

Holiday Messages – Part 2

Trance Library File No. 15-132

SUGGESTIONS ON READING THE TRANCE LIBRARY FILES

by

WILLIAM ALLEN LePAR

I appreciate your interest in the information we have been receiving from [The Council](#), the spiritual source which speaks through the Trances. In all the years that I have been manifesting the Deep Catatonic Trance, I have learned a great deal from The Council, and I earnestly wish that you also gain a greater understanding of our existence.

These Library Files present information from The Council over a vast range of topics. In some cases, the information presented comes from one or two Trances that were usually held consecutively, within a few weeks or months of each other. In other Library Files, the information is selected from Trances held over many years. In all cases, if you study these Library Files carefully, you will notice a common thread of awareness that runs through all the information that The Council presents.

You may also notice that by the manner in which The Council presents the information, it becomes evident that they are layering awarenesses and insights. The observant reader will realize this progression of awareness and the unfolding of these insights.

These Library Files will not reveal their deepest insights to you with a casual reading. You must study them and reflect upon them. I would advise you to read the Library File at least twice and reflect on the information that The Council gives.

Again, thank you for your interest. I sincerely hope that you benefit from the Council's wisdom.

Sincerely,

SOL

AN INTRODUCTION TO THE COUNCIL

by

William Allen LePar

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and means something far greater than what we normally have been taught to understand as "spiritual beings."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description from The Council, we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit The Council's own personal description of themselves.

THE COUNCIL SPEAKS OF THEMSELVES

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection until finally the soul, the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mergence or merging with other beings; where all ideas of limitations, all awarenesses of false limitations, have been done away with; where the person or the soul or the entity begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself. Once a soul or entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity has its own personality, yet delicately flows in and out and with other souls but yet maintains its own personality, its own being. The soul, the entity becomes more god-like in that it becomes part of all things, yet maintains its own personality, its own being. Once a soul has reached this level then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited **Child of God**, one who is so developed that no name could ever describe him. That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we souls have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the **physical plane**.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who come to us some idea to relate to or some concept that they can relate to.

THE TRANCE PHENOMENON

We believe The Trances of William Allen LePar are the rarest paranormal experiences known to modern man. The only example of a similar phenomenon ended with the death of [Edgar Cayce](#) in 1944. The Council's unparalleled revelations, through Mr. LePar's trances, are made available to the public through the SOL Association for Research. His time and efforts are without compensation, and SOL is a non-profit, tax-exempt concern dependent on the commitment of volunteers.

The following is a brief explanation of a Trance, so those without the opportunity to participate have a better understanding of the phenomenon. On the day of a Trance, Mr. LePar remains in a peaceful environment. He consumes little food and The Council recommends his diet include red shellfish. He engages in considerable prayer and meditation throughout the day.

Those participating in a Trance, to question The Council, gather about a half hour before the session for socializing. Nancy LePar, his wife, is always the last to leave her husband before a Trance begins. She sits with him in a separate room as he quiets himself with prayer and meditation. When she enters the room in which the trance is to be conducted, all talking and noise cease. Soon he enters, silent and already in an altered state. With everyone seated and quiet, he enters, removes his slippers and positions himself on the floor.

He wears, as instructed by The Council, loose clothing of all natural fabric. Also, Mr. LePar wears no metal other than a wedding ring and cross. As he rests his head and bare feet on pillows, he maneuvers his body into alignment with magnetic north. Those participating, following instructions from The Council, are to place themselves in a quiet, prayerful state as until this remarkable source begins to speak. There are two distinct time periods in the linking of LePar's spiritual vibrations with those of The Council. The first period concludes with LePar's extremely deep and rapid breathing, a form of [hyperventilation](#). His hands, folded across the abdomen, quiver; his left leg stiffens and his left foot extends. Then, suddenly, silence. It seems almost as if he has stopped breathing. Finally, The Council begins to speak -- slowly at first, repeating the name of the Trance moderator, until the link with the physical world is ready. It usually takes about thirty minutes from the time Mr. LePar lies down until The Council speaks. But on some occasions, for a variety of reasons, it can be as long as 45 minutes.

Once The Council begins to communicate, a Trance usually lasts between ninety minutes and two hours. The Council is offered the opportunity to give the gathering an opening statement, which has always become a segment of information useful for universal spiritual growth. Then, the trances follow a simple question-and-answer format, beginning with written questions and continuing with follow-up questions raised by The Council's comments. At some sessions, there are so many follow-up questions that only the first question asked will be from the list of written questions.

