

# Information and Inspirations - Part 1

## World Wide Blog Postings

Trance Library File No. 15-133

*(Editors Note: The following are selections from our blog postings that SOL makes on a bi-weekly bases. They are picked up by other websites and translated into other languages. SOL believes that you will find these to be an excellent source of spiritual guidance.)*

SUGGESTIONS ON READING THE TRANCE LIBRARY FILES

by

WILLIAM ALLEN LePAR

I appreciate your interest in the information we have been receiving from [The Council](#), the spiritual source which speaks through the Trances. In all the years that I have been manifesting the Deep Catatonic Trance, I have learned a great deal from The Council, and I earnestly wish that you also gain a greater understanding of our existence.

These Library Files present information from The Council over a vast range of topics. In some cases, the information presented comes from one or two Trances that were usually held consecutively, within a few weeks or months of each other. In other Library Files, the information is selected from Trances held over many years. In all cases, if you study these Library Files carefully, you will notice a common thread of awareness that runs through all the information that The Council presents.

You may also notice that by the manner in which The Council presents the information, it becomes evident that they are layering awarenesses and insights. The observant reader will realize this progression of awareness and the unfolding of these insights.

These Library Files will not reveal their deepest insights to you with a casual reading. You must study them and reflect upon them. I would advise you to read the Library File at least twice and reflect on the information that The Council gives.

Again, thank you for your interest. I sincerely hope that you benefit from the Council's wisdom.

Sincerely,

William Allen LePar

# AN INTRODUCTION TO THE COUNCIL

by

**William Allen LePar**

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and means something far greater than what we normally have been taught to understand as "spiritual beings."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description from The Council, we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit The Council's own personal description of themselves.

## THE COUNCIL SPEAKS OF THEMSELVES

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection until finally the soul, the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mergence or merging with other beings; where all ideas of limitations, all awarenesses of false limitations, have been done away with; where the person or the soul or the entity begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself. Once a soul or entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity has its own personality, yet delicately flows in and out and with other souls but yet maintains its own personality, its own being. The soul, the entity becomes more god-like in that it becomes part of all things, yet maintains its own personality, its own being. Once a soul has reached this level then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited **Child of God**, one who is so developed that no name could ever describe him. That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we souls have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the **physical plane**.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who come to us some idea to relate to or some concept that they can relate to.

## THE TRANCE PHENOMENON

We believe The Trances of William Allen LePar are the rarest paranormal experiences known to modern man. The only example of a similar phenomenon ended with the death of [Edgar Cayce](#) in 1944. The Council's unparalleled revelations, through Mr. LePar's trances, are made available to the public through the SOL Association for Research. His time and efforts are without compensation, and SOL is a non-profit, tax-exempt concern dependent on the commitment of volunteers.

The following is a brief explanation of a Trance, so those without the opportunity to participate have a better understanding of the phenomenon. On the day of a Trance, Mr. LePar remains in a peaceful environment. He consumes little food and The Council recommends his diet include red shellfish. He engages in considerable prayer and meditation throughout the day.

Those participating in a Trance, to question The Council, gather about a half hour before the session for socializing. Nancy LePar, his wife, is always the last to leave her husband before a Trance begins. She sits with him in a separate room as he quiets himself with prayer and meditation. When she enters the room in which the trance is to be conducted, all talking and noise cease. Soon he enters, silent and already in an altered state. With everyone seated and quiet, he enters, removes his slippers and positions himself on the floor.

He wears, as instructed by The Council, loose clothing of all natural fabric. Also, Mr. LePar wears no metal other than a wedding ring and cross. As he rests his head and bare feet on pillows, he maneuvers his body into alignment with magnetic north. Those participating, following instructions from The Council, are to place themselves in a quiet, prayerful state as until this remarkable source begins to speak. There are two distinct time periods in the linking of LePar's spiritual vibrations with those of The Council. The first period concludes with LePar's extremely deep and rapid breathing, a form of [hyperventilation](#). His hands, folded across the abdomen, quiver; his left leg stiffens and his left foot extends. Then, suddenly, silence. It seems almost as if he has stopped breathing. Finally, The Council begins to speak -- slowly at first, repeating the name of the Trance moderator, until the link with the physical world is ready. It usually takes about thirty minutes from the time Mr. LePar lies down until The Council speaks. But on some occasions, for a variety of reasons, it can be as long as 45 minutes.

