

Selection # 1

Gemstones

Gemstones was discussed on 76-12-19, the 26th Trance.

The word "turquoise" was first found on page 355, line 268.

268 C: There is an old saying about turquoise, that if it is given to a
269 friend by a friend it acts as to, shall we say, ward off evil
270 influences. Possibly a more accurate explanation would be that
271 certain minerals do have certain properties which do affect physical.
272 Now turquoise, when given to a friend by a friend, will shatter if
273 that which received the turquoise is the object of a negative
274 bombardment or a negative thought, especially those which are of the
275 intensity to bring harm not only to the physical but to the spiritual
276 of that individual.

Selection # 3

Gemstones

Gemstones was discussed on 78-01-05, the 36th Trance.

The word "stone" was first found on page 559, line 1010.

999 ***: In one of the previous trances you interpreted a dream of mine
1000 and in this interpretation you said that turquoise if given to a
1001 friend by a friend acted as a protector against negativity. Does
1002 this apply to everyone? If so, must it be given to an individual by
1003 a friend?

1004

1005 C: Yes, there are certain stones that have certain qualities or
1006 certain abilities because of the, shall we say, electromagnetic field
1007 that they create in their construction. Turquoise, if it is in truth
1008 given to someone, given to a friend by a friend, can act as, shall we
1009 say, a focal point for negativity, but the turquoise is not the only
1010 stone. These secrets, as some may refer to them, are not really
1011 secrets but are handed down from generation to generation and often
1012 are looked upon as legend and old-wives' tales; but this is one
1013 particular case when this is so. The thing that makes this an active
1014 part of the turquoise stone is that in the attitude in which it is
1015 given. If you truly are a friend of someone's, if you truly love
1016 them, if you truly are concerned about them, and you give that
1017 particular stone to them in friendship and with the hopes that it
1018 will protect the individual, to be sure then that turquoise stone will
1019 be a protective stone. Now, once the turquoise is cracked, then it has
1020 accepted the negative charge and is no longer valuable. To

1021 re-establish the protective shield, shall we say, a new turquoise
1022 would have to be replaced.
1023
1024 ***: What if you just buy it yourself?
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1026 C: No, it is the attitude, (***). It is the attitude.
1027
1028 ***: Then if I bought it with that attitude in mind for myself?
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1030 C: No.
1031
1032 ***: No.
1033
1034 C: That would be self-love then. You see? If you were to do that,
1035 buy a turquoise for your husband and give it to him, explaining the
1036 story and hope that he would do the same.
1037
1038 ***: I see.
1039
1040 C: You see? But it is not something that you need to protect yourself.
1041 It is a beautiful gesture to show one's concern and love for another
1042 one, but prayer can be even more effective than any stone. The other
1043 stone that offers such protection is the ruby.
1044
1045 ***: What about the lapis?
1046
1047 C: The lapis is a stone that contains extremely high vibrations and

1048 overindulgence in such vibrations can be as detrimental to an entity
1049 as it can be helpful.

1050 ***: I have some lapis, so does (***) and so does (***). Would you
1051 care to give us some of the cautions that go along with it?

1052

1053 C: Some people can use lapis on the bare skin. Very, very few can
1054 do this. It should be, for the general understanding, should be worn
1055 away from the skin. In other words the stone should never be worn
1056 around the neck where it actually comes in contact with the skin
1057 itself. In this case, it should be encased in some sort of covering,
1058 one that is completely sealed off. The lapis in the case here with
1059 you and with (***) and with (***) as far as you are personally
1060 concerned, (***), we would suggest wear it as you feel or desire to,
1061 but do not allow yourself to get into the habit of wearing the lapis.
1062 Do you understand?

1063

1064 ***: Yes.

1065

1066 C: When you have a desire to wear it, wear it for a matter of a
1067 few hours and then remove it until you definitely feel the desire to
1068 wear it again.

1069

1070 ***: Thank you.

1071

1072 C: You are most welcome. If the others were to ask, (***), and
1073 someone ask for (***), we would give advice on that.

1074

1075 ***: Yes, would you give me an idea how it would affect my life to
1076 wear lapis?

1077

1078 C: Lapis is not a stone that we would advise you to wear very often.
1079 It has a tendency to overexcite the emotional aspects that run
1080 closely with the spiritual and for you now at this time we would
1081 suggest that you wear it only on extremely rare occasions. If we
1082 were to put it this way, if tomorrow you have a desire to wear lapis,
1083 then do not wear it, but the next time do wear it. Do you
1084 understand?

1085

1086 ***: Yes.

1087

1088 C: You need a, shall we say, much more stable outlook right now.

1089

1090 ***: Is there a particular gem you could recommend for me, a stone?

1091

1092 C: We could but we would rather wait for a short period of time.
1093 The use of such a stone right now would really not be beneficial. Do
1094 you understand?

1095

1096 ***: I accept. I don't understand.

1097 C: It is just as important for you to understand some things as to
1098 accept them. We are quite happy that you asked. At this particular
1099 time it is important for you to maintain your stability on your own.

1100 Do you understand?

1101

1102 ***: Yes.

1103

1104 C: Without the outside help of a stone.

1105

1106 ***: I see.

1107

1108 C: If in possibly a month or so we would be more than happy to give

1109 you a stone that would help to stabilize the emotions or, shall we

1110 say, those areas that would give you better insight.

1111

1112 ***: I'd appreciate that very much. Could you also give us

1113 information how a lapis would affect (***)?

1114

1115 C: Well, at this particular time nothing is going to affect him

1116 beneficially. Again, each of you are much more attuned to such

1117 things than, shall we say, the rest of the people and again, as

1118 your system needs this attunement it will crave the use of the lapis

1119 and as far as (***) goes, we would suggest the same thing. One of

1120 the main properties of the lapis is to create a, shall we say,

1121 stimulus for the spiritual, but unfortunately, if too much stimulus

1122 is put there, the spiritual desires can be thrown off balance. Do

1123 you understand that?

1124

1125 ***: Yes, I think so.

1126

1127 C: Each stone or metal has many effects on the individuals, some are

1128 more effective on individuals than others, and it is not really wise

1129 to become too involved with such things. In certain cases it is very
1130 beneficial but as a general rule we will not make it a policy to go
1131 much into such things.

1132

1133 ***: Thank you.

1134

1135 C: There are cases such as (***) where everything possible should be
1136 done to help the individual so we suggest such things.