Afterwards, when Mr. LePar awakens, he remembers nothing. His memory is blank from the time his wife leaves him before each session until he awakens at the conclusion of the Trance. He is always physically drained, cold and disoriented. He is helped to a seat, wrapped in an afghan for warmth, and given a slice of bread and a glass of orange juice to help him recover.

We hope you profit from the information in these Trance Library Files. If reading a particular file gives rise to a question, we encourage you to contact us for more information. Thank you.

FOREWORD

The Council has told us on many occasions that truth has always been available to mankind from the very beginning. As you read this Trance Library File, you may note similarities to information from other sources. You will also encounter new information. You may be surprised by some of the information revealed by The Council, to the point where it strains your credulity. The Council realizes this, and so they often begin a Research Group Trance with an opening statement such as this:

Again, a reminder as we have said before, we ask that you think about what we have said, the answers to your questions. It is not necessary to accept everything we say, but we do ask that you take the time to think on what we have said and hold it for possible use or acceptance at a later time. What is most important is that you do think, that you exercise your God-given mind. Use what you can use and store away that which is not serviceable at this time, for if you wish to see a dawn tomorrow with its clear blue skies, you must make ready for it now. If you cannot believe that tomorrow will be a better day than today, then it will not be so for you. If you do not carry the light of tomorrow, then where will it come from? If your tomorrow is not planned for today, then how can it exist? Forearmed with the knowledge of the path you are presently traveling, you are then in a position to create a better path for your travels tomorrow. The outlook for the children of the Divine is definitely a bright and sunny day. Only you can make the decision as to what your tomorrow will be. We have one distinct advantage over each of you, and that is we have gone through the process of life that you are presently experiencing and in those activities we have learned that one must never narrow their vision down to what they prefer to see, but it is great wisdom when one is willing to look at the total picture, even those segments that one wishes were not there.

Always keep this concept in mind: Use what information you can, and that which you cannot agree with, put it aside for now. Do not discard it, for you may find it very useful in the future.

IMPORTANT

TERMS AND CONDITIONS FOR USE OF TRANCE LIBRARY FILES

1. PLEASE DO NOT RETAIN THESE LIBRARY FILES.
2. THIS MATERIAL IS COPYRIGHTED. KEEPING A COPY IS PROHIBITED.
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6. PLEASE REQUEST ADDITIONAL FILES BY EMAIL SO THAT WE CAN REPLY QUICKLY.

DISCLAIMER

These Trance Library Files are verbatim transcripts of psychically derived information. This information was given in response to questions posed by individuals in attendance at the Trances. These transcripts are presented for informational and educational purposes only. They should not necessarily be considered applicable to situations other than those of the person asking the original question. **SOL cautions that this information should always be considered in its original context.** SOL advises that the reader exercise judgment and common sense when considering this information. SOL cannot take responsibility for any abuse of the information contained in the Library Files.

From thousands of transcript pages, SOL has compiled the Trance Library Files, and will continue to do so in the future. Some of the information has come to us in concentrated form, while other Library Files are compilations of material given through the years.

As you experience more Library Files, you may occasionally notice the same or similar bits of information in different Library Files. This is done to maintain the integrity of The Council's message in each subject area. Please enjoy your encounters with the words of The Council. SOL heartily endorses the spiritual and educational value of these Library Files and firmly believes great benefit can be derived by those approaching this information with a sincere desire for greater understanding of themselves and their world. The material in this Library File is copyrighted and may not be reproduced without the written permission of SOL.

EXPLANATION OF TRANCE LIBRARY FILE FORMAT

Reincarnation⁽¹⁾

page 31⁽²⁾

Selection # 16⁽³⁾

Reincarnation⁽⁴⁾ was discussed on 80-06-28⁽⁵⁾, the 78th Trance⁽⁶⁾.

The word "reincarnation was first found on page 1235, in line 387⁽⁷⁾.

386⁽⁸⁾

387 ***:⁽⁹⁾ Since we believe in reincarnation, and apparently have experienced death a number
388 of times, why do the majority of us fear death, and why do we not have a conscious
389 awareness of what it is like beyond the veil?

390

391 C:⁽¹⁰⁾ If you have reincarnated then evidently you have not fulfilled or let us say you
392 have not taken advantage of the opportunities available to you while in the material
393 manifestation, thus you have relegated yourselves to the man-made heavenly realms. The
394 fear comes from a degree of awareness of the conditions in the man-made heavenly realms.

NOTES

(1) **Title** - This is the topic of the Trance Library File.

(2) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.

(3) **Selection** - This number indicates the chronological order of this block of information in the whole of the Trance material.

(4) **Key Word** - This is the search word used for this selection.

