

Spirituality is an Attitude – Part 1

Trance Library File No. 03-84

SUGGESTIONS ON READING THE TRANCE LIBRARY FILES

by

WILLIAM ALLEN LePAR

I appreciate your interest in the information we have been receiving from [The Council](#), the spiritual source which speaks through the Trances. In all the years that I have been manifesting the Deep Catatonic Trance, I have learned a great deal from The Council, and I earnestly wish that you also gain a greater understanding of our existence.

These Library Files present information from The Council over a vast range of topics. In some cases, the information presented comes from one or two Trances that were usually held consecutively, within a few weeks or months of each other. In other Library Files, the information is selected from Trances held over many years. In all cases, if you study these Library Files carefully, you will notice a common thread of awareness that runs through all the information that The Council presents.

You may also notice that by the manner in which The Council presents the information, it becomes evident that they are layering awarenesses and insights. The observant reader will realize this progression of awareness and the unfolding of these insights.

These Library Files will not reveal their deepest insights to you with a casual reading. You must study them and reflect upon them. I would advise you to read the Library File at least twice and reflect on the information that The Council gives.

Again, thank you for your interest. I sincerely hope that you benefit from the Council's wisdom.

Sincerely,

SOL

AN INTRODUCTION TO THE COUNCIL

by

William Allen LePar

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and means something far greater than what we normally have been taught to understand as "spiritual beings."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description from The Council, we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit The Council's own personal description of themselves.

THE COUNCIL SPEAKS OF THEMSELVES

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection until finally the soul, the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mergence or merging with other beings; where all ideas of limitations, all awarenesses of false limitations, have been done away with; where the person or the soul or the entity begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself. Once a soul or entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity has its own personality, yet delicately flows in and out and with other souls but yet maintains its own personality, its own being. The soul, the entity becomes more god-like in that it becomes part of all things, yet maintains its own personality, its own being. Once a soul has reached this level then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited **Child of God**, one who is so developed that no name could ever describe him. That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we souls have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the **physical plane**.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who come to us some idea to relate to or some concept that they can relate to.

THE TRANCE PHENOMENON

We believe The Trances of William Allen LePar are the rarest paranormal experiences known to modern man. The only example of a similar phenomenon ended with the death of [Edgar Cayce](#) in 1944. The Council's unparalleled revelations, through Mr. LePar's trances, are made available to the public through the SOL Association for Research. His time and efforts are without compensation, and SOL is a non-profit, tax-exempt concern dependent on the commitment of volunteers.

The following is a brief explanation of a Trance, so those without the opportunity to participate have a better understanding of the phenomenon. On the day of a Trance, Mr. LePar remains in a peaceful environment. He consumes little food and The Council recommends his diet include red shellfish. He engages in considerable prayer and meditation throughout the day.

Those participating in a Trance, to question The Council, gather about a half hour before the session for socializing. Nancy LePar, his wife, is always the last to leave her husband before a Trance begins. She sits with him in a separate room as he quiets himself with prayer and meditation. When she enters the room in which the trance is to be conducted, all talking and noise cease. Soon he enters, silent and already in an altered state. With everyone seated and quiet, he enters, removes his slippers and positions himself on the floor.

He wears, as instructed by The Council, loose clothing of all natural fabric. Also, Mr. LePar wears no metal other than a wedding ring and cross. As he rests his head and bare feet on pillows, he maneuvers his body into alignment with magnetic north. Those participating, following instructions from The Council, are to place themselves in a quiet, prayerful state as until this remarkable source begins to speak. There are two distinct time periods in the linking of LePar's spiritual vibrations with those of The Council. The first period concludes with LePar's extremely deep and rapid breathing, a form of [hyperventilation](#). His hands, folded across the abdomen, quiver; his left leg stiffens and his left foot extends. Then, suddenly, silence. It seems almost as if he has stopped breathing. Finally, The Council begins to speak -- slowly at first, repeating the name of the Trance moderator, until the link with the physical world is ready. It usually takes about thirty minutes from the time Mr. LePar lies down until The Council speaks. But on some occasions, for a variety of reasons, it can be as long as 45 minutes.

Once The Council begins to communicate, a Trance usually lasts between ninety minutes and two hours. The Council is offered the opportunity to give the gathering an opening statement, which has always become a segment of information useful for universal spiritual growth. Then, the trances follow a simple question-and-answer format, beginning with written questions and continuing with follow-up questions raised by The Council's comments. At some sessions, there are so many follow-up questions that only the first question asked will be from the list of written questions.

Afterwards, when Mr. LePar awakens, he remembers nothing. His memory is blank from the time his wife leaves him before each session until he awakens at the conclusion of the Trance. He is always physically drained, cold and disoriented. He is helped to a seat, wrapped in an afghan for warmth, and given a slice of bread and a glass of orange juice to help him recover.

We hope you profit from the information in these Trance Library Files. If reading a particular file gives rise to a question, we encourage you to contact us for more information. Thank you.

FOREWORD

The Council has told us on many occasions that truth has always been available to mankind from the very beginning. As you read this Trance Library File, you may note similarities to information from other sources. You will also encounter new information. You may be surprised by some of the information revealed by The Council, to the point where it strains your credulity. The Council realizes this, and so they often begin a Research Group Trance with an opening statement such as this:

Again, a reminder as we have said before, we ask that you think about what we have said, the answers to your questions. It is not necessary to accept everything we say, but we do ask that you take the time to think on what we have said and hold it for possible use or acceptance at a later time. What is most important is that you do think, that you exercise your God-given mind. Use what you can use and store away that which is not serviceable at this time, for if you wish to see a dawn tomorrow with its clear blue skies, you must make ready for it now. If you cannot believe that tomorrow will be a better day than today, then it will not be so for you. If you do not carry the light of tomorrow, then where will it come from? If your tomorrow is not planned for today, then how can it exist? Forearmed with the knowledge of the path you are presently traveling, you are then in a position to create a better path for your travels tomorrow. The outlook for the children of the Divine is definitely a bright and sunny day. Only you can make the decision as to what your tomorrow will be. We have one distinct advantage over each of you, and that is we have gone through the process of life that you are presently experiencing and in those activities we have learned that one must never narrow their vision down to what they prefer to see, but it is great wisdom when one is willing to look at the total picture, even those segments that one wishes were not there.

Always keep this concept in mind: Use what information you can, and that which you cannot agree with, put it aside for now. Do not discard it, for you may find it very useful in the future.

IMPORTANT

TERMS AND CONDITIONS FOR USE OF TRANCE LIBRARY FILES

1. PLEASE DO NOT RETAIN THESE LIBRARY FILES.
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DISCLAIMER

These Trance Library Files are verbatim transcripts of psychically derived information. This information was given in response to questions posed by individuals in attendance at the Trances. These transcripts are presented for informational and educational purposes only. They should not necessarily be considered applicable to situations other than those of the person asking the original question. **SOL cautions that this information should always be considered in its original context.** SOL advises that the reader exercise judgment and common sense when considering this information. SOL cannot take responsibility for any abuse of the information contained in the Library Files.

From thousands of transcript pages, SOL has compiled the Trance Library Files, and will continue to do so in the future. Some of the information has come to us in concentrated form, while other Library Files are compilations of material given through the years.

