

Trance Openings and Closings

Part - 2

Trance Library File No. 14-128

SUGGESTIONS ON READING THE TRANCE LIBRARY FILES

by

WILLIAM ALLEN LePAR

I appreciate your interest in the information we have been receiving from [The Council](#), the spiritual source which speaks through the Trances. In all the years that I have been manifesting the Deep Catatonic Trance, I have learned a great deal from The Council, and I earnestly wish that you also gain a greater understanding of our existence.

These Library Files present information from The Council over a vast range of topics. In some cases, the information presented comes from one or two Trances that were usually held consecutively, within a few weeks or months of each other. In other Library Files, the information is selected from Trances held over many years. In all cases, if you study these Library Files carefully, you will notice a common thread of awareness that runs through all the information that The Council presents.

You may also notice that by the manner in which The Council presents the information, it becomes evident that they are layering awarenesses and insights. The observant reader will realize this progression of awareness and the unfolding of these insights.

These Library Files will not reveal their deepest insights to you with a casual reading. You must study them and reflect upon them. I would advise you to read the Library File at least twice and reflect on the information that The Council gives.

Again, thank you for your interest. I sincerely hope that you benefit from the Council's wisdom.

Sincerely,

SOL

AN INTRODUCTION TO THE COUNCIL

by

William Allen LePar

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and means something far greater than what we normally have been taught to understand as "spiritual beings."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description from The Council, we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit The Council's own personal description of themselves.

THE COUNCIL SPEAKS OF THEMSELVES

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection until finally the soul, the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mergence or merging with other beings; where all ideas of limitations, all awarenesses of false limitations, have been done away with; where the person or the soul or the entity begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself. Once a soul or entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity has its own personality, yet delicately flows in and out and with other souls but yet maintains its own personality, its own being. The soul, the entity becomes more god-like in that it becomes part of all things, yet maintains its own personality, its own being. Once a soul has reached this level then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited **Child of God**, one who is so developed that no name could ever describe him. That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we souls have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the **physical plane**.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who come to us some idea to relate to or some concept that they can relate to.

THE TRANCE PHENOMENON

We believe The Trances of William Allen LePar are the rarest paranormal experiences known to modern man. The only example of a similar phenomenon ended with the death of [Edgar Cayce](#) in 1944. The Council's unparalleled revelations, through Mr. LePar's trances, are made available to the public through the SOL Association for Research. His time and efforts are without compensation, and SOL is a non-profit, tax-exempt concern dependent on the commitment of volunteers.

The following is a brief explanation of a Trance, so those without the opportunity to participate have a better understanding of the phenomenon. On the day of a Trance, Mr. LePar remains in a peaceful environment. He consumes little food and The Council recommends his diet include red shellfish. He engages in considerable prayer and meditation throughout the day.

Those participating in a Trance, to question The Council, gather about a half hour before the session for socializing. Nancy LePar, his wife, is always the last to leave her husband before a Trance begins. She sits with him in a separate room as he quiets himself with prayer and meditation. When she enters the room in which the trance is to be conducted, all talking and noise cease. Soon he enters, silent and already in an altered state. With everyone seated and quiet, he enters, removes his slippers and positions himself on the floor.

He wears, as instructed by The Council, loose clothing of all natural fabric. Also, Mr. LePar wears no metal other than a wedding ring and cross. As he rests his head and bare feet on pillows, he maneuvers his body into alignment with magnetic north. Those participating, following instructions from The Council, are to place themselves in a quiet, prayerful state as until this remarkable source begins to speak. There are two distinct time periods in the linking of LePar's spiritual vibrations with those of The Council. The first period concludes with LePar's extremely deep and rapid breathing, a form of [hyperventilation](#). His hands, folded across the abdomen, quiver; his left leg stiffens and his left foot extends. Then, suddenly, silence. It seems almost as if he has stopped breathing. Finally, The Council begins to speak -- slowly at first, repeating the name of the Trance moderator, until the link with the physical world is ready. It usually takes about thirty minutes from the time Mr. LePar lies down until The Council speaks. But on some occasions, for a variety of reasons, it can be as long as 45 minutes.

Once The Council begins to communicate, a Trance usually lasts between ninety minutes and two hours. The Council is offered the opportunity to give the gathering an opening statement, which has always become a segment of information useful for universal spiritual growth. Then, the trances follow a simple question-and-answer format, beginning with written questions and continuing with follow-up questions raised by The Council's comments. At some sessions, there are so many follow-up questions that only the first question asked will be from the list of written questions.

