

The Council

Sample File

Trance Library File No. 87-01

*[Although William LePar has passed away, he gave these suggestions on how to gain the most insights from these Library Files.]*

## SUGGESTIONS ON READING THE TRANCE LIBRARY FILES

by

WILLIAM ALLEN LePAR

I appreciate your interest in the information we have been receiving from **The Council**, the spiritual source which speaks through the Trances. In all the years that I have been manifesting the Deep Catatonic Trance, I have learned a great deal from The Council, and I earnestly wish that you also gain a greater understanding of our existence.

These Library Files present information from The Council over a vast range of topics. In some cases, the information presented comes from one or two Trances that were usually held consecutively, within a few weeks or months of each other. In other Library Files, the information is selected from Trances held over many years. In all cases, if you study these Library Files carefully, you will notice a common thread of awareness that runs through all the information that The Council presents.

You may also notice that by the manner in which The Council presents the information, it becomes evident that they are layering awarenesses and insights. The observant reader will realize this progression of awareness and the unfolding of these insights.

These Library Files will not reveal their deepest insights to you with a casual reading. You must study them and reflect upon them. I would advise you to read the Library File at least twice and reflect on the information that The Council gives.

Again, thank you for your interest. I sincerely hope that you benefit from the Council's wisdom.

Sincerely,

William Allen LePar

# AN INTRODUCTION TO THE COUNCIL

by

**William Allen LePar**

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and means something far greater than what we normally have been taught to understand as "spiritual beings."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description from The Council, we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit The Council's own personal description of themselves.

## THE COUNCIL SPEAKS OF THEMSELVES

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection until finally the soul, the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mergence or merging with other beings; where all ideas of limitations, all awarenesses of false limitations, have been done away with; where the person or the soul or the entity begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself. Once a soul or entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity has its own personality, yet delicately flows in and out and with other souls but yet maintains its own personality, its own being. The soul, the entity becomes more god-like in that it becomes part of all things, yet maintains its own personality, its own being. Once a soul has reached this level then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited **Child of God**, one who is so developed that no name could ever describe him. That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we souls have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the **physical plane**.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who come to us some idea to relate to or some concept that they can relate to.

## THE TRANCE PHENOMENON

We believe The Trances of William Allen LePar were the rarest paranormal experiences known to modern man. The only example of a similar phenomenon ended with the death of [Edgar Cayce](#) in 1944. The Council's unparalleled revelations, through Mr. LePar's trances, have been made available to the public through the SOL - Association for Research. His time and efforts were without compensation, and SOL is a non-profit, tax-exempt concern dependent on the commitment of volunteers.

The following is a brief explanation of a Trance, so those who did not have the opportunity to participate have a better understanding of the phenomenon. On the day of a Trance, Mr. LePar remained in a peaceful environment. He consumed little food and The Council recommended his diet include red shellfish. He engaged in considerable prayer and meditation throughout the day.

Those who participated in a Trance, to question The Council, gathered about a half hour before the session for socializing. Nancy LePar, his wife, was always the last to leave her husband before a Trance began. She sat with him in a separate room as he quieted himself with prayer and meditation. When she entered the room in which the trance was to be conducted, all talking and noise ceased. Soon he entered, silent and already in an altered state. With everyone seated and quiet, he entered, removed his slippers and positioned himself on the floor.

He wore, as instructed by The Council, loose clothing of all natural fabric. Also, Mr. LePar wore no metal other than a wedding ring and cross. As he rested his head and bare feet on pillows, he maneuvered his body into alignment with magnetic north. Those participating, following instructions from The Council, were to place themselves in a quiet, prayerful state until this remarkable source began to speak. There were two distinct time periods in the linking of LePar's spiritual vibrations with those of The Council. The first period concluded with LePar's extremely deep and rapid breathing, a form of [hyperventilation](#). His hands, folded across the abdomen, quivered; his left leg stiffened and his left foot extended. Then, suddenly, silence. It seemed almost as if he had stopped breathing. Finally, The Council would begin to speak -- slowly at first, repeating the name of the Trance moderator, until the link with the physical world was ready. It usually took about thirty minutes from the time Mr. LePar lay down until The Council spoke. But on some occasions, for a variety of reasons, it could be as long as forty-five minutes.

Once The Council began to communicate, a Trance usually lasted between ninety minutes and two hours. The Council was offered the opportunity to give the gathering an opening statement, which was always a segment of information useful for universal spiritual growth. Then, the trances followed a simple question-and-answer format, beginning with written questions and continuing with follow-up questions raised by The Council's comments. At some sessions, there were so many follow-up questions that only the first question asked would be from the list of written questions.

