Holiday Messages from The Council

Trance Library File No. 02-79

SUGGESTIONS ON READING THE TRANCE LIBRARY FILES

by

WILLIAM ALLEN LePAR

I appreciate your interest in the information we have been receiving from The Council, the spiritual source which speaks through the Trances. In all the years that I have been manifesting the Deep Catatonic Trance, I have learned a great deal from The Council, and I earnestly wish that you also gain a greater understanding of our existence.

These Library Files present information from The Council over a vast range of topics. In some cases, the information presented comes from one or two Trances that were usually held consecutively, within a few weeks or months of each other. In other Library Files, the information is selected from Trances held over many years. In all cases, if you study these Library Files carefully, you will notice a common thread of awareness that runs through all the information that The Council presents.

You may also notice that by the manner in which The Council presents the information, it becomes evident that they are layering awarenesses and insights. The observant reader will realize this progression of awareness and the unfolding of these insights.

These Library Files will not reveal their deepest insights to you with a casual reading. You must study them and reflect upon them. I would advise you to read the Library File at least twice and reflect on the information that The Council gives.

Again, thank you for your interest. I sincerely hope that you benefit from the Council's wisdom.

Sincerely,

SOL

AN INTRODUCTION TO THE COUNCIL by William Allen LePar

The Council has often referred to themselves as "spiritual beings." We must remember that this is a very elusive term and means something far greater than what we normally have been taught to understand as "spiritual beings."

In our finite minds we look upon spiritual beings as living beings confined in similar manners as we in the physical, and this is not the case with some levels beyond the physical. But in this expanded description from The Council, we begin to realize that there are levels that we can reach as spiritual beings that far surpass our present concepts.

Respectfully, I submit The Council's own personal description of themselves.

THE COUNCIL SPEAKS OF THEMSELVES

After a soul or an entity has accomplished a certain level or degree of perfection, through whatever system that is the ruling belief system of that time, then the individual or the soul or the entity is elevated to a level wherein it is not necessary for reincarnation. Once entering the spiritual realms without the need to reincarnate, a growth period is undergone. Many steps of awareness or many levels of awareness are accomplished, many degrees of elevation, many degrees of perfection until finally the soul, the entity has evolved into a state where there are no levels, no degrees, but begins to expand in love and awareness to the point where there is a total mergence or merging with other beings; where all ideas of limitations, all awarenesses of false limitations, have been done away with; where the person or the soul or the entity begins to realize its true unlimitedness and in that begins to expand greater and greater and greater, interweaving more delicately and more closely with all others and all other things, and in so doing grows closer to the Divine Himself. Once a soul or entity has reached this level, then they are in union with others, total union, yet completely individual, and yet completely united. This soul, this entity has its own personality, yet delicately flows in and out and with other souls but yet maintains its own personality, its own being. The soul, the entity becomes more god-like in that it becomes part of all things, yet maintains its own personality, its own being. Once a soul has reached this level then there is no name, there is no body as you would recognize or understand, but a more complete and unlimited Child of God, one who is so developed that no name could ever describe him. That is the existence we live in, and if you wish to use confining and restricting terminologies as levels, then we souls have to say that is the level we exist in. In all of mankind's history this level has never before spoken in the physical plane.

Even though we refer to ourselves as "spiritual beings," we use such statements only to give all who come to us some idea to relate to or some concept that they can relate to.

THE TRANCE PHENOMENON

We believe The Trances of William Allen LePar are the rarest paranormal experiences known to modern man. The only example of a similar phenomenon ended with the death of Edgar Cayce in 1945. The Council's unparalleled revelations, through Mr. LePar's trances, are made available to the public through the SOL Association for Research. His time and efforts are without compensation, and SOL is a non-profit, tax-exempt concern dependent on the commitment of volunteers.

The following is a brief explanation of a Trance, so those without the opportunity to participate have a better understanding of the phenomenon. On the day of a Trance, Mr. LePar remains in a peaceful environment. He consumes little food and The Council recommends his diet include red shellfish. He engages in considerable prayer and meditation throughout the day.

Those participating in a Trance, to question The Council, gather about a half hour before the session for socializing. Nancy LePar, his wife, is always the last to leave her husband before a Trance begins. She sits with him in a separate room as he quiets himself with prayer and meditation. When she enters the room in which the trance is to be conducted, all talking and noise cease. Soon he enters, silent and already in an altered state. With everyone seated and quiet, he enters, removes his slippers and positions himself on the floor.