(5) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (80-06-28).

(6) **Trance Number** - All of Mr. LePar's Trances have been numbered chronologically beginning with number one. This number indicates from which Trance this selection was drawn.

(7) **Master Volume Information** - All information from all Trances is transcribed in chronological order into the SOL Master Volume. This line indicates the page number and line number as found in the Master Volume.

(8) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.

(9) **Questioner** - The symbol *** indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.

(10) **Council** - The symbol C: indicates that The Council is speaking.

EXPLANATION OF TRANCE LIBRARY FILE FORMAT

79-12-01⁽¹⁾

Life After Death - Part 1⁽²⁾
Trance #2⁽⁴⁾

page 21⁽³⁾

This trance was the second trance in the Research and Study Group series. The Trance was attended by William LePar and (***) (***), (***) (***), (***) (***), (***) (***), (***) (***), (***) (***), (***) (***), (***) (***), (***) (***), (***) (***), and (***) (***).⁽⁵⁾

1⁽⁶⁾

2 C:⁽⁷⁾ May the Peace and the Joy of the Infinite Father be upon you, and may His Light
3 shine down upon you and around you and within you.⁽⁸⁾

4

5 ***:⁽⁹⁾ Thank you. Are you ready?

6

7 C: Yes, we are ready.

8

9 ***: Would you agree with the statement that Jesus Christ came into the earth in human
10 form and is both man and God?⁽¹⁰⁾

11

12 C: Yes, we acknowledge that Jesus Christ is both man and God and that He did come
13 into the material manifestation.

NOTES

- (1) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (79-12-01).
- (2) **Title** - This is the topic of the Trance Library File. If a subject requires more than one Trance Library File, then the file is divided into **Parts**.
- (3) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.
- (4) **Trance Number** - This is the number of the Trance within the Research and Study Group Trance series.
- (5) **Identification** - This paragraph identifies the Trance and the persons in attendance. Individuals are identified by the symbol *** to maintain confidentiality.
- (6) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.
- (7) **Council** - The symbol **C:** indicates that The Council is speaking.
- (8) **Greeting** - The Council always opens with a greeting.
- (9) **Questioner** - The symbol *** indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.
- (10) **Test of the Spirits** - As outlined in the First Letter of John this test is given at the start of each Trance.

Easter was discussed on 75-12-19, the 16th Trance.

The words "Bethlehem" was first found on line 90.

89 ***: Do you wish to share with us what the Star of
90 Bethlehem was?
91
92 C: There have been many explanations by man as to what exactly was
93 the Star of Bethlehem. Some of the explanations attempt to discredit
94 what the meaning of the Star represents. In their attempts they only
95 verify and add to the fact that such an occurrence did happen.
96 What they choose to discredit they only substantiate, if
97 one is wise enough to listen to what these have to say. We are
98 not referring to the conventional idea of the Star of Bethlehem.
99 Do you understand this?
100
101 ***: I believe so.
102
103 C: Very well. It should suffice to say that it was a guiding
104 force for the Magi. Man should look upon this also as a guiding
105 light by which he may obtain the Christ Consciousness. As the
106 Star of Bethlehem guided the wise men to the child Jesus, the
107 Divine Son of God, so should the light guide the wise men of
108 today to Jesus Christ, the Only-Begotten Son of God, both Divine
109 and Man. It is not important exactly what the Star was, whether
110 it was a light placed in the heavens by God or whether He collected
111 the constellations in such a manner so they appeared to be what
112 they were not, exactly. This we feel answers your question. It
113 is an answer that a wise man will look upon and think about. This
114 is a question that is for everyone. This answer is not restricted

115 only to you. This is a question that not only benefits you, if
116 you consider it and its answer but also will benefit many, many,
117 many others.
118
119 ***: Thank you.
120
121 C: You are welcome.
122

Easter was discussed on 76-04-09, the 19th Trance.

The words "Jesus the Christ" was first found on line 1504.

