

## Consciousness - A Panoramic View

**The mind of man extends far deeper than previously realized. This lecture will explore the undiscovered realms of the conscious and subconscious world. The unique activities of the subconscious mind are a marvelous mediator between the soul and the physical body. We will encounter the many states of consciousness and their interaction and relationship to each other, which makes us a whole, total, expressive being.**

Today, because of the complexity of this topic, I am going to have to stick very close to the notes. It sounds very complicated, but if you follow with me, it will unravel itself to you.

Which came first, the chicken or the egg? For years scientists have debated a version of this question. They ask: Do we have a mind or consciousness because we have a brain, or do we have a brain because we have a mind or a consciousness? According to The Council, we are souls, or to put it in another way, we are conscious state beings who are manifesting in a physical body. In other words, we are a spiritual form that exists in a physical body. In order to manifest in this physical body, we are conscious state beings with several levels of consciousness. These levels of consciousness go from a denser form to a more refined, and each one is more refined as it goes up. These denser levels of consciousness are referred to as our mind and the most dense then as our body. The densest form of our being would be our physical body. Our physical body and the physical organ that we refer to as the brain are a direct creation of the more refined levels of our consciousness. The Council has explained to us that the mind is not encompassed in the brain. The brain does nothing more than react to instructions of the soul or you as a true spiritual entity. The mind or wisdom, the knowledge that we have consciously and subconsciously are not really part of the physical organ that we refer to as the brain. Since a chain of events must follow, there is a need then for the organ that we refer to as the brain. The mind directs the brain, and the brain directs the body in the attitudes, actions and efforts of the soul in our life's experience.

Now, in order to begin to understand how this all works together, we will go into a little of right brain, left brain. All of you have heard that the brain is divided into two hemispheres, the right side and the left side. The left hemisphere deals with very technical, very methodical and very logical information. It has no imagination, no spirituality. It reacts to conditions around us, and it reacts to training. The right hemisphere's purpose is spiritual and esthetic. It is the right hemisphere of the brain that is the connection with the soul or the spirit of you as a true being. Now this isn't to say that our soul is floating in some etheric space projecting little signals down to the right hemisphere of the brain. The soul, in fact, is a very intricate part of our physical bodies. The soul concentrates its efforts and its actions in a space. In that space then we perceive what we understand as our physical bodies.

When speaking about the structures of the mind, for convenience sake, even though we are talking about conscious levels or levels of consciousness, it is difficult to say the subconscious consciousness or conscious. So what we have done is change it to MIND. We are calling them minds instead of consciousness. But they are actually conscious levels. The first level of consciousness that we work with directly is our conscious level.

The second level is the subjective mind. The third is the subconscious mind. The fourth is the objective mind. And the fifth is one that The Council calls the traveling mind. Now the first two levels of consciousness are the conscious mind and the subjective mind. We will describe those together because they are a lot like a hand in a glove.

The conscious mind is that which we are perceiving with. In other words, what you are hearing me with, what you are thinking of what I am saying, that is the conscious mind. It is the immediate thinking and awareness processes. The subjective mind is somewhat of a buffer zone between the conscious activities or the conscious mind and the subconscious mind. The subjective mind is the total perspective, those from past incarnations that have a direct influence on this particular lifetime and the expressions that are necessary in our present lifetime. The subjective mind holds the overall response parameters of our life. Shortly we will see what those response parameters are and where they come from. Now the conscious mind blends over into the subjective mind, the subjective mind blends over into the subconscious mind and the subconscious mind then blends over into the objective mind. Then, of course, you have the overseer of it all, which is the soul.