He wears, as instructed by The Council, loose clothing of all natural fabric. Also, Mr. LePar wears no metal other than a wedding ring and cross. As he rests his head and bare feet on pillows, he maneuvers his body into alignment with magnetic north. Those participating, following instructions from The Council, are to place themselves in a quiet, prayerful state as until this remarkable source begins to speak. There are two distinct time periods in the linking of LePar's spiritual vibrations with those of The Council. The first period concludes with LePar's extremely deep and rapid breathing, a form of hyperventilation. His hands, folded across the abdomen, quiver; his left leg stiffens and his left foot extends. Then, suddenly, silence. It seems almost as if he has stopped breathing. Finally, The Council begins to speak -- slowly at first, repeating the name of the Trance moderator, until the link with the physical world is ready. It usually takes about thirty minutes from the time Mr. LePar lies down until The Council speaks. But on some occasions, for a variety of reasons, it can be as long as 45 minutes.

Once The Council begins to communicate, a Trance usually lasts between ninety minutes and two hours. The Council is offered the opportunity to give the gathering an opening statement, which has always become a segment of information useful for universal spiritual growth. Then, the trances follow a simple question-and-answer format, beginning with written questions and continuing with follow-up questions raised by The Council's comments. At some sessions, there are so many follow-up questions that only the first question asked will be from the list of written questions.

Afterwards, when Mr. LePar awakens, he remembers nothing. His memory is blank from the time his wife leaves him before each session until he awakens at the conclusion of the Trance. He is always physically drained, cold and disoriented. He is helped to a seat, wrapped in an afghan for warmth, and given a slice of bread and a glass of orange juice to help him recover.

We hope you profit from the information in these Trance Library Files. If reading a particular file gives rise to a question, we encourage you to contact us for more information. Thank you.

FOREWORD

The Council has told us on many occasions that truth has always been available to mankind from the very beginning. As you read this Trance Library File, you may note similarities to information from other sources. You will also encounter new information. You may be surprised by some of the information revealed by The Council, to the point where it strains your credulity. The Council realizes this, and so they often begin a Research Group Trance with an opening statement such as this:

Again, a reminder as we have said before, we ask that you think about what we have said, the answers to your questions. It is not necessary to accept everything we say, but we do ask that you take the time to think on what we have said and hold it for possible use or acceptance at a later time. What is most important is that you do think, that you exercise your God-given mind. Use what you can use and store away that which is not serviceable at this time, for if you wish to see a dawn tomorrow with its clear blue skies, you must make ready for it now. If you cannot believe that tomorrow will be a better day than today, then it will not be so for you. If you do not carry the light of tomorrow, then where will it come from? If your tomorrow is not planned for today, then how can it exist? Forearmed with the knowledge of the path you are presently traveling, you are then in a position to create a better path for your travels tomorrow. The outlook for the children of the Divine is definitely a bright and sunny day. Only you can make the decision as to what your tomorrow will be. We have one distinct advantage over each of you, and that is we have gone through the process of life that you are presently experiencing and in those activities we have learned that one must never narrow their vision down to what they prefer to see, but it is great wisdom when one is willing to look at the total picture, even those segments that one wishes were not there.

Always keep this concept in mind: Use what information you can, and that which you cannot agree with, put it aside for now. Do not discard it, for you may find it very useful in the future.

IMPORTANT

TERMS AND CONDITIONS FOR USE OF TRANCE LIBRARY FILES

- 1. PLEASE DO NOT RETAIN THESE LIBRARY FILES.
- 2. THIS MATERIAL IS COPYRIGHTED. KEEPING A COPY IS PROHIBITED.
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- 6. PLEASE REQUEST ADDITIONAL FILES BY EMAIL SO THAT WE CAN REPLY QUICKLY.

DISCLAIMER

These Trance Library Files are verbatim transcripts of psychically derived information. This information was given in response to questions posed by individuals in attendance at the Trances. These transcripts are presented for informational and educational purposes only. They should not necessarily be considered applicable to situations other than those of the person asking the original question. **SOL cautions that this information should always be considered in its original context**. SOL advises that the reader exercise judgment and common sense when considering this information. SOL cannot take responsibility for any abuse of the information contained in the Library Files.

From thousands of transcript pages, SOL has compiled the Trance Library Files, and will continue to do so in the future. Some of the information has come to us in concentrated form, while other Library Files are compilations of material given through the years.

As you experience more Library Files, you may occasionally notice the same or similar bits of information in different Library Files. This is done to maintain the integrity of The Council's message in each subject area. Please enjoy your encounters with the words of The Council. SOL heartily endorses the spiritual and educational value of these Library Files and firmly believes great benefit can be derived by those approaching this information with a sincere desire for greater understanding of themselves and their world. The material in this Library File is copyrighted and may not be reproduced without the written permission of SOL.

EXPLANATION OF TRANCE LIBRARY FILE FORMAT

Reincarnation⁽¹⁾

page 31⁽²⁾

Selection # 16⁽³⁾

Reincarnation⁽⁴⁾ was discussed on 80-06-28⁽⁵⁾, the 78th Trance⁽⁶⁾. The word "reincarnation was first found on page 1235, in line 387⁽⁷⁾.