Afterwards, when Mr. LePar awakens, he remembers nothing. His memory is blank from the time his wife leaves him before each session until he awakens at the conclusion of the Trance. He is always physically drained, cold and disoriented. He is helped to a seat, wrapped in an afghan for warmth, and given a slice of bread and a glass of orange juice to help him recover.

We hope you profit from the information in these Trance Library Files. If reading a particular file gives rise to a question, we encourage you to contact us for more information. Thank you.

FOREWORD

The Council has told us on many occasions that truth has always been available to mankind from the very beginning. As you read this Trance Library File, you may note similarities to information from other sources. You will also encounter new information. You may be surprised by some of the information revealed by The Council, to the point where it strains your credulity. The Council realizes this, and so they often begin a Research Group Trance with an opening statement such as this:

Again, a reminder as we have said before, we ask that you think about what we have said, the answers to your questions. It is not necessary to accept everything we say, but we do ask that you take the time to think on what we have said and hold it for possible use or acceptance at a later time. What is most important is that you do think, that you exercise your God-given mind. Use what you can use and store away that which is not serviceable at this time, for if you wish to see a dawn tomorrow with its clear blue skies, you must make ready for it now. If you cannot believe that tomorrow will be a better day than today, then it will not be so for you. If you do not carry the light of tomorrow, then where will it come from? If your tomorrow is not planned for today, then how can it exist? Forearmed with the knowledge of the path you are presently traveling, you are then in a position to create a better path for your travels tomorrow. The outlook for the children of the Divine is definitely a bright and sunny day. Only you can make the decision as to what your tomorrow will be. We have one distinct advantage over each of you, and that is we have gone through the process of life that you are presently experiencing and in those activities we have learned that one must never narrow their vision down to what they prefer to see, but it is great wisdom when one is willing to look at the total picture, even those segments that one wishes were not there.

Always keep this concept in mind: Use what information you can, and that which you cannot agree with, put it aside for now. Do not discard it, for you may find it very useful in the future.

IMPORTANT

TERMS AND CONDITIONS FOR USE OF TRANCE LIBRARY FILES

1. PLEASE DO NOT RETAIN THESE LIBRARY FILES.
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DISCLAIMER

These Trance Library Files are verbatim transcripts of psychically derived information. This information was given in response to questions posed by individuals in attendance at the Trances. These transcripts are presented for informational and educational purposes only. They should not necessarily be considered applicable to situations other than those of the person asking the original question. **SOL cautions that this information should always be considered in its original context.** SOL advises that the reader exercise judgment and common sense when considering this information. SOL cannot take responsibility for any abuse of the information contained in the Library Files.

From thousands of transcript pages, SOL has compiled the Trance Library Files, and will continue to do so in the future. Some of the information has come to us in concentrated form, while other Library Files are compilations of material given through the years.

As you experience more Library Files, you may occasionally notice the same or similar bits of information in different Library Files. This is done to maintain the integrity of The Council's message in each subject area. Please enjoy your encounters with the words of The Council. SOL heartily endorses the spiritual and educational value of these Library Files and firmly believes great benefit can be derived by those approaching this information with a sincere desire for greater understanding of themselves and their world. The material in this Library File is copyrighted and may not be reproduced without the written permission of SOL.

EXPLANATION OF TRANCE LIBRARY FILE FORMAT

Reincarnation⁽¹⁾

page 31⁽²⁾

Selection # 16⁽³⁾

Reincarnation⁽⁴⁾ was discussed on 80-06-28⁽⁵⁾, the 78th Trance⁽⁶⁾.

The word "reincarnation" was first found on page 1235, in line 387⁽⁷⁾.

386⁽⁸⁾

387 ***:⁽⁹⁾ Since we believe in reincarnation, and apparently have experienced death a number
388 of times, why do the majority of us fear death, and why do we not have a conscious
389 awareness of what it is like beyond the veil?

390

391 C:⁽¹⁰⁾ If you have reincarnated then evidently you have not fulfilled or let us say you
392 have not taken advantage of the opportunities available to you while in the material
393 manifestation, thus you have relegated yourselves to the man-made heavenly realms. The
394 fear comes from a degree of awareness of the conditions in the man-made heavenly realms.

