

# SOIAR

The Newsletter of the SOL Association for Research

Autumn 2007

Volume 24 No. 3

Comments on Spirituality

*William Allen LePar*

## What is Essential in Life

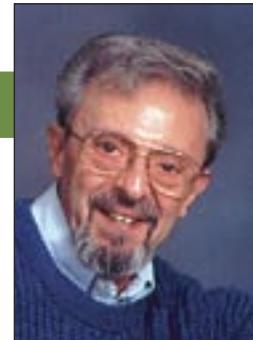
*In 1905 George Bernard Shaw wrote the play, "Major Barbara." There is a line of dialogue in that play that says, "What is all human conduct but the daily and hourly sale of our souls for trifles." It boggles my mind to try and comprehend what would have been considered a trifle in those days, maybe a card game or two, maybe an extra bonnet, maybe a pair of gloves. If a quote like this was ever true, it applies to today. Possibly Shaw was foretelling the condition of the world in 2000 and beyond.*

Human conduct: the way we interact with life, the way we interact with individuals, the way we interact with the society that we live in. Can we say that this daily interaction is actually the selling of our soul for trifles? What would be considered a trifle today? Well, that would depend on you. A trifle is something that is unimportant, of lesser value or no value. I think in today's society there is no such thing as a trifle. It seems as though everything we own we need. Everything we want, we need. Our every experience, regardless of what it may be, is something that we need, so consequently to us there is no such thing as a trifle. So you can assume from this quote our daily and hourly conduct is nothing more than the sale of our soul for trifles; maybe you could say it is the selling of our soul for essential things.

"Essential things," I think that

is an interesting statement, "essential things." We may reword Shaw's statement, we daily conduct ourselves in a manner so as to sell our soul for "essential things." Essential things like a car for everybody in the family, a personal television for every person in the family, the latest cell phone for every person in the family, the in-vogue style of clothes for every member of the family, the in-vogue drink at your favorite pub. These are all essential things that in our present-day society we feel are essential. They are necessary to make us happy. They are necessary to give us a feeling of self-worth. The bigger the mountain we build of essential things, the more important we feel, the higher up we go. It becomes a contest of who can sell their soul the quickest for essential things.

Years ago when people first started



out in married life, they were content with a small, little home, and as time went by and they saved money and had children, they would consider something a little bit bigger, maybe another bedroom. So they gradually started at the bottom and built themselves up. Sometimes this would take twenty years, thirty years, of married life to finally have a nice little home, a couple of bedrooms, some decent furniture, and as time went by, eventually maybe even a television. Today, our young people get married or live together, whichever the case may be, and they want a \$250,000 home. That is their first home. They want it totally furnished. They want it landscaped. We must have those essential things immediately.

This mountain of essential things that we have sold our soul for is but another way of trying to develop some self-worth. Unfortunately, individuals in that situation do nothing but move themselves further and further away from self-worth in relationship to how high the pile of essential things becomes. The higher the mountain of essential things, the deeper the hole

*continued on next page*

we bury ourselves in. In Shaw's time, maybe a trifle thing would have been a card game, maybe it would have been an extra pair of gloves, a hat with a feather in it, but today there is no such thing as a trifle. Everything is of major importance to us. Everything is needed. I bought a cell phone last week, a new one came out this week, I have to have that. So I throw away my old one and buy a new one. Next week a new one is coming out, \$500, a special cell phone. I have got to have that.

Why must we have so many possessions? Why is it necessary to have everything right now? Well, it is very simple. It is because we are hungry, we are empty, we are afraid. We only see our own darkness, therefore we try to cover that over with things, glittery things that people will look at instead of looking at us. We don't love ourselves, therefore no one can love us, and consequently since we cannot love ourselves, the only thing we can do is be "in love" with ourselves, therefore we have no room to love others. And that is so wonderful, we think, because that means we have no responsibility.

The demise of any society is sealed when the people reject responsibility. Today the majority of people have sold their souls for trifles. They

do it daily, they do it by the hour, they do it by the minute. And the sad thing is at the end of the day, they have nothing, nothing but empty things. Things that have offered a promise of happiness but deliver only more hunger.

What can we say about this article? Can we write a happy ending for it? I can't write a happy ending if there isn't a happy ending. My suggestion is, let us try to eventually write a happy ending to this article. You notice I said let US try. Of course, that would mean that we cannot replace a healthy self-respect with things. We cannot seek a value in ourselves by the things we own. It means we have to take a look at ourselves and see when the last time it was we did something kind and thoughtful for someone else. When was the last time we reached out and accepted the responsibility of helping another individual in need? The more we reach out and care for others, the more we begin to recapture the soul that we surrendered for trifles, things that at one time we felt were essential.