386⁽⁸⁾

387 ***: (9) Since we believe in reincarnation, and apparently have experienced death a number

388 of times, why do the majority of us fear death, and why do we not have a conscious

389 awareness of what it is like beyond the veil?

390

391 C:(10) If you have reincarnated then evidently you have not fulfilled or let us say you

392 have not taken advantage of the opportunities available to you while in the material

393 manifestation, thus you have relegated yourselves to the man-made heavenly realms. The

394 fear comes from a degree of awareness of the conditions in the man-made heavenly realms.

NOTES

- (1) Title This is the topic of the Trance Library File.
- (2) Page This is the page number of the Trance Library File. Each Trance Library File begins with page one.
- (3) **Selection** This number indicates the chronological order of this block of information in the whole of the Trance material.
- (4) **Key Word** This is the search word used for this selection.
- (5) Date This is the date on which the Trance occurred. It is given as a year-month-day (80-06-28).
- **(6) Trance Number** All of Mr. LePar's Trances have been numbered chronologically beginning with number one. This number indicates from which Trance this selection was drawn.
- (7) Master Volume Information All information from all Trances is transcribed in chronological order into the SOL Master Volume. This line indicates the page number and line number as found in the Master Volume.
- (8) Line Number The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.
- (9) Questioner The symbol *** indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.
- (10) Council The symbol C: indicates that The Council is speaking.

EXPLANATION OF TRANCE LIBRARY FILE FORMAT

79-12-01⁽¹⁾

Life After Death - Part 1⁽²⁾
Trance #2⁽⁴⁾

page 21⁽³⁾

This trance was the second trance in the Research and Study Group series. The Trance was attended by William LePar and (***), (*

1⁽⁶⁾
2 C:⁽⁷⁾ May the Peace and the Joy of the Infinite Father be upon you, and may His Light 3 shine down upon you and around you and within you.⁽⁸⁾
4
5 ***:⁽⁹⁾Thank you. Are you ready?
6
7 C: Yes we are ready

7 C: Yes, we are ready.

9 ***: Would you agree with the statement that Jesus Christ came into the earth in human 10 form and is both man and God?⁽¹⁰⁾

12 C: Yes, we acknowledge that Jesus Christ is both man and God and that He did come 13 into the material manifestation.

NOTES

- (1) Date This is the date on which the Trance occurred. It is given as a year-month-day (79-12-01).
- (2) **Title** This is the topic of the Trance Library File. If a subject requires more than one Trance Library File, then the file is divided into **Parts**.
- (3) Page This is the page number of the Trance Library File. Each Trance Library File begins with page one.
- **(4) Trance Number** This is the number of the Trance within the Research and Study Group Trance series.
- **(5) Identification** This paragraph identifies the Trance and the persons in attendance Individuals are identified by the symbol *** to maintain confidentiality.
- **(6) Line Number** The transcript of each Trance session is numbered from one. If a Trance Library File is made up of information from more than one Trance, then these numbers will change sequence.
- (7) Council The symbol C: indicates that The Council is speaking.
- (8) **Greeting** The Council always opens with a greeting.
- (9) Questioner The symbol *** indicates an individual at the Trance asking a question or responding to The Council's remarks. This is used to maintain confidentiality.
- (10) Test of the Spirits As outlined in the First Letter of John this test is given at the start of each Trance.

Christmas was discussed on 76-12-12, the 26th Trance. The word "Christmas" was first found on page 366, line 802.

754	C: Now as to a message to all. At this time of the year man has
755	seen fit to proclaim it the time of Advent. Advent. Yes, the time
756	that one makes for the preparations of the New Coming. Preparations
757	to receive the Christ in the physical. Lo, this was done many
758	years ago, but it was not done over a few years but this preparation
759	started from the very beginning of time and constantly was worked
760	on by a select few. As they worked diligently, as they believed
761	diligently, they built within them and their community an awareness
762	that would pave the way for the entrance of Christ. And in today's
763	world man should also attempt this, especially at this time of the
764	year. He should place forth much more effort in going over his own
765	self. To look into that mirror and judge whether he is worthy or
766	whether he is not worthy. Has he truly put forth the effort
767	necessary? Does he have the honest heartfelt desire? If not, then
768	this is the time which he should apply himself so that he can raise
769	his awareness to that degree which could accept the Consciousness of
770	Christ. He should extend himself out so that he may become part
771	of that mystical body or that mystical consciousness so that he
772	too may live, instead of just exist. So he too can become more aware
773	of true illumination and true spiritual awareness. And so now at
774	this time man should reminisce upon the birth of Jesus Christ and
775	take these thoughts and bring it within himself and attempt to
776	instill that Love that the Father demonstrated so vividly for His
777	children. He should attempt to demonstrate that same love to his
778	fellow man, thus insuring his place in the new world, in the new
779	existence. Adding to, building up, and for, instead of attempting to
780	draw from. At this time man wishes to express some form of that
781	innate awareness of the giving God and the loving Christ by
782	exchanging gifts on Jesus's birthday. Let this deep awareness become
783	more active in your everyday lives. Do not hold it to a few short

