

SOLAR

The Newsletter of the SOL
Summer 2023



Association for Research
Volume 40 No. 2

God is Always with Us

That attitude of God only being with us in unusual circumstances still hangs over us today, and it shouldn't. Many people will say, "Yes, Christ is here, Christ is with us." But it is only words; they don't believe it. I think that we have been on a very slow inch-by-inch progression toward the awareness that Christ and God are right here, are within us. Many Christians take great pride in voicing the words, "Christ is here." Listen to them when they are not on their soapboxes preaching, and you see that they don't really mean what they are preaching. Then if you want some more proof, watch their lifestyle. Regardless of what we say, our actions are going to speak more truth than our words. When you find someone saying, "I believe in Christ and I accept Christ," and then you find them doing things that are not Christian, you know that they are not believing as strongly as

they say. Maybe as human beings we cannot have a perfect belief, but I am sure that everyone can improve their actions a little. If you believe that you are a representative of Christ and have accepted Christ totally, and you believe that Christ and God are present here and now, this should motivate you. Start doing the little things. The little things are easy to control. We may have a few problems that are much more serious. You gain strength in what is right by taking care of those little things.

The Jewish people at that time did not realize that their Messiah would be amongst them. Even though they believed that God was going to be a physical being, they still wanted to keep Him separate. They still wanted to keep Him outside. They didn't want to let Him into their life, into their community. It had to be some unusual occurrence. A human being born, disappear-

ing and then suddenly on the scene with tremendous powers. We always want to turn God into some mystical experience, because in that then we don't have any responsibility. Once we honestly admit in our heart that God and Christ are here right now, in this very room, then we must take a little more responsibility for our actions.

Examine yourself, think about your actions from the time you got up this morning until now.

How many things did you do today that you would be ashamed to do before your Lord if He were physically in front of you? How many things would you not do? Let me tell you, just because you cannot see Him does not mean He is not there. He is ever-present, ever-present.

You see, we are still almost in that same frame of mind, because we still do not recognize that Christ is with us, that God is with

continued on next page

William LePar

COMMENTS ON SPIRITUALITY



Editor's Note—This article is an excerpt from a book based on William LePar's Bible study classes that discussed the Gospel of John. Titled *The Eagle Soars Volume 5; The Book of John Chapter Seven, Interpreted by William Allen LePar*, the book is the fifth in the series examining the Gospel of John. It has recently been published and is currently available from SOL.

us. We talk it, but we don't really believe it. Some of us believe it at times, at other times no. We all fall into that category. If an individual ever could recognize or remember that He is always with us to the point where we had a conscious thought before us at all times, we would live a perfect life. I don't think that you would be around here very long. It isn't necessary to chastise yourself too strongly. Everyone does it. There is a certain amount of imperfection that we have to live with. We all must constantly work to better ourselves. Most of us have petty, little aspects about us that we need to work through. So, we start chipping at them until they disappear. A good life in Christ should never be a battle that takes anyone to the point of despair. We should always think of our daily life as

an exciting challenge. If we could remember what a great accomplishment it is when we eliminate one negative aspect from our being that causes us to do something wrong, what a tremendous step forward that would be. It is even more of an accomplishment today than two thousand years ago, because the world today is so permissive. We should feel good about ourselves, as we chip away, to improve our lives, trying to make it better. That is something that can never be taken away from you. It becomes a jewel in your heavenly crown.

In God's plan there isn't anything that is small. Every aspect in a godly life, every aspect in God's plan is as important as the next thing. All things are important to God. If you have a habit of being rude in the morning, you don't

wake up quickly, if you upset the household but you overcome it, be proud of that. It is a tremendous accomplishment. That is how you make yourself a better person. It brings you closer to God, these little things. Some people act as if their everyday life isn't worth anything, it doesn't contribute to society, it doesn't contribute to God's plan. There isn't a LIFE that isn't important. Your own life and mission are as important as some great spiritual leader. The way you live your everyday life is your mission.

To summarize: The Jewish attitude was that God only appears to mankind in very unexpected ways, only on rare occasions and with much grandeur and surprise. Christianity teaches quite the opposite even though we don't practice it

much. If God is to express Himself in the world only in unnatural occurrences, then God would seldom be in the world, especially today. A Christian believes that God can be found in the world in every normal thing, in every common thing. This means that He is always present. To a Christian, this world is not a place where God seldom invades or very seldom makes His appearance. To the true Christian, he looks upon the world as a place where God is never absent. He may be absent from some individuals, or He may be absent for us, but that is not His rule, which is our rule. Even in that, He is not completely absent from us. It is only that we refuse to allow Him to express through us. He is always there waiting for the opportunity.