There is only one thing in life that can bring us real happiness, and that is the ability to care for and love our fellow man. Let us join together and

write that happy ending to this article. Let us each dedicate one day to being kind and considerate and thoughtful of someone else.

*Why must we have so many possessions?*

*Why is it necessary to have everything right now? Well, it is very simple. It is because we are hungry, we are empty, we are afraid. We only see our own darkness, therefore we try to cover that over with things, glittery things that people will look at instead of looking at us.*

SOLAR is published quarterly by SOL, a non-profit and tax-exempt organization dedicated to research and education on spiritual and metaphysical topics. We encourage you to share your comments and insights with us. All articles are based on the insights and guidance provided by The Council through William Allen LePar.

The Council . . . a gathering of twelve souls who once occupied physical bodies on earth but who have since forever left the physical world. In their final act of love for humanity they teach us to regain control of our lives and reunite with our Divine Source.

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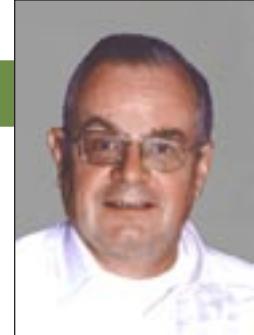
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# A Convenient Spoof

Misdirection is the magician's most useful technique. Get the audience to watch your right hand while the left hand executes the caper. Lately there has been what I consider to be a colossal example of misdirection on the political scene. A certain former vice president is promoting as fact an unproven theory that the Earth is warming up. He states that there is absolutely no scientific doubt that what he proposes is absolute truth and that human activity is the cause. We should therefore use our outdoor barbecue less; use a push mower instead of a power mower on our lawn; curtail our driving; and my favorite is to use only one square of toilet tissue (Mr. Whipple is going to love that!) If we fail to do so, in just a matter of a short time, flooding of Biblical proportions will inundate all low-lying land masses world wide. We know this because Big Al and his like-minded associates have flown in separate private jets to numerous environmental conclaves to declare it so. It is amazing how this academy award winner can be so absolutely sure of his theory when almost all other areas of science are subject to scrutiny and revision.

I personally have misgivings about this global warming hysteria. Consider a recent Supreme Court decision that classified carbon dioxide as a pollutant. No doubt so that anti-pollution legislation can be used to strong arm businesses. Without carbon dioxide all life would cease. Plants use it to produce food and in the process release oxygen. No carbon dioxide means no oxygen which in turn means no life. Let's hear it for the Supremes! I think this is the type of science Big Al subscribes to. Why bother with rigorous proofs – just declare it to be so. Let's not forget that the Earth has tremendous powers of correction. If carbon dioxide levels are rising in spite of carbon offsets this will stimulate additional plant growth to consume it and in the process produce more oxygen which as of now is not classified as a pollutant. I have lived long enough to remember twenty years ago when the big fear was global cooling with predictions of a new ice age. I had someone declare to me that satellite photos show that chunks of the ice shelf are breaking off to which he added: What more proof do you need? No need for satellites – the Captain of the Titanic could have confirmed that fact. Proof indeed!

So what is the motive behind all these declarations of impending doom? First of all it gives the politician promoter center stage to keep him in the spotlight just in case he may want to take a shot at the presidency. It also has the effect of getting half of the populace to disagree with the other half, so they don't notice how their freedoms, their privacy, and their rights are being eroded. Misdirection in action.

Consider this exchange from the 128th LePar Trance:

Questioner (me):

It has often occurred to me ... that we have got the men fighting with the women, we have the minorities fighting with the majorities, we have union fighting with labor, we have gay rights and straight rights. There are all sorts of camps. I thought that some of these ideas were planted to keep the populace fighting with each other so that they do not see the real object.

Council:

Absolutely correct, absolutely correct ... The quickest way to undermine the country ... is to undermine the people. Distract them with all sorts of troubles, and then give them breathers with all sorts of pleasures. Hit them with the extremes, you see, and they become confused. All this hate, this fighting does not just happen. Much of it is instigated to keep the people from uniting.

You must do what you must do, but for me, I will continue to use my power mower, grill burgers and use all the toilet tissue I feel necessary. Nice try, Al!

