from the beginning, it almost has a predestined  
1117 attitude to it. The Love that your Infinite Father has  
1118 for you is manifested so that you have a way, if you  
1119 choose. You may take part of that Action or Plan that  
1120 He has given to all.

1121

1122 What occurs here is two things in history. As the Chosen Nation  
1123 of God or the Chosen People of God developed, so goes the Children of  
1124 Light. We have an intermingling here then of a very unusual situation.  
1125 Two fractions, two different people, both becoming aware of the One  
1126 God and working toward an ultimate climax, without really knowing  
1127 what was going on, not fully aware of one another.

1128

1129 \*\*\*: Who knew what about God? Did the Atlanteans or  
1130 Essenes know secrets that the Hebrews did not?

1131

1132 C: No, the Atlantean-Essene group did not know more  
1133 than the Hebrew or Jewish or the Chosen People of God,  
1134 they did not know more nor did they have secrets, but

1135 where the Essene group or Essene groups had a, shall we  
1136 say, an illuminated awareness of God as compared to  
1137 God's Chosen People; they had an awareness from inside.  
1138 They knew the life style that was necessary to be more  
1139 godlike. The final group of Atlanteans that moved into  
1140 this area of the world at that time were the purest of  
1141 the Sons of Light. They had the highest degree of  
1142 awareness of any other of the Sons of Light. Do you  
1143 understand?

1144  
1145 \*\*\*: Yes.

1146  
1147 C: And so they knew then that their own kind was about  
1148 at the end of its time. Do you understand this?

1149  
1150 \*\*\*: Yes.

1151  
1152 C: And so they began to prepare themselves then for  
1153 their final return, shall we say, let us put it this  
1154 way, they prepared then their final act of godliness,  
1155 the highest possible action that they could perform  
1156 that would magnify their inner godliness. Do you  
1157 understand this?

1158  
1159 \*\*\*: Yes.

1160  
1161 C: That would mirror their inner godliness, and so  
1162 they developed then into what is known as the Essenes  
1163 and all the related groups. Actually the Essenes are,  
1164 shall we say, a spin-off then of other groups. So as they

1165 began to collect together and bring in others of their  
1166 own awareness, they began to become part of a  
1167 community. In the meantime they had begun to  
1168 interweave in the community of God's Chosen People.

1169 In the earliest of times they became part of the  
1170 Jewish race. In the earliest times there was not such  
1171 a holding fast to the purity of the race, and so, many  
1172 of those intermingled then with the actual Jewish  
1173 People or the Chosen People of God, and they developed  
1174 then as part of the Jewish People, but there were those  
1175 that were not actually part of the Jewish People in  
1176 respects to blood. Do you understand?

1177

1178 \*\*\*: Yes.

1179 C: But were incorporated into the Jewish community,  
1180 the Jewish belief system. Then from there actually  
1181 they began to develop what is more popularly known as  
1182 the Essene groups or the school of prophets. They had,  
1183 shall we say, a very intricate part in the whole Jewish  
1184 picture; from the time of Moses on, these Sons of Light  
1185 were very much involved with the whole Jewish history.  
1186 When the last of the migrations from Atlantis went into  
1187 the Mediterranean area, there was a basic or a sharp  
1188 settlement in that land that is known as Israel now,  
1189 but that was before Israel was Israel. Those that had  
1190 gone down into Egypt and into that area there and those  
1191 that were on up then to populate the surrounding area,  
1192 they were, shall we say, all set for the birth of the  
1193 Jewish People. Do you understand this?

1194

1195

\*\*\*: Yes.

1196

1197

C: So that by the time the Jewish People had reached the Promised Land those that accepted them, shall we say, or those that quickly became part of the Jewish community were well-prepared for them. Do you understand this?

1201

1202

1203

\*\*\*: Yes.

1204

1205

C: Now it should be understood that none knew really what part they were playing. This was a natural process in the growing awareness of the One God. Do you understand this?

1206

1207

1208

1209

1210

\*\*\*: Yes.