As you experience more Library Files, you may occasionally notice the same or similar bits of information in different Library Files. This is done to maintain the integrity of The Council's message in each subject area. Please enjoy your encounters with the words of The Council. SOL heartily endorses the spiritual and educational value of these Library Files and firmly believes great benefit can be derived by those approaching this information with a sincere desire for greater understanding of themselves and their world. The material in this Library File is copyrighted and may not be reproduced without the written permission of SOL.

EXPLANATION OF TRANCE LIBRARY FILE FORMAT

Reincarnation⁽¹⁾

page 31⁽²⁾

Selection # 16⁽³⁾

Reincarnation⁽⁴⁾ was discussed on 80-06-28⁽⁵⁾, the 78th Trance⁽⁶⁾.

The word "reincarnation" was first found on page 1235, in line 387⁽⁷⁾.

386⁽⁸⁾

387 ***:⁽⁹⁾ Since we believe in reincarnation, and apparently have experienced death a number
388 of times, why do the majority of us fear death, and why do we not have a conscious
389 awareness of what it is like beyond the veil?

390

391 C:⁽¹⁰⁾ If you have reincarnated then evidently you have not fulfilled or let us say you
392 have not taken advantage of the opportunities available to you while in the material
393 manifestation, thus you have relegated yourselves to the man-made heavenly realms. The
394 fear comes from a degree of awareness of the conditions in the man-made heavenly realms.

NOTES

(1) **Title** - This is the topic of the Trance Library File.

(2) **Page** - This is the page number of the Trance Library File. Each Trance Library File begins with page one.

(3) **Selection** - This number indicates the chronological order of this block of information in the whole of the Trance material.

(4) **Key Word** - This is the search word used for this selection.

(5) **Date** - This is the date on which the Trance occurred. It is given as a year-month-day (80-06-28).

(6) **Trance Number** - All of Mr. LePar's Trances have been numbered chronologically beginning with number one. This number indicates from which Trance this selection was drawn.

(7) **Master Volume Information** - All information from all Trances is transcribed in chronological order into the SOL Master Volume. This line indicates the page number and line number as found in the Master Volume.

(8) **Line Number** - The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.

(9) **Questioner** - The symbol *** indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.

(10) **Council** - The symbol C: indicates that The Council is speaking.

Spirituality was discussed on 75-12-19, the 16th Trance starting on page 215.

123 ***: How can I consciously help my spirit to progress?

124

125 C: By keeping in the forefront of your mind the quotation

126 from Holy Scripture that we gave you all some time ago. The one

127 pertaining to love. It is not always easy to maintain total love

128 or a constant attitude of brotherly love. But one should remember

129 when one falls, one is foolish if he lies in the mudhole. One

130 should pick himself up, dust himself off, and continue again.

131 This shows true desire to accomplish what one must accomplish.

132 If one falls and lays in the mud and does not pick himself back

133 up and start over it is only because the sincere desire was not

134 there originally, and instead of deceiving others

135 he has only deceived himself. This too is a question and answer

136 that could be presented to many, in fact, it is a question and

137 answer that could be given to all.

138

139 ***: Thank you.

140

141 C: You are welcome.

Spirituality was discussed on 76-06-11, the 23rd Trance starting on page 299.

292 ***: Is it possible to return to the Father directly from the
293 earth plane?

294

295 C: Certainly. Isn't that what we have been saying all along?

296

297 ***: I'm somewhat confused about other levels of development
298 beyond the earth plane.

299

300 C: If you choose to entrap yourself in those areas, then no
301 you cannot go directly to the Father.

302

303 ***: I see.

304

305 C: You see what you subscribe to in belief is what you are making
306 or what you are joining after you leave here. Do you understand?

307

308 ***: Yes.

309

310 C: So the simpler attitude that one develops, the one that most
311 closely follows the truth of the Divine Father, the more that is
312 eliminated after one leaves here. If you have paid attention to
313 what we have said in the very beginning, our opening statement,
314 you will realize that there are levels just outside of the physical
315 or the earth. In those levels are the levels of what some call
316 masters and teachers. But you can, if you develop a high enough
317 consciousness, a high enough belief, go beyond those. Admittedly,
318 it is rare, but it can be done. Accept the idea that you must need
319 help from those teachers and masters, then naturally you are
320 entrapping yourselves in those levels. The only time that you do
321 not go directly to the Father is when you do not subscribe to the
322 truth of the Divine Will of the Father, then you place yourself

323 in karma. Go against brotherly love and you automatically create

324 karma for yourself.

Spirituality was discussed on 76-06-11, the 23rd Trance starting on page 304.

586 ***: Do you have any suggestions for reaching Universal Mind?

587 C: What we have said before we think would be sufficient. It is

588 a process of extending the consciousness. This cannot be done

589 quickly. So in other words what it basically boils down to is

590 practice. Those personally involved in the situation can shorten

591 the time to seven to nine months by their attitudes. This reflects

592 their spiritual thoughts, and their spiritual thoughts being their

593 spirituality. We are not referring now to what is given verbally

594 but what is practiced in one's everyday life. One can do many

595 things for others and still do it selfishly. But one can do a few

596 things for a few people and do it with a total giving. This then

597 would be a higher spiritual development than that one which does

598 constantly for other people but for selfish motivations. Do you

599 understand this?

600

601 ***: Yes.

602

603 C: So then it is the attitude in which it is attempted that shortens

604 the time that minimizes the stumbling blocks.

Spirituality was discussed on 76-09-24, the 24th Trance starting on page 319.

485 ***: I have read many verses of the Lord's Prayer and was wondering
486 if you could offer the way it should be said?

487

488 C: We would have to go with this line of thinking. There are
489 more interpretations of the Lord's Prayer than you have fingers
490 and toes. But one must go with the most accepted interpretation in
491 relationship to the present religious or spiritual attitudes. Do
492 you understand this? In other words those interpretations of the

493 C: Lord's Prayer that fall into the category of the metaphysic
494 and occult are, shall we say, much less than desirable. It is
495 someone's personal idea as to what it means, which is not
496 necessarily the best attitude or the best idea or the best feeling
497 that was intended. Whether man wishes to accept this or not it still
498 remains that the general attitude as far as spirituality goes or
499 religion goes, that is the prevailing existence of spirituality
500 at that particular time in man's evolvment, and it is only when that
501 general attitude is uplifted or raised, then other enlightenments
502 can be brought about or accepted.

Spirituality was discussed on 76-12-19, the 26th Trance starting on page 360.

525 C: The purpose for us using this means to communicate with the
526 physical is not for personal edification, but it is for a greater
527 Plan. It is our duty through you and the rest to begin to lay the
528 groundwork for the Second Coming. But to do this we must then
529 re-establish the attitude that is necessary for those children of
530 the Father to find a place of refuge in those times of testing,
531 and in this you can play an active part, but as the world is very
532 material it is necessary then to use the material to bring about a
533 greater spiritual realization. It would not be necessary for this
534 phenomenon now to take place if all were of the conscious evolvment
535 to realize that when one completely dedicates their very existence
536 to bringing the awareness of man's relationship with His Creator,
537 that this form of communication would not be necessary. But each
538 must be, shall we say, enticed by phenomena. Do you understand?
539 ***: Yes.

540

541 C: In other words, the average and this is not exactly correct
542 but for an understanding, the average entity or person could not
543 be awakened, do you understand, with just a word given.

544

545 ***: Yes, I have many friends like that.