1497 C: At this time of the year man chooses to celebrate
1498 an event that is the crowning glory of all that there is. From
1499 the beginning of time the Father gave man a Promise and so it was
1500 through all the ages, through all the eternities, God the Father
1501 kept His Promise. In that time something less than two thousand
1502 years ago, the Father sent His Love, His Divine Love into the
1503 physical, into the earth plane creating an actual, living human
1504 being, this was Jesus the Christ. And through His years living a
1505 life that was done so to make it easy for all to reach a conscious
1506 level that is called the Christ Consciousness. His lifestyle is an
1507 example that each and every one of you should live. Do not become
1508 infatuated with Jesus the man but Jesus the Christ. The Christ or
1509 the Love did make its way in and across the earth through the man
1510 Jesus but one must remember that the man Jesus was the creation of
1511 the Christ or the Love of the Father. We are not detracting from the
1512 man or from Christ, but we are offering an explanation. Do not think
1513 less of one or more of the other. As He lived His life, so
1514 should you live your life, and His life was led by the Commandment
1515 which He gave you all as He gave us, and that is to love one
1516 another. Love one another to the point that if you are called upon,
1517 if you are called upon, to give up that life, you will gladly, you
1518 will gladly. In attempting to do this, in living an imitation of
1519 Christ's life with the sincerity in your heart, you will reach
1520 perfection. You are not asked to die on a cross. Many times we ask
1521 and we state that you destroy self, that you pick up your cross. We
1522 do not mean this in the literal words. We mean this in your day to

1523 day actions. Do what you must do to live a good life. Do not move
1524 away from it. Do not accuse others of your shortcomings. In your
1525 places of employment, do not use your positions to raise yourself.
1526 Do not use your positions to harass and destroy others for you.
1527 In your family by all means do not use your position whether it be
1528 a father, a mother, or a child to destroy another member of the
1529 family or to use other members of the family. This is not love,
1530 this is selfishness. Remember: this is the time of the year when
1531 man has chosen to celebrate the apex of the Christ Consciousness,
1532 the completion of the Christ Consciousness. Jesus Christ the God,
1533 Jesus Christ the Man did give His life, did suffer the tortures
1534 that man applied to Him, the lashes, the spitting, the insults,
1535 the carrying of the cross, to die a very humiliating death and then
1536 come above it and rise up with a newly created body, one that man's
1537 eyes could not quite understand, the perfection of the Christ
1538 Consciousness. The same perfection that all of you can obtain
1539 to a degree. Some may rise above death, but that will be very few.
1540 Know that when you enter death, you enter the new life. Be
1541 positive in your existence, so that when you enter the new life, the
1542 real life, you have some thread of the Christ Consciousness within
1543 you. At least be able to say to yourself that you have sincerely
1544 tried to live a Christ-like life. God the Father promised us a way
1545 from the very beginning of eternity, and He has kept His Promise. It
1546 is an easy way. Do not be so selfish that you cannot take advantage
1547 of the easy way that the Father has given you. Use the Love
1548 that He has given you. With this we wish to bless each and every
1549 one of you in our own way as God the Father has blessed us and as His
1550 Divine Son blesses us, we extend that which they gave us to you
1551 as a direct gift not from us but from them using us only as a
1552 channel. May the Blessings of the Father and His Son Jesus Christ

1553 be upon each and every one of you. Accept this and gain strength

1554 from it. Thank you very much. Accept the blessings of this time

1555 of year. Celebrate with joy in your heart the risen Christ.

Easter was discussed on 78-03-18, the 40th Trance.

The words "resurrection" was first found on line 1105.

1103 C: At this time of the year when we are given proof of those things
1104 that are in store for us beyond and after this physical expression we
1105 wish that you accept our prayers for your final resurrection from the
1106 ways that you and we at our time in the physical have helped to
1107 create because of our selfishness, so as now we have left the karmic
1108 wheel, we pray that you all will soon shake that from your existence.
1109 May the Love that our Divine Father expresses to us may we in some
1110 way impart it to you and you then impart it to your brothers and
1111 sisters.

Easter was discussed on 79-03-12, the 59th Trance.

The words "Lent" was first found on line 723.

723 C: In the minds of man when the time of Lent is at hand, most men
724 think of giving up or doing without, and in most cases man chooses
725 the simplest and easiest thing to do without. The time of Lent, man
726 should look upon as an imitation of the sacrifice of the Lord Jesus
727 Christ; the time when He gave up His life for all of us; and so man
728 attempts to feebly imitate this by giving up candy or a TV show or
729 some silly little nonsense such as that.

730 What man has failed to recognize is that Christ not only gave
731 up His Life, but He also did something very special for each and
732 every one of us, each and every one of you, and that is to bring in
733 an era of Grace; an opportunity was given to each of you and us to
734 obtain the highest possible perfection in the material. He laid
735 that bridge from total chaos to complete peace of mind for you and
736 for us. He did not give up so much as He DID; and so during this
737 time of Lent, would it not be wise if man more closely imitated
738 Christ in DOING instead of giving up? Why is it man should give up
739 trivia, when Christ gave up His Life? What man should do, is do as
740 Christ did: He did something constructive in that He built a
741 bridge from chaos to peace, from earth to heaven, from you to His
742 Father, God; and so, at this time of the year let man also imitate
743 Christ in DOING.

