

SOLAR

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Becoming More Spiritual

William LePar



COMMENTS ON SPIRITUALITY

I will tell you from my experiences, you cannot change overnight, and if you think you can, man, you are defeated before you even start. Start picking at the little things in your life, start chipping away at the hardness in your life. A smile is the best step forward. When we talked about missions in life, you don't have to have a great big mission in life. The people with the big outstanding missions in life, the ones that you hear about, they really don't do a

thing. All they do is make noise. It is the noise that they make that hopefully flows into you and stimulates you into really making the accomplishments, making this world into a better place to live.

What does Billy Graham do? One man. He preaches one hell of a good sermon. So, he gets ten thousand people to come down or witness or whatever they do. What does that do? He gets ten thousand people. How many millions

of people are in the world, but what can those ten thousand people accomplish? They can accomplish a lot more in one month than a hundred Billy Grahams can in a hundred years. I am not putting down Billy Graham; I think he is good. But that is

an example. The people who stand up in front and talk are not the prime movers of God's Plan. Remember that. They are not the prime movers of God's Plan. They are only figureheads; that is all. They are only something that you can see. They are

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Editor's Note—This article is an excerpt from a book based on William LePar's Bible study classes that discussed the Gospel of John. Titled *The Eagle Soars Volume 5; The Book of John Chapter Seven, Interpreted by William Allen LePar*, the book is the fifth in the series examining the Gospel of John. It has recently been published and is currently available from SOL.

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only something that is used to trigger God's action in you. That is all. Other than that, they are useless. They don't accomplish anything other than that. If they even do it. It is you that have the missions in life.

Some time ago, we covered the point that every mission, every life, living right now, is an important life, has an important mission. There is no unimportant mission when God

is calling you; there is no such thing as an unimportant mission. If you go to work tomorrow or Monday, and you see someone walking down the hall who has a frown on their face and you smile and say, "Good Morning," you have no idea of the repercussions of that. I have used this example, time and time again. That person could be on the verge of committing suicide and is desperately wanting someone just to recognize

that they are alive. You come along and say, "Good Morning," with a smile on your face, and you have gone one step further. You have acknowledged that person as a human being, and you have smiled. That may be the very thing that will turn that person away from committing an act of suicide or something else. But, when you start to get down to the nitty-gritty and talking about this stuff, people get a little frightened

and say, "Oh, wait a minute, that sounds like more responsibilities, and that is the thing I am running away from." So, you see, we kind of chase our tails. We want, but we don't want to put out the effort. You can go to any group you want to, you can go to any church you want to, and you can talk about all the spirituality and all the reincarnation, and all this and all that, and it won't do you a damn bit of good unless you are going to go and

SOLAR is published quarterly by SOL, a non-profit organization dedicated to research and education on spiritual and metaphysical topics. We encourage you to share your comments and insights with us. All articles are based on the insights and guidance provided by The Council through William Allen LePar.

The Council is a gathering of twelve souls who once occupied physical bodies on earth but who have since forever left the physical world. In their final act of love for humanity, they teach us to regain control of our lives and reunite with our Divine Source.

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do something. If you have your mind set on becoming a great preacher or a great mystic or a great spiritual leader, then you are not interested in doing anything for anybody. All you are interested in is becoming,

You come along and say, "Good Morning," with a smile on your face, and you have gone one step further. You have acknowledged that person as a human being, and you have smiled. That may be the very thing that will turn that person away from committing an act of suicide

"Hey, look at me. Come and adore me." See how life is. But, if your goal is to go out and touch a human being, if your goal is to go out and let God express

through you, then that is an entirely different mindset because then you will find yourself doing little things that you probably have overlooked, smiling, talking. How about if someone has a load of books or packages and you have nothing. "Hey, let me help you carry those." No big thing, but that is a demonstration of love, and that is where true spirituality lies. It is the reaching out and showing some feeling, some concern.