546

547 C: So they must undergo a phenomena, and this is such a pity,
548 this is such a pity. For then they show their true position.
549 And so it is then that this phenomena, this portion of the phenomena
550 should not become entirely public. But there are other phenomena
551 which are to come that will substantiate what we have to say as
552 truth.

Spirituality was discussed on 77-02-11, the 27th Trance starting on page 371.

17 C: Again we give warning. The banquet is presented for you all.
18 It is given freely but none justly deserve. Refuse to eat the
19 spiritual food, and it will be withdrawn. All of you have had enough
20 exposure to the phenomena and to the different stories presented
21 and to the different ideas presented. Think back in your experiences
22 and see when any have been presented in this manner. We are not
23 speaking of the modelle but the attitude. Other information has
24 come in the same manner but from sources that claim those things
25 that are Antichrist and so this is the spirit of the Antichrist that
26 is spoken of in Holy Scriptures. You are given an opportunity to
27 obtain information not from the Antichrist but from the Light from
28 the Christ. This is not to be taken that the information is directly
29 from Christ but it comes in the Spirit of the Christ. Fail to
30 appreciate and apply the information that is given to you, fail to
31 use it to its utmost and this channel will be closed, and it will
32 pass to others. In choosing not to make yourself available you are
33 choosing to go against the very thing you have chosen to accomplish
34 in this expression. All of you have this goal in common: to
35 re-establish yourself in a Christ-like attitude and to help all that
36 you come in contact with to do the same. You are not here as a
37 holiday or to fill your own gratifications. You are here to obtain
38 information, to apply it in your day-to-day life, and establish a
39 foundation for the last days. How much clearer can we be?

Spirituality was discussed on 77-02-25, the 29th Trance starting on page 402.

115 ***: How can I best open myself up to the love vibration and
116 express it?

117

118 C: Much development and in fact the only development that an
119 entity can fully make is in the ability to train and work with
120 the physical. And the easiest and quickest way is developing
121 the attitude and the thought. If you constantly keep on your
122 mind your relationship and your responsibility to everybody and
123 everything around you, you will soon be not only a channel for
124 love, but you, shall we say, will become a booster of that energy
125 or that vibration. You will add to it. We will suggest for
126 you specifically to begin to think in terms of service. If you
127 will recall what we had said to you the first time. Think in
128 terms of service to your fellow men. If one were to feel as though
129 one's purpose was to be of service and in return through that
130 service become more aware of the unity of man and God, great
131 spiritual development can be expected. The greatest growth that
132 an entity can make is through his day-to-day existence, in the
133 simple little things, in the establishment of a very firm attitude
134 of his existence within the Grace or Love of his God and his
135 existence with his fellow man. Do you understand that?

136

137 ***: Yes.

138

139 C: As time goes, there will be more things that can be done
140 actively which is what you are seeking now. But it is too early
141 for much action. The best that one can do is speak, now. Things
142 are in motion and if patience is practiced, much will develop,
143 much will develop. And much quicker than all expect. At those
144 times when things seem to be moving the slowest, that is when they
145 are moving the fastest.

Spirituality was discussed on 77-02-25, the 29th Trance starting on page 411.

553 ***: Do you mean as in a personal manner or in a way that could
554 benefit the thing that is to come?

555

556 C: It is always what will benefit what is to come never in a
557 personal way, (***), never, never. You see, this is of a service
558 to all. In working with this situation, (***), there should never
559 be personal gain, it should always be service. Leave the personal
560 gain to the others. Leave the personal gain to the others. Always be
561 of service and then as you have served, you will be served. But make
562 sure that when you are served it is in another existence, not in
563 a material expression. And so that should be the attitude of each
564 and every one of you here. Be of service. Be of service now, so
565 that when your time comes to be served you can claim that in
566 another existence. For that will never pass away then. You must
567 understand, (***), that man is material, and so to bring the
568 awareness of man's Creator to him it is necessary at times to
569 use his own means to do it and so one must develop, shall we say,
570 a business-like attitude towards bringing man back to his God.
571 Man normally thinks as God existing someplace out there. But the
572 time has come when man must be even more aware that God is with
573 him, and so to bring this awareness to man we must adopt man's
574 ways, man's attitudes. Show them the sparkling gold and they
575 will look. You understand?

576

577 ***: Yes, I understand.

578

579 C: Man is so dense, (***), at times it is necessary for him to
580 be, shall we say, kicked in the britches, even if it means you
581 must kick him hard enough that he runs right into the face of God.

582

583 ***: Thank you very much.

Spirituality was discussed on 77-09-24, the 32nd Trance starting on page 474.

342 ***: Is there any physical proof that exists now of our former
343 existence?

344

345 C: Oh yes, yes, yes. Each of you have grave markers in many areas and
346 your names at that time are registered in many town halls or in
347 records, whatever. You see, some of you have been quite active
348 recently. This is because there is the time coming when much must be
349 accomplished in a very short period of time, you see. And some of you
350 have not always maintained the attitude and desires that you should
351 have, thus making it necessary for you to make entrance upon
352 re-entrance. Thank your Father now that you have come into a life
353 situation where you are fully aware of this sort of thing and thus
354 you can now work constructively knowing that it is not necessary to,
355 shall we say, slip and fall and stay but to get back up and continue
356 and that perfection is achieved by or, shall we say, through one's
357 desire to live a more godly life and a more Christ-like life to
358 become a mirror of that divinity, you see, knowing full well that you
359 yourself are but a small spark of that divinity. And but through the
360 Grace Period and the Love of God you would not be given this
361 knowledge to complete that thought process, that attitude and hold it
362 and maintain it so when the time comes that you leave this physical
363 you will be raised up above it never needing to return again. When the
364 time for purification comes, if you all right now, including those in
365 the Bible Class, if you all right now would apply what you are
366 learning, not only in the Bible Class but through these communications
367 none of you will have to return and if you do return it will be a free
368 will choice only to help those others that will need the extra, shall
369 we say, boost or shot in the arm, you see. But there is quite a
370 difference in having to return and returning of your own free choice.

Spirituality was discussed on 77-09-24, the 32nd Trance starting on page 476.

420 C: The man Jesus is the product of the Divinity, that infusion.
421 Your Divine Father chose to use the active part of His personality,
422 you see, to create that Bridge from the physical to His heavenly
423 realm. Now we say to His heavenly realm, not the realms that His
424 creations created for themselves, but to His heavenly realm. And in
425 so bridging that gap He Himself used His active force and penetrated
426 the physical manifestation, infused in it in the form of a human
427 being you call Jesus, that Scriptures call Jesus. But to show that
428 this was not just a human being the title "the Christos" was bestowed
429 upon Him. You see? The man and the Spirit are the same. The man
430 and the Spirit are the same. That is God showing you how He chooses
431 to live and if you wish to be a god then you must choose to live the
432 same way, the same attitudes, the same concerns, the same desire to
433 serve. Each of you are masters in your own right, if you choose.
434 But a master is always a servant, never the one served, but always
435 the one serving. And this is the lesson that the Divine Father also
436 teaches us if we are observant that He is of service to you if you
437 choose to avail yourself to that service, and so when He manifested
438 in the physical form of Jesus, the man, He came as a servant, a bearer
439 of the truth, a fulfiller of responsibility, a condemner of
440 injustice, and a Son of that Divine Force. Very well. Next
441 question.

Spirituality was discussed on 77-11-19, the 33rd Trance starting on page 489.