744 During this time DO something that is constructive, that is
745 holy, that is good; help someone every day. Do not allow one day to
746 go by without making an effort to help someone. Either help them
747 physically or spiritually. Tend to their needs, physically or
748 spiritually. If there is an old person who needs help, help them.

749 If there is a young person who needs help, help them. If all that
750 you can do is say a prayer for an individual, then by all means do
751 that. Try in some way during this time of Lent to express the
752 godliness in you by opening yourself to doing for someone else. Do
753 not let this time of the year pass by in vain. Do not let this
754 time of the year pass by without an accomplishment on your part;
755 and great steps forward can be made by a simple gesture of kindness
756 and love to someone else each day of Lent. As you smile on one
757 of the lonely and lowly of God's children, so does God smile upon
758 you, and as you bend over to help someone in need your Lord God
759 bends over to help you in your time of need.

Christmas was discussed on 80-12-07, the 85th Trance.

The words "Christmas" was first found on line 1278.

1277 C: We do wish to extend our love to all of you in
1278 hopes that each of you will have a very Blessed and Holy Christmas
1279 and too that you all have a peace of mind from this point on in
1280 your life. We hope that you have a peace of mind and a peace of
1281 the soul and the heart. We ask that you accept the Blessings that
1282 we receive from above, those that we wish to share with you, we ask
1283 that you accept them. We ask that you remember the coming season
1284 and we ask that each of you try in some small way to bring yourself
1285 closer to your God through His Son Jesus Christ. We ask that maybe
1286 just once you can spend an extra minute in silence to allow Him to
1287 speak to you. Allow the Lord to touch your awareness. He waits
1288 patiently. Just as He waited to be born into the world, He waits
1289 to be born into each and every one of you. Our prayers go up for
1290 you, that you open your heart to Him, for it is only through Him
1291 that we will be together with you. Blessings to all of you and the
1292 Blessed Holiday you all deserve.

Christmas was discussed on 80-12-20, the 86th Trance.

The words "Birth of Christ" was first found on line 62.

62 C: As you celebrate the Birth of Christ Jesus at this time of the
63 year, man's heart seems to soften somewhat. Hopefully, man's
64 heart will stay open past this season that you celebrate for that
65 is the intention of the occasion you celebrate. Somewhat less than
66 two thousand years ago the Old Covenant that the souls of God's
67 creation had with Him came to an end and a New Covenant began.
68 For God's Creation to reach that state that they justly deserved,
69 there was needed a Mediator or a Bridge to span the gulf that man
70 has placed between him and his Creator. This Bridge, this Link,
71 this Way, will soon come to an end in an age or a generation as
72 some know it, in a little over two thousand years from its
73 beginning. At that point then those created souls of the Divine
74 will be prepared for a new existence, a new experience. Even at
75 that those who, shall we say, linger behind will be given an
76 opportunity to open their hearts in a manifestation of love. As
77 the new way, as some feel it is, reaches its ultimate state, it is
78 in fact only a return to the original concepts or attitudes; made
79 somewhat clearer; made somewhat more accessible. As this season
80 passes in your time, leave it not pass in your hearts; leave the
81 door of your temples open so that others may see what the heavens
82 above hold in store for them. The only key or the only secret to
83 one's unity with this Divine Essence is the actions of love; even
84 though they should be somewhat imperfect, this is the key, this is
85 the steppingstone to the next existence. Our prayers go out to
86 each and every one of you, to all our brothers and sisters; that
87 the door to the temple never close again; that it be pushed even

88 further open so the glories of the inner temple can be beheld
89 by others, and that they use this as a stimulation to themselves to
90 open up their doors so that all of Creation can once more shine
91 with the Light of the Divine Himself and the divine of each of you.

Easter was discussed on 81-04-10, the 92nd Trance.

The words "Resurrection" was first found on line 59.

47 C: As souls in search of a holiness, a quest for spiritual
48 growth, one should be very much attuned to this season of the year;
49 one should develop a sensitivity within them and realize the
50 holiness that your holidays signify. Far too often man is too busy
51 to sense the change that comes upon the earth at those times that
52 are signified for a celebration of a spiritual triumph. On this day
53 in a time past our Lord and yours gave up His Life not for His
54 wrong-doings but for the condition of the world that the souls had
55 created or the condition of the world that man brought upon
56 himself. In a sense this should bring great sorrow to man for the
57 innocent blood shed; yet for the promise of a new life the innocent
58 blood must have been shed. In a short time, as you understand
59 time, you will celebrate the Resurrection, the signification of a
60 new life that each of you are capable of obtaining. The Lord
61 Christ shows His Glory, His Magnificence, to you in the
62 Resurrection. He shows you what is in store for you as you achieve
63 to grow closer to your God and ours; it shows the great Love that
64 God your Father has for you, each of you. In your own way
65 demonstrate your lovingness to your God, by showing concern and
66 love for those around you. One of the greatest examples that
67 Christ gave to man was His unending Love for each of you; that Love
68 still goes on and is still present for you to accept. Show your
69 appreciation by demonstrating a love for each other, a
70 consideration for each other, and let that go beyond your small
71 sphere of existence. Let your good feelings for others travel as
72 far and as wide as is possible. Rejoice in the awareness that your