NOTES

- (1) **Title** - This is the topic of the Trance Library File.
- (2) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.
- (3) **Selection** - This number indicates the chronological order of this block of information in the whole of the Trance material.
- (4) **Key Word** - This is the search word used for this selection.
- (5) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (80-06-28).
- (6) **Trance Number** - All of Mr. LePar's Trances have been numbered chronologically beginning with number one. This number indicates from which Trance this selection was drawn.
- (7) **Master Volume Information** - All information from all Trances is transcribed in chronological order into the SOL Master Volume. This line indicates the page number and line number as found in the Master Volume.
- (8) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.
- (9) **Questioner** - The symbol *** indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.
- (10) **Council** - The symbol C: indicates that The Council is speaking.

This closing was discussed on 85-05-10, the 128th Trance.

699 C: Again, what we have said in the past we will repeat again. We
700 ask that what we have said to you, you think about. It is not
701 necessary for you to accept anything that we have said, but we do
702 ask that you at least think about it. Weigh it up against your own
703 personal standards. If they disagree with your personal standards,
704 do not throw what we have said away, but set it aside for
705 reflection upon some other time. What we have said is nothing new.
706 It is obvious in your world, if you look. It has not been a
707 secret. If you find it new or unbelievable, then ask yourself how
708 aware are you of what is going on in your world?
709 This series of projects that you have begun will not bring
710 forth much pleasantries because your world is not a pleasant place
711 to be, many of the people are not pleasant people to be with;
712 consequently, your future is based on the conditions of your world
713 today. The only thing we can do or hope to do is to get you to
714 look a little closer at your world so that you will make the
715 changes now that will be necessary to prevent more pain and
716 hardship in the future. If we had a choice, we would prefer to
717 paint pictures of beautiful flowers, pleasant brooks, cool forests,
718 but that is our wish, not what is. When we answered your questions on
719 what exists after you leave this material form, you found them much
720 more pleasing, not because we made them pleasing but because they
721 are pleasing. You can only corrupt your portion of what you will
722 expect after you leave the material manifestation and only for so
723 long when it will correct itself through your own growth of
724 awareness. So, basically, you have an uplifting picture. Now, you
725 choose to talk about those things that are more a part of your
726 creations that are less honorable, consequently, the picture you
727 get is not nearly as pretty. Do not let fear come into you because

728 once you are afraid, you are useless. Let a positive nature come
729 to you where you are willing to do something about the condition
730 that exists around you as an individual. Correct that and the
731 benefits from that effort will spread. If it were past time to
732 make corrections, we would not waste the time to talk about it.
733 Since there is still time to change your future, then we will
734 answer what you ask. Since there is time, make it as productive as
735 you can. Reach into your very self and demand that you become the
736 very best that you possibly can be, not in the outside world but in
737 your own personal, inside world.

This opening was discussed on 85-07-26, the 130th Trance.

31 C: As to an opening statement, again let us say to all
32 of you that the answers to the questions that we will give, it is
33 not necessary that you accept everything that we say. What we
34 suggest for that portion or all of what we say that you cannot
35 accept, you set aside and hold to review at some later time. Even
36 those portions that you may accept, use your God-given sense and be
37 sure that it is within your concepts. These questions, series of
38 questions, will not always draw answers that will be pleasant to
39 hear, but being forewarned of the possibilities and the situations
40 that exist can be used as an armament against any possible problems
41 in the future. It also acts as a means of protection should the
42 future become less than pleasant. Remember, think, use that
43 God-given wisdom that is within you. Be sure that what you accept
44 does not go against your own personal beliefs. It is not wise to
45 incorporate concepts that are totally alien or foreign to your way
46 of thinking. It is wise and shows a measure of wisdom when one is
47 willing to look and listen and then to evaluate.

This closing was discussed on 85-07-26, the 130th Trance.