1211

1212

C: In other words this is to say that none were predestined to experience certain experiences. All had the free choice but being the last and the purest of the Sons of Light, they had that inner godly knowing as to what they should do. Do you understand this?

1213

1214

1215

1216

1217

1218

\*\*\*: Yes.

1219

1220

C: Does this answer your question?

1221

\*\*\*: Yes. Then you say that the importance of the purity of race came much after the Jewish People had reached the Promised Land and after the Essene groups and schools of prophets had already been more or less incorporated?

1222

1223

1224

1225

1226

C: No. The idea of the purity of the Jewish race grew

1227

with its awareness of God. You are, shall we say,

1228

splitting hairs. You can have a belief but you do not

1229

necessarily practice it. Do you understand?

1230

1231

\*\*\*: Yes.

1232

1233

C: The Chosen People of God were small in number and

1234

they needed assistance, fortification, you know.

1235

1236

\*\*\*: Yes.

1237

1238

C: So under these conditions although they wished to

1239

maintain the purity of their race, they also would

1240

allow, shall we say, converts.

1241

1242

As the Chosen People of God, as His Nation begins to develop, the

1243

Children of Light begin to intermingle in and about the same lands

1244

and areas; so then what we really have is the school of prophets, the

1245

Essenes, the Nazarites, the Nazarenes. All those that are now

1246

understood or more generally grouped into what is understood as the

1247

Essene community were originally those Children of the Law of One.

1248

1249

\*\*\*: Excuse me, may I turn the tape, please?

1250

1251

C: Yes.

1252

So what we have here is an unusual situation. You have the

1253

Essene community and you have the Chosen People of God. Each to do

1254

their particular part in the overall Divine Plan, so that the

1255 eventual outcome then will be the greatest number of entities  
1256 becoming part, again, of the heavenly realms. So that they will have  
1257 the greatest opportunities to redevelop or re-acquire their  
1258 at-one-ment with their Maker.

1259

1260 \*\*\*: You have given us an indication of the Essene's  
1261 part in the Divine Plan. Can you please give us an  
1262 indication of the Jewish Nation's part?

1263 C: The Chosen People of God, shall we say, are under a  
1264 special protection of the Father. They were the first  
1265 to give the rest of the world the opportunity to come  
1266 in under the New Dispensation. In essence one may look  
1267 at it this way. They gave up their right to perfection  
1268 so that all of the rest of the world to come in the  
1269 rest of time would have that opportunity to come under  
1270 the New Dispensation. So in this all of Christianity  
1271 and in fact all the world really owes the Jewish People  
1272 a great indebtedness. Unfortunately, much of the world  
1273 do not appreciate what the Jewish People have done for  
1274 them. We are speaking now in spiritual matters and  
1275 those things concerning spiritual matters.

1276 The first purpose of the Jewish People was to bring  
1277 themselves to a point where they would relinquish their  
1278 right, their rightful position, to allow all the rest  
1279 of God's creation to come under the period of Grace.  
1280 The purpose of the Essene groups would be necessary so  
1281 that a specific conscious state, a specific state of  
1282 awareness, be maintained for the entrance of Jesus  
1283 Christ, the infusion of the Godhead into physical form.  
1284 Here we have a very intricate plan, one group

1285 concentrating the spirituality and another group that  
1286 is moving away from that point where the concentration  
1287 is, so that conditions would be set wherein the  
1288 complete Plan for God's experience in the physical  
1289 would be ready. Very well.

1290

1291 C: What we have developed then is a Bible within a Bible here. You  
1292 have the development of an Old Testament that will finally end in the  
1293 accomplishment of the beginning of a New Testament, that being the  
1294 entrance of Jesus Christ that was prepared by the Essene group, their  
1295 attitude, their consciousness, raised to that level where Jesus  
1296 Christ could make entrance into the physical manifestation.