SOLAR is published quarterly by SOL, a non-profit organization dedicated to research and education on spiritual and metaphysical topics. We encourage you to share your comments and insights with us. All articles are based on the insights and guidance provided by The Council through William Allen LePar.

The Council is a gathering of twelve souls who once occupied physical bodies on earth but who have since forever left the physical world. In their final act of love for humanity, they teach us to regain control of our lives and reunite with our Divine Source.

Send letters to SOL, P.O. Box 8878, Canton, OH 44711.

To email SOL use the "Contact Us" button at www.WilliamLePar.com

Web site at www.WilliamLePar.com

Copyright ©2023 by SOL

An invitation to be a member of SOL

Make your check payable to
SOL
and send to
SOL
P.O. Box 8878
Canton, OH 44711

- ☐ \$15 Member
☐ \$25 Sustaining Member
☐ \$75 Supporting Patron

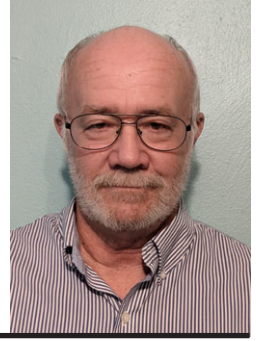
Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Everything Everywhere All at Once



Denny Highben

Everything is breaking down everywhere all at once. Or so it seems.

Confession: I never heard of the Academy Award-winning movie, “Everything Everywhere All at Once” until I read about its impressive performance at the Oscars. Look forward to seeing it.

But POW! It struck me that the title is the perfectly blunt and brief way to describe the realities of today. What a happy **accident**, that such a precise phrase would occur to someone else for a different purpose yet fit so well at introducing a myriad of concepts brought into physical consciousness through William LePar and his mystical union with The Council.

But POW! There really is no such thing as an **accident**. LePar and The Council made that clear throughout the 40 years that our physical consciousness experienced that unified presence. And their words remain available – and perhaps more applicable – to our

time than to any past generation.

But POW! There really is no such thing as **time**. We heard that time and again (couldn’t help myself!) from The Council, whose perspective from beyond the **physical world** is more impressive than any Oscar winner.

But POW! There really is no such thing as a **physical world**. (I could keep this up for dozens of other topics and concepts.) The Council had/has a way of leading humankind to water, as the saying goes, but allowing us the **freedom**, the opportunities, to decide how much we will drink.

And POW! That was/ is a primary purpose of what LePar and The Council, unified, laid upon the altar of the Human Spirit: to remind us that we – by our everlasting spiritual nature – have the **freedom** to choose. Until we won’t.

Explore or ignore. Our choice. With the freedom to choose, however, comes responsibility. We really should understand that and understand that without any prompting from a psychic or from a council of beings long freed from any need for a physical “schoolhouse.”

Responsibility ignored is freedom refused. It’s like not doing your homework when you were advised, time and again, that there would be consequences for that stubborn attitude. It is a choice.

Do not misunderstand. Our world is in a serious situation at this moment – better comprehended as this moment in our opportunity rather than at this moment in time. It really does seem as though everything is breaking down everywhere all at once and it all is quite real to us. That’s the point of this exercise, this educational experience that we know as physical life. It is just like the schoolhouses we were in before growing into adulthood: They existed to prepare us for the rest

of our lives, and if we flubbed the available opportunity yesterday, we won’t do as well today and tomorrow. And if we consistently refused to wake up and do our homework, we would finally quit or get kicked out. It was/is our free-will choice.

Just because the physical world is an illusion doesn’t mean that its beauties and burdens are not and will not be quite real. (That paddling my friends and I got in sixth grade for putting a “kick me” sign on another kid’s back was VERY real.) We take with us what we learn, including the abyss we create by choosing not to learn. We are here to learn real lessons and achieve real results, until the opportunity for schooling is gone.

William Allen LePar stressed that to focus on the world’s problems is an invitation to lose hope, to lose a clear

vision of what is vitally important for ultimate success. And that is how you as an individual soul interact with others in your own immediate environment. The Council added that to change yourself, to improve within the confines of your own immediate environment, is, in reality, to change the world.