The conscious mind and the subjective mind work together very closely in response to each and every experience that we have. We must have a response for every experience that we have in life. If they are similar experiences, then the response comes from the subjective mind. In other words, maybe we could call that our memory area. If they are unfamiliar experiences, then we have no foundation to build any action upon. The conscious mind must draw what is available in the subjective mind plus any instinctual responses which deal basically with the protection of the physical body and that comes from the brain itself. These protection responses are derived from the immediate directions from the brain. If we were to have an experience today that we have not had before, our responses would be based on what the conscious mind can gather from the subjective mind in relationship to a possible similar experience. In other words, is there a similarity or a parallel to the experience? This is coupled with the function of the brain to protect the physical body from any possible danger if this happens to be part of the experience. An example: If you stood in front of an oncoming car, naturally you are not going to just stand there. The brain would say, "Hey let's get out of the way, or I am not going to exist anymore." The conscious mind has two areas to draw from, the subjective mind and any instinctual defense responses set up by the brain. This will be where the immediate response comes from. If the character of the individual or soul is enlightened enough, then all responses will be tempered and not quite so animalistic or reactionary. This deals basically with interrelationships with other people. It will be an action instead of a reaction. An example: If someone walks up to you and slaps you in the face you are not going to take out a gun and shoot him. You might think about it a little bit, but go to the police instead.

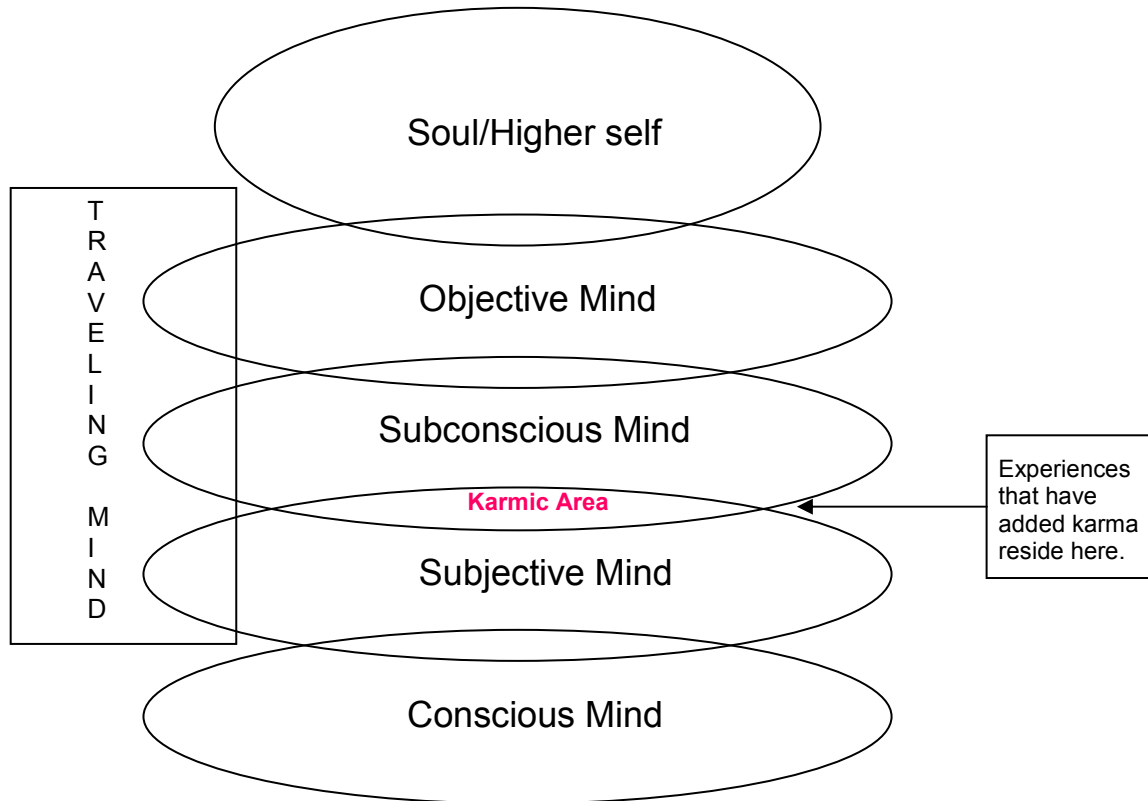
So at the end of the day, then it is time to process the day's experiences. This is done in the sleep time. All that has been accumulated through the conscious activities in the subjective mind is then processed in the sleep time or what we refer to as dream cycles. This is the processing of the day's events, and they are filed away in their proper place in the subconscious mind. The physical body itself, whether you realize this or not, does not need sleep. The body does function the same when it is asleep as when awake. In other words, your heart beats and all of the other functions continue, the body maintains itself