570 C: Remember, if you had no time left to change the
571 future, we would not discuss that part of your future, we would not
572 answer questions in that particular area, but since you still have
573 time to make the corrections necessary so that not only you but
574 your children will have a pleasant world to live in, we are more
575 than happy to show you how corrupt your world is and in so doing we
576 hope that we can stimulate in you a desire to do something. You
577 may say, "Well, all I can do is take care of myself, all I can do is
578 change myself." That is doing a great deal because as you change
579 yourself, as you deal with yourself, others will notice, others
580 who have the same feelings inside that were afraid to do anything
581 about it, could and will be stimulated into making changes in
582 themselves and so it will grow and it will spread.
583 As we said before, there are large numbers of people who are
584 dissatisfied, just as you are. They do not know what they are
585 dissatisfied about, it has not surfaced that clearly in their
586 consciousness yet, but it will. Once it does, then they must make
587 a decision whether they are going to do something about it or not.
588 The chances of them deciding to make a change in the world can be
589 enhanced if they are able to see others who are doing that. As we
590 said before, there is a vast army of people just like you, and that
591 army can only be awakened on a one-to-one basis. Once there are a
592 sufficient number of those soldiers awakened, then they will be
593 able to speak more loudly, more publicly. They will have greater
594 avenues of expressing their dissatisfaction with the corruptness,
595 and this will give the opportunity for more of that undiscovered
596 army to surface. Now, again, as we said before, we are not talking
597 about a formalized army, so be sure to understand that we are not
598 speaking of a military army or a formalized army. We are talking

599 about people who believe in a better way of life, a fairer way of
600 life. You people are not isolated. There are many who think the
601 same way as you do. There are many who feel that things must
602 change. Let us all hope and pray that that change comes, as more
603 individuals seek to make changes in themselves, seek to accept
604 their responsibilities, who desire to recognize their rightful
605 place in life. Let us pray that there are more individuals who are
606 willing to love and respect themselves so they can then love and
607 respect others.

This closing was discussed on 85-08-24, the 131st Trance.

786 C: We have basically summarized the situation as far as the
787 government goes. It is influenced too much by big business, and it
788 has been, it has been. It is time that you as citizens of this
789 country demand that the government becomes responsive to your needs
790 and not the needs of those that it favors. It is your right to
791 have a government that knows and does what you want it to do. Do
792 not allow what is rightfully yours to be taken away any more than
793 what it has. When it is time to elect your officials, demand to
794 know more about them than what the media is willing to let you
795 know. Demand that a better quality of man or woman represent you.
796 Demand that the government is your instrument of productivity. It
797 is your right, but if you do not demand your rights, you will lose
798 them.

799 Here is something to think about. It may not make sense to
800 all of you, but there is someone that it will make sense to, yet it
801 is something that all of you could use. If a father is a good and
802 just and loving father and his son is disrespectful and arrogant,
803 woe to that son, woe to that son. If that son is given an avenue
804 of help and that son is not wise enough to utilize that help, woe
805 to that son.

806 So, with those words we hope that it will create a stimulation
807 to think. We hope that it will entice you to go into a moment or
808 two of retrospect, and since we have concealed a message in a
809 general statement, let us conceal one more message in a general
810 statement: Let the painter of birds fly high, for the sun begins
811 to shine a wee bit brighter. Let the painter of birds fly high,
812 for the sun begins to shine a wee bit lighter.

813 Now, although those were two specific bits of information for
814 individuals, those are two statements that if all of you think upon
815 them can prove productive and beneficial.

This opening was discussed on 85-09-13, the 132nd Trance.

26 C: We had suggested bringing an end to the first topic covered
27 because we feel basically we made the necessary points. It is an area
28 that will always prove to be, how shall we put it, a touchy subject.
29 There are two areas that will cause the most controversy and that
30 is politics and religion. We would hope that if the other subject
31 should come up that all people would be open-minded enough to
32 listen to what is being said, yet it is not necessary that they
33 accept what is being said. It would have been advisable to have
34 the questions lean more towards the actual government activities and
35 policies than in the direction it went, but that area can always be
36 gone over again, approaching it with specific segments in mind.
37 The area of big business should be dealt with basically by itself
38 covering the responsibilities that large businesses or corporations
39 have and the influence that they have on the world conditions that
40 exist.
41 Again, with this new topic we must emphasize that it is not
42 necessary to accept everything that we have to say, but let us
43 advise you not to throw it away, but set it aside for further
44 contemplation. What you believe and what you think today is here
45 today, but tomorrow you may have an entirely new concept of what
46 exists, and what was not acceptable to you today may be completely
47 or partially acceptable to you tomorrow. So it would be our advice
48 that you make mental notes of those things that you do not agree
49 with and hold them for later reflection. We hope that as we
50 respect your right to believe as you believe, you will extend that
51 courtesy to us, and allow us the right to believe what we know is.
52 We have one distinct advantage over each of you, and that is we
53 have gone through the processes of life that you are presently
54 experiencing, and in those activities we have learned that one must

55 never narrow their vision down to what they prefer to see, but it
56 is great wisdom when one is willing to look at the total picture,
57 even those segments that one wishes were not there.