LePar once said, "Responsibility is a privilege, not a burden." It might be added that responsibility IS freedom.

Bringing Joy to Ourselves

Five to one. That is the ratio of positive actions versus negative actions that build a successful relationship with people who are close to us. For people who we know causally the ratio is three to one. That is the opinion of behavioral scientists.

Having a positive attitude towards life helps us to perform positive actions.

There are volumes of research on what creates a positive attitude -- within a person -- a lot of points at early childhood environment.

If we were raised in an environment where love and



David Ries

self-respect were a constant, then the chances are that we will see the world from that perspective

However, if a person grew up in a family where trauma and a pessimistic outlook was projected, then that person will have a more negative world view. These negative perspectives can be modified and changed.

We can create positive actions if we were raised in a less than positive

situation. Creating a positive action begins with thought. We can translate good thoughts into good experiences whenever we begin to see the good in the smallest experiences we have. That requires us to live in the present, being mindful. Always remaining open to the blessings that we have will eventually lead to more contentment and joy.

There are three primary areas that I believe will help us to actively change.

One is having gratitude for the good things that happen to us, no matter how small they may be. I never was a person who kept a journal;

however, I do now. It is a great way to remember the good things that happened to me during the day. I try to take a few moments each evening to recall the good things that have happened during my day. I am often amazed at how many there are

The Council once stated that each of us experiences many miracles every day of our lives. It is just a matter of recognizing them.

Taking in the generosity of others and being aware when we have the opportunity to be generous to others adds to the positivity of our day. Those generous actions can be as simple as a smile or kind word to someone. This

marvelous quote from The Council says it all.

Questioner: What characteristics do we know, or can we see in ourselves that would be characteristic of our inner god?

The Council: Every time that you give freely of yourself; every time you stoop over to help a little child; every time you think of an older person who is lonely and you try to fill that loneliness either with a kind word or a smile or a telephone call; every time that you say good morning to an individual; every time you tell your parents that you love them; every time you tell your children that you love them; every time you do something kind for someone; every time you say to someone "God bless you." Lastly, notice your accomplishments, again, no matter how small, they are

accomplishments and are worthy of notice. This is important for several reasons. It gives us a sense of well-being that we have done something that we wanted to do. It motivates us to do more of the same in the future.

By continuing these three primary ideas listed above we can permanently change our brain processing! This is really an important point. The brain has neuroplasticity so that it can be changed by actively practicing those three tasks mentioned above. By working diligently, we begin to change our attitudes about life and the world we live in.

What we are doing by taking in the good is making it a part of our being. Taking in the good is a concept developed by Dr. Rick Hanson that involves consciously focusing on positive experiences and savoring them for a few moments,

so that they can be stored as lasting neural structures. This practice helps to counterbalance all of the negative experiences we have throughout life, allowing us to feel more balanced and fulfilled. It also helps create stronger connections between neurons related to happiness and contentment, which can lead to improved well-being over time.

Studies have shown that whenever we notice something beautiful, we should focus our attention on that, take five or six relaxed breaths and just focus. The time spent focused on the object of our admiration can actually change the pattern of the neurons in the brain. This leads to the statement by Mr. Hanson: Neurons that fire together wire together.

This phrase is often used to refer

to the concept of Hebb's Law, which states that when two neurons fire simultaneously, their connection becomes stronger. This means that through repeated experience, certain neurons will become more likely to fire together and form a stronger synaptic link. In other words, it suggests that experience can shape the way our brains work by strengthening connections between neurons.

There are several chemicals in the brain that play important roles in its function. Some of these chemicals, called neurotransmitters, help to facilitate communication between nerve cells. The brain releases several chemicals that contribute to feelings of happiness. These chemicals include serotonin, dopamine, endorphins, and oxytocin. Serotonin

regulates mood, appetite, and sleep. Dopamine is known as the “feel-good” neurotransmitter and is released when we eat food that we crave. Endorphins are released in response to stress or pain and can produce feelings of euphoria. Oxytocin is often referred to as the “love hormone” and is released during social bonding activities like hugging and kissing. By understanding these chemicals and how they work, we can take steps to activate the feel-good brain chemistry they provide to help improve our mood.

The Council: “To change your life into something more positive filled with greater joy and peace, change your consciousness ever so little, if that is the best that you can do, and your life will improve, your happiness will be assured, your joy and your peace will be yours.”