# THE C R O W

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# *Universal Being Is Once More Near At Hand*

*Unicorns, ghosts, UFOs and sage advice from beyond the mortal curtain will highlight this year's SOL conference, Universal Being 07: Spiritual Curiosity Shop.*

An unusually large variety of topics from The Council, the source which speaks through the catatonic trances of William Allen LePar, will be shared at the event and guest speakers will delve into unidentified flying objects and into the creation of a healthier body.

SOLAR Press' newest book, *Who Put the Horn on the Unicorn? Man's Greatest Questions, From Angels to Aliens (and Unicorns) Answered*, is the foundation for author Denny Highben's talk. The book is an entertaining and enlightening collection from The Council dialogues. Highben, a former journalist who first interviewed LePar almost 30 years ago, will highlight many of the areas he has written about, and share how he came up with some of the other information in his work. Interviews with Mr. LePar are included in the 400-plus page book, as well as an in-depth explana-

tion of his life as a psychic and how he came to be a deep trance sensitive.

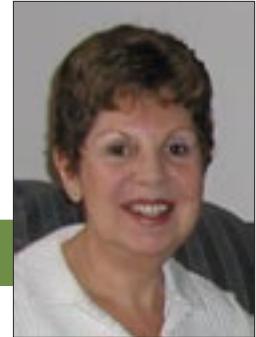
"If Nothing Else, Remember This..." is SOL President David Lewis' contribution to UB 07. He has scoured The Council archives for those extremely special comments from the spiritual source which was given special emphasis – things that, if nothing else, mankind should remember as he continues through these uncertain times. When The Council begins a comment with an advisory such as "pay attention," "listen carefully," or "if nothing else, remember this," those participating in a communication know something crucial is about to be revealed.

"We'll be covering such areas as the nature of reality and life, the true nature of God's love, and keys to not making ourselves reincarnate," Lewis said. An educator, Lewis was the first person to attend one

of LePar's trances. That was several years after the phenomenon first turned LePar's life upside down, but still before he was able to control the timing and frequency of the communications from the Celestial Level.

Returning this year to the Universal Being forum is Paul Rozich, presenting the talk, "UFOs... Did You Ever Wonder?" Rozich is a tireless investigator of the UFO phenomenon and other strange goings-on, especially as they relate to Northeastern Ohio. He has investigated some 6,200 UFO reports, 20 incidents of alien abductions and 85 reported sightings of a Bigfoot type creature – just in this part of the state!

Rozich has been involved in "UFO-ology" for more than 40 years. For 12 years he taught an adult education class at Alliance High School on UFOs and related phenomena and



helped found two research groups that have been meeting since 1973. He also has researched the crop circle phenomenon and what it, along with the curiosities he focuses on, might have to do with alternate realities and humanity's intellectual evolution.

Natural health expert Gina Krieger rounds out the agenda for UB 07 with a special focus on "Rebuilding and Maintaining Bone Density." She points out that the subject is usually identified with women, it is crucial to men as well.

"Most people do not realize that diet and exercise, specifically weight training, can greatly increase bone density without the use of unnatural and potentially harmful prescription drugs," she said. And one might say a healthy skeletal structure is the foundation of a healthy body. "We will also talk about general diet, which, of course, goes hand-in-hand with an overall healthier body and lifestyle."

Ms. Krieger operates the Seven Grains Natural Market in Tallmadge. The market features certified organic produce, meats, and natural supplements, baked goods, prepared foods and more.

## Natural Cholesterol Reduction

I sincerely hope that the information in this article will be as beneficial to you and your family as it was to mine.

There has been so much said and written about reducing cholesterol that it's difficult to decide what is accurate and what isn't. For a long time, physicians were recommending eating few or no eggs. Then there seemed to be some question about that. Butter has been virtually eliminated from most households (much to the dismay of the dairy industry). The consumption of beef has really taken a plunge. The beef industry is so nervous about this that it is doing an all-out advertising campaign suggesting that if you are a "real" person you'll eat beef.

I have a feeling that there is some truth in all of the cholesterol warnings, but have we gone too far? Perhaps a happy medium is what we should strive for -- not too much of any one thing.

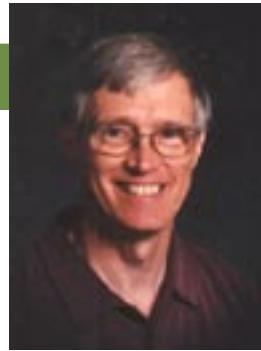
By-pass surgery is rapidly becoming as commonplace as appendectomies. Even some physicians are beginning to question whether or not all of these are necessary. Needless to say, there are some cases where by-pass is the only answer. The Council indicated that much heart surgery could be avoided, but isn't because of the tremendous amount of money made from such surgery.