85 ***: When praying to the Father, either verbally or silently, is it
86 necessary to use the words, "in the name of Jesus the Christ"?
87

88 C: And why should you object?
89

90 ***: I'm questioning this, because am I correct Jesus is the Divine
91 Love of God?
92

93 C: Yes.
94

95 ***: And through praying to the Father in love, is this necessary?
96

97 C: Most assuredly, you acknowledge to the Father that you accept His
98 Way and His Love and in the manner in which He gave it to you.
99

100 ***: Then the prayers that are given to the Father without doing
101 this, (can't think of how I want to word this), are you saying that
102 they would not be effective?
103

104 C: No, one can express a request, help, of the Father not
105 necessarily having to say, "in the name of His Divine Son, Jesus
106 Christ," but their entire attitude may be that very thing, but to
107 constantly be a reminder to one's self, to you, you should always
108 make it your point to repeat the words, because you are voicing then
109 what is in the heart, and why should you not do such a thing?
110

111 ***: Thank you.
112

113 C: Mental talking is as much as physical talking, and although your
114 mind and heart may be such that all petitions are in the name of
115 Jesus Christ, the Father's only Divine Son, it would only add to you,
116 and the recognition of His Love by repeating it.

Spirituality was discussed on 77-11-19, the 33rd Trance starting on page 498.

509 At the time of Advent it is generally the custom of some
510 religions to have what is called an Advent Wreath, and with the
511 proper attitude toward such things this can be of a spiritual
512 uplifting and a preparation for each and every entity at a soul level
513 to better appreciate the Love of the Divine Father. In most cases
514 the accepted Advent Wreath is a wreath made out of wheat straw, with
515 the candles of white, red, and purple. Since man is limited in his
516 ability to understand the Divine, the Divine often speaks to him in
517 symbolism, and man's understanding of these symbolisms only gives him
518 some minute awareness of the Divinity that lies beyond. Since not
519 all men are blessed with Beatific Vision, those that are not must
520 rely on thoughts and symbolisms. The wheat straw that is used to
521 make up the ring or the wreath symbolizes the fruits of the earth,
522 the circle symbolizing the eternity. Those fruits that man develops
523 or earns or that are his rewards are for an eternity, not
524 everlasting, but an eternity.

525 The purple candle that is often used represents the royalty that
526 comes into the world at this time of the year, and the light, of
527 course, atop the purple column is significant of the Light of Jesus
528 Christ. The purple column being His Royalty, His Reign, His Kingdom.
529 The red candle represents the Passion and Blood that was shed.
530 Blood and Passion, the control of the physical. The control to such
531 a degree that a soul can either accept the best in life if it is
532 given to him, or he can accept the worst in life if it is given to
533 him. The Divine Father has given him the strength to overcome all
534 the injustices that may be inflicted upon him. The Divine Father has
535 given him the inner strength to see beyond those physical injustices
536 or those physical pains to come to a greater realizing that those may
537 be as a lesson to others and not to the entity themselves, and so the
538 Divine Jesus Christ did suffer as an example to the extent which man
539 himself should have faith in the Lord God. Of course, the red again

540 is topped by the flame that symbolizes the Light of Christ. Many
541 people have great fear of the symbolism of the blood and the
542 sacrifice, and this is a weakness within them, and this is a weakness
543 that they must learn to overcome. When one is willing to endure
544 their situation whether it be pleasant or unpleasant, when they are
545 willing to make the best of that situation, they are showing the
546 faith that they have in the Love of their Divine Father. For they
547 accept such things that they cannot correct, because they know that
548 the Divine Father has a use for such an example. In most cases it is
549 to show the inner strength that man should have in his Divine
550 Creator, the inner faith that man should have in his Divine Creator,
551 the inner love and knowing that man should have in his Divine Creator
552 in that this Divine Creator would not inflict pain or sorrow on any
553 of His creations needlessly or even that He would do such a thing;
554 and in this then some entities do choose to undergo hardships as an
555 example of their love and faith in the Divine Father. So the Blood
556 of the Lord Jesus Christ should never bring fear into the hearts of
557 man, nor should it only indicate sacrifice and sorrow. What it
558 should indicate is the divine trust man should have in his Creating
559 Father, and the divine love that he has, and the divine faith.
560 The white candle represents the totality of Jesus Christ; the
561 column, the foundation and the Light, purest of the pure.
562 When man chooses to honor the season or to prepare himself
563 spiritually and mentally for the Coming of the Messiah, oftentimes he
564 does this by exhibiting an Advent Wreath and with this understanding
565 of some of the symbolisms of the Advent Wreath, we hope that those
566 who choose to prepare themselves in this manner will have a greater
567 awareness and a touching in with the Divine.

568

569 This can be accepted as our Christmas message to the people of
570 the world, to the people of the Bible Class, and to those of you who
571 are here. It is with all the love that we can possibly express to
572 you, that we do in fact say that we are your servants. Our only
573 request is that you use what we offer you in such a way so it helps
574 you grow spiritually; it helps you to become more aware of God and

575 His waiting patiently for you to return. It is our intention and our
576 commission to serve you as honestly as you will allow us, and we have
577 done so hopefully. What you do with what we give you we cannot
578 control since you are a creation of the Divine Father, you have the
579 free will. So accept our Love and our services and use them, return
580 them to the Father in the manner with which you have received them,
581 love and growth and the acknowledgment of Jesus Christ, your Savior,
582 our Savior, your Brother, our Brother. May God in all His Heavenly
583 Power and His Son Jesus Christ always shine upon you all.

Spirituality was discussed on 77-12-03, the 34th Trance starting on page 512.

519 C: (***), there is no quick way to reach God. We beg you to believe
520 this. There is no quick way to reach God. God is there. You do not
521 have to reach for Him. One cannot experience the Divine by using
522 artificial means. The only thing that the taking of drugs does is to
523 rupture your soul. It ruptures your auric pattern, your auric being,
524 and when that is ruptured, then it allows all the negativity to come
525 in and distort everything. Do you understand?

526

527 ***: Yes.

528

529 C: Generally when drugs are taken with individuals, they do damages
530 to that individual not only physically but in the soul, too, or in
531 the spiritual or the entity. You are marked in the physical just as
532 all those that do take drugs are marked, and you are marked in the
533 spiritual just as they are marked. But you have been fortunate
534 enough to be able to reach the means by which those marks can be
535 erased. By taking drugs an individual or an entity, whether it is
536 you or someone else, freezes the physical mind in such a way so that
537 it is extremely hard for them to think in godly ways, in true godly
538 ways. In years to come if man does not destroy himself before then,
539 he will discover where the abuse of such things or the use of drugs
540 for one's own pleasures has a reaction in the physical that is
541 definitely physical and is definitely there. Certain, shall we say,
542 electrical thought paths in the brain are frozen in a rigid position,
543 so that those that deal basically with the material and physical
544 attitudes, motions, instincts, whatever words you want to put on, are
545 frozen in that direction and cannot easily be changed so that the
546 spiritual can be expressed. You do not fully understand what we are
547 saying and neither will many understand what we have just said to
548 you, but this is not something that has to be permanently. It can be
549 corrected. Those processes in the mind or in the brain that

550 constitutes the mind, those processes can be changed, can be made
551 neutral again so that they will open to the divine thoughts and not
552 just to the physical thoughts.

Spirituality was discussed on 77-12-15, the 35th Trance starting on page 525.