1297

1298 Now one may say, What happens with all the others? One must  
1299 understand that the Divine Father is a personal Force, a personal  
1300 Being that is in total Love and has the complete ability to express  
1301 Love to the fullest. Those of His creation who have found themselves  
1302 entrapped in other belief systems, such as those of the eastern  
1303 cultures, those that have found themselves entrapped by their own  
1304 construction of their belief system, will eventually be dealt with  
1305 according to what they have done in that belief system. So that  
1306 those who fall under the Western belief system (which is what is now  
1307 known as the Christian belief system but which would probably better  
1308 be known as the Essene group or the Children of the Law of One) will  
1309 be dealt with in a different manner, because they are more  
1310 responsible than those of other belief systems, and even in this they  
1311 have more of a lenient God, shall we say. What is required of them  
1312 is a degree of faith. In return for that they are given perfection,  
1313 as far as man is concerned, which we would say is little price for  
1314 such a gift. If you call yourself a Christian, you would be just as

1315 right in calling yourself an Essene or a Nazarite or a Nazarene or  
1316 one of the schools of prophets or the Carmelites or one of the  
1317 Children of the Law of One. You could be called any one of those  
1318 names. Naturally, it would be more, shall we say, accepted to refer  
1319 to yourself, if you fell in that belief system, a Christian, because  
1320 there you are acknowledging that Bridge that the Divine has given you  
1321 to overcome the material entanglement that you have gotten yourself  
1322 into, that you cannot free yourself of through the reincarnation  
1323 process.

1324

1325 Now one may say, Why, if the Christian belief system is the  
1326 ultimate, then why do they not speak of reincarnation? The whole  
1327 thrust of the Christian belief system is to wean away reincarnation  
1328 so that it is not necessary to reincarnate. That is the prime reason  
1329 for the Christian belief system to eventually bring an end to the  
1330 reincarnation process, so that you as a spirit entity can go on to  
1331 the heavenly realms; now not those realms that man has created  
1332 through his belief systems that he has created but go on to those  
1333 realms that were originally intended for you.

1334

1335 \*\*\*: If God has permitted reincarnation, why is it now  
1336 necessary to end it and why in the manner of the  
1337 Christian belief system?

1338

1339 C: This should be a very obvious answer to all. God  
1340 permitted you your free will and in that you must  
1341 re-establish your position, your rightful position, and  
1342 this process of reincarnation is a process that, shall  
1343 we say, was your decision. Hopefully, you could create  
1344 a situation which was worthy of your godliness thereby

1345 eliminating your grossness and your need for, shall we  
1346 say, your entrapment in the physical. After eons of  
1347 time the only thing that has been accomplished is that  
1348 you have become even more gross so that you now even  
1349 doubt the Ultimate Promise of your Infinite Father, so  
1350 before the time comes that all of His Children doubt  
1351 that are in the material, He has set His Plan in action  
1352 or His Gift in action, His Grace in action wherein it  
1353 is not necessary for you to create absolutely in the  
1354 perfect. His Love manifests to you very brilliantly in  
1355 the Grace Period. Very well.

1356 C: We might add here (hoping not to, shall we say, fluff up anyone's  
1357 feathers), but all those realms that are normally understood now as,  
1358 shall we say, schools of development beyond the physical, none of  
1359 those realms were ever intended by the Divine Creator. Those are  
1360 created through the thought processes and the beliefs of His  
1361 creations, you as entities, you as spirits. You have developed a  
1362 gray area there in the other existences which were never intended,  
1363 and only through the Love of your Father and because of His Love, did  
1364 He allow such areas to exist, so that you would have, shall we say, a  
1365 waiting area for your reincarnation. Since you could not create a  
1366 continuous body or a body that could continually rejuvenate yourself,  
1367 then He allowed you to create areas where your soul or you as a  
1368 spirit could go to in, shall we say, between bodies, between lessons.  
1369 Instead of you being able to create one body where you could work  
1370 through all your indebtedness, He allowed you to develop a system  
1371 where you could go for periods of re-evaluation, thus hoping that you  
1372 make a better choice of judgment in the next incarnate life.