73 existence does not end with death but only changes and continues
74 according to your actions, according to your heart, and according
75 to the love you are willing to share with others. Allow yourself
76 to be resurrected from your present state; open your heart to the
77 needs of others. Let that love flow out so more can be replaced
78 within you. Let yourself be renewed by God's unending Love for
79 you.

Christmas was discussed on 82-11-20, the 110th Trance.

The words "holiday" was first found on line 1378.

1374 C: We hope that all of you realize that just as you give
1375 gifts on the birthday of our Lord, you can give far greater gifts
1376 every day of the year through a loving smile. May you always allow
1377 our Lord and God be everpresent in your day's activities. May you
1378 and your family and friends have a very joyous holiday, and may the
1379 coming year be a year of greater happiness and greater joy.

Christmas was discussed on 85-11-15, the 134th Trance.

The words "holiday" was first found on line 818.

818 C: May we ask a favor of each one of you that as the holiday
819 seasons draw closer and your heart is filled with more joy, more
820 thankfulness, and more desire to share and to see joy in other
821 people and in other hearts, may we ask this of you that when the
822 season is gone, that you continue to have that desire to share, to
823 laugh, to give joy to others. It is such a beautiful sight from
824 here when we see the glow that emanates from each of you and from
825 all of Creation as this season of love approaches. We only ask
826 that you allow that glow to continue after the official season is
827 over. May that Christ that you celebrate coming into the world be
828 everpresent in each and every one of you. May your hearts always
829 reflect that anointed state. May you always demonstrate your
830 christliness all year long. May we wish each of you and your
831 families and your friends and your little universes a joyful season
832 and a year of more prosperity, enlightenment and joy.
833 May those Blessings we receive from our Divine Creator be
834 accepted by you and our willingness to share them with each of you
835 and your loved ones.

Christmas was discussed on 85-11-29, the 135th Trance.

The words "holiday" was first found on line 46.

24 C: There are times when individuals seem to find many problems
25 come their way, dissatisfaction, insecurity, a lack of joyful
26 experiences, and they have the tendency to want to look in the
27 direction of everywhere but themselves as the cause of such
28 dilemmas. If you are experiencing unhappiness, if you are not
29 experiencing a contentment, look at yourself. Look at your past,
30 examine your past, because what you are experiencing today is the
31 path that you have laid yesterday or the day before or the year
32 before or two years before that. We would suggest that if you find
33 yourself in such a situation, meditate on the condition and the
34 answer that means the greatest sacrifice on your part, accepting a
35 more humble position will usually be the answer to the problem. But if
36 you do not meditate, you will wander around chasing your own tail,
37 rationalizing your own activities and burying yourself much deeper,
38 and who knows, maybe dragging down with you other innocent people.
39 So, we suggest that if life does not leave you with a sense of joy,
40 it is because you have not created joy for you to experience.
41 Now, to each of you, it is more important for each of you as a
42 member of our spiritual family to realize the beauty of this
43 season. It is more important for each of you as a member of our
44 spiritual family to realize this season because each of you are
45 teachers, are examples, that others will look at. This season,
46 this holiday time is marked by gift-giving, and it is based on the
47 the gift that God the Father gave to each of you and to us and that
48 is His Love, His Creative Power, His Son our Lord and Saviour Jesus
49 Christ. But each of you as fathers, and we use that generically,

50 can give to the world your son, and that is your own personal
51 spiritual love, and we commission you in the name of our Lord to
52 spread out your brotherly love to all that you come in contact with.
53 Be a personal emissary of our Lord's Love, just as we are His personal
54 emissaries to you. May the rebirth of His Consciousness into the
55 world at this time of the year help you to realize more deeply and
56 more profoundly His Love for each of you and His Everpresence in the
57 world and in each of you personally. Allow Him to love your
58 neighbor through you. Allow Him to be reborn into the world
59 through you. We wish each of you personally and your families and
60 your friends a most blessed and joyful Holiday, and may your voice
61 rise up with ours in wishing our Lord a Happy Birthday.