208 ***: Bill has a question regarding (***) who attends the Bible Study
209 Class regularly. (***) became distressed at the last class at the
210 comment that all abortions are equivalent to murder even in such cases
211 where it is known the baby is deformed and would have difficulty
212 leading a normal life. The examples (***) used were the
213 Thalidomide babies or when the mother had German measles. He wants
214 to know is there anything that he could tell him, tell (***), that
215 might alleviate some of his apparent anxiety and he has asked us to
216 state he really likes (***) and he is concerned and (***) has not
217 asked him for information, he is doing this on his own.

218

219 C: Sometimes we wish he were not quite so clever in his wording.
220 Questions submitted in this manner put us somewhat on a spot. We
221 do not want to set examples for, or set, shall we say, means by
222 which such things can happen too often. If we were to address a
223 statement like this. Now mind the way we are saying this for
224 anything that may come up in the future. Is this understood?

225

226 ***: Yes.

227

228 C: If we were to address a question and a situation as this, we
229 would address it as such. It is understandable for an individual
230 to be concerned about such situations where an unborn child is
231 known to be deformed in one way or another, but nevertheless,
232 because man does know that this condition may exist, he does not
233 have the right to extinguish that life. First, he does not know if
234 there is a soul there yet or not. There could very well be a soul
235 from the moment of conception to the actual birth. So in this
236 situation since man is not God, he is limited, he must act in a
237 limited way. No man has the right to take another life, and this
238 includes those that, unfortunately, will not be born whole or

239 complete. You see, this is the destructive thing of karma, you
240 see, that there are general karmic waves or karmic situations or
241 conditions that men fall into and are entrapped into because of
242 their contributing negativity in their present lifetime or in their
243 past lifetimes, you see; and even though a situation like this may
244 not be acceptable to a man, it must be endured because one does not
245 know what their God may have in store for that particular unborn
246 entity or that particular unborn baby. True, it may be deformed
247 physically or mentally, but it also may have the opportunity to
248 have that deformity corrected, you see. But man does not have the
249 wisdom of God, nor the knowledge of God, so he cannot foresee this;
250 and so he must let life live once it has been started. Once a man
251 and woman unite and they use their bodies as instruments of God's
252 in creating a living being, there is where their godliness ends.
253 There they have a charge that they must accept and maintain. No
254 man nor does any woman have a right to cease life within the body.
255 If life has been placed there, it is there for a reason, and since
256 you do not have the mind or the knowledge of God, you cannot see
257 what that reason is. You see the unending struggle that the old
258 way has for man. It is an unending struggle and such things as the
259 ceasing of a life only entraps an entity or an individual in karma
260 that is almost impossible to rid oneself of. We said almost.
261 If an individual whether it be a man or a woman should come to a
262 point in his life or her life where she has made such a decision or he
263 has made such a decision, there is not much that can be done, and the
264 advice that we give for such people is an advice that is drenched with
265 hope and filled with hope, if they are wise enough to listen to the
266 advice. And that advice is this: That if that person were to turn to a
267 true Christian attitude and a true Christian belief, then he would
268 place or she would place all those things in the Hands of the Divine
269 God, and let that Divinity, that Source of Life, that Source of Love,
270 take care of the situation as He sees fit. You see, there are many
271 things that man knows of God that he does not always realize, and that
272 is if God is Love, then Love constitutes more than just the word "love."
273 But God constitutes all the qualities that make for a perfect being,

274 and one of the qualities that constitutes making a perfect being is the
275 quality of forgiveness. This, most assuredly, is a quality your Divine
276 Father has as is the quality of the Divine Lord Jesus Christ, and if
277 an entity male or female is responsible for such a situation, if they
278 were to believe, have faith, that this Divine Father does love them
279 in total, then all that is necessary will be given to that
280 individual to correct what mistakes that individual has made in
281 this particular lifetime, so that there will be no need to undergo
282 what might have been indebted, what that entity may have indebted
283 himself to in another lifetime. Now this does not give one license to
284 commit abortion or murder time and time again. Once is all that
285 can be permitted.

286 In the case of (**), the gentleman we are addressing, if we
287 were addressing him, is that his attitude should be this: that if
288 an individual has done such a thing in whatever circumstances may
289 have been, that if that individual were simply to admit their
290 inability to foresee their weakness and their lack of understanding,
291 then that particular individual would be raised up from the
292 situation providing that individual realized and accepted the Love
293 that the Father has; but from that point on then that individual
294 could not repeat the same action nor could he maintain an attitude
295 that would permit such actions to be permitted. Now we feel that
296 someone who has found themselves trapped in such a situation can
297 very easily rid themselves of unnecessary karma, if they were to
298 follow the advice we have just given. We feel that this answer
299 would answer the question, if we were to have addressed the
300 question.

Spirituality was discussed on 78-06-10, the 46th Trance starting on page 763.

684 C: Now listen. The fact that you are aware of a particular chakra
685 shows that you are concentrating on that chakra and this can throw it
686 out of balance. Think of yourself as a total being and that
687 everything that you have accomplished must now be presented in the
688 physical form through love, through the heart chakra. That is the
689 power chakra now. The thousand petal lotus chakra or the crown
690 chakra is open and is receptive. That flows down directly to the
691 heart chakra; there it is stimulated; it is energized; and it is
692 pumped up then automatically either to be expressed from the heart
693 through the general attitude and actions or through the voice or
694 through the brow chakra or the mind and the thinking that brings
695 situations of benefit and care. Do you understand?

696

697 ***: Yes. Partly.

698 C: Hopefully you will understand completely. No one in the Western
699 belief system and particularly in Christianity has to worry about the
700 chakras and least of all, any of the chakras below the heart chakra.
701 Those are stabilized and will not be hampered with. The only way
702 those chakras can become out of condition is if you take those
703 feelings, those illuminations, those understandings from the heart
704 chakra and instead of moving them up and out you retain them and
705 they will move down and out which will throw them then out of
706 balance. And it is only through the brow chakra then, the mind, the
707 attitudes, increasing that by concentrating on attitudes that are
708 contrary to what is being produced from the lower chakras, the lower
709 three. So then the brow chakra must overpower then the out of
710 balance lower chakras so that they will resynchronize themselves, so
711 to put it. Once this attitude that manifests in the physical for the
712 correction of whatever it was that was not expressed properly then
713 the attitude makes the changes and makes the control.

714

715 ***: So then it doesn't do any good to go through a meditative
716 procedure where you would concentrate on all of the various chakras
717 one by one?
718
719 C. It would be an utter waste of time. If you wish to use that
720 avenue, then the best way to gain peace of mind, if you wish, as far
721 as the chakras go, is to concentrate on a cycling from the crown
722 chakra down directly to the heart chakra and then up to the throat
723 chakra and the brow chakra and it would work in one large unit, not
724 separate. In other words, instead of four separate energy fields,
725 you would have four fields working as one massive unit.

Spirituality was discussed on 78-07-08, the 47th Trance starting on page 787.

652 ***: I had a question on a couple of changes they have made in the
653 Catholic Church and the first thing I would like to ask about is about
654 the different ways that Communion is given, like, you can take it in
655 the hand now, and they have people in the parish help distribute the
656 Host to the other parishioners. I would like to know if this is a good
657 thing or if it is bad?