1373

1374 \*\*\*: Why couldn't we create a continuous body?

1375

1376

1377

1378

1379

1380

1381

1382

1383

1384

1385

1386

1387

1388

1389

1390

1391

1392

1393

1394

1395

1396

1397

1398

1399

1400

1401

1402

1403

C: A continuous body would indicate perfection or that which is not corrupted. In the very beginning of the spirit's involvement in the material existence the body did last for quite some time, quite some time. In the very beginning we would say that a thousand years would be, shall we say, a young man or a young body. Now we are talking at the very, very beginning of the spirit's involvement in the material. As the awareness or godly awareness began to diminish, then the years began to become shortened. Now, of course, we are using terms like years but that is only to give you some indication of time. If a being were to live a thousand years according to today's years at that time they, shall we say, would be equal. Do you understand? We are giving you a point of comparison.

\*\*\*: Okay.

C: So that the existence then, life span, was far, far greater than what it is today, but as the spirit became more involved then in the physical, the life span began to shorten. The less it was able to draw on the spiritual forces that it had as a spirit being, as a creation of God, there was a certain amount of resistance that set in with the grossness of the physical, and as that resistance set in then it shortened out the flow of the life energy. Now we are giving you, shall we say, a kind of symbolic explanation

1404 yet it is quite close to actuality. In other words the  
1405 purer your awareness is of the Divine Father and your  
1406 relationship, the greater the godly energies flow from  
1407 Him to you. Do you understand?

1408  
1409 \*\*\*: Yes.

1410  
1411 C: So that the less your awareness is of Him, the less  
1412 the energy flow is, so then the body deteriorates much  
1413 quicker. Do you understand this?

1414  
1415 \*\*\*: Yes.

1416  
1417 C: Very well.

1418  
1419 \*\*\*: That's why in the Book of Genesis in the  
1420 beginning the life spans of Adam and Eve and others  
1421 were very long up to 900 years but as the Old Testament  
1422 progresses the life spans get shorter?

1423  
1424 C: Well, Adam and Eve did not actually live 900 years  
1425 or those years indicated in the Book of Genesis. You  
1426 must remember that in some cases a year was equivalent  
1427 to possibly six months, in some cases 4 or 3 months, so  
1428 if you begin to look at those ages in that respect then  
1429 you would come a little closer, shall we say, to  
1430 present day ages. There was at that time an  
1431 understanding of the Adam and Eve story. The  
1432 understanding or the situation that is represented by  
1433 the Adam and Eve story is what we have explained to

1434 you. Do you understand?

1435

1436 \*\*\*: Yes.

1437

1438 C: In that time when it was written in the form of the  
1439 Book of Genesis then, of course, it was addressed in  
1440 situations that could be related to.

1441

1442 C: In looking over the total picture, one might consider in an  
1443 overview, that Mu and Lemuria might be considered the Old Testament;  
1444 and Atlantis and our present world now, the New Testament. When we  
1445 say Atlantis and our present world, you must remember in those times  
1446 whatever continent had the highest developed civilization, that was,  
1447 shall we say, the world, not as it is today where everything is  
1448 divided. Oh true, there were small segments here and there, but when  
1449 Mu was in its glory, THAT was the world; when Lemuria was in its  
1450 glory, THAT was the world; and when Atlantis was in her glory, THAT  
1451 was the world; and so if we were to give really a name now to the  
1452 land that is in its glory, we would have to say the Roman Empire now  
1453 is in its glory, because most of the civilized world that is free, is  
1454 in some way or another fashioned after the Roman Empire and is an  
1455 extenuation of that very Empire now. This may find some argument  
1456 with some people, but it is really not that important.

1457

1458 There is much evidence of what we have said, if one chooses to  
1459 look at what can be substantiated in history, not with an  
1460 intellectual mind but with the mind that God gives you, that your  
1461 Infinite Father gives you and that is the mind of wisdom, the mind of  
1462 wisdom.