784	weeks at the end of each year. Start now with the beginning of a new
785	year to promote this feeling of love, this feeling of giving, this
786	outgoing love. Promote it so that it not only encompasses a few
787	short weeks at the end of the old year, but engulfs the entire new
788	year. Let this become the New Birth for you. Think of that
789	helpless little babe and the suffering that in a few short years it
790	would have to endure. And for what reason: for its own at-one-ment
791	with God? No. For your at-one-ment with God. So that your way
792	could be made easier. So that you in one short existence in time
793	could step from the physical into the glories of your Father. What
794	greater love could any man have given to him? May that Divine Father
795	and that Blessed Love which is His Son and Creator always be near to
796	you. May you always be open to that Presence. May you always reach
797	out to that hand that is already waiting for you, that has long,
798	long been waiting for you and that patiently will always wait for
799	you. Accept that personal Love He has for you and be glorified by
800	bringing glories to your Father.
801	
802	This is our Christmas message to you and to all. Think upon
803	it for it says much more than just words.

Christmas was discussed on 77-11-19, the 33rd^h Trance. The word "Christmas" was first found on page 499, line 569.

505	C: As to the time of year that is approaching, the time of Advent.
506	All men should take this time to prepare for the Coming of the Divine
507	Saviour. All men should prepare to accept the Promise of their
508	Father in Heaven.
509	At the time of Advent it is generally the custom of some
510	religions to have what is called an Advent Wreath, and with the
511	proper attitude toward such things this can be of a spiritual
512	uplifting and a preparation for each and every entity at a soul level
513	to better appreciate the Love of the Divine Father. In most cases
514	the accepted Advent Wreath is a wreath made out of wheat straw, with
515	the candles of white, red, and purple. Since man is limited in his
516	ability to understand the Divine, the Divine often speaks to him in
517	symbolism, and man's understanding of these symbolisms only gives him
518	some minute awareness of the Divinity that lies beyond. Since not
519	all men are blessed with Beatific Vision, those that are not must
520	rely on thoughts and symbolisms. The wheat straw that is used to
521	make up the ring or the wreath symbolizes the fruits of the earth,
522	the circle symbolizing the eternity. Those fruits that man develops
523	or earns or that are his rewards are for an eternity, not
524	everlasting, but an eternity.
525	The purple candle that is often used represents the royalty that
526	comes into the world at this time of the year, and the light, of
527	course, atop the purple column is significant of the Light of Jesus
528	Christ. The purple column being His Royalty, His Reign, His Kingdom.
529	The red candle represents the Passion and Blood that was shed.
530	Blood and Passion, the control of the physical. The control to such
531	a degree that a soul can either accept the best in life if it is
532	given to him, or he can accept the worst in life if it is given to
533	him. The Divine Father has given him the strength to overcome all
534	the injustices that may be inflicted upon him. The Divine Father has

given him the inner strength to see beyond those physical injustices
or those physical pains to come to a greater realizing that those may
be as a lesson to others and not to the entity themselves, and so the
Divine Jesus Christ did suffer as an example to the extent which man
himself should have faith in the Lord God. Of course, the red again
is topped by the flame that symbolizes the Light of Christ. Many
people have great fear of the symbolism of the blood and the
sacrifice, and this is a weakness within them, and this is a weakness
that they must learn to overcome. When one is willing to endure
their situation whether it be pleasant or unpleasant, when they are
willing to make the best of that situation, they are showing the
faith that they have in the Love of their Divine Father. For they
accept such things that they cannot correct, because they know that
the Divine Father has a use for such an example. In most cases it is
to show the inner strength that man should have in his Divine
Creator, the inner faith that man should have in his Divine Creator,
the inner love and knowing that man should have in his Divine Creator
in that this Divine Creator would not inflict pain or sorrow on any
of His creations needlessly or even that He would do such a thing;
and in this then some entities do choose to undergo hardships as an
example of their love and faith in the Divine Father. So the Blood
of the Lord Jesus Christ should never bring fear into the hearts of
man, nor should it only indicate sacrifice and sorrow. What it
should indicate is the divine trust man should have in his Creating
Father, and the divine love that he has, and the divine faith.
The white candle represents the totality of Jesus Christ; the
column, the foundation and the Light, purest of the pure.
When man chooses to honor the season or to prepare himself
spiritually and mentally for the Coming of the Messiah, oftentimes he
does this by exhibiting an Advent Wreath and with this understanding
of some of the symbolisms of the Advent Wreath, we hope that those
who choose to prepare themselves in this manner will have a greater
awareness and a touching in with the Divine.