Afterwards, when Mr. LePar awakened, he remembered nothing. His memory was blank from the time his wife left him before each session until he awakened at the conclusion of the Trance. He was always physically drained, cold and disoriented. He would be helped to a seat, wrapped in an afghan for warmth, and given a slice of bread and a glass of orange juice to help him recover.

We hope you profit from the information in these Trance Library Files. If reading a particular file gives rise to a question, we encourage you to contact us for more information. Thank you.

## FOREWORD

The Council told us on many occasions that truth has always been available to mankind from the very beginning. As you read this Trance Library File, you may note similarities to information from other sources. You will also encounter new information. You may be surprised by some of the information revealed by The Council, to the point where it strains your credulity. The Council realizes this, and so they often begin a Research Group Trance with an opening statement such as this:

Again, a reminder as we have said before, we ask that you think about what we have said, the answers to your questions. It is not necessary to accept everything we say, but we do ask that you take the time to think on what we have said and hold it for possible use or acceptance at a later time. What is most important is that you do think, that you exercise your God-given mind. Use what you can use and store away that which is not serviceable at this time, for if you wish to see a dawn tomorrow with its clear blue skies, you must make ready for it now. If you cannot believe that tomorrow will be a better day than today, then it will not be so for you. If you do not carry the light of tomorrow, then where will it come from? If your tomorrow is not planned for today, then how can it exist? Forearmed with the knowledge of the path you are presently traveling, you are then in a position to create a better path for your travels tomorrow. The outlook for the children of the Divine is definitely a bright and sunny day. Only you can make the decision as to what your tomorrow will be. We have one distinct advantage over each of you, and that is we have gone through the process of life that you are presently experiencing and in those activities we have learned that one must never narrow their vision down to what they prefer to see, but it is great wisdom when one is willing to look at the total picture, even those segments that one wishes were not there.

Always keep this concept in mind: Use what information you can, and that which you cannot agree with, put it aside for now. Do not discard it, for you may find it very useful in the future.

## IMPORTANT

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### DISCLAIMER

These Trance Library Files are verbatim transcripts of psychically derived information. This information was given in response to questions posed by individuals in attendance at the Trances. These transcripts are presented for informational and educational purposes only. They should not necessarily be considered applicable to situations other than those of the person asking the original question. **SOL cautions that this information should always be considered in its original context.** SOL advises that the reader exercise judgment and common sense when considering this information. SOL cannot take responsibility for any abuse of the information contained in the Library Files.

From thousands of transcript pages, SOL has compiled the Trance Library Files, and will continue to do so in the future. Some of the information has come to us in concentrated form, while other Library Files are compilations of material given through the years.

As you experience more Library Files, you may occasionally notice the same or similar bits of information in different Library Files. This is done to maintain the integrity of The Council's message in each subject area. Please enjoy your encounters with the words of The Council. SOL heartily endorses the spiritual and educational value of these Library Files and firmly believes great benefit can be derived by those approaching this information with a sincere desire for greater understanding of themselves and their world. The material in this Library File is copyrighted and may not be reproduced without the written permission of SOL.

# EXPLANATION OF TRANCE LIBRARY FILE FORMAT

## Reincarnation<sup>(1)</sup>

page 31<sup>(2)</sup>

Selection # 16<sup>(3)</sup>

Reincarnation<sup>(4)</sup> was discussed on 80-06-28<sup>(5)</sup>, the 78th Trance<sup>(6)</sup>.

The word "reincarnation" was first found on page 1235, in line 387<sup>(7)</sup>.

386<sup>(8)</sup>

387 \*\*\*:<sup>(9)</sup> Since we believe in reincarnation, and apparently have experienced death a number  
388 of times, why do the majority of us fear death, and why do we not have a conscious  
389 awareness of what it is like beyond the veil?

390

391 C:<sup>(10)</sup> If you have reincarnated then evidently you have not fulfilled or let us say you  
392 have not taken advantage of the opportunities available to you while in the material  
393 manifestation, thus you have relegated yourselves to the man-made heavenly realms. The  
394 fear comes from a degree of awareness of the conditions in the man-made heavenly realms.

## NOTES

**(1) Title** - This is the topic of the Trance Library File.

**(2) Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.

**(3) Selection** - This number indicates the chronological order of this block of information in the whole of the Trance material.

**(4) Key Word** - This is the search word used for this selection.

**(5) Date** - This is the date on which the Trance occurred. It is given as a year-month-day **(80-06-28)**.

**(6) Trance Number** - All of Mr. LePar's Trances have been numbered chronologically beginning with number one. This number indicates from which Trance this selection was drawn.

**(7) Master Volume Information** - All information from all Trances is transcribed in chronological order into the SOL Master Volume. This line indicates the page number and line number as found in the Master Volume.

**(8) Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.

**(9) Questioner** - The symbol \*\*\* indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.

**(10) Council** - The symbol **C:** indicates that The Council is speaking.

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or responding to The Council's remarks. This is used to maintain confidentiality.

