

Raising Children

Part 2

Sample

Trance Library File No. 23-163

[Although William LePar has passed away, he gave these suggestions on how to gain the most insights from these Library Files.]

SUGGESTIONS ON READING THE TRANCE LIBRARY FILES

by

WILLIAM ALLEN LePAR

I appreciate your interest in the information we have been receiving from [The Council](#), the spiritual source which speaks through the Trances. In all the years that I have been manifesting the Deep Catatonic Trance, I have learned a great deal from The Council, and I earnestly wish that you also gain a greater understanding of our existence.

These Library Files present information from The Council over a vast range of topics. In some cases, the information presented comes from one or two Trances that were usually held consecutively, within a few weeks or months of each other. In other Library Files, the information is selected from Trances held over many years. In all cases, if you study these Library Files carefully, you will notice a common thread of awareness that runs through all the information that The Council presents.

You may also notice that by the manner in which The Council presents the information, it becomes evident that they are layering awarenesses and insights. The observant reader will realize this progression of awareness and the unfolding of these insights.

These Library Files will not reveal their deepest insights to you with a casual reading. You must study them and reflect upon them. I would advise you to read the Library File at least twice and reflect on the information that The Council gives.

Again, thank you for your interest. I sincerely hope that you benefit from the Council's wisdom.

Sincerely,

William Allen LePar

AN INTRODUCTION TO THE COUNCIL

by

William Allen LePar

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and means something far greater than what we normally have been taught to understand as "spiritual beings."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description from The Council, we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit The Council's own personal description of themselves.

THE COUNCIL SPEAKS OF THEMSELVES

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection until finally the soul, the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mergence or merging with other beings; where all ideas of limitations, all awarenesses of false limitations, have been done away with; where the person or the soul or the entity begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself. Once a soul or entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity has its own personality, yet delicately flows in and out and with other souls but yet maintains its own personality, its own being. The soul, the entity becomes more god-like in that it becomes part of all things, yet maintains its own personality, its own being. Once a soul has reached this level then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited **Child of God**, one who is so developed that no name could ever describe him. That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we souls have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the **physical plane**.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who come to us some idea to relate to or some concept that they can relate to.

THE TRANCE PHENOMENON

We believe The Trances of William Allen LePar were the rarest paranormal experiences known to modern man. The only example of a similar phenomenon ended with the death of [Edgar Cayce](#) in 1944. The Council's unparalleled revelations, through Mr. LePar's trances, have been made available to the public through the SOL Association for Research. His time and efforts were without compensation, and SOL is a non-profit, tax-exempt concern dependent on the commitment of volunteers.

The following is a brief explanation of a Trance, so those who did not have the opportunity to participate have a better understanding of the phenomenon. On the day of a Trance, Mr. LePar remained in a peaceful environment. He consumed little food and The Council recommended his diet include red shellfish. He engaged in considerable prayer and meditation throughout the day.

Those who participated in a Trance, to question The Council, gathered about a half hour before the session for socializing. Nancy LePar, his wife, was always the last to leave her husband before a Trance began. She sat with him in a separate room as he quieted himself with prayer and meditation. When she entered the room in which the trance was to be conducted, all talking and noise ceased. Soon he entered, silent and already in an altered state. With everyone seated and quiet, he entered, removed his slippers and positioned himself on the floor.

He wore, as instructed by The Council, loose clothing of all natural fabric. Also, Mr. LePar wore no metal other than a wedding ring and cross. As he rested his head and bare feet on pillows, he maneuvered his body into alignment with magnetic north. Those participating, following instructions from The Council, were to place themselves in a quiet, prayerful state until this remarkable source began to speak. There were two distinct time periods in the linking of LePar's spiritual vibrations with those of The Council. The first period concluded with LePar's extremely deep and rapid breathing, a form of [hyperventilation](#). His hands, folded across the abdomen, quivered; his left leg stiffened and his left foot extended. Then, suddenly, silence. It seemed almost as if he had stopped breathing. Finally, The Council would begin to speak -- slowly at first, repeating the name of the Trance moderator, until the link with the physical world was ready. It usually took about thirty minutes from the time Mr. LePar lay down until The Council spoke. But on some occasions, for a variety of reasons, it could be as long as forty-five minutes.