Selection # 3 Holiday Messages from The Council

Christmas was discussed on 77-12-15, the 35th Trance. The word "Christmas" was first found on page 533, line 574.

573	***: No, except I just wanted to ask how the Council celebrates
574	Christmas?
575	
576	C: We are permitted, shall we say, to step just inside the House.
577	Of course, this does not mean too much to you because you do not
578	understand, but if you would know the experience of total joy and
579	total illumination, this is the way we celebrate Christmas. It is
580	given to us and in return in our praying for all of you and all of
581	the world we try to empty this joy from us through our prayers to
582	all. Does that answer your question?
583	
584	***: Yes, thank you very much.
585	
586	C: You are most welcome.

Selection # 4 Holiday Messages from The Council

Christmas was discussed on 77-12-15, the 35th Trance. The word "Christmas" was first found on page 535, line 663.

656	C: It is close to the time of year when man celebrates Christ and
657	His Entrance, and in that time let us all celebrate the entrance of
658	Jesus Christ into our own personal lives. Let us celebrate the
659	opportunity to serve as His handmaidens and personal servants.
660	Until we have an opportunity to speak with you all again, those
661	blessings that come to us at this time, may we pass them on to you.
662	May the Father bless you all and may His Divine Son always shine
663	within you. A Merry Christmas to you all.
664	
665	All: Thank you.

Easter was discussed on 78-03-18, the 40th Trance. The word "Easter" was first found on page 675, line 772.

772	***: Do you have an Easter Message to give us, and, if so, would you
773	like to give it at this time?
774	
775	C: Man often looks at the Easter time of the year as a time of new
776	life, and this is that which speaks from the very depths of man's
777	soul into his more conscious mind; and yet even though each being,
778	each of God's creation recognizes, shall we say, that designated time
779	when the Resurrection is honored, how little he truly pays homage to
780	such an event. The greatest significant thing in man's spiritual
781	history is looked upon with so little reverence. One who looks back
782	on all the messages of the Divine Saviour, Jesus Christ, should come
783	to that one which He states that all that He has done you, too, can
784	do and even greater, and with this in mind when thinking about the
785	Easter period, the Easter time, how can one not give total thanks to
786	his Divine Father for the magnificent gift of Love that He has
787	presented to His other children in that they, too, in a time to come
788	will be resurrected into a most glorified and beautiful body, one
789	that is capable of many, many wonders. So that when the Lord Jesus
790	said that, "All these things you can do and even more," not only
791	referred to the miracles or miraculous deeds, but also referred to
792	that which was to come in His life at that time in the form of death
793	and resurrection. It is true that man in his mortal body must
794	succumb to death, but it is really not a final death, it is only a
795	changing from one conscious state to another, but, nevertheless, it
796	is a physical death. If that individual has lived a life that is
797	attuned to the Commandment of the Lord Jesus Christ, and that is that
798	we should love one another as we love ourselves, then that individual
799	will transcend from the point of physical death to that of a state
800	which will contain a glorified body, truly not to the magnitude of
8 0 1	that that the Lord Jesus possessed and does possess, but that which

would be very much attuned to that glorious Body of the Lord in so that you, too, in a time to come will be able to have even such a body as He has. At this time man should dwell on the total Love that he has received, on the Grace period, on the greatest show or act of Love that has ever been presented to physical man, the final proof that your Father loves YOU personally. Let yourselves now adopt a, shall we say, semi-glorified body in its physical existence by going forth and proclaiming the total Love of your Divine Father. Let those around you, those brothers and sisters around you, know that your God is not a God of tragedy. He is not a God of condemnation, but is a God of total Love that would go to any means necessary to insure your full completion, even if He Himself must personally show you how to live. Sing praises to your Lord God for His Love and for His kindness, and in some way conduct yourself each day with each person in that manner which your Father through His Love has shown. That would be your Easter Message.

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***: Thank you.

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C: You are most welcome.

Christmas was discussed on 78-12-12, the 52nd Trance. The word "Christmas" was first found on page 909, line 1212.