Conspiracy Theories -- Part One

by Tom LePar

Recently I gave a presentation at SOL’s Spiritual Dialogues meeting. I decided to talk about conspiracy theories. Conspiracy theories are one of my favorite subjects. People would often discuss conspiracies with my dad, William LePar. Some of these discussions happened when he was in his paranormal trance state. Before the internet, much of what we learned about conspiracies was by word of mouth, or hearsay. To research any subject back then was more difficult than it is today.

When SOL was established in the 70s, we visited the library or purchased books to do research. Books on conspiracy often bent the truth to support the author’s personal perspective. The real facts were in history books and those books were sometimes opinionated. So, there was no way for a novice to prove or disprove conspiracies. This is why some people questioned different conspiracies during LePar trance communications.

My father’s

psychic abilities led to the research and study group trance demonstrations. These public trance sessions addressed preselected topics and included an open question-and-answer forum. The Government Morality series of research and study group trances took place during the Reagan administration.

The LePar trance information does not endorse any political party or movement. This was a disappointment for a few people in attendance back

then. As I sat in the question-and-answer portion of those trances, aspects of government were discussed that were unfamiliar to me. Conspiracies were questioned I had not heard of before.

Today, conspiracy theories are spread on the internet. A few conspiracies circulating online today actually originated with the founding of the United States. Currently, opportunistic political groups will adopt older conspiracy claims

to spark our interest “phishing” for “likes” and “follows.”

Free to use social media services are not public services. Social Media companies are for-profit industries. These companies have the right to edit posts or ban members they deem detrimental to their network. Statista.com reports the industry is extremely profitable. Globally, all social media companies combined reported \$153 billion (about \$470 per person in the US) in gross income last year.

There are quite a few different social groups and political activists who network on social media. It is common for political enthusiasts to post claims of inside information leading us to the latest conspiracy. These political posts have compelling

views on issues like immigration, the right to life, and gun control. This political propaganda may appeal to us and is called influencer marketing. However, if we examine the facts, we will find many posts on conspiracy unrealistic, and some of them have underlying political intent.

One political movement networking online today is the Sovereign Citizen Movement. Adherents claim there are loopholes in the Constitution that allow informed individuals to declare themselves “free” citizens. Devotees call themselves true patriots of the Constitution or refer to themselves as Constitutionalists.

Activists attend seminars and learn to evade law enforcement, avoid taxes, and to use

paper terrorism to overwhelm the courts. Often you will see “traveling citizen vs commercial driving” videos on YouTube. Hardcore proponents are lawless, believing declaration of Sovereign Citizenship allows them immunity from prosecution. The sovereign citizen movement runs parallel with other dark conspiracy theories including anti-vaxing, anti-government, and promotes “common” law practice. This movement originated with former members of the John Birch society and by 1980 was integrated into similar anti-government groups.

Another popular movement interfacing online is QAnon. QAnon advocates support the “big tent” theory. The big tent theory is a catch-all reference of online exposure to conspiracy called

“the cause.” QAnon focuses on posts made by an internet personality known as “Q.” These claims are relayed, supplemented, and reposted to promote the cause. This movement revolves around the belief political war exists between the “deep state” left who plot against the conservative right. Q makes the claim he is a high-ranking government official with top secret clearance.

Originally, Q posted his predictions on a social media platform called 4Chan. These predictions are called “breadcrumbs,” or “Q-drops” and are reposted by QAnon “bakers” on mainstream social media. Websites like YouTube, Reddit, Facebook, Twitter, and others have banned all known QAnon bakers from reposting these fabrications.

A Note from SOL:

God Bless you and your family,

Due to printing difficulties this June newsletter is late. Sorry for the inconvenience.

Spiritual Dialogue: All meetings at St Paul's Episcopal Church

July - no meeting due to the holiday

Aug 5 - meeting at 7:00pm

Sept - no meeting due to the holiday

Oct 7 - meeting at 7:00 pm

Nov 4 - meeting at 7:00pm

Dec 2 - meeting at 7:00pm

Annual SOL conference is Oct 14th at Dogwood Shelter, more information in the Sept newsletter. Hope to see you there.

Nancy

For additional information on calendar listings, SOL membership, or books for sale, write to SOL, P.O. Box 8878, Canton, Ohio 44711. Or you may visit our website at www.WilliamLePar.com

Return Service Requested

A Non-profit Organization

Canton, OH 44711

P.O. Box 8878

SOLAR