

# **Heaven Help Us**

**by**  
**Sherilyn Highben**  
**Based on the Deep Catatonic Trances**  
**of**  
**William Allen LePar**

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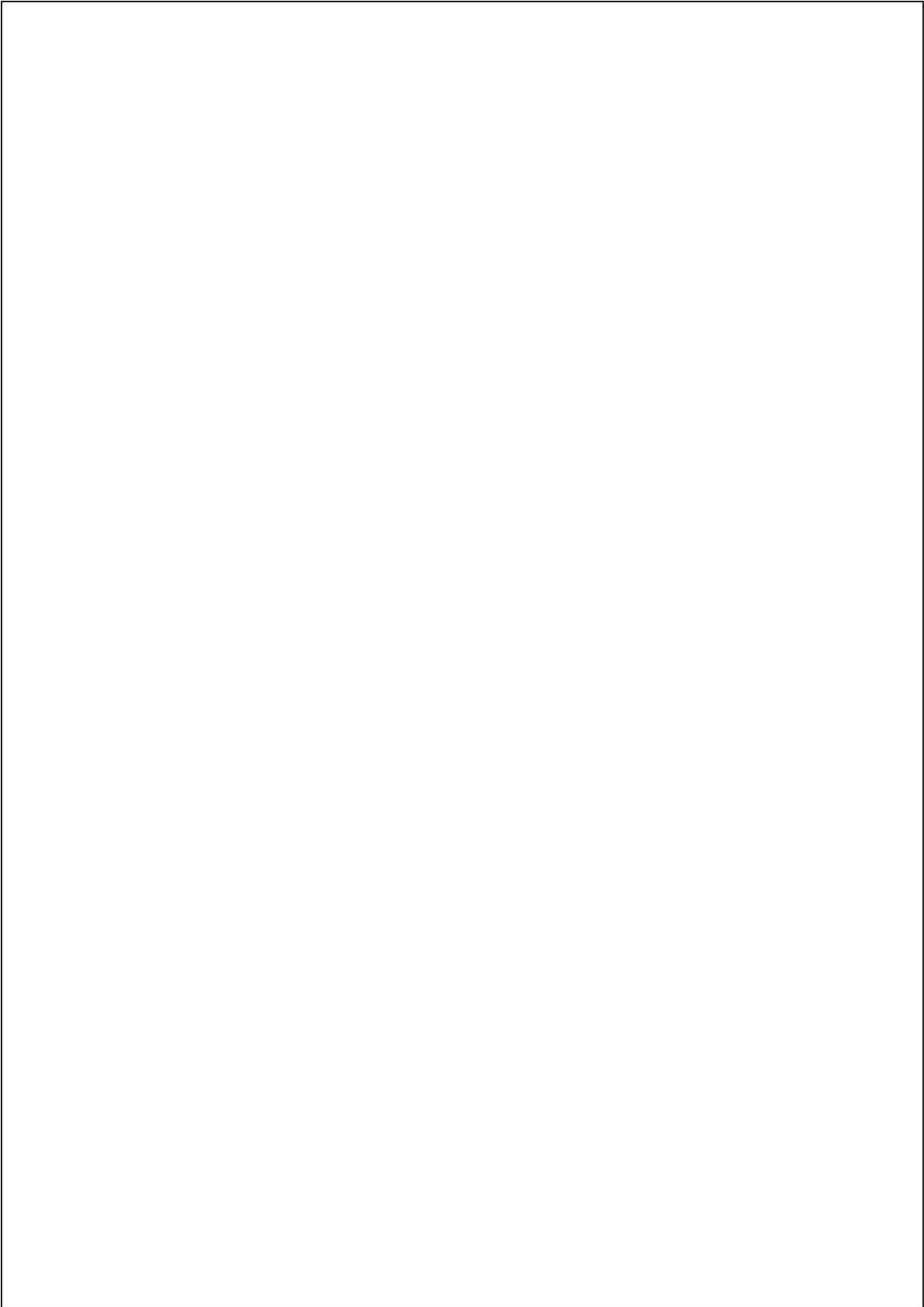
For more about William LePar and The Council visit -  
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William Allen LePar



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**About the Author**

Sherilyn Highben, one of several popular SOL speakers, believes strongly in the information gathered from The Council, the spiritual source that speaks through the channeling activities of William Allen LePar. Mrs. Highben, who has a Bachelor of Science degree in Education from Kent State University and a masters degree from Marygrove College, is an experienced teacher, lecturer and full-time homemaker. She and her husband, Denny, have been featured as speakers in several Universal Being conferences. Mrs. Highben, a member of SOL since 1983, believes "involvement" is one of the keys to spiritual growth, and, as a result, attends church regularly, teaches Sunday school, serves on various church committees, and Scouting committees. As the mother of five sons, Mrs. Highben's spare time is consumed with family activities.

## The Awakening

For many decades psychic William Allen LePar was nationally acclaimed for the array of psychic abilities he exhibited, particularly the Deep Catatonic Trance, a remarkable and rare phenomenon even for the realm of the paranormal.