even during the sleeping hours. It is true that our bodies become physically tired, but the physical body can recoup its energies with proper food and moments of rest and relaxation.

Sleep is necessary for dream time in order to process the day's events. What has happened during the day is then placed in its proper place in the subconscious mind. It is then fed back to the subjective mind in a new version that is acceptable to the overall attitudes and experiences of the entity. These are based somewhat on our mission in life, karmic debt, things like that. The subjective mind will then have a revised segment added to it according to the previous day's experiences. With each activity, even though we have had that experience before, the responses of the subjective mind have been drawn from the subconscious mind. During the night's dream time the additional or new activities, even though they have been experienced before or experienced again, are processed into the subconscious mind. The subconscious mind then feeds a new version of that experience to the subjective mind, and all similar experiences are blended together. So you see, it is a constant evolvement of each individual experience that we have. They are all blended together to merge into one response to a similar situation that may come up in the future. By the word response, we mean "react to." Such as if someone hits you in the nose, do you shoot them with a gun or do you call the cops. That is a response. It is not necessary to have a set number of hours of sleep to have a sufficient number of dream cycles for proper processing. It depends on the individual person and what you are capable of handling. We must have sleep because we are not able to process while we are in a conscious activity or a conscious state.

As an example of this processing, every time we meet a new person, each of us responds to the original introduction differently. Our response is based on all of the previous times that we have met a new person. How we respond to that new person today may be different from how we respond to a new person tomorrow. Each time we meet someone new, that is a new experience for us, and that may add a color or flavor to the experience of meeting another new person tomorrow. So, that will flavor or color the response of the subjective mind once it is processed into the subconscious mind and put back into the subjective mind. So, we are always building new response parameters.

Those governing areas or karmic situations both good and bad that deal directly with this particular lifetime are closest to the overlapping edges of the subconscious mind that touch the subjective mind. Right in there lies the karmic structure. Now, these are foundations that effect our present consciousness or our present lifetime. Faults and talents from previous lifetimes that govern this particular lifetime lie in that overlapping area. In "governing" I mean that we must deal with or use. The subconscious mind will process our experiences back into the subjective mind and as it does it, then it processes it through this particular area here. The subconscious mind will reprocess our experiences back to the subjective mind, but they will pass through that karmic structure that separates the two minds and that adds a flavor or color to the whole situation.



When a person has not had enough dream time, they may be grumpy or easily confused. I am sure that every one of us has come across someone in their family or a friend who has only got an hour or two of sleep, and you know that they are just a bear to deal with the next day. You can't even be in the same room, let alone talk to them. This is because the subjective mind has not been sufficiently fed the necessary information to handle the events of conscious activity. So the next time your mate or a member of your family gets up grumpy, send them back for more processing time. If there are emotional problems, in most cases they stem from improper dreamtime. In other words, the processing of daily events has not been processed properly or there is insufficient time for processing. There is a proper way of processing it as well as the sufficient time necessary. For an individual who is having such problems, emotional problems, first light emotional disturbances may show up. Then they become more serious as dreamtime becomes less and less productive. This can be reversed if note is taken of such problems in their early stages. This can be reversed by offering the person support, either from the family or some sort of support group. They must do this by showing a response to that person of love and affection. If the individual shows definite signs of insecurity in themselves or in a situation that needs security, then the best way to help them through that is to help them reestablish a sense of security or self-esteem by offering them a fortification of love or a demonstration of love. Evidently, what begins to take place as these problems develop and grow, is a lack of self-esteem and then, of course, this develops into even more serious problems. So by being a bolstering system to these people, sometimes this can help to overcome the problem.