Wouldn't it be wonderful if there were some natural way to unclog our arteries? The Council very rarely comments on health issues. In fact, it has been their policy, especially when talking to large groups, not to become involved with health issues. They have often told us that they are not healers but helpers. On one occasion they broke with tradition and shared some amazingly simple steps to reduce cholesterol. They suggested eating an apple a day (or applesauce), two servings of oatmeal and a portion of dried beans. But they warned: "You cannot eat two portions of oats and an apple and then go out and eat food that would be high in cholesterol." They said that oats and apples will actually eliminate the existing plaque that has accumulated on the artery walls!

I can testify from personal experience that this diet definitely helps.

One of my relatives had a triglyceride level that was ten times higher than normal. (The Council pointed out that cholesterol and triglycerides go hand in hand.) He had been on medication for five years which reduced the level somewhat. After six months of faithfully eating two servings of oatmeal and one portion of applesauce daily, his level was reduced to normal! Of course, he also curtailed his intake of red meat and eliminated all greasy foods. I might add, that this must be a daily routine. You can't shovel in the oatmeal one day and gorge yourself on fatty foods the next.

Maybe the familiar saying, "An apple a day keeps the doctor away" isn't an old wives' tale after all!



# Do Indigo or Crystal Children Exist? Part 2

*This is the second part of the article about Indigo and Crystal Children. If you recall, this is a subject that has received much attention in the media. Some claim that very “special” souls are now being born and have been born over the past 100 years and that these individuals will lead us to a new level of spirituality through their intelligence and technological skills. In the first part I stated that this was something that needed to be examined closely, using common sense and some guidance that The Council has given us over time so that we can determine for ourselves if there is any truth to this concept.*

Let me state, as a person who has studied history nearly his entire life, that if these souls are supposed to lead us to a more caring and God-like world, they have failed miserably. Technology and sophistication is not the path to spirituality. You absolutely do not need to be educated or intelligent or powerful to be spiritual. Actually, these are stumbling blocks to spiritual growth. Remember what I said in the first part, God works through the humble, the lowly, those that most of the powerful look down upon.

It is how we live our lives that show how spiritual we are. We teach others by our actions, by demonstrating our spirituality in every action that we make. Isn’t that the method that Christ used to show us the way to a heavenly existence?

What I find most objectionable is that these people talk with such authority about these topics. They claim to be metaphysicians. Is there such a

title, and if there is, what are the qualifications? Today, having a website and a following is all that is necessary. That seems to give license to say anything that they wish. If enough people agree with their philosophy, then it must be valid. This simply is not true.

There are two possible reasons for this type of information coming to the consciousness of mankind at this time, and neither of them is good. The first and most obvious is that it is the creation of some individual or group for their personal gain such as selling books, personal appearances and perhaps even TV shows.

The other area that is even more sinister and more complex is what The Council describes as “influences from the man-made heavenly realms.” When we die, we go to one of two realms of existence. We go to the God-made realms if we are to permanently end our cycle of reincarnation or to the man-made realms if we still feel that further incarnations are necessary

for our continued spiritual growth. If we enter the man-made realms, we could encounter every type of soul imaginable, from the very spiritual and nearly perfected to the most devious and cunning rascal. It is very important to remember that the character and personality that we possess in our physical lives will be carried with us into the spirit life without change. Personality and character are the essence of each of us as unique creations of the divine; they are inescapable.

The Council, on occasion, talked about a group of souls in the man-made heavenly realms that have no intention of changing or becoming more God-like. These souls are very self-centered, egotistical and very much interested in promoting themselves and their beliefs. The Council refers to them as masters or “avatars.” Their desire is to remain in the man-made heavenly realms and promote the idea that they are special souls and that they have all the answers. They want to set up situations for themselves so that when it is their time for reincarnation, the conditions that they reincarnate into are favorable. And what would those conditions be? They would be ones that give them the best opportunity to be elevated to a position of authority and even adoration. Now this is an important point, adoration in THEIR lifetime. These are actually very ego-based souls. Therefore, they are only interested in what is good for themselves.

Are we receiving misinformation from souls who are promoting themselves while in the physical, or is this information coming to us as influences from the man-made, reincarnation side of the heavenly realms? Could it be their desire to promote themselves after they reincarnate? There are souls in the man-made heavenly realms that have no intention of correcting their karma in their next reincarnation. Just as there are ego-based souls in the material world today, there are ego-based souls in the spiritual realms. They are waiting for a prime opportunity to reincarnate. To help create that prime opportunity they will attempt to influence the material world. The masters or "avatars" are in reality very self-centered and self-serving souls. What follows is a segment of The Council's discussion of influences from the man-made heavenly realms, the realms of reincarnation and the avatars who attempt to influence the material world for the purpose of promoting their own personal agenda.