Once The Council began to communicate, a Trance usually lasted between ninety minutes and two hours. The Council was offered the opportunity to give the gathering an opening statement, which was always a segment of information useful for universal spiritual growth. Then, the trances followed a simple question-and-answer format, beginning with written questions and continuing with follow-up questions raised by The Council's comments. At some sessions, there were so many follow-up questions that only the first question asked would be from the list of written questions.

Afterwards, when Mr. LePar awakened, he remembered nothing. His memory was blank from the time his wife left him before each session until he awakened at the conclusion of the Trance. He was always physically drained, cold and disoriented. He would be helped to a seat, wrapped in an afghan for warmth, and given a slice of bread and a glass of orange juice to help him recover.

We hope you profit from the information in these Trance Library Files. If reading a particular file gives rise to a question, we encourage you to contact us for more information. Thank you.

FOREWORD

The Council told us on many occasions that truth has always been available to mankind from the very beginning. As you read this Trance Library File, you may note similarities to information from other sources. You will also encounter new information. You may be surprised by some of the information revealed by The Council, to the point where it strains your credulity. The Council realizes this, and so they often begin a Research Group Trance with an opening statement such as this:

Again, a reminder as we have said before, we ask that you think about what we have said, the answers to your questions. It is not necessary to accept everything we say, but we do ask that you take the time to think on what we have said and hold it for possible use or acceptance at a later time. What is most important is that you do think, that you exercise your God-given mind. Use what you can use and store away that which is not serviceable at this time, for if you wish to see a dawn tomorrow with its clear blue skies, you must make ready for it now. If you cannot believe that tomorrow will be a better day than today, then it will not be so for you. If you do not carry the light of tomorrow, then where will it come from? If your tomorrow is not planned for today, then how can it exist? Forearmed with the knowledge of the path you are presently traveling, you are then in a position to create a better path for your travels tomorrow. The outlook for the children of the Divine is definitely a bright and sunny day. Only you can make the decision as to what your tomorrow will be. We have one distinct advantage over each of you, and that is we have gone through the process of life that you are presently experiencing and in those activities we have learned that one must never narrow their vision down to what they prefer to see, but it is great wisdom when one is willing to look at the total picture, even those segments that one wishes were not there.

Always keep this concept in mind: Use what information you can, and that which you cannot agree with, put it aside for now. Do not discard it, for you may find it very useful in the future.

IMPORTANT

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DISCLAIMER

These Trance Library Files are verbatim transcripts of psychically derived information. This information was given in response to questions posed by individuals in attendance at the Trances. These transcripts are presented for informational and educational purposes only. They should not necessarily be considered applicable to situations other than those of the person asking the original question. **SOL cautions that this information should always be considered in its original context.** SOL advises that the reader exercise judgment and common sense when considering this information. SOL cannot take responsibility for any abuse of the information contained in the Library Files.

From thousands of transcript pages, SOL has compiled the Trance Library Files, and will continue to do so in the future. Some of the information has come to us in concentrated form, while other Library Files are compilations of material given through the years.

As you experience more Library Files, you may occasionally notice the same or similar bits of information in different Library Files. This is done to maintain the integrity of The Council's message in each subject area. Please enjoy your encounters with the words of The Council. SOL heartily endorses the spiritual and educational value of these Library Files and firmly believes great benefit can be derived by those approaching this information with a sincere desire for greater understanding of themselves and their world. The material in this Library File is copyrighted and may not be reproduced without the written permission of SOL.

EXPLANATION OF TRANCE LIBRARY FILE FORMAT

Reincarnation⁽¹⁾

page 31⁽²⁾

Selection # 16⁽³⁾

Reincarnation⁽⁴⁾ was discussed on 80-06-28⁽⁵⁾, the 78th Trance⁽⁶⁾.