**(10) Council** - The symbol **C:** indicates that The Council is speaking.

*Council was discussed on 75-03-09, the 4th Trance.*

*The word "council" was first found on page 32, line 100.*

9     \*\*\*: First, we had some questions about the trance. If anything  
10 happens to the physical body, will you release immediately?   11

12     C: If there is any apparent danger to the physical we can release  
13 immediately if it is necessary. We can to a certain degree control  
14 any problems that may develop within the physical manifestation  
15 itself.

16

17     \*\*\*: I see. If there is any danger would I be able to tell when  
18 you have released.

19

20     C: The wisest course of action is to prevent the body from being  
21 touched until you are sure that he is no longer in trance. You  
22 should be sufficiently aware of the difference by now.

23

24     \*\*\*: Yes. Last time you gave a warning to stay away from the  
25 head area. Why was this?

26

27     C: This is the area in which we are concentrating.

28

29     \*\*\*: How close to the head does this extend? How far away should  
30 we stand from the head?

31

32     C: The safest distance would be approximately 18 inches to 2 feet.

33

34     \*\*\*: Would there still be -- it would be safer yet to give a  
35 margin beyond that?

36

37     C: Particularly if any motion is to occur in that area for any  
38 length of time.

39

40 \*\*\*: If there was any motion there, if it ended quickly would  
41 that be a -- would that poison(?) his body?

42

43 C: Your question is not clear.

44

45 \*\*\*: Let's say somebody walked by quickly.

46 C: Within the 18 inches to 24 inches would cause possible problems  
47 with the physical later on. Beyond that there is no problem.

48

49 \*\*\*: I see. What process do you use -- how do you move or  
50 manipulate Bill's body to, for instance, when you change tapes? Can  
51 you explain the process that you use?

52

53 C: We work through the normal body functions, the motor system.

54

55 \*\*\*: Bill was wondering, for instance, when you were changing  
56 the tapes yourself was -- we wanted to know for example if he was  
57 brought back momentarily to do so or whether you were the moving  
58 force? Is that clear?

59

60 C: "Moving force," "brought back," are not clear terms.

61

62 \*\*\*: Do you move the body?

63

64 C: Yes.

65

66 \*\*\*: So it is your force that works through the motor systems?

67

68 C: Yes. We control the motor area of the brain in a similar  
69 fashion as the originating spirit does.

70

71 \*\*\*: So in a sense then Bill leaves the body to your control?

72

73 C: By "Bill" we assume you mean the spirit?

74

75 \*\*\*: Yes.

76

77 C: To a certain degree the spirit does leave the physical  
78 manifestation. Under this particular condition the spirit does not  
79 totally leave the physical manifestation. In some trance states  
80 the spirit completely leaves that particular manifestation. In  
81 this particular trance state the spirit does not necessarily have  
82 to leave the physical.

83

84 \*\*\*: But the originating spirit does leave to a certain degree  
85 then?

86

87 C: It might be truer to explain it this way. The originating  
88 spirit can raise its vibrations to a high enough degree to permit  
89 those of lower vibrations to co-exist within this manifestation.  
90 In this respect the spirit of the higher vibrations surrenders  
91 control of the physical to those of the lower vibrating range.  
92 This is some of the reasons for the expression of this one feeling  
93 extreme warmth. This is a poor explanation of what occurs but  
94 is the closest explanation possible that is within your  
95 understanding. We feel that this would be sufficient. Possibly at  
96 a later time we will be able to explain in somewhat of a clearer  
97 manner. It is possible in some situations for one physical  
98 expression or one physical manifestation to be occupied by  
99 separate spirit entities. In this particular case we that sit in  
100 council most generally manifest as one spirit energy, entity, or  
101 vibration, in that we combine as a single unit to produce the  
102 energy or vital forces necessary to work the motor system of  
103 this particular body. There are occasions, however, when,  
104 because of the necessary steps in development, an individual  
105 spirit entity will speak directly on its own behalf through  
106 this particular physical expression. In this case the information  
107 is as accurate as that which comes from the twelve in unison.  
108 It is really of no importance to you or at least should not be

109 as to whether the information comes from a single spirit entity  
110 or the unison of all twelve. This is only permitted because  
111 certain entities find it necessary to express of their own  
112 to increase their development at that particular time. Is this  
113 clear?

114

115 \*\*\*: Yes, it was clear to the -- you were speaking of the  
116 inspirational things?

117

118 C: We are speaking of the trance. The inspirational speech is the  
119 actual spirit of the one through which the physical manifestation  
120 is being used. That in other words when this one speaks  
121 to you in what is referred to as inspirational talk it is not  
122 so much his physical but that spirit which actually has created  
123 that physical. It is the direct expression of that spirit.