While in the Deep Catatonic Trance, a gathering of 12 highly evolved spiritual entities known as The Council spoke through Mr. LePar, providing our world with an incomparable and abundant supply of spiritual information. More than just a psychic ("a unique and distinct personality in the world of psychic phenomenon," said a professor of psychology from a major university), Mr. LePar has been referred to as a modern mystic by many of those who have encountered him.

Mr. LePar exhibited his psychic abilities quite early in life, but society's traditional reaction to such an unsettling aspect of human potential caused him to repress his gifts until adulthood. A series of unusual events triggered the state of Deep Trance, a dimension Mr. LePar had never before experienced, and he found himself catapulted back into the world of the psychic. For several years he conducted Deep Trance sessions privately while publicly doing psychometry, inspirational speaking, and psychic counseling.

Convinced that The Council's information held tremendous constructive potential for our troubled world, Mr. LePar in the mid-1970's invited others to share in the experience. SOL, a non-profit organization, was established to handle all aspects of preserving and disseminating the Trance Information. The organization developed a complex computer network to facilitate its duties. The Council delivered well over two million words of material. Among its many responsibilities, SOL coordinated Research Group inquiries into new topics of investigation at Trance sessions and currently operates a speakers' bureau for appearances by SOL Associates, has a membership program that provides participants with library files of verbatim Council transcripts and a frequently updated website - [www.WilliamLePar.com](http://www.WilliamLePar.com).

Through the years, Mr. LePar's presentations on aspects of spiritual and psychic development as well as on The Council's profound information was enthusiastically received across the country. He was in constant demand and

lectured and led workshops at colleges and universities, and for organizations such as Spiritual Frontiers Fellowship, REST, the Western Reserve Awareness Conference, Star Stream Cosmic Experience, the Human Development Center, and various chapters of Aquarian Age Encounter. The subject of uncounted newspaper and magazine articles, Mr. LePar also appeared on many local and syndicated radio and television shows and permitted television taping of Trance sessions for broadcast.

In addition to his myriad activities, Mr. LePar worked with writers investigating The Council's material and authored the books *Meditation: A Definitive Study*, *Genesis 2: A Personal Revelation*, *Controlling the Creative Process in You: Androgyny*, *Spiritual Harvest: Discourses on the Path to Fulfillment*, *Life After Death: A New Revelation*, *More Than Mind Discloses* and *Return to Eden: The Universal Being Lectures of William LePar*.

## **An Introduction to The Council**

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and can mean something far greater than what we normally have been taught to understand as a "spiritual being."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description of themselves (The Council), we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit for your edification The Council's own personal description of themselves.

William Allen LePar

### **The Council Speaks of Themselves**

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection; until finally the soul or the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mержence or merging with other beings, where all ideas of limitations, all awarenesses of false limitations, have been done away with. Where the person or the soul or the entity then begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself.

Once a soul or an entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity, has his own personality, yet delicately flows in and out and with the other souls but yet maintains its own personality, its own being. The soul, the entity, becomes more god-like in that it becomes a part of all things, yet maintains its own personality, its own being.

Once a soul has reached this level, then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited Child of God; one who is so developed that no name could ever describe him.

That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we would have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the physical plane.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who have come to us some idea to relate to, or some concept that they can relate to.

## Forward

William Allen LePar's Personal Account of Dealing with his Psychic Abilities, Specifically the Phenomenon of the Deep Catatonic Trance State

(Editors Note: The story of how the trances of William Allen LePar began has been explained, in lesser and greater degrees, in numerous articles, books, television and radio appearances, for many years. But in August of 2000, associates of the SOL Association for Research asked Mr. LePar to describe, in detail and at one sitting, how it all started. What follows is that explanation.)

The first question was: When did you first realize you were psychic?

Mr. LePar: I really can't go to a point in time because it was just a common thing that was in our family. My Grandmother, my Mother and I, just knew things and we'd talk about it just like anybody would talk about anything else. There was no phenomenon connected to it. I grew up in an atmosphere where this was totally normal. As I got a little older though, both parents — my dad was a little stronger about it than my mother — said the law was you don't talk about these things outside of the family. But I was never given an explanation why. It wasn't until later on, as a matter of fact I was just about thirty, when I found out my Dad was also psychic. He never talked about it; he never showed any signs of it in front of me.

The question was: When did you first get into trouble because of the psychic ability, such as in the story (recorded elsewhere) of psychically seeing your cousin struck by a vehicle a week before it actually happened?

Mr. LePar: That didn't get me into trouble; it was just not being familiar with how to tell people. Seeing my cousin being hit by a car before it actually happened, you know I was seven, maybe eight or nine years old, I really didn't have the experience of how to say something like that. I saw it; I knew it wasn't real because growing up with all that you learn to distinguish between reality and the phenomenon, the vision.