Once The Council begins to communicate, a Trance usually lasts between ninety minutes and two hours. The Council is offered the opportunity to give the gathering an opening statement, which has always become a segment of information useful for universal spiritual growth. Then, the trances follow a simple question-and-answer format, beginning with written questions and continuing with follow-up questions raised by The Council's comments. At some sessions, there are so many follow-up questions that only the first question asked will be from the list of written questions.

Afterwards, when Mr. LePar awakens, he remembers nothing. His memory is blank from the time his wife leaves him before each session until he awakens at the conclusion of the Trance. He is always physically drained, cold and disoriented. He is helped to a seat, wrapped in an afghan for warmth, and given a slice of bread and a glass of orange juice to help him recover.

We hope you profit from the information in these Trance Library Files. If reading a particular file gives rise to a question, we encourage you to contact us for more information. Thank you.

## FOREWORD

The Council has told us on many occasions that truth has always been available to mankind from the very beginning. As you read this Trance Library File, you may note similarities to information from other sources. You will also encounter new information. You may be surprised by some of the information revealed by The Council, to the point where it strains your credulity. The Council realizes this, and so they often begin a Research Group Trance with an opening statement such as this:

Again, a reminder as we have said before, we ask that you think about what we have said, the answers to your questions. It is not necessary to accept everything we say, but we do ask that you take the time to think on what we have said and hold it for possible use or acceptance at a later time. What is most important is that you do think, that you exercise your God-given mind. Use what you can use and store away that which is not serviceable at this time, for if you wish to see a dawn tomorrow with its clear blue skies, you must make ready for it now. If you cannot believe that tomorrow will be a better day than today, then it will not be so for you. If you do not carry the light of tomorrow, then where will it come from? If your tomorrow is not planned for today, then how can it exist? Forearmed with the knowledge of the path you are presently traveling, you are then in a position to create a better path for your travels tomorrow. The outlook for the children of the Divine is definitely a bright and sunny day. Only you can make the decision as to what your tomorrow will be. We have one distinct advantage over each of you, and that is we have gone through the process of life that you are presently experiencing and in those activities we have learned that one must never narrow their vision down to what they prefer to see, but it is great wisdom when one is willing to look at the total picture, even those segments that one wishes were not there.

Always keep this concept in mind: Use what information you can, and that which you cannot agree with, put it aside for now. Do not discard it, for you may find it very useful in the future.

## IMPORTANT

### TERMS AND CONDITIONS FOR USE OF TRANCE LIBRARY FILES

1. PLEASE DO NOT RETAIN THESE LIBRARY FILES.
2. THIS MATERIAL IS COPYRIGHTED. KEEPING A COPY IS PROHIBITED.
3. TAKE NOTES IF YOU WISH, BUT FOR ACHIEVING THE GREATEST POTENTIAL TAKE CARE THAT THE NOTES ACCURATELY REFLECT THE INFORMATION IN ITS ORIGINAL CONTEXT.
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5. NO FURTHER LIBRARY FILES WILL BE FORWARDED UNTIL PREVIOUSLY LOANED FILES HAVE BEEN REMOVED.
6. PLEASE REQUEST ADDITIONAL FILES BY EMAIL SO THAT WE CAN REPLY QUICKLY.

### DISCLAIMER

These Trance Library Files are verbatim transcripts of psychically derived information. This information was given in response to questions posed by individuals in attendance at the Trances. These transcripts are presented for informational and educational purposes only. They should not necessarily be considered applicable to situations other than those of the person asking the original question. **SOL cautions that this information should always be considered in its original context.** SOL advises that the reader exercise judgment and common sense when considering this information. SOL cannot take responsibility for any abuse of the information contained in the Library Files.

From thousands of transcript pages, SOL has compiled the Trance Library Files, and will continue to do so in the future. Some of the information has come to us in concentrated form, while other Library Files are compilations of material given through the years.

As you experience more Library Files, you may occasionally notice the same or similar bits of information in different Library Files. This is done to maintain the integrity of The Council's message in each subject area. Please enjoy your encounters with the words of The Council. SOL heartily endorses the spiritual and educational value of these Library Files and firmly believes great benefit can be derived by those approaching this information with a sincere desire for greater understanding of themselves and their world. The material in this Library File is copyrighted and may not be reproduced without the written permission of SOL.