124

125 \*\*\*: Then speaking before you were referring to entities who  
126 trance through their own spirits.

127

128 C: Your question is not clear, entities do not trance through  
129 their own spirits.

130

131 \*\*\*: Before when you spoke of ones who trance and the spirit  
132 of one manifests through as opposed to, in this case, where the  
133 Council, you, the Council of twelve, manifest through.

134

135 C: Are you referring to what we have just said about one  
136 particular entity speaking through this one here?

137

138 \*\*\*: Yes.

139

140 C: What we meant by this was that at times that the voice that  
141 you hear although it may be the same as when we are speaking as  
142 a unit of twelve, a single unit of twelve. Do you understand this?

143

144 \*\*\*: Yes.

145

146 C: There will be no change in the voice nor the degree of accuracy  
147 in what is being said as opposed to the time when a single spirit  
148 entity uses this vehicle to bring forth information for your  
149 benefit. It is in certain cases necessary to allow a particular  
150 spirit entity to do the work that we twelve are doing.

151 This happens on rare occasions. This is done to give the spirit  
152 entity an opportunity to raise its vibrations to a higher degree.

153 This is part of, shall we say, the educational process or  
154 development of the spirit in this particular expression. We are  
155 referring to not the physical expression but that expression which  
156 is above. Do you understand this now?

157

158 \*\*\*: Yes.

159

160 C: It is of no real importance whether you are communicating  
161 with the Council of twelve or one individual spirit that sits  
162 on this Council. This has no effect on you directly or indirectly,  
163 only possibly indirectly in that you are also assisting in an  
164 extension, so to speak, of helping a spirit develop itself to a  
165 higher degree, by accepting the information and by requesting  
166 information at that time when the spirit needs that particular  
167 avenue for development. From time to time the Council completely  
168 changes. We realize you are not aware of this, but the original  
169 twelve are no longer. From time to time in the course of a  
170 question and answer period the Council will change one or two  
171 members at a time, so you do not consistently have the same  
172 spirit entities.

*The Council was discussed on 75-06-12, the 9<sup>th</sup> Trance.*

*The word "Council" was first found on page 107, line 927.*

[This segment was a dissertation given to us by The Council to read to people who would be attending a Trance for the first time. There is an important clarification of the statement that The Council is a "mirror" for us in selection #9. ]

868 C: Yes.

869

870 \*\*\*: Must we ask about it?

871

872 C: We wish to make a general statement.

873

874 \*\*\*: What is the statement you would like to make?

875 C: To the people in attendance:

876

877 We wish to inform each of you that we appreciate the opportunity

878 to assist in whatever way we can. We are limited as to

879 what we can do or say, only to the extent to which you as spirit

880 entities have limited us. This was through your higher awareness

881 or your spiritual awareness or your soul or you as a spirit entity.

882 This, of course, will not always be evident in the physical that

883 you express. So, therefore, when questions are asked that we cannot

884 answer, it is because you have set the limitations to our

885 abilities.

886

887 First and foremost you should keep in mind, our position in

888 the realm of all that exists. As to some explanation of this:

889 In those areas that are referred to as either heaven, for the

890 orthodox Christian point of view, or the more mystical or occult

891 attitudes, the higher planes of existence. If the truth be

892 known, which is our prime purpose for these communications,

893 those planes of existence which do in fact exist beyond the

894 physical are constructed as such. There are two levels or  
895 grades or plateaus, so to speak. We would prefer to use the  
896 term levels. Immediately outside the physical expression, we  
897 have the area that is reserved for what is referred to as earthbound  
898 spirits. Beyond that then you may visualize a slight  
899 incline, one which ascends in an angle of 45 degrees up to a plateau  
900 area. In this first plane the earth and all its inhabitants  
901 are related most closely. In this area we have all the planes  
902 of development from those who cross over immediately to those  
903 that are referred to by the occult or mystic as the master  
904 level. Then in the area immediately above this we level off  
905 (which is only as an indication), then another incline of  
906 approximately 45 degrees on up to an apex that is removed, so that  
907 instead of an actual point we have in fact a flat spot or  
908 level area with a structure.