Being upset because my cousin and I were like brother and sister, that was scary for me. I didn't see whether she died or anything; I just saw her hit by a car and blood. I ran into the house screaming to my aunt that my cousin had been hit by a car and, of course, she came running out and it hadn't

happened. I got the "what fors" for it. It happened so quickly, and with her fear and panic and my fear in seeing something like that, I didn't have the chance to tell my aunt that it was a vision.

My aunt was aware of such things because she knew about her mother, (my grandmother), and her sister, which was my mother. So she was aware of what we could do but that wasn't our world, that wasn't our life. We had precognitive experiences but we didn't live in that kind of situation all the time. We had normal experiences just like anyone else, so just running into the house screaming, "Susie got hit by a car and she's all bloody," my aunt assumed that's what happened.

Of course, I knew it didn't happen but I knew when I saw something like that it might very well happen. I was scared. Like I said, Susie was like a sister to me. Within a week it did happen, and it happened just as I envisioned it. I was sitting on the top step of the porch and Susie came running out between the houses and ran right into the street; and here comes this car and hits her. So when I ran into the house a second time screaming, my aunt came after me with a broom and I came flying out the front door. Of course, when she came out then she knew something had happened. As soon as it happened, I knew my aunt was going to either not believe me or come after me, so I was prepared when I went in screaming to do a quick about face and run out. I was one of those kids who learned quickly.

Susie was bruised and battered up quite a bit, cuts and stuff, but there was no major harm. But see, there's an example: I saw her hit; I saw the car hit her and I saw the blood. Immediately I stood up and ran in, and I broke whatever else might have come on after that because I was cognizant of the fact that it was a vision.

But that was a rare occasion when you would see something like that. I was accustomed to seeing more common place things, so who knows? Maybe if I had sat there and watched the scenario a little bit longer I would have seen where she was going to be okay. But seeing that vision I knew the possibility was pretty good that it would happen and I just panicked. That comes from immaturity. If I would have been an adult and been cognizant of it being a vision or whatever you would call it, I would have seen the thing through. There may have been more for me to see at that point in time and then there may have not been, that may have been the end of it.

The question was: Is that when you tried to stop using your psychic ability?

Mr. LePar: That was later on; with the constant cautioning my parents made that you don't talk about this ability outside of the family. They didn't tell me why but I trusted my parents, so I felt there must be a reason and I learned not to say anything.

By the time I got into high school I realized that this was not something everyone could do. When I was younger I thought everybody did this, but as I got older I realized that this was not normal. So I kept very quiet about it if I'd see something. My parents taught me that when you see these things it's supposed to help people, so you can tell people things that you see without scaring them. You learn how to say, "Maybe you shouldn't do that because this might happen."

So although I wasn't real experienced and polished in how you do that, I had enough common sense and examples with my parents. I'd see my mother many times tell neighbors different things she had seen. Of course she wouldn't say, I had a vision of this or I had a psychic impression, because back in those days we didn't even know the word psychic existed. The "knowing," we called it. I remember many times my grandmother and my mother both telling neighbors about stuff that they had seen, picked up psychically. But, they never knew where it came from. Mom would give it to them as advice: "You know, maybe you shouldn't do that because a lot of problems could come out of it." Sometimes it caused people to think and they wouldn't do it.

And if she thought that it wasn't sinking in she would repeat it a couple of times. But it was like giving advice. My mother had the personality where everybody came to her with problems. She had a very loving heart; people sensed that. She was a good listener so a lot of people would come talking about their problems. Well, Mom would pick up different things and she would just talk to them as a friend, giving them good, friendly advice. That way nobody knew about it (the psychic ability.) Her two sisters knew, my father's sister knew, but that was all, really, in the family who knew about it. Even my two older brothers didn't know the full story, because they didn't demonstrate any ability. So there was no point in saying anything to them. At least that's the attitude my father, mother, and my grandmother had.

Years later, when I could talk to Dad about it, the best I could gather is it didn't go any further on my Dad's side than him. And his sister knew all about what he could do. In fact, that's actually how I found out about my Dad, because my Dad had given orders that nobody was to talk about it. So in my early years I assumed my Dad couldn't do it. Like I said, I was in my late 20s, maybe 30, when I accidentally found out from my Dad's sister, my aunt, that he had extensive psychic ability.

Really surprised me! She said, "Don't you ever tell your Dad that I told you, because he would be quite displeased." Well, you didn't get my dad displeased. Of course, she said, "You know he'll blame your mother for it."

I knew my Dad well enough by then to know how it would be. I didn't say anything but, again, life being what it is, one time he was advising me, cautioning me and I happened to say to him, "Well, Dad, it's no different than what you used to do." And, boy, that brought everything to a screeching halt. The first thing to come out of his mouth: "Your mother told you, didn't she?" I said no. He said, "Yes she did." And I said, "Honest, honest, I swear Mom didn't tell me."