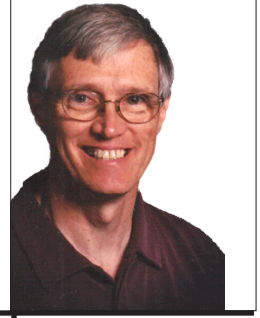
One of the biggest eye openers that I had was when we moved down to Minerva. We didn't know anyone down there; we didn't know a soul. We lived down there for a week or two and I told my wife, "Let's go downtown and see what kind of stores they have

down there." So, we started down the street and somebody passed us, and they said, "Hello, how are you?" and I said, "Who is that?" I said to my wife, "Do you know them?" and she said, "No, I don't know them." Just about every person that we met had a smile or a nod or a hello. At first, I thought, what a bunch of freaky people. The most they could get out of me was just a crack of a smile, and I thought it was odd talking to people you don't know. What a difference, what a difference. I am sure that if some big-city people come down to our little hole in the wall in Minerva and I say, "Hello, how are you?" they will say to themselves, "Who's that kook? The town is full of freaks." Why do

we think that way? Because we have withdrawn so much. We have isolated ourselves from our parents, from our wives, from our children. We have put ourselves into a funnel so that the only thing we see is the boob tube. That is the only thing we can relate to anymore. Some relate only to football, pretty soon baseball, or those soap operas, or the game shows. We don't interrelate with people anymore.

The only place you will ever reach spirituality, the only place you will ever meet Christ, the only way that Christ will come into your life, is by your relationship with others, because as you look into the face of someone you are helping, if you look closely, you will see the face of Christ.

Becoming What We Are Not



David Ries

William LePar, in his later newsletter articles, would often take a famous quote and reflect on its meaning. He would emphasize what that quote meant to him. He would also discuss it in reference to the teaching of his spiritual source, The Council. I would like to do the same with a quote that I find helpful to me. To become what we are not, we must go the way which we have not. A paraphrase from TS Elliott, The 4 Quartets.

I believe that one of my biggest challenges is the tendency to overreact to situations that I find difficult or troubling.

The Council said many, many times, “Stop, think and then act. Never react.” For me to put this into practice I had to accept that I have a problem. Next, begin to recognize when I overreact, and then take responsibility for my reaction. Then, I need to make a conscious effort not to

do that again. Realizing and accepting the fact and being willing to commit to take action is a good start. However, **to become what I am not**, I must make it a priority in my mind. All choices begin as thoughts in the mind. Realizing my tendency to overreact before I act arms me with a weapon that I can use to help me stop or at the very least, modify my actions. That weapon may not work every time an incident occurs, but if it helps just a few times, over time, the strength of that weapon will increase.

To accomplish this goal, **I must go the way that I have not**. Vince Lisi, one of our guest speakers at our recent Universal Being Conference, gave us 10 Habits of Life and Living. One of those was to set an intention for the day when you first awaken. I now apply that habit. When I wake in the morning, my first thought is to

set an intention for my day. Currently, that intention is to be on the alert for times that I react to a situation. I find that there are certain people, places and situations that can cause me to overreact. For example, when I get behind the wheel of my car, I remember that some people may not drive the way I might wish. If I make myself aware of my tendency, I empower myself to deal with that habit as it arises. It is important to note that most of our problems in life occur with the choices we make. Choosing to actively apply this new habit is a choice that I made.

The Council has often talked about discipline being an important part of success in life. Once I have a goal in mind, then fulfilling that task is a matter of disciplining myself so that I apply energy and focus to the desired task. Of course, that energy has to be applied

constantly until I feel that I have overcome the problem. Then, **I became what I was not**.

The Council: To change your life into something more positive filled with greater joy and peace, change your consciousness ever so little, if that is the best that you can do, and your life will improve, your happiness will be assured, your joy and your peace will be yours. Spiritual growth, and this is an important statement, cannot be gained through the knowledge that you have or the wisdom that you have, it cannot be lost because you may have a lack of knowledge or wisdom, spiritual growth is gained only by what you do with what you have. This Divine Essence will accept you as you are, if you will only allow that to happen.

A Christmas Message from The Council

Now as to a message to all. At this time of the year man has seen fit to proclaim it the time of Advent. Advent. Yes, the time that one makes for the preparations of the New Coming. Preparations to receive the Christ in the physical. Lo, this was done many years ago, but it was not done over a few years, but this preparation started from the very beginning of time and constantly was worked on by a select few. As they worked diligently, as they believed diligently, they built within them and their community an awareness that would pave the way for the entrance of Christ. And in today's world man should also attempt this, especially at this time of the year. He should place forth much more effort in going over his own self. To look into that mirror and judge whether he is worthy or whether