909

910 The second or higher plane is an area which does not  
911 directly relate to the earth manifestation. We do not wish  
912 that anyone should relate this to any of the occult interpretations.  
913 This is an area that the earth manifestation as yet  
914 is not aware of and, therefore, has no right to that area.  
915 There are, in fact, development stages after the earth manifestation.  
916 The Catholic orthodox belief is such areas as purgatory,  
917 limbo, and then heaven. Other religious beliefs  
918 have other names. The occult or mystical refer to them as  
919 planes of development, dimensions, and what have you. This,  
920 of course, is only another schoolhouse for the soul.  
921 As to where our position is in all that exists after, we  
922 indicate now. At the apex is what we will symbolically refer  
923 to as the House of the Lord or God or the House of the Infinite  
924 Father. Around the outside of this House is a portico, an open  
925 porch. There are many doors to the House of the Lord that open  
926 to this portico. There within this portico is where we reside.  
927 This is our last lesson to learn. We have offered our services  
928 to you. As you accept these we then fulfill or learn the Creation

929 in Perfection and then are able to enter the House of the Lord.  
930 During such communications you may be pleased in knowing that  
931 quite possibly you will have assisted a spirit entity to pass  
932 from his last grade to the House of the Lord or the House of the  
933 Infinite Father. During the course of communications the entire  
934 council may be changed and again maybe only one. Possibly none  
935 at all. Also from time to time during the course of a communication  
936 instead of the reference "we" there may be a reference "I."  
937 In this case the reference "I" is a communication from a direct  
938 spirit entity. This is permitted because the individual spirit  
939 entity chooses to do a service on his own. The information given  
940 is a joint effort of the twelve of us. When the occasion rises that  
941 one speaks although the one or "I" is used, it is still, in essence,  
942 a joint effort for in the one requesting permission from the others  
943 to answer on his own we all agree, thus contributing to one another.  
944 The knowledge is a combined knowledge. None has knowledge more than  
945 the other. None possesses more than the other. So, in essence, you  
946 receive the knowledge of all twelve, regardless of whether it is  
947 referred to as from "I" or "we."  
948 So that each and every one of you do not consider yourselves  
949 above others who are not attending, it is not for you to believe  
950 that such communications are not being conducted at other places.  
951 There are a few others who are able to be used as a channel for  
952 this higher form of information. Although the channels are not  
953 extensive, they do exist. The knowledge that is to be brought  
954 out, if it does not come from this one, then it will come from  
955 another. If the knowledge which is to pass through this one to  
956 you is hampered in some way by any activity that you are responsible  
957 for as individuals, the knowledge will then be given to the  
958 world through another channel. But you will in fact be held  
959 responsible for that which you did not answer to.  
960  
961 Although you may feel as though you are here by chance, we  
962 inform you now that you are not. There is an express purpose for  
963 you to be here. You did not arrive by coincidence. The sooner

964 you accept this as fact, the more you will learn to appreciate  
965 the information that you will be receiving. The information given  
966 to you is not so important, you may feel. The true importance  
967 of the information will be derived on a higher level. In other  
968 words to you in your present awareness, the information may sound  
969 somewhat less than what you had hoped for, when in truth  
970 it answers the questions in a manner that is most beneficial  
971 to the spirit or higher awareness or soul. It is advisable  
972 that you take notes, for it is also your responsibility to  
973 keep your physical aware and thus opening the channel for the  
974 higher consciousness to work more easily. Much of the information  
975 you will receive may be disheartening to you. We will  
976 not spoonfeed you or any others. We give you the answer that  
977 best serves you, whether it is what you wish to hear or not.  
978 This, of course, is on a physical level. The answer you receive  
979 is, of course, the perfect answer for you and only you. The  
980 answer you may hear given to another does not relate to you. Each  
981 is developed to a different level. It is not for you to judge  
982 what your level is in regards to the answer. The answer you  
983 receive to your question is the answer that belongs to you.  
984 You do not have the right to use an answer given to another  
985 person regardless of how similar the information is. We are  
986 dealing on a very personal level.

987

988       Also as to our exact duty or our exact purpose for being  
989 in communication with you. We are not so interested in the  
990 physical needs. There are other forms of communication for this.  
991 We are here to answer the spiritual needs, to educate the spirit,  
992 to bring back the true truth that is from God or the Infinite  
993 Father. Much of the truth has been dressed up and kept only for  
994 those who feel they are solely the proprietors of the truth. The  
995 truth is simple, the truth is plain, and it belongs first to  
996 the lowly and then to the mighty. Those who sit on top professing  
997 the truth will be the last to hear it. Count yourself lucky.  
998 You have an opportunity to receive information. It is for you

999 then to judge whether or not it is truth for you. We can say  
1000 it is the truth, and in truth, it is. But only you can put it  
1001 to work. Only you can use what you have asked for. Asking for  
1002 the truth does not necessarily mean you will use it to its fullest  
1003 benefit, for sometimes the truth is not what we wish, for it  
1004 does mean that we must sacrifice at times.

1005

1006 We will relate to each individual in the terms that are most  
1007 comfortable to that specific individual. Such as the occultist  
1008 in his terms, the Protestant or Catholic in their terms. Of  
1009 course, we could name every other denomination or belief if  
1010 necessary, but this, of course, is a waste of time. As we said  
1011 we will relate to them in their terms only so far as it is within  
1012 the truth. There are many who will be disappointed in what they  
1013 hear, for it will not be dressed in all the fineries that they  
1014 had hoped. Others will be overjoyed that it is not necessary to  
1015 tinker or toil with all the fineries they had first suspected.