This closing was discussed on 85-11-15, the 134th Trance.

765 C: Well, this has been a very interesting experience for us. We
766 have contemplated and discussed such an evening, and now that it is
767 over with, we are still scratching our head as to what the reaction
768 is or what can be labels put on the reactions from all of you. It is
769 amazing to see the surprise in some of you people as to some of our
770 remarks. After all, you are just like us. We would say that we
771 are just like you, but it is obvious that is not the case. You
772 know, your sense of humor does not leave with the physical body. A
773 sense of humor is the joy of the soul and the soul's ability to
774 laugh at itself by utilizing different situations. It surprises us
775 that some of you would be shocked that we do have a sense of humor,
776 but we do, just as you, and tonight was one of those rare nights
777 that we publicly decided to show it to you. We are not nasty
778 villains that at times we have had the reputation. So, it is also
779 interesting to see that some are thinking that this "letting our
780 hair down" is not quite as spiritual as when we are stuffy. Well,
781 we are sorry you have that feeling. You are wrong, and we are
782 right. (Laughter) And we will explain to you why we say that and
783 that is because joy is part of spirituality, and spirituality must
784 be joyful. So, if you cannot laugh in your spirituality, then
785 something is wrong someplace, you are not understanding what
786 spirituality is.

787 It will be interesting to see the repercussions of this
788 evening. When you are dealing with the real thing, sometimes the
789 real thing is not always as stuffy as what you have been led to
790 believe.

791 We hope that this evening will last in your memory. We hope
792 that you will realize that in all your states of growth, the one
793 thing that you can feel safe about is a sense of humor, and a sense

794 of humor can be a healing balm for many afflictions. Now, we will
795 not clarify whether that is physical or spiritual, we will leave
796 that in your lap. If you can laugh at yourself, if you can make
797 fun at yourself, you are standing on good ground because you are
798 willing then to point out your own weaknesses and use them as an
799 example or at least show that you are aware of what lacking may be
800 there.

801 We will say now that as a general rule we probably will not
802 let our hair down again for quite some time, but, who knows, we may
803 surprise you. We may turn these stuffy situations into something a
804 little more lighthearted, and then again we may figure you do not
805 appreciate our sense of humor so we will not demonstrate it. Well,
806 that was a last ditch effort. (Laughter) We hope that you all
807 realize that it is not very easy to try to offer some jocularity
808 and then having to explain that you did so. (Laughter)

809 Well, enough is enough. Getting back to being serious. If
810 you can laugh as you are now, believe us that joy of the heart only
811 magnifies once you leave the body behind, and it is not unspiritual
812 to laugh, because as you grow in spirituality, more joy fills your
813 heart. It has been a poor effort on our part to try to bring that
814 point across to you by using such a technique, but that is the way
815 we chose to do it, and since all should maintain a joy in their
816 heart, it seems that man finds it much easier to find that joy at
817 this time of the year of the coming season of giving.

818 May we ask a favor of each one of you that as the holiday
819 seasons draw closer and your heart is filled with more joy, more
820 thankfulness, and more desire to share and to see joy in other
821 people and in other hearts, may we ask this of you that when the
822 season is gone, that you continue to have that desire to share, to
823 laugh, to give joy to others. It is such a beautiful sight from
824 here when we see the glow that emanates from each of you and from
825 all of Creation as this season of love approaches. We only ask
826 that you allow that glow to continue after the official season is
827 over. May that Christ that you celebrate coming into the world be

828 everpresent in each and every one of you. May your hearts always
829 reflect that anointed state. May you always demonstrate your
830 christliness all year long. May we wish each of you and your
831 families and your friends and your little universes a joyful season
832 and a year of more prosperity, enlightenment and joy.
833 May those Blessings we receive from our Divine Creator be
834 accepted by you and our willingness to share them with each of you
835 and your loved ones.

This opening was discussed on 85-11-29, the 135th Trance.