1209	C: Since there will not be an official regularly scheduled
1210	communication until after the celebration of the Divine Son of God,
1211	may we take this opportunity to personally speak to each of you.
1212	Think seriously about what the holiday represents, Christmas. Each
1213	of you should think much more seriously about it. Man from his very
1214	beginning has waited patiently for this time in history when the way
1215	would be made easier, when it would be reduced to a simple sincere
1216	desire for return. You all, because of your lack of sincerity, have
1217	been given a time in which you now can cross over easier than it has
1218	ever been or it will ever be. If you cannot look at the birth of
1219	Christ in any other way, look at it in this respect, that it is your
1220	opportunity, your chance of a lifetime to make it without any effort
1221	at all, without any cost to you. It is a free ride; it is the only
1222	free ride you will ever get in all of creation, in all of time. By all
1223	means accept the ticket and get aboard. The birth of Christ is your
1224	birth if you are wise enough to accept it; it is your flight on the
1225	wings of the dove, no cost to you, but a cost to others. Many have
1226	given up much so that the last few of you can return. Hear the pleas
1227	of not only the Divine Son of God but of His Blessed Mother; be like
1228	Him. If you cannot be like Him, at least try to be like Him.
1229	Respect Him. Do not be afraid to let others know where you are
1230	coming from, because it is your sincerity and your fearlessness that
1231	may be what someone else needs. All of heaven prays for the earth.
1232	May our love be extended to each of you personally and to each member
1233	of your family personally, and as we pray constantly for your safety
1234	we hope that you will pray for others. As this Divine Love of God
1235	carries us on to greater experiences we pass that which we can to you.
1236	As we rejoice in the Beauty of Godliness, we hope in some way we can
1237	entice you to join us, that we can tease you into joining us. We pray
1238	for your return and for every member of your family's return. A very

- 1239 Blessed and Holy Christmas to each and every one of you. God bless
- 1240 you as He blesses us. Thank you.

Easter was discussed on 79-04-01, the 63rd Trance. The word "Easter" was first found on page 1030, line 1172.

1172	***: Would you care to give us an Easter message? Or is there not
1173	time for that?
1174	
1175	C: Easter in man's eyes and mind has always been a sign of life.
1176	Man often forgets that this life was given to him by the giving up of
1177	a life. One of the examples that man should learn, that Children of
1178	the Divine Father should be aware of, is that giving up a life or,
1179	shall we say, giving up an existence for a life is much better and
1180	much wiser and much more fulfilling. In most cases those interested
1181	in growing more godlike are not going to be asked to give up their
1182	life, but they are going to be asked to make a change, to take off,
1183	shall we say, an old garment and put on a new, to begin to shed an
1184	old body for a new. Does this mean then that those interested in
1185	spiritual growth, in becoming closer to their Divine Father, does
1186	this mean that they must sacrifice then and do without? No. What it
1187	means is that you must practice discipline. You must practice the
1188	art of saying no to yourself, and saying yes to your brothers and
1189	sisters. It means that one must learn the art of moderation; and it
1190	also means that one must learn the art of loving himself, not in a
1191	self-centered manner or fashion; but in such a way so that you begin
1192	to realize the importance of your being, that you begin to realize
1193	that in the eyes of your Divine Father, in the eyes of God, you are
1194	so important to Him that He would give up His real Son's life for
1195	you, that He would permit that aspect of Himself to actually endure a
1196	material body, a physical body. You must learn to accept the fact
1197	that this Father is in actuality a Lover attempting to woo you back
1198	to your rightful place, that this beautiful Being, this ultimate
1199	Being is completely dependent on you for His complete Happiness, that
1200	He so loves you totally that without you He would have a sense of
1201	loss.

At Easter time man should think of the beautiful place that He
rightfully deserves, that he has not wished to accept. It would be
well worth the change required. And what is the change? What is the
new way of life? To look upon other people and situations not in a
detached manner, but with the attitude of "what can I do to help that
situation?" A smile given to a very lonely person can be for them
the greatest act of charity or love possible, and in you so giving of
yourself in such an act of charity or love may be the very thing that
gains you the ownership of that new cloak or body.
With these few words we wish the privilege and honor of praying
for each and every one of you and all those who attend the Bible
Class, and we ask at this time that all of you pray for your brothers
and sisters.
That would be your Easter message.

Christmas was discussed on 80-12-07, the 85th Trance. The word "Christmas" was first found on page 1359, line 97.