1016 Some should be prepared to be disillusioned in their present  
1017 beliefs; others should be prepared to be overjoyed to realize  
1018 that they were on a much easier path.

1019 As to how you receive the information. First and foremost  
1020 and this, of course, should be kept always in the front of one's  
1021 conscious mind, we act as a mirror for each and every one of you.  
1022 In other words, we come because we were asked, whether you are  
1023 aware of this consciously or not. By your higher being you have  
1024 called at this specific time for help and we are here to help.

1025 Very well, the call is placed out and it is answered. Now again,  
1026 you make the initial move. Speak to us with truth and you will  
1027 receive truth. Speak to us with lies and you will receive that  
1028 back. Deal with us in a treacherous manner, in a deceitful manner,  
1029 in a lying manner, and that is what you will reflect back  
1030 upon yourself. Remember, we are a mirror for you. If you wish  
1031 truth, you must speak truth. If you wish lies, you will speak  
1032 lies. So in this, if information is given to you that you find  
1033 is untrue, only count yourself responsible for it. We will not

1034 tolerate deceit. We will not tolerate lies. We will not tolerate  
1035 those who use such means to bolster themselves, to build themselves,  
1029 to discredit others for their own glorification. Woe to you,  
1030 woe to you who attempt this. You have no idea what lies in those  
1031 planes for those who have not learned to deal with the truth in  
1032 a truthful way. If you use deceit and try to in your own way  
1033 destroy what is in process, you will pay dearly for it. This  
1034 is not to be considered as a threat, but only as a bit of knowledge  
1035 which you yourself will create for yourself. So, therefore,  
1036 remember first and foremost, if you come to us in truth,  
1037 you receive truth. We act as a mirror. One must remember,  
1038 the real truth does lie within. It is not for us always to  
1039 bring it forth from our self within our self. This may be  
1040 because of karma or some other reason, either a karmic pattern  
1041 or karma itself. So therefore, we will reflect from you to you.

1042

1043 We would prefer to refrain from communication of physical  
1044 ailments because of the conditions that exist in such situations.  
1045 At times, on rare occasions we will comment on these conditions,  
1046 only in so far as it directly benefits the spiritual development  
1047 of the spirit entity. As to the karmas one must pay, again we  
1048 will only comment on these conditions when they will spiritually  
1049 help to develop the spirit entity. As to what is referred to as  
1050 past lives, again we will refer to these only when they directly  
1051 benefit the spiritual development of that particular spirit  
1052 entity. There is indeed an infatuation with past lives. In  
1053 most cases this is sheer vanity, and we are not here to feed the  
1054 vanity of the vain. There are times when knowledge of such lives  
1055 is indeed important to the development. At that time we will  
1056 bring these out.

1057

1058 Most of the information, regardless of what area is covered,  
1059 will have to be brought out through questions, direct questions.  
1060 There are times when we can volunteer, openly, information.  
1061 Other times it is up to you to realize the information is

1062 there and then you must proceed to extract it. We can under  
1063 certain conditions suggest certain areas or suggest continued  
1064 questioning. When this is possible, of course, we will assist  
1065 you in these lines. But you must attune yourself to what we  
1066 say. We also will attempt to give information that cannot be  
1067 directly given as such, but will try to go to the extreme limits  
1068 and bring this information to you in what one may say, a  
1069 roundabout way.

1070

1071 With the acceptance of this, we will be happy to speak with  
1072 anyone. If one cannot accept our limitations, then we wish they  
1073 would quietly remove themselves from this room, and there should  
1074 be no embarrassment. The very fact that you sat and listened to  
1075 this dissertation may be all you have needed. In that nothing  
1076 else will be useful to you. So, this could be a reason for your  
1077 inability to accept the conditions we have set up. We cannot  
1078 guarantee spiritual perfection to anyone. We can help, if you  
1079 choose to listen, and this is what we hope for. Your success  
1080 or failure does not directly involve us, so we do not lose  
1081 if you do. Only you yourself will lose. Thank you.

*The Council was discussed on 75-10-03, the 15<sup>th</sup> Trance.  
The word "Council" was first found on page 195, line 284.*

284   \*\*\*: Being that we are sitting here and you are the Council, I  
285   would like to know is there a higher plane that this Council can  
286   be uplifted to or not?  
287  
288   C: From the position that we are in at this moment in time as  
289   you know it, the only step further that a spirit or soul can go  
290   is into the House of God, in this then you merge with God into  
291   Co-Creation and existence. If you are asking whether you or any  
292   here as individuals can communicate from a higher source, the  
293   answer that we would give you to this is that the only higher  
294   source would be Jesus Christ and God the Father. Once within  
295   the House of the Lord, you are part of God, you are at-one with  
296   God. Do you understand this?  
297   \*\*\*: Yes, thank you very much.