## EXPLANATION OF TRANCE LIBRARY FILE FORMAT

### Reincarnation<sup>(1)</sup>

page 31<sup>(2)</sup>

Selection # 16<sup>(3)</sup>

Reincarnation<sup>(4)</sup> was discussed on 80-06-28<sup>(5)</sup>, the 78th Trance<sup>(6)</sup>.

The word "reincarnation was first found on page 1235, in line 387<sup>(7)</sup>.

386<sup>(8)</sup>

387 \*\*\*:<sup>(9)</sup> Since we believe in reincarnation, and apparently have experienced death a number

388 of times, why do the majority of us fear death, and why do we not have a conscious  
389 awareness of what it is like beyond the veil?

390

391 C:<sup>(10)</sup> If you have reincarnated then evidently you have not fulfilled or let us say you  
392 have not taken advantage of the opportunities available to you while in the material  
393 manifestation, thus you have relegated yourselves to the man-made heavenly realms.

The

394 fear comes from a degree of awareness of the conditions in the man-made heavenly realms.

### NOTES

- (1) **Title** - This is the topic of the Trance Library File.
- (2) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.
- (3) **Selection** - This number indicates the chronological order of this block of information in the whole of the Trance material.
- (4) **Key Word** - This is the search word used for this selection.
- (5) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (80-06-28).
- (6) **Trance Number** - All of Mr. LePar's Trances have been numbered chronologically beginning with number one. This number indicates from which Trance this selection was drawn.
- (7) **Master Volume Information** - All information from all Trances is transcribed in chronological order into the SOL Master Volume. This line indicates the page number and line number as found in the Master Volume.
- (8) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.
- (9) **Questioner** - The symbol \*\*\* indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.
- (10) **Council** - The symbol C: indicates that The Council is speaking.

## EXPLANATION OF TRANCE LIBRARY FILE FORMAT

79-12-01<sup>(1)</sup>

Life After Death - Part 1<sup>(2)</sup>  
Trance #2<sup>(4)</sup>

page 21<sup>(3)</sup>

This trance was the second trance in the Research and Study Group series. The Trance

was attended by William LePar and (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, (\*\*\*)<sup>(5)</sup>, and (\*\*\*)<sup>(5)</sup>.

1<sup>(6)</sup>

2 C:<sup>(7)</sup> May the Peace and the Joy of the Infinite Father be upon you, and may His Light  
3 shine down upon you and around you and within you.<sup>(8)</sup>

4

5 \*\*\*:<sup>(9)</sup> Thank you. Are you ready?

6

7 C: Yes, we are ready.

8

9 \*\*\*: Would you agree with the statement that Jesus Christ came into the earth in human  
10 form and is both man and God?<sup>(10)</sup>

11

12 C: Yes, we acknowledge that Jesus Christ is both man and God and that He did come  
13 into the material manifestation.

### NOTES

- (1) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (79-12-01).
- (2) **Title** - This is the topic of the Trance Library File. If a subject requires more than one Trance Library File, then the file is divided into **Parts**.
- (3) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.
- (4) **Trance Number** - This is the number of the Trance within the Research and Study Group Trance series.
- (5) **Identification** - This paragraph identifies the Trance and the persons in attendance. Individuals are identified by the symbol \*\*\* to maintain confidentiality.
- (6) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.
- (7) **Council** - The symbol **C:** indicates that The Council is speaking.
- (8) **Greeting** - The Council always opens with a greeting.
- (9) **Questioner** - The symbol \*\*\* indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.
- (10) **Test of the Spirits** - As outlined in the First Letter of John this test is given at the start of each Trance.



*The Love Vibration was discussed on 77-02-25, the 29th Trance.*

(Foreword: The Council tells us that the first step in spiritual development is an active love. With the following statement The Council explains to us some basic attitudes that we should try to establish within ourselves to begin to allow our natural godly love to emanate from our being and in so doing we fortify any additional love that is in or around about us or within the situation that we find ourselves. Through this process we become more aware of the unity that we have with all and in this awareness then we also become aware of our responsibility to continue to promote an even greater awareness of this unity. Through this process we begin to see the flow and existence of God in all things and in ourselves. To add an even greater dimension to this on a personal level, The Council states that through our attitudes and actions in the very simple day-to-day existences we affect not only a positive attitude but the positiveness of all things around us.)