Christmas was discussed on 87-11-20, the 151st Trance.

The words "holiday" was first found on line 688.

652 C: This is the time of the year that man begins to think again,
653 that time when a new era, a new experience came to the world. Man
654 begins to remember the birth of the Christ Child. An event that
655 happens to each of you, day in and day out. Just as the Christ
656 Child was born into the world at this time, so the Christ was born in
657 you at the moment of your conception. As the Christ Child showed the
658 world the benefits of love, of compassion, of caring, and of
659 thinking, and of an unconditional love, these too you can show the
660 world because they are in you. It is a matter of allowing them to
661 come out.

662 Truly celebrate the birth of the Christ Child, the Savior, by
663 allowing yourself to give birth to an unconditional love. It is not
664 something that you must create. It is only something that you
665 should release, because deep within the very fiber of your spirit,
666 the very essence of you is that unconditional love that layers
667 itself over and over through all the dimensions of your total being,
668 waiting there patiently to be released, to be born, to be
669 experienced. How much easier your lives would be, how much less
670 challenging your lives would be, how much more productive your lives
671 would be, if you could allow that one aspect to show. Once that is
672 released, then all other things follow suit: compassion, concern,
673 love, are all there, free for the acceptance. Spiritual growth
674 comes without any effort whatsoever. The destructive ego is turned
675 in or recreated into self-esteem which only allows for greater
676 growth and more creation. The Christ Child established all these as
677 a way of life. The Christ Child reaffirms these in life. Assist

678 the world, assist yourself. Help the world to grow. Allow yourself
679 to grow. Let your life become easy and filled with joy. Show your
680 ability to love without condition, without reservation. As we said
681 before, life in the world today is a series of compromises.
682 Eliminate that stressful life, that uncertain life. Experience the
683 act, the art, of unconditional love, and you will never find a need
684 to ever compromise again. You will find an assurance of your
685 spiritual growth, a knowing, that after this lifetime you will
686 experience nothing but absolute joy, absolute love.
687 May that love that the Christ Child established in the earth be
688 part of your holiday. May it bring to you the peace of mind and the
689 prosperity that as children of God you justly deserve, and let that
690 love, that prosperity, and that joy be shared with your family, your
691 loved ones, and your friends, and may your life always be filled
692 with joy and prosperity.

Christmas was discussed on 87-12-05, the 152nd Trance.

The words "Bethlehem" was first found on line 258.

248 C: Let us ask each of you: Give birth to that Christ that is in
249 you. Let that infant love, that unconditional love, usher forth,
250 nurture it, bring it to maturity, share it with the rest of the
251 world. Let that light be added to the Universal Light of Christ.
252 Let your experience, your breath, that inner light in you, be added
253 to the Light of Creation, to the Light of God the Father. Let each
254 of you give birth to Christ. Reaffirm His Existence, and in so
255 doing you reaffirm yourselves. Start with your families, with your
256 spouses, with your mates, with your children, and let it spill over
257 to the rest of your family, your friends, and the world. Let them
258 come to you and adore the King that was born in Bethlehem. Be the
259 pathway that lights those who walk in the darkness. Let your faith
260 guide those along the same path back to Christ and then to God the
261 Father.

Christmas was discussed on 88-11-12, the 160th Trance.

The words "holiday" was first found on line 595.

591 C: It is that time of the year when mankind begins to experience
592 a softening of their heart. The religious holiday season comes
593 upon mankind and he reacts to the commercialism of a holy time of
594 the year. Let us suggest that each of you begin to look at the
595 real purpose of the holiday. It is a celebration of life. It is a
596 celebration of a new life. It is a celebration of a Birth, a Birth
597 that brought to mankind a way of life, an attitude of life, and a
598 purpose in life. That Birth brought a Being into man's presence
599 that was full of love, full of kindness, full of consideration.
600 Let us make a suggestion for this holiday that is coming.
601 Give as you have given in the past, but instead of purchasing a
602 gift, make a gift and give it, or write a message of well wishes to
603 those that you love. Turn this holiday season into the spiritual
604 season that it once was. Most all of you have more than what you
605 need. Do you truly need any more material things? Ask yourself:
606 Wouldn't you rather have the knowledge that someone loves you and
607 cares for you than to have another bauble or bangle? Let us
608 suggest that you think about a perfect gift to give all those
609 that you care for, and that is a gift of concern, a gift of
610 well-wishing, and a gift of unconditional love.
611 May this holiday season bring each of you and your families a
612 holiness and a love that will sustain you through the entire year.