Oh, he was very upset about it because he looked at his ability as a very personal experience. And so, although he had told my mother and my grandmother and his sister that was as far as he wanted it to go. I was kind of surprised when he finally loosened up and started talking to me about his experiences. They put me in awe, they put me in awe. He used his experiences and the knowledge that he gained from those experiences in very subtle ways. That's the way we were brought up, that's why I'm not real crazy about all the phenomena, the demonstration. Because our society today looks at everything as entertainment and when you demean a natural gift to the point where it's entertainment, then its value is demeaned and the benefits from it are not taken seriously. So the whole thing is demeaned.

I rarely openly demonstrate, because I don't see where it (demonstration) serves any good. But if you can use it, whatever you may pick up and in whatever manner you pick it up, if you can use it to help somebody to think, then fine.

I don't like the idea of saying, "Oh, I picked this up," and you give it to someone. That's like putting yourself on a pedestal. That's like saying "I know all the answers," and in our society today too many people are willing

to allow others to put a ring in their nose and lead them around and that's not what it's all about. It's really about getting people to think, to assume responsibility for their own decisions. That's how we grow. That's how we get rid of karma, when we make the right decisions.

PART II. The High School Years and Beyond (Mr. LePar graduated in 1957)

The question was: In high school did you still keep your psychic abilities secret?

Mr. LePar: Yes. By then (high school) I had learned in the eyes of the outside world I would not be considered normal and I didn't like the idea of not being considered normal. I had other problems; I could not read or write, and that was enough. I didn't want to be considered freaky in the other way, too.

And it wasn't until I met this one kid (named Walt) in freshmen year. We were in home room and we had almost all our classes together. By then my family was having a hard time and I had to help support them. Well, Walt had to help support his family too, so we had a common bond. We didn't have a lot of time like most teenagers in high school; to do everything that they did, go that kind of gave us a common ground, too. We both worked and any extra time we had, our friendship developed then.

I sensed he was different than other people but I couldn't stick my finger on it. I knew we had a lot of things in common but I also felt that there was something more there, but I never could put my finger on it. Then one day we were talking and he said to me, "How would you like to meet some people who talk to ghosts?"

As soon as that came out of his mouth, I knew right then and there. Of course my first reaction was, "Ah, no, I don't go for that kind of thing." But he kept on me: "Come on, this is different." And I'd say, "No, I don't buy into that."

Well, eventually he tricked me into meeting some people. From there then I began to realize that I wasn't a freak but there were a lot of people who believed in the psychic and had some abilities. So I went to my first spiritualist church (in Massillon, Ohio) and that's when I was really amazed

because at that time that little congregation had over 100 people on a regular basis. Sometimes there would be a lot more than that.

There's where I learned a lot about how to do things. Before I actually went there and did anything, the original two women that he introduced me to, they advised me a little bit. When it came to things like that I was always very cautious. Whenever anybody ever said anything in the area of seeing things and knowing things, I'd learn to pay attention and take it to heart. Well, the advice they gave me I immediately took to heart.

Of course, I said something to my mother about it. Her attitude was, "Be extremely cautious. You don't know these people. You don't know what they may be up to. They may want you to use your abilities in the wrong way." So I had a touchstone there. She was aware that people had these gifts, that we weren't exclusive. But she wasn't aware that people would have such an interest in it, in such big numbers. In fact, she was really shocked. I said something about saying something to Dad and she said, "Your Dad will immediately tell you to stop. You have to make that decision. If you want to look into it, well then, alright. But if you tell your Dad right now he's going to tell you to stop and then what are you going to do?"

Well, I would have stopped. So I elected not to say anything to him and from that point on then I learned that there's a whole world out there of people interested in the psychic.

The question was: What made you want to stop using your gifts completely?

Mr. LePar: There was one woman at that church who I really trusted. But some of the others, they made suggestions that I didn't feel comfortable with. So immediately warning signals went off inside of me. I began to realize that you don't take the advice of all these different people, because they have their own agenda. Since I didn't know where my life was going I thought it would be smarter to stay on the same path that I was on. After a year and a half or so, maybe two years, it got to the point where I felt I got to know the people in the church too well. I began to feel, "Is this something I know about them or is this something I'm actually picking up?" When that started to creep into my feelings, I decided that I would stop doing the platform work.

Then I had one experience. I was coming home one evening and I had a vision, if you want to put it that way, or I had a psychic impression, that was not entirely pleasant. In fact that was the first time that I had what I would call something that was alien to what I normally picked up and that's when I decided that was it. I wasn't going to bother with it anymore. So I just suppressed all those feelings. I couldn't suppress them 100 percent, but I put them under control where if I'd get something I'd just ignore it. Only if I got something really strong that had to do with my personal family or myself would I act upon it. And for years then I just never did anything. Walt kept trying to encourage me and I kept telling him, "Nope, I've washed my hands of it. It's all very interesting but who needs it?"