115 Questioner: How can I best open myself up to the love vibration and  
116 express it?

117

118 C: Much development and in fact the only development that an  
119 entity can fully make is in the ability to train and work with  
120 the physical. And the easiest and quickest way is developing  
121 the attitude and the thought. If you constantly keep on your  
122 mind your relationship and your responsibility to everybody and  
123 everything around you, you will soon be not only a channel for  
124 love, but you, shall we say, will become a booster of that energy  
125 or that vibration. You will add to it. We will suggest for  
126 you specifically to begin to think in terms of service. If you  
127 will recall what we had said to you the first time. Think in  
128 terms of service to your fellow men. If one were to feel as though  
129 one's purpose was to be of service and in return through that  
130 service become more aware of the unity of man and God, great  
131 spiritual development can be expected. The greatest growth that  
132 an entity can make is through his day-to-day existence, in the  
133 simple little things, in the establishment of a very firm attitude  
134 of his existence within the Grace or Love of his God and his  
135 existence with his fellow man.

*Love's Rewards was discussed on 89-12-02, the 175th Trance.*

(Foreword: This next quote from The Council relates directly to selection #1 – The Love Vibration. In this one we are told what actually happens when we give out love. But they also point out something far more important. When we demonstrate love through our actions we also create a more godly self-esteem within ourselves. Armed with additional power we can then give even more. It actually can become an unending cycle upwards towards our true spiritual nature. We truly become more godlike because we are emulating the love vibration of the God of all.)

130 C: The hardest thing that man will have to achieve, now listen,  
131 the hardest thing that man will have to achieve in his lifetime is  
132 the ability to love himself, not in an egotistical way, but in a  
133 godly way, to have self-respect and self-esteem, to be proud that  
134 he is created in the image of this Divine Creator, that he is a  
135 part of this Divine Creator, and because of this then he has the  
136 ability to perform many wonders, many miracles, many good deeds.  
137 He has the ability to give out an ounce of love and allow that  
138 portion of love to spread through the entire state of creation and  
139 return to him tenfold, thereby giving him the ability then to  
140 release ten ounces of love and allow it to return back to him  
141 tenfold.

*Jewels in the Crown was discussed on 78-02-26, the 38th Trance.*

(Foreword: For many of us at SOL this is one of our favorite pieces of information given by The Council in the more than 40 years that they have spoken to us. We believe that it states the essence of our purpose for being and puts physical life in its proper perspective. To our way of thinking, it is not what we cannot take with us that is important here. It is what we CAN take with us that makes this quote so meaningful.)

138 C: Look about your own existence, your own home. Look at your  
139 possessions. What good are they to you? Once you leave the material  
140 you cannot take them with you. The only thing one can take with  
141 them, when they leave the material manifestation, is the good deeds,  
142 the love, and the concern that they have had for others. These are  
143 the garlands; these are the jewels. This is the crown that sits upon  
144 the head, and this is what you will have to wear when you enter the  
145 new world or the new land or the next consciousness, and if you do  
146 not have those jewels, those crowns, those garlands, then there are  
147 areas which will not be accessible to you, and hopefully, you will  
148 have at least one thing that will allow you entrance to that area you  
149 truly seek.

*(Editor's Note: The following is a reprint of one of William LePar's newsletter articles that we felt you would find of value.)*

Many times we run across wonderful quotes that in their simplicity explain many profound ideas to us in a very direct way. There are times because the majority of the people are not familiar with some of the ideas or the words or the way of thinking of these great minds from the past, so we find it necessary to bring in a little of the ideas of what they are trying to tell us into a modern language. This is such a case.

“In the beginning, God drenched the Emptiness with Images.” This is a quote from one of Robert Pinsky’s poems. I thought it was a wonderful quote the first time I heard it. It spoke volumes of information to me. Unfortunately, I don’t think everyone would have the same experience in hearing this quote. So, I thought I would add to that something I picked up in meditation. I do not want you to think that I am presumptuous enough to feel that my ideas are on the same level of these great thinkers, but at times it doesn’t hurt to add your two cents if it is within the context of what the quote is saying, and I am trying to do that in this situation. So let us put it together.

“In the beginning, God drenched the Emptiness with Images.” I have added, “Desires and thoughts are the creative forces for the creation of tomorrow.”