23 C: Well, very well. One last serious note.
24 There are times when individuals seem to find many problems
25 come their way, dissatisfaction, insecurity, a lack of joyful
26 experiences, and they have the tendency to want to look in the
27 direction of everywhere but themselves as the cause of such
28 dilemmas. If you are experiencing unhappiness, if you are not
29 experiencing a contentment, look at yourself. Look at your past,
30 examine your past, because what you are experiencing today is the
31 path that you have laid yesterday or the day before or the year
32 before or two years before that. We would suggest that if you find
33 yourself in such a situation, meditate on the condition and the
34 answer that means the greatest sacrifice on your part, accepting a
35 more humble position will usually be the answer to the problem. But if
36 you do not meditate, you will wander around chasing your own tail,
37 rationalizing your own activities and burying yourself much deeper,
38 and who knows, maybe dragging down with you other innocent people.
39 So, we suggest that if life does not leave you with a sense of joy,
40 it is because you have not created joy for you to experience.

This opening was discussed on 86-03-02, the 137th Trance.

50 C: Right and wrong. There are definite rights and wrongs, let us
51 put it this way, but you become more aware of those rights and
52 wrongs in relationship to your understanding of them and regardless
53 of how you may consciously be aware of what is right and what is
54 wrong, it is still that inner understanding, and that inner
55 understanding then is increased as the relationship between you and
56 God increases. The greatest bridge between you and your actual
57 Infinite Father is Christ. The attitudes that Jesus demonstrated
58 should be attitudes that you make an honest or an earnest effort in
59 achieving or developing. To have too great of an expectation for
60 yourself, in other words having the attitude of "I will be able to
61 do this and I will be able to do that and I will do this and I will
62 do that" sometimes is a sign of egotism, which is a horrendous
63 stumbling block in all spiritual growth. The attitude is that I will
64 try, but if I fail, I will get up and try again because success in
65 spirituality is determined by two things and that is, when one
66 fails, he gets back up and starts over again, and that he is willing
67 to realize that in some areas his true success and true accomplishment
68 lies in always being able to get back up and start over again. To be
69 truthful to yourself is important, to realize that there are things
70 that you will be able to accomplish, but there are things that you
71 will not be able to accomplish. Be willing to subdue the
72 destructive, self-serving ego and many times this is hidden in
73 self-righteous attitudes that individuals show. Subdue that,
74 control it, and allow the more productive self-esteem to come to
75 the surface and govern your life, self-respect. So if you can
76 control the ego and allow the self-esteem, the self-respect, to
77 come to the surface, to be willing to accept that when you fall in
78 an effort, you must pick yourself back up and start over or start

79 from wherever point you are. Those are the two elements of true
80 spiritual growth. To give you a simple line of direction to follow
81 is not our right to do. We have given you guidelines. It is your
82 responsibility now to apply them.

83 In respects to creating a relationship or assuming the
84 responsibility of a relationship between you and your family, you must
85 take into consideration that at times a good father is a strong
86 disciplinarian. Children lean heavily on parents, and parents
87 should be strong for their children. The problem with the world
88 today and this is in a general sense is that most parents are weak,
89 mushy, formless forms of existence. They say no and yet they do
90 nothing to strengthen that no. A good parent will say no and that is
91 no. Since children lean strongly on their parents, and it is
92 necessary then for the parents to be strong, strong enough to support
93 those children, then when a parent says this is the limit, then that
94 parent must be strong enough to prove to that child that that is
95 the limit.

96 In relationship to a spouse, a husband should be willing to
97 share with a wife. He is not her king; he is her provider, and
98 he is her caretaker. He also must share with her. If a husband
99 can tend to the needs of his spouse, if he can be willing to
100 support her and yet allow her to express herself, if he can back
101 her and be faithful to her, then his relationship can do nothing
102 but evolve to a much more healthier and productive relationship,
103 one that is steeped in genuine happiness. But a husband must give
104 to his wife what he would like to have returned. A husband is the
105 seed planter in a family. The wife takes that seed and brings it to
106 full fruit. Just as a man and a woman unite to provide a ground or
107 a foundation for another entity to experience a growth cycle, so
108 must a husband and wife unite to produce a period or situation of
109 growth for both of them, so that their love will evolve to a more
110 fulfilling expression for each. The problem with too many husbands
111 who would normally fall in the realm of being a good husband is
112 they are far too domineering, and it is because it is a sense of

113 insecurity. No husband can hang on to his position or his wife if
114 he is domineering, so it is futile attitude. If he looks at his
115 wife as a fully productive individual, equal to him, then he and
116 she will bind themselves together much more deeply than if he
117 attempts to hold her to him.