At that early age we were real phenomena. They had never seen two teenage boys get up in front of 100 or 200 people and just go through almost the entire congregation, giving messages one after another. They referred to us as the shotgun boys. But I didn't like the notoriety. I didn't like that kind of attention, I wasn't used to it and I never felt comfortable with it. That was another deciding factor. It wasn't the way I thought it should be done.

Why couldn't I just walk up to those people and talk to them? That's the way I felt it should be done. But that wasn't a big show, that wasn't a big phenomenon. If you get a psychic impression and you walk up to someone and you talk to them and give it to them in the sense, in the manner, that sounds like advice they're not going to pay as much attention to you as if you say, "Oh, just a minute. I see this round about you!" That's going to make them pay more attention. Well, that wasn't the way I was brought up. That isn't the way my family did it.

And so even today I don't like that. If I can get out of anything like that I will. I'm past the point of having to prove to anybody that I'm legitimate. I've worked with enough people and the whole arena that I've been in all these years, that I feel this way: My reputation is preceding me and as long as a person has enough faith in me I'll do everything I can to help them. But to create a big show, that's not my style. That's why we don't have more public trances. People are more interested in the phenomenon than they are in the information, and it's really the information they should be interested in and not the phenomenon.

PART III. The Trances Begin

The question was: When did you start using your psychic abilities again?

Mr. LePar: Not until Walt came home one time from California. Like I said, for my own personal life and my immediate family I would say things but for anything other than that, no.

I had just gotten married and we were sitting at the table eating, my wife and I, and the phone rang. I said, "Oh, my God, that's Walt." My wife looked up at me: Who? What? I said, "Oh, that's Walt from California."

I had told her about Walt, who had moved to California. Although we didn't converse back and forth on a regular basis, our friendship was such that whenever we'd get hold of each other it was like the last time we talked was yesterday, like no time had passed. I always knew when he was coming into town, just a tie there that I knew when he was in town. As soon as the phone rang, I knew it was him. Of course, I talked to him and he said, "I've got to talk to you. When can I come over?" I said, "Right now if you want to, anytime you want to."

So he came over and I met him outside and said, "My wife doesn't know about any of this psychic stuff and let's not talk about it in front of her. If you want to talk about the psychic, we'll go outside and talk."

He said, "Well, you're not going to have much of a choice."

I looked at him and said, "What do you mean?" And he said, "Well, things are going to happen and that's the way it's going to be." I said, "Oh, no. I washed my hands of all this years ago and I'm not getting back into it." He said, "Well, there are some things you're going to have to know."

He came in and he and Nance got along real well, so there was no problem there. But he started talking about the psychic. He said, "You're going to experience something new, you better get prepared for it. The more you fight it the harder it's going to be. You might as well just go with it and make it easy on yourself"

Well, I was a little bit hard headed. I had made up my mind and that wasn't the way it was going to be. He was here for a week or two and he came over to the house just about every day. We'd talk about all kinds of things and every once in a while he'd get on this kick about the psychic. I'd try to veer

him off, but he was as hard headed as I was. When he wanted to say his mind, he said his mind.

Finally, the day came for him to leave and he said, "We're going to have to keep closer in touch now' and I said, "Well, sure."

He said, 'We'll write back and forth."

Well, he didn't know every thing about me. He didn't know that I couldn't write and I couldn't read — I mean enough to get by in a pinch but not enough to write a letter.

So I bought this tape recorder for 12 bucks or 19 bucks or something like that, and I got a handful of tapes. I thought, "This will cure the problem. I'll talk to him." Besides, Walt liked the idea of the country, the sounds of animals, and I thought, "I'll just record whatever I have to say to him outside.

So I bought the tape recorder and the next day I was going to tape him a little letter outside so he could hear the birds chirping. I saw Nance off to work, and I sat there with my coffee and my tape recorder and the next thing I knew she was coming down the lane. I got up and I walked over to the car and said, "Did you forget something?"

She looked at me kind of dumbfounded and she said, "No. I'm coming home from work!"

Well, that was just like a ton of bricks hitting me. I had just sat down there in the morning and watched her drive up the hill and now she's coming back down the lane telling me she's been to work already!

I didn't know what to make of it. She realized that was confused and I started talking to her and we noticed the tape recorder and that it was all messed up. I really knew something must have happened when I finally realized that eight hours — well, actually it was more than eight hours — went by. I realized something must have happened but I wasn't sure what. Walt coming to Ohio unexpectedly was another part of the whole scenario. He got this strong impression that he had to get to Ohio right away so he made arrangements to get off and he came here.

Putting all those factors together, I thought, "Something is... something is out of the ordinary."

So I listened to the tapes. I could hear my voice on there but there was just something different about it. I felt very uncomfortable because it was very slow and very laborious sounding. I picked up a few things but most of the ideas I couldn't understand. I just didn't know anything about the metaphysical field. I was totally naive about it. Even the little bit, years before, that I had learned at the spiritualist church, was pretty cut and dried. You saw or you didn't see. There was no real philosophy behind it. At least, I hadn't been subjected to it.

So, when it (the tape) was talking about all this other weird information I thought, "Oh, my God, what is this?"