The conscious mind is our immediate thinking process and awareness process. It draws its responses from the subjective mind. The subjective mind is the formulation of the total of the subconscious mind. If we do not get proper dreamtime, eventually severe emotional problems can develop because the subjective mind must be constantly kept up to date with responses. The subjective mind knows when it is not being kept updated, because it is part of the overall total being. It is fully aware of what is going on at each level from the subjective mind to the highest level of consciousness. The different minds do not literally operate independently of one another. Each depends on the other.

Now we go to the subconscious mind. The subconscious mind, a buffer zone between objective mind and subjective mind. It is a repository. The subconscious mind's primary job is to protect the two minds that are on the opposite ends of the scale, the subjective mind and the objective mind. The subconscious is at times very hesitant or slow in its activities because it also acts as a guarding mechanism of the objective mind. Each of us as spirit entities has a great deal more knowledge than we are physically aware of or consciously aware of at this particular time. And the thing that keeps us from being fully aware of all this information and all that has transpired in this existence as well as other existences is the subconscious mind. The subconscious mind among other things is a filtering device that allows us to work out our situations in a prescribed set of understanding or senses of reality that we have created through all the expressions that we have encountered. In other words, what we have created through all other lifetimes. The subconscious mind is a great expanse of the soul's wisdom and experiences of the action of the soul in its expression in this lifetime as well as previous lifetimes. The soul's purpose or mission that it must achieve now in this particular lifetime is governed by the conditions that are present in the subconscious mind.

Another activity of the subconscious mind is a filing system for experiences, necessary to allow this particular lifetime to be as productive as possible. We may say that the subconscious mind is a repository of books, and each book then takes in a different area of experiences. The subjective mind would be a summary or a combination of all the books in a particular experience that lie within the subconscious mind that would apply to this particular lifetime. In the overlapping area of the subconscious mind, that part of the subconscious that lies just above the subjective, is the collection of all the physical experiences in the present lifetime that add to the karmic situation or karmic debt. It also contains the debts that we incurred that made it necessary for us to reincarnate. These are the governing factors of this particular lifetime. (See the chart above) All the processing must go through this particular area. Those debts may not be there in an awareness in the conscious mind, particularly in relationship to another lifetime. Nevertheless, as processing takes place, we are aware of some of these debts to a certain degree in our conscious activities.

At this time let's ask ourselves this question: Why is it so difficult to act in a Godly way? There is a godlike part of our being that we can call the "godlike you" which is the essence of God that has developed into our own personal being. The "godlike you" is that part which knows the absolute good, that IS the absolute good and our personality which is the sum total of our experiences, our free-will choices and what we have done with those free-will choices. It would be wonderful if the "godlike you" in each of us could totally control us at a conscious level in our physical state as easily as we may wish that it

would. But, this is not the case because of something that The Council calls intellectual citadels.

The Council: "The godlike you must work through all of the self-constructed citadels of wisdom and knowledge that it chose to construct and interpret to serve itself in previous lifetimes. This is what we may call the intellectualism of man or the stumbling blocks of man or barriers to the soul. This kind of intellectualism is generally steeped in stupidity."

The subconscious mind is what we could refer to as barriers or resistances or filtering systems. These barriers result from not demonstrating loving attitudes in our past experiences. They distort the flow of that Divine Love that should have been manifested from our soul. The more that there has been a lack of Divine Love demonstrated in past lives, the more strongly these barriers prevent the continual flow of this loving, creating energy. The more the energy then becomes distorted, the weaker it becomes or the more set in certain patterns it becomes, such as our bad habits. To give you an example of one of these barriers: Suppose someone comes up to you and really wallops you on the side of the head, gives you a great big gash there. That episode is impressed in the subconscious area of the mind or the subconscious level. That impression stays there very firmly because of our inability to forgive lovingly or to forgive totally.