*The Council was discussed on 77-12-15, the 35th Trance.  
The discussion began on page 521, line 16.*

16 \*\*\*: Before you came through there were some words that were  
17 spoken by Bill. Could you please explain what is or was going on  
18 at the time?

19

20 C: Unfortunately, such things do occur at times. You must  
21 remember that he is in this physical container and yet he is not in  
22 this physical container, and we do converse with him during these  
23 times and at the same time conversing with you. What goes on here  
24 you cannot understand because the words are not available in man's  
25 vocabulary, nor is his mind capable of conceiving even the very  
26 outer limits of what is going on. So the easiest way to explain it is  
27 that it is simply raising of the vibrations to a point and we  
28 lowering ours to another point where we merge and coexist; and at  
29 times as we are given over the control of the physical which is  
30 necessary to speak to you that the conversation we have with him  
31 sometimes is transmitted through the voicebox. You see, it is like  
32 using a computer and since there are an infinite number of things  
33 going on at the same time, as certain conditions arise, when your  
34 minds venture away from your meditation and prayers, when there is  
35 unnecessary commotion in the area, if there is a problem in the  
36 physical, a multitude of things, we must adjust instantaneously and  
37 at times we do not always exert the control that we can. Since  
38 this is not a possession but a coexistence we tend to work with the  
39 physical gently and not abuse it, unless of course you insist that  
40 we do.

41 \*\*\*: Okay, thank you. Also, there seemed to be certain difficulty  
42 while you were coming through with wheezing on Bill's physical. Will  
43 there be any harm to Bill's physical because of this communication?

44

45 C: Not because of the communication but because we requested that

46 from a certain time of day that the house should become quiet. Of  
47 course, it did not; so there will be an undue taxing on the  
48 physical. He has already begun to feel the symptoms.

49

50 \*\*\*: Did I understand you to say that you also converse with us  
51 during our meditation?

52

53 C: Not with you, with this one. Your meditation and your prayers  
54 are positive energies or positive vibrations, and you help to  
55 sensitize or tune or raise the vibrations of your own beings, or  
56 physical beings, your own spirituality, and all parts of the house  
57 and the surrounding area. In other words by your prayers or your  
58 meditations that deal with positive things, you help control your  
59 own vibrations and they are hopefully in a positive vein. So in  
60 that case then we find it easier to merge. There is less  
61 counter-productive vibrations, less static to overcome.

62

63 \*\*\*: The quiet time that you have requested in this household, are  
64 we not being wise by the discussion we hold before the trance?

65

66 C: Yes, the vibrations have already begun to rise in this one. Thus  
67 he senses chills and heat and what have you. So the conversations and  
68 the discussions beforehand act as a stimulus. He begins to sense  
69 stronger in a physical sense the desire to serve and to be used in any  
70 way that is necessary to help all of you attain your at-one-ment. You  
71 see, this is truly a sign of a teacher. A teacher is always willing  
72 to serve and waits patiently, you see; and if one truly wishes to be  
73 a master and a teacher, then that entity becomes very excited at even  
74 the hint of possibly helping, you see; and if channeled properly,  
75 these are constructive vibrations or positive vibrations.

76

77 \*\*\*: Thank you.

*The Council was discussed on 78-04-08, the 42nd Trance.  
The word "Council" was first found on page 695, line 63.*

62 \*\*\*: I have a question coming from the dissertation, where it said  
63 that the Council is acting as a mirror for us. Is this statement  
64 made in reference to just our questions of a personal nature or of a  
65 general nature as well, and could our attitudes affect the quality of  
66 the general questions and answers?

67

68 C: The statement that you question refers only to those questions  
69 that involve your own personal spirituality. The information that is  
70 given as general information for all cannot be affected by you or the  
71 family. You have no effect on the general information as an  
72 individual or as a group. The material that we give you as far as a  
73 personal nature is, of course, given to you as you wish to receive  
74 it, but even as you as an individual questions, shall we say,  
75 something that would be classified for general knowledge, that answer  
76 will be given not to suit you but as it actually is. Do you  
77 understand?

78

79 \*\*\*: Yes, thank you.

80

81 C: Only the personal questions dealing with your own spirituality  
82 and your own sphere of existence is given to you as you need it or,  
83 shall we say, as you ask for it. So that any of the general  
84 information is as it is and not affected by any individual or by the  
85 family. If that were the case, then the information would be of no  
86 value to anyone other than the immediate family.

87

88 \*\*\*: Thank you.