25	***: Do you have an opening statement?
26	
27	C: As to an opening message: According to most religious beliefs,
28	this time of the year is considered the Advent. It is the time of
29	the year when religions prepare for the Source of their existence.
30	This is the time of the year when religion, when church, prepares
31	for the birth of its Lord. This is the time of the year when all
32	of you should prepare. Let it go beyond the buying of gifts and
33	the giving of gifts. At this time of the year man's heart seems to
34	soften and for some mysterious reason begins to look not at himself
35	exclusively but his eye begins to wander to others; his mind begins
36	to wander to others; he begins to think of his family and close
37	friends, and in his appreciation attempts to share or give
38	something to those near and about him. Man gives very little
39	thought to the Advent time of the year and its true meaning. He
40	never questions why at this time man's heart softens just a little,
41	just a tiny little. He is part of the spiritual cycle of things.
42	Just as the Divine Father prepared to make entrance into the
43	material manifestation, man feels this in his soul, and he prepares
44	to open the door of his temple just ever so little, and as the time
45	approaches, the day of the Birth, the night of the Birth, Christ
46	becomes ever so more active in the world. He is ever so more
47	active in the life or in the lives of men. Is it because He takes
48	much more interest in man at this time of the year? No. It is
49	because man feels the emanations from above and allows his interest
50	to become just a tiny more active in the present Lord and Christ,
51	in the ever-present Lord and Christ. This opening of the temple
52	door is most often closed within a few hours of the day of the
53	Lord's birth. This need not be so. Now that the doors are
54	heginning to open on these temples of the Divine, why not let them

55	open even further? Why not let this joy that you will experience
56	as the time comes closer to His Birth, why not let that continue
57	after? Beyond the hustle and bustle, the rush, there is a joy that
58	each feels if they only allow themselves a moment to feel it, but
59	this joy can be brought even to a greater awareness within each
60	individual if they can think upon the gift-giving as an act that
61	demonstrates God's action with each of you and with us. You give
62	to each other physical gifts that are intended to bring joy and
63	happiness to those that you give and your Divine Father gives you
64	spiritual gifts and spiritual love that is intended to bring you to
65	joys and happiness and glory beside Him. He has given you a very
66	part of Himself. You feel this in your desire to give to others.
67	Instead of asking you to make ready or prepare for the coming of
68	the celebration of the Lord's Birth, we ask you, give Him a gift.
69	Prepare to celebrate His Birth with the gift of joy that continues
70	beyond that day. Give back to Him the gift of love by
71	demonstrating it to others around you. Let the happiness that the
72	Holidays bring you, let it continue beyond the Holidays. Let that
73	door keep open and open it even wider as time goes by. Give the
74	Lord this gift if you will. To every person that you meet, demand
75	of yourself to see at least one good thing in that person. This
76	can be the greatest gift you have ever given to your Maker because
77	with this attitude you can begin to eliminate the hate of the
78	world. You can begin to eliminate the darkness of the world. You
79	can begin to illuminate the world with the Love of your Father.
80	If we may say something very personal to all of you at this
81	time, you cannot understand when we say to you that we love each of
82	you dearly, those that are here now, those that will come, and
83	those that have left. We love you regardless of what state we see
84	you in because we understand, we understand. You cannot see us;
85	you can only hear us through this one's voice box, but we can see
86	you and we can hear you, not only the exterior you but the inner
87	you, and we can understand your trials. We can understand your
88	actions. We have learned that we cannot condemn what we see.
89	Instead of condemnation we have learned that we love you even more

90 for your shortcomings in hopes that this love that we have for each 91 of you will give you a strength of the soul that will help to 92 overcome what you must overcome. As a personal message to each of 93 you, we hope that as you celebrate the Lord's birthday you allow 94 Him to reside in you personally. We pray that you feel His Presence 95 even more real than you feel your own presence, and we pray that 96 you accept His Love above the love you have for yourself. We 97 pray that each of you have a very blessed and Holy Christmas and 98 that the dawning of a New Year brings you peace of mind and joy and 99 that you find yourself much closer to your Lord. Thank you. All: Thank you. 102

100

101

103 C: Very well.

Easter was discussed on 81-04-10, the 92nd Trance. The word "Easter" was first found on page 1483, line 643.

643	C: As each of you celebrate this season of Easter, think of the
644	happenings of this time. Think of the death of Christ and then
645	think of the Resurrection. Use that love that He demonstrates as
646	an example to your own conduct. Learn the virtue of discipline,
647	and in so doing then you achieve a new existence, a new awareness
648	a new spirituality; for it is only learning to control yourself
649	that you can grow into anything beyond what you presently are.
650	You, too, can become a new being, a new spiritual being. Is there
651	anything else?
652	
653	***: There is nothing else at this time. Thank you.
654	
655	C: May those Blessings that we receive from our Creator be shared
656	with each and every one of you, and may you experience a new life,
657	a new spirituality, and a new desire for a closer relationship
658	between you and your God and you and your fellow man. Thank you
659	
360	All: Thank you.

Christmas was discussed on 82-12-03, the 111th Trance. The word "Christmas" was first found on page 1822, line 1124.