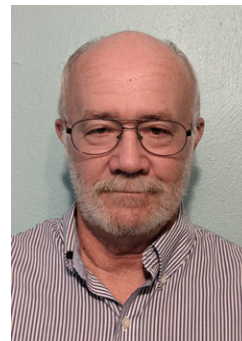
he is not worthy. Has he truly put forth the effort necessary? Does he have the honest heartfelt desire? If not, then this is the time which he should apply himself so that he can raise his awareness to that degree which could accept the Consciousness of Christ. He should extend himself out so that he may become part of that mystical body or that mystical consciousness so that he too may live, instead of just exist. So, he too can become more aware of true illumination and true spiritual awareness. And so now at this time man should reminisce upon the birth of Jesus Christ and take these thoughts and bring it within himself and attempt to instill that Love that the Father demonstrated so vividly for His children. He should attempt to demonstrate that same love to his fellow man,

thus insuring his place in the new world, in the new existence. Adding to, building up, and for, instead of attempting to draw from. At this time man wishes to express some form of that innate awareness of the giving God and the loving Christ by exchanging gifts on Jesus's birthday. Let this deep awareness become more active in your everyday lives. Do not hold it to a few short weeks at the end of each year. Start now with the beginning of a new year to promote this feeling of love, this feeling of giving, this outgoing love. Promote it so that it not only encompasses a few short weeks at the end of the old year but engulfs the entire new year. Let this become the New Birth for you. Think of that helpless little babe and the suffering that in a few short years it would have to endure. And for what reason:

for its own at-one-ment with God? No. For your at-one-ment with God. So that your way could be made easier. So that you in one short existence in time could step from the physical into the glories of your Father. What greater love could any man have given to him? May that Divine Father and that Blessed Love which is His Son and Creator always be near to you. May you always be open to that Presence. May you always reach out to that hand that is already waiting for you. That has long, long been waiting for you and that patiently will always wait for you. Accept that personal Love He has for you and be glorified by bringing glories to your Father.

This is our Christmas message to you and to all. Think upon it for it says much more than just words.

Oppenheimer Had Eyes But Didn't See



Denny Highben

It seems that science is both in a sprint and a marathon to conquer the mysteries of consciousness. The marathon is the unrelenting pursuit of truth for so many years, because science cannot simply accept the conclusion of Rene Descartes: “I think, therefore I am.” The sprint is found in the details of what might be called the “exploded view” of the entire process. Studies here and there, focusing on specific theories and observations, and then the celebratory exclamations of success in discovering new observations that lead to new theories... and on and on. Too bad science did not decide to begin its inquiries into consciousness from Descartes’ even more simplified conclusion: “I think; I am.” On October 13, an article on my pocket computer (AKA a smart phone) reviewed the results of a study about consciousness in babies.

From the opening of the article:
There is evidence that some form of conscious experience is present by birth, and perhaps even in late pregnancy, an international team of researchers from Trinity College Dublin and colleagues in Australia, Germany and the USA has found.
*The findings, published today in the peer-reviewed journal **Trends in Cognitive Science**, have important clinical, ethical and potentially legal implications, according to the authors.*

For me, the intensely aggravating aspect of such continued inquiries is that they begin with a rock-solid acceptance that we are physical. In other words, that consciousness must somehow be born through the physical organ of the brain. And yet scientific inquiry has already proven otherwise. Here’s an illustration, as provided by a wee bit of dialogue from the 2023 movie about the life of Robert Oppenheimer:

The physicist is asked: “Can you explain quantum mechanics to me?”

Oppenheimer answers: “Well, this glass, this drink, this countertop, our bodies, all of it. It’s mostly empty space. Groupings of tiny energy waves bound together.”

Questioner: “By what?”

The genius answers: “Forces of attraction strong enough to convince us (that) matter is solid, to stop my body passing through yours.”

Personally, I can verify that I am far, far, from even being on the same non-existent planet as intellectual giants such as Oppenheimer and Descartes. (I once let a woman sell me a fancy vacuum cleaner because I felt sorry for her. And I don’t even want to think about the time-share I got out-foxed into buying.)

But even folks as occasionally dull-witted as I am can ask some pene-

trating questions. What are those “forces of attraction” that convince us? Immediately, I think of gravity as a force of attraction that draws physical objects to each other. But if nothing is solid anyhow, how can that be? More importantly, do not “forces of attraction” have to have a point of origin? Do they not need to be created?