Now, I am sure all of us know that every seven years every cell in our bodies is replaced with a new one. Why then doesn't the body replace that scar tissue with new tissue in that seven-year cycle? The reason is because of that area of the subconscious mind controls the scar, and by the way, the subconscious level also controls much of our physical body through the brain. The reason why we have not been able to eliminate that scar is because the subconscious which controls that scar refuses to forgive lovingly or to give up that experience, to release that experience. If we were able to totally forgive the individual who hit us, the scar would then be replaced with new tissue. This is what The Council said about this very powerful word, the little two letter word IF. They said this, "If, if, if, the word between returning to what you should be and staying where you are at." So, in order to help us make these corrections in the subconscious, we must try then to forgive all episodes as sincerely as possible and constantly keep that thought of forgiveness in our conscious mind. We must try to conduct ourselves in every way towards that situation as though we have totally forgiven the episode. If we continually do that, this then begins to prove that we have a sincere desire to allow our creative love to go out. And then this is what will actually earn us the elimination of karmic debt. So, it is possible to eliminate karmic debt in this lifetime by doing things like that.

Let's go now to the objective mind. The objective mind oversees the life's plan and orchestrates the functioning of the entire being. The objective mind is very closely associated with the soul itself. The objective mind from its lowest level to its highest level has limits that are totally unexplainable to us. Its furthest upper limits are the direct impulses of the soul or the entity itself or that breath of God that has been developed into our personalized personality – our being. The objective mind is the closest extended arm of us as God had originally created us to be. As the objective mind is the conscious level that oversees the plan of this particular lifetime, it also deals with all of the structures or barriers that lie within the subconscious mind. It orchestrates or coordinates all of this. So, it actually orchestrates the functioning of our entire being.

Many of us who try to get in touch with our higher spiritual levels or our oversoul, what we are trying to do is get in touch with our objective mind. It is possible to reach up into the objective mind through meditation and prayer. This is the only way that the objective mind can be reached for all but a very few individuals. For the average person, if they are in meditation or prayer and they have reached the objective mind, they will really never become aware of that as a fact. What will happen is that the conscious mind is raised to the objective mind for barely a split second. The amount of guidance that is then introduced into the conscious mind may appear to take a tremendous length of time. In other words, if you were an experienced meditator and you were able to drop into an extremely deep level of meditation and you were to stay there for a half-hour, all of a sudden you were flooded with great insight. Actually what would have happened was that the conscious mind for barely a split moment of a second in time managed to make that connection. The objective mind flooded the consciousness with information, and it would have taken at least that half-hour for it to be processed and realized in your conscious mind. In some cases it can take two or three different times at meditating. Insights, guidances and revelations can also be gained from the subconscious mind. This is really the area that most people are able to tap into in meditation.

The objective mind is also the area of the soul or entity that is able to perform beyond the natural activities of creation or existence. The objective mind is the mind that believes in very powerful, constructive activities. The objective mind, even though it believes in such power and creativity, is very delicate, it is very sensitive, it is very fragile, it is very shy yet extremely powerful when it decides to work and when it is stimulated into working. The subconscious mind knows this. It will guard fiercely the safety of the objective mind because it is fully aware of the sensitivity and the fragile makeup of the objective mind.

An example of how powerful the objective mind is, we saw it when we were involved in Project Samaritan. In Project Samaritan, we were instructed by The Council in how to reach and utilize my objective mind for the purposes of healing. During the healing sessions of Project Samaritan we were able to get in contact with my objective mind and instruct it to do something. My objective mind opened and traveled to another objective mind. It made itself available to that particular entity. My objective mind was then able to converse with that other soul's objective mind and assist in healing of that soul. In this process we also found that my objective mind could not override the wishes of the other entity's objective mind. They had complete control of the situation. We found this in situations where apparently healing didn't take place. We had to realize that there was a possibility that that entity or soul had rejected any efforts of healing. Even though at the time we were there, there was congenial and cordial communication with that objective mind or level of that soul.