The word "reincarnation was first found on page 1235, in line 387⁽⁷⁾.

386⁽⁸⁾

387 ***:⁽⁹⁾ Since we believe in reincarnation, and apparently have experienced death a number
388 of times, why do the majority of us fear death, and why do we not have a conscious
389 awareness of what it is like beyond the veil?

390

391 C:⁽¹⁰⁾ If you have reincarnated then evidently you have not fulfilled or let us say you
392 have not taken advantage of the opportunities available to you while in the material
393 manifestation, thus you have relegated yourselves to the man-made heavenly realms. The
394 fear comes from a degree of awareness of the conditions in the man-made heavenly realms.

NOTES

- (1) **Title** - This is the topic of the Trance Library File.
- (2) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.
- (3) **Selection** - This number indicates the chronological order of this block of information in the whole of the Trance material.
- (4) **Key Word** - This is the search word used for this selection.
- (5) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (80-06-28).
- (6) **Trance Number** - All of Mr. LePar's Trances have been numbered chronologically beginning with number one. This number indicates from which Trance this selection was drawn.
- (7) **Master Volume Information** - All information from all Trances is transcribed in chronological order into the SOL Master Volume. This line indicates the page number and line number as found in the Master Volume.
- (8) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.
- (9) **Questioner** - The symbol *** indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.
- (10) **Council** - The symbol C: indicates that The Council is speaking.

Children were discussed on 81-05-28, the 93rd Trance.

The word “children” was first found on page 1491, line 287.

286 ***: I have two questions with regard to the disciplining of
287 children. The first one is can you spoil young babies? And also
288 when should parents begin to discipline their children?
289
290 C: Children must be disciplined immediately. For a baby to cry on
291 occasion is healthy. It builds up the lungs; it builds up the
292 muscles of the physical body; it increases the rate of the
293 heartbeat, and this builds up strength; so crying for a small baby
294 is a form of exercise. Now, one should not allow the baby to cry
295 too long, but yet at the same time a mother need not run every
296 time the child cries. See that there is nothing wrong with the
297 child, there is no real reason for the child crying. If you see
298 this is the case, then it does not hurt to let the child cry once
299 in a while.
300 Disciplining: a baby begins to learn while in the womb. If
301 the parents were smart, if parents were wise to spiritual things,
302 the mother would talk to the child even while she is carrying that
303 child; the father would talk to the child even as the mother
304 carries the child. If the father were to lay his head gently on
305 the stomach of the mother as she carries that child and talk to
306 that child, touch the stomach, the child in the womb will hear and
307 will know and will feel. Tell the unborn child of your love for it
308 and continue this love after the child is born. So, one must be
309 careful even in what one says while carrying the child or in the

310 presence of a mother to be; and once the child is born then, of
311 course, all things are registered with that child. The reflections
312 in your voice, the attitude that you have, that you display,
313 becomes a part of that child and will manifest in time; so that the
314 moment the mother realizes that she has conceived, she can begin to
315 educate her child and show affection to that child. Likewise, with
316 the father, he must also show affection to that child. What a
317 husband and wife may speak of in private while the wife is carrying
318 a child could very easily be heard by that child, and once the
319 child is born then, if the mother or the father expresses a hate or
320 a dislike for this or that, that child hears that. It may not
321 understand fully what it has heard, but as it grows, as it matures,
322 it realizes then what it has heard, and it has accepted what it has
323 heard, also, with what the child sees. The child remembers, and it
324 becomes a part of that child. At all times, the wife, the mother,
325 should be respectful to the husband in the presence of children, in
326 the presence of a baby, and while she is carrying the child, she
327 should be respectful and obedient to her husband so that that child
328 learns the order, the godly order, of things. Of course, we are
329 assuming that the husband is of such a quality that there is no
330 need for concern or that the husband is of such a quality that he
331 is not demanding; that the father or the husband is a just and good
332 man; that the father has an interest in what is good for his family
333 spiritually as well as what is good for him spiritually. Does that
334 answer your question?