It seems to me that we need to start our inquiries from the perspective that the physical may not be real, and that our perception originates from somewhere other than the physical world. That’s only common sense. How did we get here? For thousands of years, physical man accepted the existence of the spiritual realms. He (and she) accepted the existence of a Divine power as the source, the headwaters, of all life. Through the eons

and cultures of the past, myriad explanations evolved to help physical man better comprehend his origins, but there was always an “other worldly” context to those explanations. Many of our advanced cultures simply ignore the possibility that there is more to mankind than his physical reality. Therefore, we blindly accept that progress is part of our physical evolution. We have been improving on ourselves for tens of thousands, even hundreds of thousands of years, without the help of a Divine Creator. At least, people smarter than me (the guy who bought a #!%!!ing expensive vacuum cleaner AND a time-share) have been saying so, even before Charles Darwin took his voyage on the HMS Beagle and began to theorize about the evolution of species. We have come a long way. We have invented marvelous things. We’ve been to the moon in person and our inventions – **our creations** -- are probing the universe. Standing on Mars seems within our grasp and, who knows, someday we may leave the solar system. Here is a quick summation of why the

attitude that “we did it all by ourselves” has evolved. The Council, the non-physical source that spoke through the catatonic trances of William Allen LePar, was answering a question about why scientists continue to champion the theory that mankind is the result of mindless, physical evolution:

Questioner: When will man as a whole and scientists in particular find out that this is the case and quit trying to piece all this together as the evolution of man?

The Council: Well, as soon as the ego of some of these scientists is brought to bay. It is simply egotism on the part of the intellectuals, trying to make something that does not exist. They want to be their own gods. Do you see? They want to say that they have achieved, that they at one time swung in the trees and through their intellectual prowess were able to climb down out of the trees and stand erect and make them what they are today. Pure egotism. Common sense would indicate other than that, but men of intelligence, men of pride, and we might say women too,

are so bloated with their own self-love that they cannot see the trees for the forest.

That quote from The Council is one of my favorites. Years before The Council said that, someone else asked a more direct question:

Questioner: Did man actually descend as Darwinism claims up through the lower animals through ape into man?

The Council: Not as such, no.

Questioner: Then there is no missing link that they talk about?

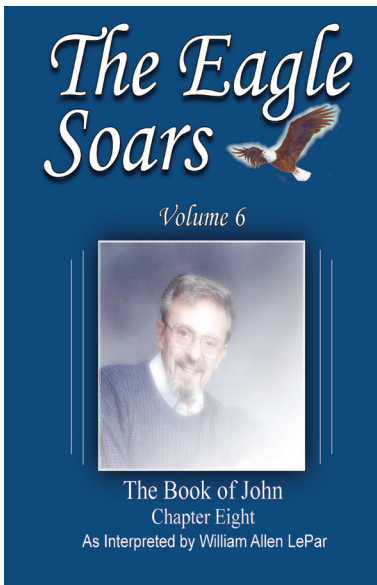
The Council: No. But man has developed from a crude individual to a refined individual many times. But as far as there actually being a relationship to an animal, no. And this is where those who search out such things have missed, shall we say, the boat. Because if they were to dig deep enough and in the right places, they would find many, many beings that have been developed more or less than what man is now. And this can be, of course, determined by the structure of the body, you see, and by the cavity of the head, you see. So there has not been just a single progress of man, but there have been many

going on at the same time in different parts of the world at the same time, and there have been many times when man has raised up to an even greater place than what he is now, only to have abused that higher position and fall to what one would almost term an animal.

On this topic of evolution, however, my all-time favorite comment from The Council was this: **God forbid, if it has taken you this long to come to where you are now, without having to start from some monkey form of body.**

What we were told by The Council is that we are not the result of physical evolution. In fact, we are what we have always been, from the instant of our creation. We are living, conscious-state beings. Spiritual electricities, so to speak, emanating from the all-encompassing Creator.

It is just that we now use physical bodies to function within the rules and regulations of what might be called a treatment facility. Sort of a Betty Ford Clinic for the soul.



The Eagle Soars - Volume 6, The Book of John, Chapter 8, As Interpreted by William Allen LePar

This is the sixth in a series taken from William LePar's lessons on the Book of John. Mr. LePar's spiritual source, The Council, gives it their whole-hearted recommendation, *"Some of the information that has come out and will come out will never be out again. Now, do you understand when we say it will never be out again, we mean in the form that it is presented, in those particular words? The truth has always been and always will be. But it is the proper construction or the proper presentation that makes the difference, that makes for the understanding and the acceptance.*

"Now, at the risk of sounding egotistical, we would recommend that (Mr. LePar's) Bible class whole-heartedly, because in that then you get what is necessary, and you get it in a very clear picture without the hindrance of man's intellect."

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