658

659 C: No, in actuality it is quite beneficial. But Communion and the Host
660 itself should always be approached with a certain amount of reverence
661 and with the attitude of expectation. If you have no other thoughts
662 than general feelings of either the actual appearance or even just a
663 general attitude towards the essence that manifests in that, then you
664 will not derive the benefits that you should, but a definite, shall
665 we say, belief or attitude as to what that Host is and its purpose
666 then can bring a great inner strength to you. As far as individuals
667 administering the Communion or the Host, why shouldn't they? They
668 are every bit as worthy of that as any minister or priest, in fact in
669 most cases those who do are much more worthy.

670

671 ***: Thank you.

672

673 C: You see, it is the respect and reverence from the heart and the
674 belief with the feeling of expectation that you have that brings the
675 real power of Christ through the Host to you. Many people will receive
676 the Host and really not experience anything; that is because they do
677 not firmly believe in what is transpiring. The minute they firmly
678 believe in what transpires they will notice a distinct difference in
679 their presence after receiving Communion. But to take, shall we say,
680 a blase' attitude towards it or even, shall we say, just an attitude
681 that is lukewarm as far as understanding then you receive really much
682 of nothing, at least in the way that you can perceive. Regardless,

683 you do receive something, but it can become much more rewarding and

684 much more fulfilling at least in the conscious form if you can

685 instigate the proper attitude and feelings at that time. Very well.

Spirituality was discussed on 78-07-08, the 47th Trance starting on page 790.

803 ***: Some say that by giving attention to Lucifer, Satan, or
804 negativity that that just adds strength to negativity. Is there
805 value in not thinking on the point of negativity at all?

806

807 C: Far from it. That is the very attitude that negativity would like
808 to see all of you adopt. If you all stick your heads in the sand, then
809 naturally you cannot protect yourself. It is not good to be obsessed
810 with the negative aspects and its working, but to have a good knowledge
811 of it, is only wise, it is only good common horse sense, if you wish to
812 put it that way. By all means we should be aware of negativity and how
813 it works and in the subtle ways that we must come across it constantly.
814 How we can protect ourselves from it: You cannot add to negativity
815 by concentrating on it, if your attitudes are positive, your being is
816 positive, and your motivations are positive, you cannot add to
817 negativity. If anything you can deter it or weaken its effects or
818 strengths. Have someone tell you that by concentrating on negativity
819 you add power to it, to be sure I would suggest strongly that you
820 take a second look at an individual like that. For it has been the
821 experience of some of us in our time in the physical to have had such
822 attitudes presented to us and have had our beings, shall we say,
823 tested severely by such attitudes. This is a devious way of moving
824 you in a direction so as to keep yourself unprotected and ineffective
825 against negativity. Very well.

826

827 ***: I see that some of these questions probably have been answered,
828 the next question is, Would it be wiser to be aware of negativity but
829 not to dwell on it? I think you have pretty effectively answered that.
830 The next one is in what ways can we be aware of the negativity that
831 is around us?

832

833 C: Hopefully, you have all begun to become more aware of godly

834 actions, godly deeds, godly attitudes, and you become more aware of
835 the negativity around you when you choose to look at all things in a
836 spiritual point of view. How does this contribute to the benefit and
837 welfare of mankind? Or how does it contribute to this or that that
838 would be more in line with a united effort, an effort or a point of
839 movement wherein you are adding to all and not just adding to a few
840 select, you see. This would give you some, shall we say, scale of
841 judgment or some scale of measuring and some awareness. The more you
842 grow personally on a spiritual level, the more sensitive you will
843 become to those, shall we say, subtle negativities that most people
844 accept as, "Well, that's the way things are." Those are the most
845 destructive negative forces because they eat at the very foundation
846 and the very core of what is going on. So the more attuned you are
847 spiritually, the more you will become sensitized to negativity and
848 you will be able to, shall we say, set up a front against it, in one
849 way or another.

850 At the same time one must be careful that certain negative
851 aspects of one's own being does not point out to positive things and
852 claim that that is negative. It can be quite, shall we say, sticky when
853 that occurs. Many times when individuals know that they should do
854 something and do not, they rationalize the situation and oftentimes
855 will even, shall we say, place a negative sign on such things simply
856 so they do not have to accept the responsibility or the actions
857 necessary. But generally more attuned spiritually you are, more
858 protection you have for yourself and those around and about you.
859 Now, protection in the sense of being able to discern the spirit of
860 the Antichrist and negativity. Very well.

861

862 ***: How can you know whether the negativity is from outside or from
863 within us?

864

865 C: Outside and from within. You see it is not quite so separate.
866 It is a spirit. Just as you have the spirit of Christ or the
867 Mystical Body of Christ, you also have the opposite. So it is not a
868 question of from without or from within. If you have a negative

869 element in your make-up, then it is also part of you internally and
870 it is also a part of you externally. So you see it is like a force
871 that exists, that permeates everything, just as the positive force
872 does, and you attach yourself to that negative aspect, you see. But
873 if you allow an element of negativity to maintain a strong hold in
874 your being, then you are only endangering yourself even further
875 because through that, shall we say, small channel of negativity, more
876 can creep in and open up that channel even greater so that more of
877 your being becomes then negative or becomes more susceptible to
878 negative influences. Very well.

879

880 ***: What can we do to avoid negativity?

881

882 C: Develop spiritually within, inside yourself. Place your entire
883 being in a positive frame of mind at the very beginning of your day,
884 simply by starting your day off with a prayer and committing yourself
885 to a godly existence for that day, that is your first means of
886 protection. But from there you must take a constant watchful eye on
887 each and every thing that transpires. It is not an easy task at
888 first, but once you attune yourself to such a day, over a period of
889 time it becomes quite natural and you automatically protect yourself
890 as long as you are willing. You see, it first comes through the
891 inner change and attitude. Make each act of yours an act that you
892 are offering up to your Infinite Father as an act of prayer and each
893 act then that you find yourself engaged in, check and see if it is a
894 godly act, if it is something you wish to offer up to your god or
895 not. You see? Very simple little things like that can help keep
896 your entire day a godly expression, thus eliminating any effects of
897 negativity, at least to the point where it would be detrimental to
898 you. Very well.

899

900 ***: I feel that you have answered number seven. What positive
901 actions can we take to deal in a godly way with negativity, have you
902 not?

903

904 C: Basically, yes.

905

906 ***: What is the best way to protect ourselves from negativity?

907

908 C: There are many ways, if you are talking of, shall we say, little
909 gimmicks. There are many ways of doing that. But basically again
910 they are only, shall we say, amplifiers for the mental attitude that
911 must be present, such as protecting yourself with the White Light
912 which is a very strong form, because it necessitates visualization
913 which is a strong tool. The gemstones that we have given you in the
914 past can be a form of protection, but you see, these are all, shall
915 we say, little gimmicks; they are little amplifiers. The real
916 protection comes first in your own mental attitude. Now, there are
917 times in rare occasions when some individuals have no means of
918 protection at all in themselves; this becomes part then of, shall we
919 say, a situation which is governed under the karmic law but this
920 comes to very, very, few. As far as your own beings and protecting
921 yourself, keep yourself attuned to godly ways, and that is your
922 safest means of protection. Use the visualization process of the
923 Light that represents Christ and His protection. Those would be the
924 simplest and most productive. A good foundation in what is godly and
925 what is not as far as knowledge goes is very beneficial. A certain
926 amount of knowledge is good. Then from that knowledge allow your
927 God-given wisdom to put it into practice and to magnify it so that it
928 becomes useful in many areas of your day-to-day existence. Very well.