Christmas was discussed on 88-12-02, the 175th Trance.

The words "Christmas" was first found on line 864.

863 C: As we have said in the past at this time of the year, it is so
864 easy to be loving during the Christmas celebration. Why? Why does
865 it seem to be more easy to express love at this time of the year?
866 It is the attitude that you have that makes it easier, not because
867 it is a particular time of the year. You can have that same
868 attitude 365 days of the year if you choose. You do not need the
869 advertising agencies pumping you full of love and giving. All you
870 need is your own divine advertising agency that lies within each of
871 you giving you permission to give of yourself. It is there 365
872 days out of the year. It will be there for all eternity.
873 Unlock the doors to your heart, and let that life, that kindness,
874 that thoughtfulness, always flow out of you because the more that
875 comes from you, the more you are able to receive. Do not be a
876 person who loves today and judges tomorrow because every judgment
877 you pass on others will certainly come back to be passed on
878 you. Every time that you have loved and given to someone else
879 will certainly be returned to you and be given to you. We ask that
880 each of you and your immediate family, your extended families, your
881 friends, and all those that you come in contact with, experience
882 the joy of this season, not from the outside but from the inside.
883 And may their greatest source of receiving be each and every one of
884 you.
885 With this we wish you the most prosperous, happiest, and
886 joyful future you could ever dream for yourself. We ask that you
887 share with others what you have been willing to accept from us.
888 That is part of your loving.

Christmas was discussed on 98-11-14, the 189th Trance.

The words "holiday" was first found on line 636.

634 C: Again, you come into the time of the year where things begin to
635 slow down, where man celebrates the symbol of renewal, birth, life
636 beginning. Certainly, at the holiday seasons, you find yourself
637 extra busy with all the extra little things that you feel are
638 important to celebrate the season. But isn't there more to
639 celebration than all the external trimmings and all the external
640 activities? Take time and think about yourself and what you have
641 done. Do it on a day-to-day basis, just a few minutes. Ask yourself
642 a couple of questions. Did you get anything accomplished today?
643 Because that is the first thing you are going to think is
644 important, so get the trivial out of the way. Then go for the real
645 thing, Did you do anything nice for anybody today? Did you put
646 yourself out for anybody today? Did you think about anybody else or
647 were you too involved with your own self-importance? It only takes
648 a few minutes but you can discover a great deal about yourself.
649 Particularly at this time of the year it is important to take time
650 to think about where you are really going, what is really important
651 to you, what do you really want out of life. And then when the
652 holidays do come upon you, be prepared to give birth to a new you.
653 Don't allow yourself the foolishness of simply allowing the old you
654 to pass through this holiday season with no change but a new shirt
655 or a new blouse or a new pair of pants or a new skirt. Love
656 yourself enough to allow yourself to move to the other side of the
657 holidays becoming a new person inside. It is not hard. It is very
658 easy. If it is hard for you it is because that is the way you want
659 it to be. You want an excuse for failure. If you really want to win

660 your spirituality, if you really want to discover your
661 spirituality, if you really want to be your spirituality, it is
662 simply a state of mind, an attitude, a thought. How hard can that
663 be? A thought, an attitude, a state of mind, and then a state of being.

Christmas was discussed on 03-11-01, the 198th Trance.

The words "Christmas" was first found on line 813.

812 C: Again, it is that time of the year, and we have
813 talked many times on this, the Christmas season. What more can we
814 say than what we have already said?
815 Allow yourself to be reborn into a child and trust the Divine
816 Maker. What you were today does not mean you are condemned to be
817 the same person tomorrow. Every second that goes by gives you a new
818 opportunity to change and change for the better. If you think you
819 are spiritual today, you can be much more spiritual tomorrow or
820 even five minutes from now or a second from now. You are in a
821 constant state of birth and being reborn. So your ability to change
822 never lessens, never goes away, never diminishes, and your change
823 comes only through your attitude and the way you look at yourself,
824 you look at those around you and how you respond to them, and how
825 you respond to yourself.
826 Christmas signifies the birth of the Christ Child. Let that
827 Christ in you be reborn at this time of the year. Give love. Give
828 compassion. Give understanding. Give of yourself.
829 May the Holidays bring you all the joy that you could possibly
830 want. May the New Year bring you all the happiness that this Divine
831 Presence wants for you. May your life be full of the valuable
832 things in life, the intangible things, the spiritual things.
833 May the Peace and Joy of our Infinite Father shine down upon
834 you and around you and within each and every one of you, and may
835 you and all your loved ones, your family and your extended family,
836 have the most happiest of holidays.