Now we go to the other mind that is left, the fascinating one, the traveling mind. In order to make all of these minds work more efficiently, we have what is referred to by The Council as the traveling mind, facilitator to all of the other minds. The traveling mind works with the subjective mind, the subconscious mind and the objective mind. The traveling mind can be described as a neutral mind. The neutral mind or the traveling mind travels between the two opposite ends which would be the subjective mind and the objective mind. It passes through the subconscious level. I might add that it in itself is without activity. The traveling mind is very transparent, it is very conductive, it is very

cooperative with all the other minds. The traveling mind moves according to the needs of each situation. The traveling mind is a scanning mechanism that connects the objective mind and the subjective mind. It scans the subconscious mind. It scans it in the sense of taking out information and putting in information. The traveling mind makes no decision at all about what information it will carry back and forth. The soul or the true entity makes that ultimate decision. When the subconscious mind wants to put something into the subjective mind, there is a process involved because of the structure of the subconscious mind. The subconscious mind feeds into the traveling mind and the traveling then takes it to the subjective mind. The subconscious mind will give to the traveling mind what it wants the subjective mind to have.

It's very easy for us to pump things into the subconscious mind through our subjective mind, but it is quite a different story when it comes to taking that information out. The subconscious mind is very wise. It's very selective in what it will allow to come to the surface. It knows that the subjective mind is the foundation of our daily activities. So, if we are given too much information, we may then, at a conscious level, react in a way that would be less than overall beneficial to us. We are talking in a sense of developing as spiritual beings, growing spiritually. The vastness of the subconscious mind is in those levels and each level or mind then builds upon the other. It is not the best use of consciousness, to plow through a level into the next to get information where it may be needed. It is much more efficient and productive if we are able to transcend those levels that are not involved in a particular activity.

So actually the traveling mind then simply helps the subconscious mind transcend those levels of consciousness, in the subconscious area, that are not necessary to be dealt with in any particular activity. It is a very efficient way of dealing with consciousness and creativity. If in the subconscious mind you want to go to this level of information and bring it to the subjective mind so that the conscious mind has a source for it, the traveling mind prevents indiscriminate pushing of information. It takes the information from the subconscious mind and moves it over to where it is needed. It always passes through the area where the karmic structure is or the karmic outline for your life is.

A lot of times when you say karmic, people right away think in a negative way. Karmic debts and karmic structures are not necessarily negative. There can be positive karmic debts also. Too many of us, whenever we hear the word karma, right away think of the negative aspects. I have met a lot of people who have had super good karma. So, when we talk about passing through the karmic structure, it doesn't necessarily indicate something negative. We might be a millionaire because of a karmic debt or a karmic attribute. Maybe you have a keen mind with money and you are able to manipulate a few dollars and turn it into a million dollars. So, as we said it is a very efficient way of dealing with consciousness and creativity.

A little summarization of how the minds work together: The conscious mind feeds the subjective mind. The subjective mind then feeds the subconscious mind and the subconscious mind is, of course, directed by the objective mind. Then, if there is any need for communication with the subjective mind, the subconscious mind and the objective mind then the traveling mind goes into play. The traveling mind will deal with those three minds. Under certain conditions, the subjective mind can feed the objective mind by means of the traveling mind such as we experienced in Project Samaritan. The subconscious mind needs the traveling mind for proper filing of our day's experiences.



So, the traveling mind is an essential aspect of our overall consciousness. Even though it does not do any thinking on its own and is simply a scanning level of consciousness, it's extremely important to us. It keeps each activity from being clouded or intermeshed with activities that are not related to a particular situation that you are involved in or an experience that is going on in your life.