1463

1464 \*\*\*: Could you tell us what could be substantiated in  
1465 history?

1466  
1467 C: Certainly you are capable of seeing what we have  
1468 said about the Essene groups.

1469  
1470 \*\*\*: Yes.

1471  
1472 C: That although you cannot substantiate it, per se,  
1473 there is a certain amount of knowledge of the Essenes  
1474 that would go along quite well with what we have said  
1475 about them. Do you understand?

1476  
1477 \*\*\*: Yes.

1478  
1479 C: As far as some of the other bits of information we  
1480 have given you, they go beyond what man refers to as  
1481 recorded history, so your only comparison then would be  
1482 other material that would be available. Unfortunately,  
1483 that material would fall in the realm of psychic  
1484 material which does not necessarily prove its  
1485 existence, but if there is enough psychic material  
1486 extracted from separate points and they appear to be  
1487 consistent or within a certain degree of consistency  
1488 you have then some, shall we say, substantial proof.

1489  
1490 You know, many people today scoff at the idea of an Incarnate  
1491 God, that Christ is God Himself, and yet to point out one of the  
1492 foolishnesses of the intellect, if you were to go just, shall we say,  
1493 to Greek Mythology, there has always been stories of gods

1494 intermingling with the human form. These mythological stories and  
1495 those of the Bible were not originated in our present time or in your  
1496 present time. The Books of Genesis did not come from the time of  
1497 Moses but go on back even to the very beginning of physical time, that  
1498 all through this recurrence of rising and falling; of the good and the  
1499 bad; the positive, the negative; the light, the dark; has always been  
1500 this Promise that, eventually, in some time that there would be an  
1501 infusion of the Godhead into a physical form that would make the  
1502 connecting bridge for His creations to traverse across that they  
1503 themselves could not build because of their lack of wisdom and their  
1504 lack of godliness.

1505

1506 \*\*\*: Does this mean that Moses was not the author of  
1507 Genesis?

1508

1509 C: Moses did author the Book of Genesis, but Moses was  
1510 only repeating these stories from other books, shall we  
1511 say. Actually not other books, at that particular time  
1512 these things were handed down word of mouth, but in  
1513 other places, in other times there were books that were  
1514 kept with basically the same stories. Moses did author  
1515 basically the books that he is accredited with. Over  
1516 the period of time they have been added to and redone  
1517 somewhat, re-edited, but basically you could consider  
1518 Moses the author of these books.

1519

1520 All of what is considered mythology is nothing more but a repeat of  
1521 what is told in the Christian Bible and they have not come just from  
1522 one area but have come and been passed through from all parts of the  
1523 world through many, many times and many, many land changes.

1524

1525

\*\*\*: When you say "repeat" it sounds as though you are

1526

saying that mythology came after the Christian Bible,

1527

when historically we know that it came before the

1528

Christian Bible. Could you clarify?

1529

1530

C: We do not feel that that indicates that we meant

1531

mythology came after the Christian Bible. What we could

1532

add here possibly for some clarification is that the

1533

Christian Bible is basically a clearer version of what

1534

the mythological stories are attempting to present to

1535

the people. Very well.

1536

C: True, through the times maybe names have changed, something has

1537

been added or taken away, but the principal thought, the principal

1538

idea, has always been there, and so in the Christian faith you have a

1539

Promise of a Messiah. In every other religion, in every other belief

1540

system, there has always been a Promise of some sort or another of a

1541

demigod, if you wish to put it that way.

1542

1543

\*\*\*: By that statement are you referring to Jesus

1544

Christ as a demigod?

1545

1546

C: Not "demigod" in its normal sense. In its normal

1547

sense one would think that a demigod is that product of

1548

a man and a, shall we say, "god" or a half-god,

1549

half-man, by some unusual mixture of a purely physical

1550

being and a spiritual being. "Demigod" in this

1551

particular sense is meant in the sense of Jesus Christ

1552

as a pure man yet a pure God. You see, the infusion of

1553

God the Father into the physical could not be into a

1554 flesh that was contaminated, or, shall we say, into a  
1555 flesh that had been corrupted.