The Council: In order to facilitate the influencing of the material manifestation, as we said before, at times there is the illusion ... this hierarchy then can make itself known to the material manifestation; but the illusion of a hierarchy is caused by one soul and one soul only for his or her express purpose, and this does not mean that there may not be a number of souls who have, shall we say, like intentions. One in the material manifestation who may become involved with one of these influences may be then led to believe that there are levels and degrees of development in the man-made heavenly realms that do not exist. Again, this is another inconsiderate action by that soul or spirit in the man-made heavenly realms to unduly and wrongfully influence the material manifestation for his or her express purpose; so that if there is the opportunity to reincarnate, that soul then may reincarnate in, shall we say, a prime

condition that would bring possibly more material prestige....it is more than just misinformation; it is the act of perpetuating a condition that does not exist and that cannot exist, only on one's own personal level; so that those souls who have been led to believe there is such an "avatar," then when that soul in the material manifestation has accepted that belief, when that soul then enters the man-made heavenly realms, they find themselves with undue confusion.

87-12-05 Trance 152

The Council says that there are definitely souls in the man-made heavenly realms that would create an illusion or a concept that really does not exist. They would "plant the seed" in the minds of some that there are many souls coming into our world who should be given special attention and special treatment. This sets up a perfect situation for that soul who is creating the situation to enter our world as one of those "enlightened" souls. The illusionist hopes to receive special treatment from those he has influenced. These souls want to promote a false belief that they have all the answers and that they are the only ones who know the way.

I think that what is described above gives us insight of great danger in opening yourself as a channel to the other side. It is most important to remember that we will only be able to contact the man-made heavenly realms and only the lower levels. There are good souls there, but we have absolutely no guarantee as to the quality of soul that we would contact. Actually, the better quality of souls would not make contact with us. However, those who have their own agenda certainly would take every opportunity to influence our world. It may set the stage for some self-serving plan that they have. Remember, souls coming back through the cycle of reincarnation are doing so because they still have problems to work out. They have not reached a

level of spirituality that allows them to move to the God-made heavenly realms.

In their first public trance The Council stated very clearly what each of us needs to do and who we need to follow to gain the greatest spiritual growth.

The Council: Regardless of how bad your world may become, regardless of how negative it may become, you are not doomed to that. None of you are. You can make changes in yourself that will definitely, absolutely influence others around you, and they in turn will be able to influence more, and that light, that godly attitude towards life, towards yourself can grow and grow and grow until the entire world is a spiritual place, a heaven on earth, a new world, a new life. You do not need some highly evolved soul. You do not need us. All you need is to know that you can make a change in yourself and thereby begin to change the world. As we said earlier, it is not the wisdom, it is not the knowledge that you have, it is not what you have that will make you spiritual, but it is what you are willing to do with what you do have that will make you spiritual, that will make you godlike, that will make you fulfill yourself, to resume your rightful place in the creation of creation, to again return to your godly state so that you can once again experience that Divine energy, that Divine activity, so that this great Creator, this Father, this Infinite Light, can take you in his arms and hold you to His Bosom as a precious jewel, a wondrous gem, something of such great and such value that He could not be complete without it. This is your rightful place; this is what you are destined to, sooner or later, one way or another. You may fight your godliness all the way to receiving your crown, but it will be a battle in vain, for you are destined to be with that Divine Presence.

89-09-02 Trance 172

# CALENDAR

September 1, 2007. Spiritual Dialogues at 7:30 at St. Paul's Episcopal Church, 425 Cleveland Ave. SW, Canton, Ohio

**October 13, 2007. Universal Being 2007: Spiritual Curiosity Shop at Dogwood Park in North Canton, featuring speakers David Lewis on The Council's special messages, Denny Highben on mankind's greatest questions, Paul Rozich on UFOlogy, and Gina Krieger on the foundation of a healthy body.**

November 3, 2007. Spiritual Dialogues.

December 1, 2007. Spiritual Dialogues.

*For additional information on calendar listings, SOL membership, or books for sale, write to SOL, P.O. Box 2276, North Canton, Ohio 44720, or call 330.497.9645. Or you may visit our website at [www.solarpress.com](http://www.solarpress.com).*

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