89 C: You are most welcome.

*The Council was discussed on 79-09-01, the 67<sup>th</sup> Trance.*

*The word "Council" was first found on page 1085, line 212.*

212 \*\*\*: My understanding of the Council is as follows and I would  
213 like to state five points: 1) You are non-visual beings in the  
214 sense that you have or possess no material substance; 2) you have  
215 eliminated all qualities concerning negativity and a negative  
216 aspect from your beings; 3) you all draw from the same pool of  
217 accepted God-given wisdom so no particular one of you knows any  
218 more than any other, so you all retain the same level of  
219 intelligence; 4) you do not distinguish between your individual  
220 beings by use of names or other forms of identification; and 5) yet  
221 you say that you continue to maintain your individuality that  
222 distinguishes you from the rest. I would like to know how this is  
223 possible?

224

225 C: You must remember that we are what can most easily be  
226 understood as existing in conscious states. The material form as  
227 you understand does not exist beyond a certain level, but there is  
228 form that is much more real than what you can even begin to dream  
229 about. We have our beings just as you do, but it is in a conscious  
230 state. We are not formless, and yet we are. You see, we are part  
231 of all that exists; just as in time you will be and as you were  
232 once. The form that we have is the form that resembles the Divine.  
233 You see, man must in the future understand energy or vibration. It  
234 is not something that is a wisp of air. It is not a mist; it is  
235 not a breeze. It is much more real and solid than you can imagine,  
236 much more real and solid than even your own physical bodies. Does  
237 that answer your question?

238

239 \*\*\*: Yes, thank you.

240

241 C: You see, once you go beyond a certain point you maintain your

242 entire personality that is much more intense than what you  
243 experience in the physical through your emotions, yet even though  
244 you are your own, you are interwoven with all others. If you were  
245 here where we are, if we were to wish to commune with you, the  
246 closest description of this would be we would give you a thought  
247 and we would be merged together, not against your will but with  
248 your permission, and in that you would know all that we know and we  
249 would know all that you know. Something to think about for  
250 questioning at a later time. Very well, next.

*The Council was discussed on 79-09-01, the 67<sup>th</sup> Trance.*

*The word "Council" was first found on page 1098, line 882.*

876 \*\*\*: Thank you. That is all the questions for the second round.

877 What would you like at this time?

878

879 C: I think the time has been sufficient. In rare instances we as

880 a unit of twelve agree to allow one individual, one soul, one

881 entity, to speak to those who are in attendance, and at this moment

882 I, as part of the Council, wish to speak as an individual soul to

883 all of you. (\*\*\*), please explain.

884

885 \*\*\*: Just one of the Council is going to speak and as we had

886 mentioned Tuesday that the individual will be speaking with all of

887 the knowledge of the other twelve.

888

889 C: (\*\*\*), we need their permission.

890

891 \*\*\*: Is it acceptable to everybody that they hear what this

892 individual says?

893

894 All: Yes.

895

896 \*\*\*: Does anyone object? No one objects. They all agree.

897

898 C: To show each of you that we live in total unison and love with

899 one another and still maintain our responsibilities to ourselves

900 and we maintain our own individual, I have chosen to speak to

901 you on that basis. Each of you may venture out into a new way of

902 thinking and a new kind of life, one of real service to yourself

903 and to others. I, as an individual creation of the Divine Father,

904 wish to encourage you, wish to point out that not all choices in

905 life are easy, but one should not choose according to the easiness

906 of the way of life, but choose according to its eventual awards.  
907 Do not be surprised in accepting certain attitudes which we will  
908 attempt to give you. Do not be surprised if you meet challenges  
909 because of this. It is not for us to destroy anything, but it is  
910 for us to add to and to clarify. One must realize that when the  
911 truth is brought forth and the Light shines through that truth, all  
912 other elements that are not the truth will eventually crumble and  
913 fall. But the truth does not shine out so easily; it is always a  
914 constant effort to bring it forth. We hope that each of you uses this  
915 strength in the desire to reach spirituality. We hope that with  
916 these desires you seek that which is truly the truth. I might also  
917 add that in speaking separate from my brothers and sisters, if we  
918 may use that term only to let you know that all are equal, there is  
919 a loss in doing this, not a loss in the sense that you understand,  
920 but as we unite and work in the Light of the Divine together we add  
921 to each other, and as I separate myself from these to speak to you  
922 to show that there is a personality for each of us, that time, that  
923 period, I am without those that love me and that I love. That is  
924 why we rarely speak separately. Very well.

925

926 \*\*\*: Is there anything else that you would like to say?

927

928 C: We hope that if nothing else you have enjoyed this experience,  
929 but we hope that something more than just enjoyment has come to  
930 you. We pray that all of you receive the guidance from the Divine  
931 that you request. We thank you.