It kind of scared me. Of course Nance said to me, "Did you take something?" And I said no and she said, "You almost sound like you're drugged. You're talking crazy stuff." And I said no. We didn't have any kind of medicine like that in the house and I certainly wasn't into any weird lifestyle.

I got hold of Walt. I called him up and he said, "Don't worry. I told you things were going to start changing." I said, "I can't deal with this." He said, "Just package the tapes up and send them to me and don't worry."

I said, "Yeah! Don't worry! Eight hours out of my life gone and I don't even know about it and I can't understand this crazy talk."

When he got the tapes he listened to them and he called right away. He said, "This is good information." I said, "What do you mean good?" He said this was, in his opinion, high quality information, but he was going to give the tapes to some other people and get their opinion. Well, they all agreed that this was different than what was coming down the pike at that time.

He briefly explained to me what was going on, but he was using terms that were totally alien to me. I had no knowledge of anything like that. The kind of trance that I was familiar with was the medium type of trance, in which the medium is cognizant of what was going on. Here I had lost eight hours of my life with no sense of time or anything. It was just like I didn't exist for that period, which was frightening in itself. You go to sleep at night and

when you wake up you know you've been sleeping. There's something in you that tells you that time went by.

Right from the beginning when I come out of these trances it's just like I don't exist. There is no time, no passage of anything. I was me before and I was me after and what happened in between is like total oblivion, which is not a comfortable feeling.

He kept telling me to go see a certain woman, but I told him I didn't want all this hassle. He said, "I told you, you're not going to have a choice in it."

He was talking crazy to me at that time; at least I thought it was crazy. He told me this was something I decided to do and I said, "You're out of your mind. I didn't decide to do anything. I'm happily married, I have a nice quiet life and that's the way I want to keep it."

He said, "You've made other choices." He wouldn't explain to me how I made other choices. Because at that time my religious teachings were you were born, you live for X number of years, you try to be a decent person and at the point of your death you either go to heaven or hell. That was my understanding.

How I had adjusted earlier to the idea of seeing departed souls was that they were either in what I knew as purgatory or in heaven, and they were trying to let people know good things. I clumped it into some kind of area like that and just didn't question it any further. It was a simple adjustment in my mind and satisfied my religious beliefs.

Well, it ended up where this (the trance) happened on a number of occasions.

The question was: You couldn't control it in any way?

Mr. LePar: No.

The question was: Did it always happen in a safe place? Where you were physically safe?

Mr. LePar: Yes. At that time we lived out on the farm and it wasn't like living in the city. It was interesting. The trance always occurred when it was safe. There was never a time the trance state would come on me when there might have been the possibility of danger. There were times when I would be there at home and I would feel something happening. After a couple times, it would give me kind of a warning. I would get real sleepy and I could barely keep my eyes open. When this happened a couple of times before these trances, I was smart enough to realize, hey, this is some kind of signal, my body or something is telling me this is going to happen again.

So I would get everything ready. By that time Walt had said, "Always have your tape recorder ready. Always have tapes." Of course, after a few times I wanted to know what was going on and I would send all these tapes to him and he was very stingy with the information he'd send back. I was upset because I did pick up a few things, and there were a number of mentions about reincarnation. My idea of reincarnation was you died and came back as a bug, and this was totally alien to my church and my religious beliefs. That upset me. Eventually, as I listened to these tapes it talked more and more about past lives, and that really got me upset. So I got this thing in my mind that I was being possessed by a demon or something.

At that time I was Eucharistic minister in our church and I was the first one in our diocese, a layman, to be Eucharistic minister. I went to my priest and started talking to him about it. He said, "Let me hear some of these tapes." So I gave him the tapes and he said, "Well, I don't hear anything here that's against church. There are some things here that are questionable, but this is all pretty good spiritual advice." I said, "What about reincarnation?"

He said, "There are some questionable areas here but for the most part I don't think you're demon possessed." I said, "I can't buy that. You're born, you die, you either go to heaven or hell."

Now that I look back on some of his remarks, I think if I hadn't been so upset I probably would have caught them. But he said, "You know, sometimes life isn't always that simple." He knew I was becoming more and more upset and he knew Nance was becoming upset and I had it in my mind that this had to be something evil.

He said, "Let me talk to the bishop." So he talked to the bishop and he had the bishop listen to some of these tapes and he got back with me and he said, "If you're in such fear, the bishop said that we could do an exorcism." I said, "A real one?" He said, "Yeah, a full-fledged exorcism."

So the bishop authorized calling a priest from Amsterdam and it was to take place at the rectory. I thought, "Thank God. Finally." Because by that time I was really upset. I didn't think my best friend would lead me astray but still, he was very tight with any information. He was talking about reincarnation and that to me was crazy talk — and all this OTHER information that was in there. A lot of it I didn't understand but I assumed I knew what they were talking about, which was the worst thing to do because I made it worse than what it was.