Children were discussed on 81-05-28, the 93rd Trance.

The word “children” was first found on page 1493, line 386.

384 ***: Yes, but I still have another part to that question, though.
385 What can you do to deal with, say, grandparents that don't agree with
386 your form of disciplining children?
387
388 C: You must first take into consideration whether what the
389 grandparents have to offer is valid or not, then you must decide
390 whether your attitude is just. If your attitude is proper, then it
391 is wise to very politely inform the grandparents that you are the
392 parents, not them. Now, caution. There is a wisdom in older
393 people that younger people have yet to gain, so always take into
394 consideration what the older people have to say. They have learned
395 the hard way through their mistakes, and it is not necessary for
396 the young of the world to learn the same way. It is their
397 hard-headedness that makes it necessary for them to learn through
398 their mistakes. So when grandparents or older, wiser people offer
399 advice, it is always wise to give it serious consideration. Again,
400 use judgment for not all older people are wise.

Children were discussed on 81-10-17, the 101th Trance.

The word “young people” was first found on page 1564, line 796.

785 (***) had a question about rock music. He was
786 asking if there was another explanation of rock music's harmful
787 effects that would be more tangible or more understandable to those
788 who did not know about chakras or who would not understand your
789 explanation about chakras?
790
791 C: A more simplified explanation or one that would probably be
792 more acceptable in a general sense: the constant beat of that sort
793 of music and also its volume begins to develop what may be referred
794 to lightly, again, may be referred to lightly as a hypnotic state,
795 and in the repetition of some of the words of your music, it
796 instills in the minds of the young people suggestions that are
797 fairly natural to their state. This only allows them to be less
798 inhibited, to become more of a participant in their bizarre
799 lifestyles. So in that sense in an outward sense then you can see
800 how the negativity is released. It puts these souls, their minds,
801 into a state of receptibility to the lyrics of the words, and
802 this can be very dangerous, and it is very dangerous, and it has
803 proven itself very dangerous. Look at the morality of your young
804 people today. They glorify in the most gross aspects of human
805 nature. It would be better if children were born deaf in your
806 society today, and please do not allow us to be accused of child
807 abuse by saying that, but it would be one more element that the
808 children would not have to deal with or would not be tempted

809 through, and that is the sense in which we made the remark.

Children were discussed on 82-06-19, the 105th Trance.

The word “children” was first found on page 1652, line 382.

380 ***: Yes. I'll ask this next question. What happens if two
381 people who come from different belief systems marry and they
382 attempt to bring up their children in both systems? Is this
383 acceptable?

384

385 C: Clarify both systems.

386

387 ***: I.e., Christian and Jewish.

388

389 C: Well, we were not particularly asking for a name but bringing
390 them up how in both systems?

391

392 ***: Like taking them to both types of service and teaching them
393 all the doctrine and dogma of both. I guess the idea would be to
394 give them their choice, once they are old enough to make a choice,
395 of which one they would prefer.

396

397 C: A very good idea. It gives the children a good basis. It
398 gives them two points of view, but then really it is not two points
399 of view. It is one point of view and its evolvement. It is better
400 that the children have two religious belief systems than none at
401 all. The advantage in a situation like that is that the children
402 then will be sufficiently prepared to see the spiritual basis for
403 the one religious belief system. It will also give them a

404 spiritual insight and wisdom that most children do not have because
405 they have been given two pictures, and the essence of truth will
406 emerge much more clearly to those children, especially if they have
407 been subjected to these things at an early age. Now again, we are
408 not advising that those with children should raise them in two
409 belief systems, but if a situation does come about through the
410 natural chain of events where a child is subjected to two belief
411 systems it can be beneficial. In fact, it can be very beneficial.
412 Now again then, a greater responsibility falls on the parents.
413 They cannot, hear this well, they cannot divide the children. They
414 cannot say that this belief system is better than the other
415 parent's belief system. They cannot cause a conflict in the
416 children. If they have agreed to such a situation, then they must
417 allow the child to evolve in that situation. Does that answer your
418 question sufficiently?