The subjective mind is the storehouse of the day's activities and also the parameters or limits of our consciousness and its response to daily experiences or daily activities. When The Council talked with us about these different minds, they spoke to us as if they were almost speaking of separate minds. But, The Council went on to explain to us that in actuality they are not separate levels. They are simply one mind, a very dense level at one end and at the other end a very refined level or state of consciousness.

In closing: At the beginning of the lecture I asked the question, "Which came first the chicken or the egg? Do we have a mind or a consciousness because of our brain, or do we have a brain because of our mind or consciousness?" The Council tells us that we are souls or we as true spiritual entities came first. Our souls created our minds. Our minds then created our body with its brain. As The Council has said before, we are not bodies with souls but we are souls who are using a body. We are conscious state beings that consist of a myriad of conscious levels that make up our individual personalities which we will never lose. Our personalities will continue to grow and enhance with each experience that we have. And with each experience in life, hopefully we will rediscover our own individual uniqueness and that true Godlike being that is in each of us. I hope that this very important information that we got on the structures of our minds, I hope that I have been able to make it clear and simple enough so that it is usable for you. When we originally got it, it took two or three months to digest and bring it into a small enough package so that we could present it. In the almost 20 years that I have been doing this work, we have gotten some very interesting and helpful information, but by far, I think this is one of the best pieces of information that we have ever gotten. Because you are able to have an understanding now of how you work inside. And with that understanding that gives you a very important tool to start redesigning your life the way you would like it. I hope if you intend to make a change in your lifestyle, this information proves to be beneficial in fulfilling your desires.

### Questions and Answers

Questioner: Can the conscious mind ever contact the soul?

Bill: The soul itself is your total being. In other words, you are sitting there but so is your soul.

Actually, you are not there, that body is not there. The soul is there. And, as I see your soul, I see it in the form of a body. So, the activities of you as a conscious state being or a spiritual being as they begin to relate to me and as they begin to relate to this creation that we call life, it has evolved a process of different activities. Each mental process then as it comes closer to the overall working line of all of us together and the overall baseline is the life that we are living. As it gets down closer to that, then we have levels that we can comprehend with our mind. So certainly, the soul is in complete control of all of these minds. As far as you being able to get in contact with the soul, it is more of a question of the soul being able to make a direct contact with the conscious

mind, not that it isn't capable if it truly wishes to. It simply knows that this working stage that we call life, we have all mutually had to agree on so that we could all work out growth. So, it wouldn't be, according to natural law, for one soul to say, "Well, I'm not going to use a body. I'm just going to go floating around and see what I can stir up and create." We were all created equal, and that is one of the areas where we were all created equal. Psychic phenomena has its place in this particular lifetime in a particular manner. So, there is a picture of bodiless spirits and the objective mind working beyond the natural laws of creation manifesting in our daily lives.

Questioner: They are all properties of the soul?

Bill: Yes, yes. Just as the body is a tool of the soul, all of these conscious levels are tools of the soul. The vibratory rate of the soul is so high that it must be reduced to a common denominator. Ultimately, your soul is different from my soul, and it is different from the soul that is sitting beside you, in front of you and behind you. We all vibrate at different rates so what is necessary then is for all of us at some time or another to come to a common agreement: This is a level of cooperation and growth. That's what eventually brought about the material manifestation. So, there are some souls who vibrate at a higher rate, some at a lower rate, but the common denominator is this life.

Questioner: You had stated before that dreams needed a certain amount of time during sleep to process the day's facts?

Bill: Yes.

Questioner: Does alcohol affect that time span?

Bill: Do you mean does it affect the quality of the dreaming?

Questioner: The way that the facts are processed?

Bill: Now, there is a question that I can't say with absolute assurance. I think possibly it could. Like I said at the beginning, we have not asked all of the questions that we should, and particularly about the need for dream cycles. I can only assume from what The Council has said in the past about such things as alcohol. Based on that and that alone, I would say possibly it could have some negative effect on the processing of our daily events. As far as alcohol goes, The Council says a little red wine or alcohol in moderation is not harmful. In moderation! Each person has their own level of moderation. So, I am sure if you went beyond that, it would probably have some effect.