In our ability to imagine, can you conceive of looking at a vast area of nothingness and then all of a sudden feeling the Presence of some great creator throwing out a thought that creates a form in front of your eyes? Then comes another thought, another image, that adds to the first, and this continues until all of creation is in place. In our experiences, in our journey through life, we rarely think of images as a creative force, but let us look at the word “images.” Couldn’t that be something like cause and effect? The image is the effect. The cause is what? Desire, thoughts, are these the creative forces behind the creation of the image? Anything is possible in the realms of creation in the presence of the Divine. So if we say that the desires and the thoughts are the creative forces that stimulated the image that brought about the entire creation of the universe, then we can take it one step further and say that these images are the cause of the forming of reality as we understand it. It is no longer images reflected off a gossamer curtain, gently swaying in a breeze. It has now become a three-dimensional reality, something solid, something tangible, reality as we perceive it.

In our ability to create our life, we can form desires and thoughts that also become creative forces. We too can let these forces form into images that are projected on this gossamer curtain, a very thin veil gently swaying, so that the image becomes alive and begins to move, and yet we know that it is not completely formed yet. It is not in its three-dimensional aspect. What do we do with this to bring it about as part of our future, as part of our tomorrow, as part of our journey through life? Well, since we are not as powerful as this Divine Presence, it means that we must concentrate a little harder, project with more clarity the image that we choose. So it may take us many times concentrating on that thought, on that image. It may take weeks or months or even years, depending on how great that image is, how broad that aspect of our future life we want. When we attempt to create like the Divine has, we are creating in a very complex situation, a creation has already been set in motion, and we must work our creations within that Great Creation, and we must remember there are many others wanting to create better things for themselves, a greater degree of spirituality, a greater kindness of heart.

So, all these things must mesh together, intertwine, interweave, so that there is an even flow into the future. Those images will only come to pass when our desire is true enough, our thoughts are strong enough to become a truly creative force. We cannot be wimpy about what we want. We must be firm. We must be totally committed to our desires. They must be strong desires, the thoughts behind the desires or the thoughts that come from the desires must be very clear, very precise. How well do you know what you want? How strong are your desires to create that thing?

We have an entire world around us that is filled with uncountable dramas going on, all at the same time. Directly, these dramas may not be connected with each other, but yet the ramification of those dramas will extend way beyond the situation itself.

What do I mean by “dramas”? Well, look at your life. If you were a third party viewing your life from an outside position, you could describe it as a drama that you have written, that you are performing. So in the term that I use “drama,” it is the same thing. There is an uncountable number of lives in activity, in growth, in motion, that constitute all the dramas that create our reality today.

It is interesting how we hear a lot of people talk that they believe that thoughts are things, and yet it is just something that they are repeating, something they read that sounds good to them, but, the fact is, it is far truer than what we may think. For instance, how solid is that piece of paper you are holding in your hand right now, reading this. To you it feels very solid, very real, and yet there is no reality there at all, as we perceive it. It is our perception of what reality should be, that is, a piece of paper that has a thickness to it, has a solidness to it. But it is made of atoms and where is the solidness in an atom? An atom is nothing more than a bunch of electrical impulses. Everything we touch, everything we

see, even ourselves, is made of these atoms. So, in a sense, our reality is an electromagnetic state or, referring to ourselves, an electromagnetic being, and as such wouldn't we be more powerful than the inanimate objects around us? Doesn't it make sense that if we concentrated enough, thought hard enough, desired long enough, that we could create a reality that would make us happy? If we attempt to create a selfish, little reality that centers totally around us, the chances of that coming into fruition is literally nil. Oh, it may occur in our minds, but in reality it is non-existent. Yet, if we develop a thought of peace, of wholeness, of kindness for all of those around us, the chances of that thought becoming a reality is far greater because it is not just our thought, it is the basic thoughts of all those who seek happiness, who seek to better themselves internally, who seek a degree of spirituality, who seek a communion with their Creator.

If you want to create tomorrow for yourself, if you want to be like the Divine who drenches the emptiness with images, then think of terms that would benefit all those around you. Don't think of what will benefit you, but what will benefit others. When we wish good for others, it is inevitable and inescapable that that same goodness will be ours to experience at some time in the future, not once, not twice, but tenfold. We find our fulfillment, our greatest creative potential, our greatest ability to fill our emptiness with images, when we fill our thoughts with compassion, with love, and with caring. Use your godly ability, and drench whatever emptiness is around you with the beautiful images of peace, tranquility, love, and wholeness.

*The remainder of this Trance Lending Library File is available to all of our members upon request.*