118 Each member of the family has a duty or job to fulfill, and each
119 must attempt to the best of their abilities and as much as possible to
120 fulfill their positions as honestly as they can. Beyond that then
121 the rest lies in the cooperation of others involved. This
122 situation that we have just described excludes children who have
123 not reached maturity. They are always dependent on the parent and
124 on the family so until a child reaches maturity, then they do not
125 fully cooperate or produce as part of the family unit. Their
126 production or addition to the family unit is their needs; they tend to
127 be the binding agent that cements the husband and wife in a more
128 unified attitude, so even in that then a child who has not reached
129 maturity is a very intricate part of a family unit. As to when a child
130 reaches the age of maturity, all of you people are foolish enough to
131 put an age on it. We would not agree with this. A child reaches
132 maturity when they begin to demonstrate that they are able to accept
133 responsibilities to correct those things that they have done that were
134 not right. Some children mature at a very young age. Other children
135 do not mature even at the age of 26 or 27 or 30 or 35 or 36. And some
136 children at the age of 70 go to their Creator still not matured.

137 So, maturity comes with the willingness to accept responsibility
138 and to exercise a judgment that is right and just and tempered, of
139 course, with love and mercy. Parents, hopefully, are the mature
140 individuals that they are supposed to be.

This opening was discussed on 86-05-30, the 139th Trance.

22 C: We are most pleased to be able to serve each of you and all of
23 you as a community. We hope that you will make a special effort to
24 work together so that you not only seek answers to those questions
25 that are near and dear to you but also may be a benefit to others
26 who may not be present or may not have the opportunity to
27 participate in such an experience. To those of you who are
28 attending one of these Communications for the first time, keep in
29 mind that many of the answers or information may not suit your
30 tastes or your desires or your philosophies, but let us make this
31 suggestion: Do not discard the information, but set it aside so
32 that you may review it at another time, for at another time it may
33 be of service to you. As we have said before, it is not necessary
34 for you to accept everything that we have to say. Accept what you
35 can, and only set aside that which you cannot accept at this time.
36 Each of you, just as we, must continue to evolve and much of the
37 information that may be presented you are not ready for at this
38 time, but hopefully, as you grow, it will become of use to you.
39 Our only request is that you show a certain amount of respect
40 for the situation, for this is not a psychic experience but is a
41 spiritual experience. There is a difference. A psychic
42 experience, in most cases, is to fortify a present belief. A
43 spiritual experience is to propel you ahead into a greater or more
44 profound awareness. If you accept nothing else, as far as what we
45 say, believe us when we say this is not a psychic experience but it
46 is a spiritual experience.

47 If you do not like your world the way it is today, if you do
48 not like yourself the way you are today, you need not settle for
49 what you have. A simple change in attitude can give you greater
50 and brighter horizons, not only in respect to yourself but in
51 respect to the world that you live in. When you as entities or

52 spiritual beings allow yourselves to expand outwardly and touch
53 each other, then you begin to unite the world and all of Creation
54 at a spiritual level, and for a positive or godly change to come to
55 your world and to yourself, it must first come from the spiritual
56 aspects of all individuals or all entities. As you grow
57 spiritually, you then have the ability to promote growth all around
58 you. Each of you are not here by chance. Each of you are here by
59 your own personal design and choice. We ask that you make the most
60 of what you have chosen at a soul level.

This closing was discussed on 86-07-25, the 140th Trance.

1356 We have thoroughly enjoyed this evening. We hope that it has
1357 been informative for you all. We hope that it has given you
1358 something to think about, and in particular, the simple way of
1359 perfection which is nothing more than to put it in a more specific
1360 term, giving up your will to the Will of God. Very simplistic but,
1361 oh, so powerful. The Will of God is very simple: It is the desire
1362 for all of us to love and respect each other and reach out when we
1363 can. We hope this night proves beneficial for each of you and your
1364 families, not only in a spiritual sense or at a spiritual level but
1365 also at a physical level.

This opening was discussed on 86-08-22, the 141st Trance.

31 As the spiritual cycle continues, the ultimate in acceptance will
32 become more clear and more simple. The problem with man is that he
33 attempts to hide from his rightful place and from his God, his
34 Father, through a smokescreen of complicated theories and religious
35 practices and self-indulgent concepts. But the faster he runs, and
36 the further he runs, the more he runs into the ultimate to what he
37 cannot escape.