Well, they did the exorcism and there was no reaction. The priest said I wasn't possessed in any way, shape or form and that gave me peace of mind. But the question still remained: What was going on? And I asked this priest, "If it's not demon possession what, is it?"

He said, "Well, some people have visions. Visions come in all different ways, where you have this thing where you go into a deep sleep and you talk and you can't remember." He said, "Who's to question how God wants to reveal himself?"

Again he made remarks about do you believe in life after death? And I said, "Well, certainly."

He said, "If you believe that your soul lives on maybe it's possible for the soul to talk, to want to talk to its family." Then he was making a little sense that I could understand. I thought, "Okay, that's a possibility." His caution was, "There are good souls and there are evil souls and you have to be careful." And he told me the Bible tells you how to protect yourself through all this. He pointed out to me what precautions to take and he reported back to the bishop. Then the bishop called me and he asked, "Are you satisfied?"

I said, "Well, I guess. But I still don't know what's going on." This continued, the bishop wanted to keep in touch; he wanted to know what was going on. He said, "Just keep giving these tapes to your priest, he'll give them to me and then I'll return them to you." So that was the process.

They'd go to the priest first, then the bishop, then the priest would give them to me and I'd send them to Walt. And I wasn't telling Walt this. Finally, I did tell him and he said, "Are they going to excommunicate you?" This was sometime later. I said "No."

By that time everything had settled down and I had gotten accustomed to the whole thing. And by that time I had learned some other things. I did finally take his (Walt's) advice and go see this woman, Ruth Hale, and she was really one of the finest people I've ever met in the whole psychic field, the spiritual field, because she had good common sense. Right away she said, "You're born with a natural ability that you're able to manifest." She said, "Don't let it go to your head."

She was like my coach or mentor as far as learning how to control yourself and how not to let other people influence you. So she was like an extension of the more subtle uses of the phenomenon that had been established in me by my parents. When you do something public you have to expect that there's going to be a lot of people there who are going to be amazed, and there's going to be a lot of people who won't like it. And you have to learn to deal with these people and you have to learn not to let your ego get out of control because once that happens, then things begin to change. That's not a healthy ground to use these abilities, to get involved with and use these abilities. So I followed her advice.

It was through her that I met many of the big people in the field, well-known people. That's actually how I started giving my first lectures. And from there it just kind of snowballed.

## Introduction

This small book provides another view of The Council and the unparalleled insights these evolved souls have provided to humanity. The idea was simple: Publish a collection of quotes The Council itself deemed of special importance. As you read, you will note that most of the quotes include a phrase such as "pay attention," "hear this and hear this well," "you must remember," and so on, including the title of collection.

That is not to say that these are the most important pieces of information given by The Council. Far from it. This book is a vehicle for presenting another aspect of The Council material to the public. Importance cannot be measured in a single way, and those well acquainted with this incredible source of enlightenment realize that The Council material surpasses all forms of measurement for importance, inspiration and guidance. Perhaps it would be best to say these quotes do have a unique sense of importance to them, sometimes a sense of urgency. Generally speaking, they provide insights that can be absorbed and utilized immediately for the betterment of the individual and, therefore, mankind as a whole. For, as The Council has said often, everything begins with the unique creation that is the individual human being.

Who is The Council, and who is William Allen LePar? Briefly, The Council is a union of 12 evolved souls who utilize the physical form of Mr. LePar to speak to mankind. Those beings who participate as Council members once existed as we do now, but they achieved a level of reawareness to no longer need the physical schoolhouse we call earth. They are in a state of spiritual evolution described as the portico of the House of God. Of the communications with physical man from those humans existing in nonphysical realms throughout all the ages, only The Council—at this critical time in human history—has reached out to us from this evolved state of being. The Council calls this state, in an effort to give us something to which we can relate, the Celestial Level of the God-Made Heavenly Realm. This level is the final state of growth before complete reunion with the Divine Creator, a reunion The Council's insights are designed to help each of us achieve.

As for Mr. LePar, he will never say he is someone special. Simply put, all souls are created equal. That is a very significant point which The Council, and Mr. LePar in his endeavors, strive to get across: Each individual is a

wondrous, unique creation deserving the godly self-respect and love of which we are totally capable. It is that point which is the first step on the path of spiritual enlightenment, the path home.

Mr. LePar has been extremely psychic all his life and has had the ability to enter the extraordinarily deep catatonic trance state for almost 30 years. These abilities, as do all talents and gifts, come with a responsibility—that they be used in positive, constructive ways. Perhaps it is Mr. LePar's single-minded determination to fulfill his responsibility that sets him apart.

As for the quotes included in this work, they are arranged in groups reflecting their general focus—Spiritual Growth, the Family Unit, Health and Healing and so on. Some stand on their own, while others include a brief explanation or clarification, in italics, so the reader will understand the context in which the quote was presented.