Questioner: If somebody is born mentally retarded, do they still have all four of these even though they can't comprehend?

Bill: Yes, yes, because these are properties of the soul, certainly. If I recall correctly, when we were involved in Project Samaritan, didn't we deal with that? Yes, yes, because we dealt with people who had severe emotional problems, and we were able to converse with them at the objective level just as, I mean they were just as sharp as anybody. A retarded child or someone who has mental deficiencies, physical deficiencies, whatever, those are all properties of the physical body, and those come from the subconscious level. The objective mind, the soul, all that works perfectly.

Questioner: My question is about affirmations. What's happening when we try to re-program ourselves with affirmations?

Bill: If they are true beliefs that you have, what happens is in the karmic area between the subjective mind and the subconscious mind, what an affirmation can do is it can act as an eliminator of some of the karmic conditions that may exist in this area of the subconscious mind. If it's a positive affirmation that will better you, and not necessarily

on an intellectual or physical level but at a soul level. What happens as you begin to pump that in at a conscious level, and if the heart truly is willing to accept it, and we are talking now of the objective mind, not to say that this is the heart, but it has to be part of the objective mind. What happens is the objective mind is always willing to be constructive and positive. So this is always positive. If we can start pumping in positive things, eventually this karmic structure will become enlightened. We have a natural positive affirmation process (well, I can't really call it an affirmation process) but we have a natural positive built-in thing in our being, and that's what The Council has referred to as the optic fiber of light. It's not truly an optic fiber, but that is simply a picture that they have given us. What happens is the objective mind realizes that the conscious mind is making decisions that it shouldn't. All of us have experienced a time when we had the choice of doing something right and doing something wrong and when we made that choice, "Well, what the heck, I think I will do it the wrong way or the lazy way or whatever." We get a feeling now; we know we shouldn't do that. That pang of conscience is a direct impulse from the objective mind which is directly related to the soul. So what happens is it bypasses the subconscious area and the subjective mind and it's pumped right into the conscious mind.

Now, if we make the right decision, if we have that pang of consciousness and it says to us, "Oh, I better not do it because that is not the right thing to do" and we follow that what happens is that fiber of enlightenment begins to take on a little more strength so when another situation like that comes along, the objective mind from its resources which is the soul is able to do that to us again. And each time that fiber of light then becomes a little stronger and what begins to happen then after a period of time, that whole karmic area begins to become enlightened. The more enlightened it becomes the more the karmic debts, which may be negative, begin to fall apart. So with positive affirmations and positive actions we can surely knock out karmic debt.

When they gave us this information about the optic fiber of light, they also backed that up by saying that because of the complexity of our society and because of our own personal complexity and the situations that we bring ourselves into, sometimes we put ourselves in a karmic situation where we are not capable of changing it. What will we do? Is there any way out? Yes, there is. If you try most diligently and it is impossible to do, if that desire comes from deep in the heart, if it is truly sincere to the point where you would do it regardless of the cost to you if it were possible, then what happens is we are accredited with the accomplishment of that deed. In that case then we are automatically cancelled of that karmic debt. This works very well for immediate situations in this particular lifetime. Suppose you destroy someone's reputation, and the person moves to the other side of the world. Well, unless you have the finances, it's pretty hard to go over there and do anything about it. Sure you can make a few corrections here by openly admitting that you ruined that person's reputation, but is that sufficient to reestablish them to the position they were and add to what they may have accomplished during that period of time that had lapsed? There are times then when this can't be done. If we have true awareness of what we have done and we make efforts to correct it even though it cannot be corrected completely, if the desire is there and we would do it at any expense to ourselves, the karmic debt is automatically cancelled out. We are accredited with the accomplishment of that act. Now, someone asked me, "Does that mean you never have to

try?" No. You carry the credit on your tab now but if something comes up where you can make corrections for that mistake, then it's your obligation or else you lose that credit.