38 You were created to assist the Divine Father to share and to
39 be a part of what lies beyond what you have created. It is a
40 destiny that is almost inescapable, but since you were created in
41 the likeness of this Divine Father, you will ultimately have the
42 choice of rejoining Him or separating yourself from that Divine
43 Source. One joy, one hope, that each of you may cling to is that in
44 order to separate yourself from that Divine Source you will have to
45 work harder at that than you will have to work at rejoining Him,
46 re-uniting yourself more completely with Him. All things will
47 eventually return to its place of origin. All things will
48 ultimately return to that Divine Source. Run as you may; most
49 likely you will end up running back to your rightful place. Why
50 take the long way around? Open yourself up to that Creator and
51 shorten your path.

This opening was discussed on 86-09-27, the 143rd Trance.

27 Always keep in mind that each of you are growing
28 or evolving with each experience in life, with each day in life,
29 and with each moment in life. What you are this moment, you will
30 be different in the following moment. You will have changed from
31 one degree to another. Nothing in all of Creation is stagnant; it
32 is in constant motion, in constant change. There are but two
33 directions, forward or reverse. Again, use the God-given mind that
34 you were blessed with. What is not of interest or not within your
35 ability to accept today, hold, for tomorrow it may be the very item
36 or information that you may need.

This closing was discussed on 86-09-27, the 143rd Trance.

924 C: We have enjoyed this evening. We enjoy when each of you add
925 with your questions. We enjoy seeing the activity, if we may use
926 the term "see." We enjoy sharing. We enjoy being with you. The
927 nature, the good nature, that each of you have is not so far from
928 the nature that we carry. The only thing that separates all of you
929 from all of us is your concept of what you are doing. Just as you
930 are growing through the activities of the physical world, so are we
931 growing. We have learned that we can grow without the framework of
932 physical creation. You, too, will learn that. All of eternity and
933 all of everlasting life is a process of evolvment or growth. It
934 is unending and will always be unending. If you can realize that
935 the most important concept that you can weave into your entire
936 conscious framework is to love yourself and respect yourself so
937 that you can love someone else, you will have the keys to success,
938 for if you cannot love yourself, you cannot love anyone else. You
939 must begin to respect yourself; you must begin by accepting the
940 responsibility of being a child of God. And the first
941 responsibility is to love and respect yourself.

This closing was discussed on 86-10-31, the 144th Trance.

615 We ask that as you end each day, when you take a moment to
616 reflect upon that day before you close your eyes for the rest
617 period, think about one good thing that you have done that day, one
618 little item that maybe made someone smile or feel better or left
619 the day a little better than what it was when it started. As each
620 of you grow and as your time approaches and the end comes when you
621 must change to your true state, you will come to one realization
622 and hopefully you will realize that now instead of at that point in
623 time. That realization is this: You must leave a part of yourself
624 in the world, and that part that you leave behind hopefully has
625 made the world just a little bit better than what it was. Conduct
626 your life so that when it is time to leave, if you had not lived
627 that life, the world would have lost some measure of beauty.
628 Remember, conduct your life so that if you had not lived it, the
629 world would have lost a measure of beauty.

630 In a short period of time all of you will celebrate the season
631 of Christmas, the season when the world recognizes a Consciousness
632 entered the material world that was far greater than it had known
633 before in its recorded history. We ask each of you that when that
634 season stimulates the attitude of love and sharing in you, that you
635 do not allow that attitude to fade away in some cold breeze of
636 time, but that you continue that attitude with you for the rest of
637 the year.

638 If your world is to improve, it can only improve with each one
639 of you, and it will only improve to the degree that each of you
640 wish to improve. Each of you are a vital, productive part of
641 tomorrow. Each of you control a very important aspect of
642 tomorrow's future, of your world's future. Be sure that that point
643 in the future, that condition in the future that you have control

644 over, ends up being a positive situation. Allow the real, loving
645 you to be expressed through that physical container that you use to
646 grow with. Do not let the world keep you in your little hiding
647 place. Reach out with an open hand. When one gives, one gives
648 with an open hand, therefore it is in the right position to also
649 receive. A person with a clenched fist gives nothing and receives
650 nothing. An outward stretched hand has much to give and much to
651 receive.