

17 C: One of the things that all of you should bear in mind in
18 understanding what you are and who you are is this: as we have
19 said before all that you see and all that you are capable of
20 touching, smelling, hearing, are mere shadows of your true self;
21 that in actuality what all of you are are spirits that consist of a
22 conscious state with your own individual personalities which you
23 never lose. If anything, your personalities grow and enhance and
24 become more sensitive and expand even further.

25 All things are constructed from an energy or a vibration. The
26 first is sound; from that as sound moves away from its Source and it
27 meets resistance, it becomes light; and as that light moves away
28 from its source which is the sound, and it meets resistance, it
29 begins to solidify through the process of the lowering of the
30 vibrations; until eventually you have what you know as the material
31 that is basically constructed from the original cause which is
32 sound. That, the originating cause, is what would most easily be
33 recognized as something referred to as a spiritual electricity;
34 that would be the simplest way of describing the carrier or the
35 action or the cause; of course, the ultimate Source of all that
36 exists is what everyone recognizes as God. You, yourselves, are
37 basically constructed from the spiritual electricity; you are but a
38 mere spark, shall we say, a mere syllable of the word; and you are
39 what you are now because of the resistance to the essence of that
40 sound, that syllable. All things are energy, and as it moves away
41 from the original Source -- not in the sense of moving away, as you
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42 normally understand, but in the sense of resistance to, as opposed
43 to actual movement away -- as it moves away or the resistance to,
44 it forms more dense versions of this spiritual electricity that
45 eventually manifest in what you can recognize is electromagnetic
46 force fields. So then basically what all of you are is nothing
47 more than a condensed field of energy, but not something that is
48 inanimate or unthinking; it is a very controlled field of energy;
49 it is a thinking field of energy; it moves and conducts itself at
50 will. This is the essence then of what you refer to as soul or
51 spirit. These words can be used interchangeably as you see fit,
52 although if one were to look at this in a proper way or proper
53 manner, one would have to consider the soul the accomplishments of
54 the spirit. You must remember that in this resistance to the
55 originating Source of life or your essence, it is not really a
56 moving away or a separation; that you must remember, but only use
57 such terms for convenience sake; it is, in reality, a resistance
58 to. If one keeps this in mind, then you eliminate the
59 misunderstanding of God being a Force that is in one place and you
60 in another place and are the, shall we say, occasion of the
61 emanations from that force; this is not the case; this is not the

62 situation; this is not the way it is; but you are what you are
63 because of the resistance to this spiritual electricity, to the
64 Source of it. So in proper understanding then, all things are as
65 an In-Flow of this spiritual electricity, an In-Flow of this
66 spiritual electricity; so that as you allow it to move more readily
67 through your being, then you have less resistance to it and begin
68 to approach then a greater reality, a truer self; and in this
69 process then you raise your true being to a higher state of
70 existence or a higher rate of vibration.