## Chapter 1 Meeting The Council

*In the first three quotes words such as "situation" and "information" refer to the trance experience and the information gained from the trances.*

Our only request is that you show a certain amount of respect for the situation, for this is not a psychic experience but is a spiritual experience. There is a difference. A psychic experience, in most cases, is to fortify a present belief. A spiritual experience is to propel you ahead into a greater or more profound awareness. If you accept nothing else, as far as what we say, believe us when we say this is not a psychic experience but it is a spiritual experience. (139th Trance, lines 39-46)

Whenever you are in the service of the Lord, and believe us and believe us totally, it is demanding; it is time-consuming; it is work; and it is giving up of self; that we can tell you with an absolute guarantee. (70th Trance, lines 318-322)

Again, in the future we hope that all of you will exercise some wisdom, and please be sure you know what you heard, and please be sure you heard what you thought you heard. If you reserve judgment in certain things, you will find you will eliminate a lot of unnecessary anxieties, and if you would do one thing that is even more important than that and that is, have some faith in your Lord and Saviour Jesus Christ. If you are sincere in growing spiritually, and you really believe in our Lord, if you really truly believe in Jesus Christ, you will not be led astray. And if you truly believe as you say you do, then how, how, in our Lord's name, can anything wrong or evil come out of these communications? What we have said to each of you, and what we have said to all the others over all this time as you understand it, not one word has been anything, anything, other than the teachings of Christ, and those who try to cast doubts, beware, beware. We have proved ourselves as ambassadors of Christ, yet those who have not been tried by fire, those who have not been tried by time, attempt often to cast a doubting eye on what is transpiring. Such attitudes will not weigh heavy, if they are not corrected. You may challenge the world, and you may challenge anything that you choose, or anyone that you choose, you may even challenge us, but be cautious and be careful that you do not challenge our

Lord, for we will tell you a secret and again it is not really a secret, but the Lord accepts no challenges, for at the moment the challenge is placed, He has won. Those that challenge our Lord Jesus Christ have automatically lost, for in your Bible in those words of God, it states that Christ shall reign supreme in the end. Be thankful that our Lord Jesus Christ and God our Father love you dearly. At least you have some physical evidence that there is a higher activity, a higher nature, than the world that you perceive. You do not have the evidence in phenomena so much, but you do have it in thousands of pages of information. The consistency alone would be proof enough to the most ignorant of individuals. This is meant for some souls to be seen, so that they will believe, and those that have not seen, it is meant so that they move on faith. Blessed are those who move on faith, and good for those who have seen. (101st Trance, lines 197-233)

## Chapter 2

### Think

*The quotes in this section caution us to use our God-given mind to determine the validity of any information we encounter. One of the elements we should use to determine the validity of information is the consistency of the information.*

As we have said before and will continue to say, it is not necessary for you to accept everything we say. Your Infinite Father has given you a mind, and you must use that mind. Do not let another person or a spirit use your mind for you. One of your lessons or avenues of learning in the material is to take that God-given mind and use it. Think. Do not accept everything that is given to you, and at the same time do not throw away everything just because it does not presently suit you and the philosophy you have. Each of you, as are we, will evolve eternally. You are evolving now with every minute that comes into your awareness, it passes, it brings and takes, it brings and takes, every second, every minute, every hour, every day, it brings and takes. You are on a journey of growth. So use your God-given mind, think. Be wise enough to realize that what you cannot accept today, you may very well accept tomorrow. (139th Trance, lines 1027 - 1041)

You must remember, man will always try to commercialize on anything and everything. And it is the wise man who sees through that fallacy very quickly, and, of course, "wise man" means wise women, too. So, do not be fooled by all that you read and hear. Use a little common sense. (155th Trance, Lines 943-947)

Once again, we are privileged to serve you. Once again, we have the opportunity to demonstrate our love for each of you as spiritual brothers and sisters. Once again, we ask that you use your God-given mind, that you think, and that you accept only what you can accept at this time, but that which you cannot accept, do not throw away but simply set aside. What you believe today may be different tomorrow. Each of you are in the process of evolving, and as one evolves, one begins to accept more and more of what one originally ran away from.

As the spiritual cycle continues, the ultimate in acceptance will become more clear and more simple. The problem with man is that he attempts to hide from his rightful place and from his God, his Father, through a

smokescreen of complicated theories and religious practices and self-indulgent concepts. But the faster he runs, and the further he runs, the more he runs into the ultimate to what he cannot escape.

You were created to assist the Divine Father to share and to be a part of what lies beyond what you have created. It is a destiny that is almost inescapable, but since you were created in the likeness of this Divine Father, you will ultimately have the choice of rejoining Him or separating yourself from that Divine Source. One joy, one hope, that each of you may cling to is that in order to separate yourself from that Divine Source you will have to work harder at that than you will have to work at rejoining Him, re-uniting yourself more completely with Him. All things will eventually return to its place of origin. All things will ultimately return to that Divine Source. Run as you may; most likely you will end up running back to your rightful place. Why take the long way around? Open yourself up to that creator and shorten your path. (141st Trance, lines 22-51)