1556

1557 And so one cannot say that this could not be, that the Bible is  
1558 nothing but fairy tales. It is not. These are promises that have  
1559 been handed down from the very beginning of the spirit's entrance  
1560 into the material form and finding himself entrapped there. He was  
1561 given a promise at that very moment. The story of Adam and Eve, very  
1562 simple to understand if someone thinks in terms of spirituality and  
1563 with his God-given wisdom. Adam and Eve can be thought of in a  
1564 number of ways; but as far as the spirit's entrance into the  
1565 physical, the casting out of Paradise or the Garden of Eden is a  
1566 symbolic way of putting the spirit's entrapment into the physical,  
1567 because it chose to do as it willed and not the Will of the Divine.  
1568 It chose to live as it wished to live instead of living in a godly  
1569 way. Of course, the Adam and Eve story can be taken any number of  
1570 ways, but all having basically the same message: individual will as  
1571 opposed to the Universal Will of God, the One Will of God, the  
1572 All-Encompassing Will of God, and the Will of God is a total  
1573 manifestation of a united force of Love, all intermingled with one  
1574 another and yet all quite individual, all giving and all sharing in  
1575 the Totality of God's creation and God's Love, the Infinite Father's  
1576 creation, the Infinite Father's Love; but it was the pulling away or  
1577 the separation that each individual creation decided upon that made  
1578 it necessary for the physical and made it necessary for history, for  
1579 man's history, as he knows it.

1580

1581 The total unfoldment of the movement of the awareness of the  
1582 Children of Light has not been completely given to you. There are  
1583 many interplaying aspects here, many little dramas going on here,

1584 going on there, and it would take thousands of volumes of books to  
1585 completely tell the story, but those are the basic developments or  
1586 progressions of the awareness of the One Law, the Children of Light,  
1587 as opposed to the Children of Darkness. There has been a direct  
1588 strain of individuals, a direct belief or awareness from the very  
1589 beginning of Mu to the very present moment. One would most readily  
1590 recognize this as the Essene group, but the school of prophets were  
1591 before the Essene groups, the Essenes, and did exist even during the  
1592 time of the Essenes. There were many such groups in that area.  
1593 Their names come basically from their community, not necessarily from  
1594 the difference in the belief. Grant there were minor differences in  
1595 rules but not in beliefs; minor differences in communal life style  
1596 but not in the awareness of their Maker.

1597

1598 Today, just as has happened in the past, the Children of Light  
1599 are definitely coming against the Children of Darkness, and it is our  
1600 intention then to continually fortify those Children of Light, the  
1601 New Essene group. They will hold the truth, while all around will  
1602 begin to succumb to the darkness. Not that any specific group, shall  
1603 we say, of people have we chosen, but those who adhere to what we  
1604 speak of about their Father, their Divine Creator, and their quest  
1605 for their at-one-ment, those will be the New Essene group. Those  
1606 will be the ones that will hold the absolute true awareness of their  
1607 God, while the rest begin to fall away; and it is through those that  
1608 hold tight and hold fast, it is through that group, those elite  
1609 Children, that the final chapter will be written. This does not  
1610 exclude anybody. All are quite welcome. All are quite welcome. All  
1611 are prayed for. All are prayed for. So that none can claim  
1612 exclusive rights to this knowledge. We have tried to advise those  
1613 who will listen to us how this knowledge can be preserved and

1614 presented to many, many more. It is not our wish that only a small  
1615 group be chosen. It is our wish that all the creations of our  
1616 Infinite Father and your Infinite Father be included, but each must  
1617 have the free will to choose whether they wish to hear and accept or  
1618 whether they wish to turn away.

1619

1620 The rest of the questions we will answer at another time. That  
1621 is all for now.

1622

1623 May the Blessings of our Divine Father and our Lord Jesus be with  
1624 you all. Thank you.