929

930 ***: Did Jesus Christ free man from the power of negativity and if
931 so, how?

932

933 C: We can answer yes to that in this: negativity and karmic debt go
934 hand in hand, and since the entrance of Jesus Christ into the
935 material manifestation brought about a bridging affair or effect in
936 which you can automatically shed off those karmic debts, then I think
937 that this would be sufficient in answering the question.

938 ***: Is there a specific area or is there a realm either physical or

939 spiritual that negativity exists in?

940

941 C: Please repeat the question.

942

943 ***: Is there a specific area or is there a realm either physical or

944 spiritual that negativity exists in?

945

946 C: There we get into the hierarchy structure of what you would refer

947 to the heavenly realms. Again what exists beyond this physical

948 manifestation that you are aware of is an existence far more intense

949 and far more real than the flimsy flesh and bone and what have you you

950 call living. There are definitely areas where the negativity does

951 exist, because it is present in beings or in conscious states that are

952 beings, just as the positive is in existence. When we refer to Lucifer

953 or Satan we are referring to beings just like yourself, only beings
954 that are in a spiritual form or in a conscious state, but they are
955 every much a bit of an individual as you are. So as you shed that
956 physical realm that you are accustomed to, and you enter into the true
957 existence, yes, there are areas or there are, shall we say, segments
958 that negativity is in existence in. There is a definite form of
959 existence after you leave the material manifestation. There is
960 graduated, shall we say, beings; there are jobs or positions, whichever
961 you wish to describe them as, that must be fulfilled and since there is
962 a definite existence, a definite pattern of living after the process
963 called death, then there is segments or areas that are definitely
964 occupied by negativity. Very well. As in the physical manifestation,
965 let us continue, there are segments of the earth that are definitely
966 negative, not because of anything in or on the earth but because of
967 those beings, those people, those spirits, that occupy that area. In
968 other words, there are some, shall we say, cities or towns that are
969 definitely negative, but only because those individuals that live there
970 are basically negative. So in some sense we would have to say there are
971 certain areas in the physical that are negative but only because the
972 individuals that occupy those areas or live in those areas are negative
973 not that the area itself is negative. Very well.

974

975 ***: The next question again you have basically answered. Is there
976 a gathering point for the positive or godly or divine aspects and a
977 gathering point for the negative aspects? Are these physical points
978 or spiritual points?

979

980 C: Please repeat the question.

981

982 ***: Is there a gathering point for the positive or godly or divine
983 aspects and a gathering point for the negative aspects? Are these
984 physical points or spiritual points?

985 C: They are both. If you take into consideration what we said
986 about the negativity, it also applies to the positive. There are
987 areas on the face of the earth that are extremely spiritual and

988 extremely positive and also as you leave the material manifestation,
989 there are areas there that are totally positive, totally godly.

990

991 ***: Thank you. In Trance # 33 you say, "And to be sure there is a
992 hierarchy and to be sure there is a Lucifer, although Lucifer himself
993 can manifest in many ways since he is still an angel, since he
994 still does have the spiritual powers, he can bring much into play."

995 In what different ways could Lucifer manifest and why?

996

997 C: Anyway that would be necessary for his cause.

998

999 ***: Is there any specific instance that you could give?

1000

1001 C: Lucifer has touched on the physical earth, never in the form of a
1002 "man" but always in his form as, shall we say, an angel or a tempter
1003 or a seducer or an adversary. Now the time is when he will take on a
1004 physical form as you and the rest know it.

1005

1006 ***: Will that be the Antichrist?

1007

1008 C: Well now, that is quite obvious isn't it, since it is spoken of
1009 in the Bible?

1010

1011 ***: What country would that be in?

1012

1013 C: Next question.

1014

1015 ***: We had a question farther on down that says: When the Antichrist
1016 makes its appearance, will it be in the form of one body or in the
1017 form of a group of bodies?

1018

1019 C: You must keep in mind that when you talk about the Antichrist
1020 there are two forms of the Antichrist and it is extremely important
1021 that you all keep this in mind. There is the spirit of the
1022 Antichrist, which constitutes the attitudes and the totality of the

1023 spiritual and moral attitudes of the physical plane. Then there is
1024 the Antichrist himself. But the spirit of the Antichrist precedes
1025 the Antichrist himself because it is that spirit of the Antichrist
1026 that will establish the foundation necessary for the Antichrist to
1027 have world control, you see. Now the spirit of the Antichrist is that
1028 force which is manifested by all those beings who are negative,
1029 self-centered, who have pulled themselves away from the universality
1030 of God and their fellow beings. Negativity is nothing more than a
1031 selfish centering of one's own individuality. It is that simple.
1032 Selfish, you are negative; positive, you are unselfish. You think in
1033 terms, if you are positive, of all; if you are selfish, you think in
1034 terms of "I." You see?

1035 ***: Yes.

1036

1037 C: So then the spirit of the negative is the "I" spirit, "Me"
1038 spirit, "myself" spirit, and this is the, shall we say, food that
1039 feeds the Antichrist or the whole Antichrist concept. Very well.

1040

1041 ***: Does the entity Lucifer play a part in how we accept negativity
1042 or how we are challenged with it?

1043

1044 C: The question is not as clear as it should be.

1045

1046 ***: Does the entity Lucifer play a part in how we are challenged by
1047 negativity?

1048

1049 C: Very well. In some cases the entity Lucifer can play a direct
1050 part in how you are challenged with negativity, but as a general rule
1051 none of you are worthy of the effort as far as he is concerned. Now,
1052 that does not say too much for you. Let time proceed and let you do
1053 what you should do, and by all means he will take a second look at
1054 each and every one of you. That is something to be proud of. To use
1055 some very old-fashioned terms, accomplish enough so that the Prince
1056 of Darkness himself takes a look at you, you have done something, you
1057 are a bright shining light. Very well.

Spirituality was discussed on 79-04-20, the 64th Trance starting on page 1038.

145 C: One could compare the actions of the physical as almost habitual
146 or habit. Habits, as you know, are extremely hard to break, and they
147 would appear to control you, where in fact it is not a controlling of
148 you, but a lack of control of yourself. Do you understand?

149

150 ***: Yes.

151

152 C: Again the conflict between the physical and the spiritual comes
153 only because of the habit instigated by a segment of your own being.
154 Do you understand?

155

156 ***: I think to some degree, so then when the physical is created,
157 the part of it, as you were saying that is closest to the physical or
158 the closest directing force would be that part of us that has gotten
159 used to the physical and the physical expression and all those things
160 that keep us in the physical.

161

162 C: It is more the things that keep you in the physical than the
163 physical expression itself. Do you understand?

164

165 ***: Yes.

166

167 C: That makes the difference. It is the things that have kept you
168 physical, that kept you separated from your Father. You begin
169 to see the, shall we say, you begin to see a little clearer picture
170 of your spiritual aspects.

171

172 ***: Then it is our task to ...

173

174 C: To break the bad habit, to put it very simply. So when one sees
175 a conflict again, then, between the physical and the spiritual,

176 especially when you say consciously you know that something is so,
177 something, shall we say, an attitude is spiritual as opposed to an
178 attitude that is not, and yet you find yourself constantly going with
179 the attitude that is not spiritual, you can look upon it as, shall we
180 say, a rut that has been formed through past expressions by that
181 segment of the subconscious that controls all the karmic debt or that
182 stores all the karmic debt or as we have said that last element or
183 that last aspect of consciousness in this sub-area that the soul or
184 spirit must manifest through. In this respect to some it would appear
185 as though the material manifestation or the physical body has a life
186 of its own; it moves contrary to the spiritual desires. It does not
187 have a life of its own, in that respect, that it is separate; the life
188 that is, shall we say, ungodly or not spiritual gains its momentum or
189 its essence from the habit of being separated from your Divine Source
190 or from the karmic debt that is constantly being fortified by each of
191 you in your expressions. Man who has the habit of smoking finds it
192 extremely difficult to stop smoking, and in many cases he will use the
193 excuse that he is hooked, that he cannot control it, the habit has a
194 hold on him. In his, shall we say, perspective of the situation, to
195 him, yes, he is hooked, the habit does have him; but to look at it a
196 little deeper, the habit itself does not have any life or any force;
197 what gives it the appearance of life or force or controlling influence
198 over the man is that the man himself deep down does not have the
199 desire to wipe away the habit; so he moves within an established
200 pattern and in most cases allows that pattern then to influence him
201 constantly or even further. Now do you see what we are saying?

202

203 ***: Yes, I think so, and then for us to try and begin to influence
204 or break those bad habits, like in smoking, you would try and
205 instigate the desire that you would want to, and then go one day
206 without smoking and then just keep doing that, just bringing forth
207 that desire until eventually then you no longer have that habit, so
208 you didn't smoke anymore. Or say ... Maybe that is not very
209 clear.

210

211 C: We would say that your example is not as well-chosen as it could
212 be here in speaking on spiritual matters and your at-one-ment.
213 First, knowing that you are separate, knowing that there are areas
214 that you can improve in is the first step to, shall we say, breaking
215 the control of the physical over yourself. Thinking on it and
216 concentrating on it, involving yourself with more ideas and attitudes
217 along with spiritual development begins very slowly but surely to
218 undermine the physical hold or physical habit. Do you understand?

219

220 ***: Yes.

221

222 C: Taking small situations wherein you can demonstrate your desire
223 for greater spirituality begins to further chip away at your present
224 state, and making these small good habits, such as kindness, a
225 pleasant smile, a good word, making these then a part of your
226 everyday manifestation they begin to grow then. Do you understand?

227

228 ***: Yes.

229

230 C: Maybe on the, shall we say, first week you would only be pleasant
231 once a day or have a good word or a kind word once a day, but then
232 the second week you may try it twice a day, and then three times a
233 day and so on and so forth, till whenever you speak to an individual
234 you speak first with the thought of kindness towards them before any
235 word comes out of your mouth, and then love and then works, actual
236 works, kindness and love and charity; and so you recondition that
237 subconscious area, thus it changes the physical; but the physical
238 must also be trained; the spirit to your being will influence the
239 physical from exterior sources by bringing the physical in contact
240 with the right individuals, the proper individuals, who have a godly
241 attitude, thus you consciously gain knowledge and experiences, while
242 the spirit itself manipulates through this area of the subconscious
243 that carries the karmic debt, and so you work with yourself,
244 influencing from both ends. Do you understand?

245

246 ***: Yes.

247

248 C: Basically, through past incarnations you have established certain
249 actions, attitudes, to certain conditions that are every bit as set
250 as an individual who has an incontrollable habit of smoking
251 cigarettes or drinking. You become enslaved to that habit, and so to
252 break that slavery then you must work from both aspects, influencing
253 that level of consciousness that contains the karmic debt through the
254 spirit or through you yourself and by your association with others.

255

256 ***: Thank you.

257

258 C: It is, shall we say, like a veil or screen within yourself that
259 can be eliminated only through the process of unweaving that screen.
260 Some can do the job much quicker; others, it takes a small amount of
261 time more or maybe a different mode or way of eliminating that
262 screen. Possibly another way of looking at it is this, that your
263 soul or you as a spirit being have developed a callous. Do you
264 understand?

265

266 ***: Yes.

267

268 C: There is a friction that creates a callous, a rubbing the wrong
269 way; and the only way to eliminate that callous then is to move that
270 point of pressure or the rubbing someplace else, change it; and so in
271 this area that contains the karmic situation, the karmic debt from
272 all the past experiences, must be eliminated in order to gain the
273 greater control; now it cannot be eliminated completely, but the
274 effort to try to eliminate it is what is needed. Once the desire is
275 there and true, you will begin to manifest a more godlike life in the
276 material, that definitely will get through the indebted area. The
277 rest as we have said, the Father loves you beyond your ability to
278 comprehend, and because of this He simply removes the debt for you.
279 He knows now that you have placed yourselves in positions that you
280 yourself cannot eliminate, so He requires only your desire to do so.

281 You see, you in your present form cannot truly love God the Father.
282 What is required is that you have a desire TO love Him; then He will
283 place you in a position so you CAN love Him. Very well.

Spirituality was discussed on 80-06-28, the 78th Trance starting on page 1233.

332 In your world today, for you to perform one small act of love
333 can be compared to a man encased in a cement or stone cubicle,
334 attempting to move from this cubicle of stone that completely
335 penetrates every atom of his body. A man frozen in solid stone or
336 cement, his efforts in attempting to move can be compared to your
337 efforts of love in the material manifestation, the effort necessary
338 to perform an act of love; and as time goes by, you will see it
339 become even harder to demonstrate love from your world.
340 Man may be able to perform miracles with his technology, but
341 because of his lack of love and concern for his fellow man, his
342 technology will become his curse. The gift that the Divine has
343 given man will be used by man, because of his selfishness, to cause
344 much that is ungodly, but again this demonstrates your free will.
345 All the advances in the medical profession and in the scientific
346 field are yours to make your existence a much better existence, and
347 are given to you as opportunities to use in such ways so they
348 become acts of your brotherly love. All your advances, all your
349 technologies, are given to you for one thing and one thing only, as
350 an opportunity to demonstrate your love for one another, but as we
351 said before, you are free to do with those things that you choose.
352 You can bring blessings upon the earth and raise its consciousness
353 and its vibrations through acts of love on a personal level, on a
354 scientific level, on a medical level, on any level, or you can
355 bring its destruction: the choice is yours. The ability to grow a
356 limb that has been removed for one reason or another can be yours.
357 The ability to grow any part of the body that has been damaged can
358 be yours, for your spiritual upliftment, but will man use that
359 knowledge for his spiritual upliftment? Or will he use it to
360 satisfy his insatiable greed, his insatiable self-love? You find
361 it tremendous to move an object or change its shape through mental
362 faculties; this is nothing; a mere child can accomplish that; but

363 even such an insignificant ability can be used for spiritual growth
364 or spiritual downfall. The beauty of existing in the God-made
365 heavenly realms is that no action which is a refusal to move
366 forward brings a spiritual loss; it brings a stagnation to a degree
367 but even in that stagnation, that refusing to move, once the move
368 is made, which is inevitable, that stagnation, that standing-still
369 adds greater awareness to you and the faults that you perpetrated
370 on yourself. So you see in essence, nothing is in the reverse in
371 the heavenly realms, in the God-made heavenly realms. What may
372 appear to be a standstill is only an attitude to instigate a
373 greater step upwards in, shall we say, for lack of a better term, a
374 short period of time. Now remember, there is no such thing as
375 time. As man learns in the future, time is only related to the
376 shadow that you have created. It is related to your period of
377 stagnation. If you were to move fast enough, there would be no
378 such thing as time. Very well.