1124	C: Although our Christmas Message was not in the general vein that
1125	we have given Christmas Messages before, we hope that each of you will
1126	take this with serious consideration. If each of you are truly
1127	interested in your spiritual growth, and if you are truly interested
1128	in becoming more closely related to your God, and if you truly
1129	acknowledge Christ as your Saviour and ours, then you must progress
1130	onward in the overall picture. You must learn not just to preach but
1131	to use your life as the greatest preaching tool possible. Let your
1132	activities of love and forgiveness and loyalty and consideration and
1133	charity be as an example to others, be as a guiding light to others,
1134	be as the star to the Magi. We ask that each of you truly take the
1135	baby Jesus into your hearts, and nurture that child, that baby, that
1136	infant, so it grows into a full adult Christ. Again, we wish you all
1137	and your families the holiest and happiest of holidays. And may you
1138	always accept the Love that God has for you, and may you always be a
1139	light that leads others to Him. We thank you.
1140	All: Thank you.
1141	
1142	C: Again, the happiest of holidays.

Easter was discussed on 85-03-03, the 127th Trance. The word "Easter" was first found on page 2061, line 41.

12	***: Do you have an opening statement to make?
13	
14	C: Maybe in consideration to the time of year that man has
15	entered into, the observation of Lent. In the past, man has always
16	sought to find a state of spirituality through a sacrifice of doing
17	without. This, of course, is a way of accomplishing a higher state
18	of spirituality or a state closer to God the Father, but a
19	companion to this control or sacrifice makes the way easier and
20	much more enjoyable, and that is the companion of doing. If
21	during this Lenten season one could establish the attitude of doing
22	something of benefit or good for someone else, instead of seeking
23	to give up something, then possibly each individual with such an
24	attitude and each individual who makes that effort might find their
25	growth much greater and much more satisfying, and just possibly the
26	world would be a better place for such efforts. In a sense, when
27	one makes a commitment to accomplish some good for something else
28	they are in fact sacrificing or giving up because they must then
29	take a part of energy or thought that would be dedicated to
30	themselves and reserve that and rearrange it, reconstruct it, so it is
31	the force or the stimulus to do for others. In that sense, then, they
32	are sacrificing or giving up something, but doesn't it seem to be a
33	more productive and a more godly activity if one were to expel their
34	energy in something productive as doing good for others. Whatever
35	way you choose will definitely bring you a measure closer to your
36	Divine Source. One avenue can be somewhat more rewarding than the
37	other, but the choice is yours. May this season of meditation of a
38	sacrifice for all be part of your Lenten expression. May each of
39	you consider the sacrifices that have been made for each of you for
40	the world. We would like to wish you all a very blessed and holy
41	Easter, and may your resurrection bring you to the glories that are

42 rightfully yours. Very well.

Christmas was discussed on 86-10-31, the 144th Trance. The word "Christmas" was first found on page 2367, line 631.

630	C: In a short period of time all of you will celebrate the season
631	of Christmas, the season when the world recognizes a Consciousness
632	entered the material world that was far greater than it had known
633	before in its recorded history. We ask each of you that when that
634	season stimulates the attitude of love and sharing in you, that you
635	do not allow that attitude to fade away in some cold breeze of
636	time, but that you continue that attitude with you for the rest of
637	the year.
638	If your world is to improve, it can only improve with each one
639	of you, and it will only improve to the degree that each of you
640	wish to improve. Each of you are a vital, productive part of
641	tomorrow. Each of you control a very important aspect of
642	tomorrow's future, of your world's future. Be sure that that point
643	in the future, that condition in the future that you have control
644	over, ends up being a positive situation. Allow the real, loving
645	you to be expressed through that physical container that you use to
646	grow with. Do not let the world keep you in your little hiding
647	place. Reach out with an open hand. When one gives, one gives
648	with an open hand, therefore it is in the right position to also
649	receive. A person with a clenched fist gives nothing and receives
650	nothing. An outward stretched hand has much to give and much to
651	receive.
652	May the Holy Season bring each of you and your family and your
653	friends great joy and great peace. And may the coming of the new
654	year bring you all that you wish and desire, and may the Blessings
655	of your Creator and our Creator be abundantly manifested in each of
656	you, your family and loved ones. We thank you.
657	
658	All: Thank you.

Christmas was discussed on 89-11-18, the 174th Trance. The word "Christmas" was first found on page 2880, line 1199.

C: Let us take just a few short moments to ask each of you to
experience the significance of this holiday, the rebirth of Christ
and the celebration of His Birth. Take into your conscious mind
and into your heart the love that was involved in bringing this
kind of experience into the world. Try to realize the tremendous
effort that went before and look at what has come out of it. Take
this love that the Baby represents. Take it into your hearts and
allow that same love, that same giving, to be expressed through
each of you, to yourselves first of all, and then to those that you
love, those close to you. The Christ Child was a gift from the
Divine because it signified the official entrance of the godly
Consciousness in the creative realm, in the earth plane, in all of
creation. You call it the Christ Consciousness, but it is God in
Action. That is what the Christ Consciousness signifies, that is
what it means, that is what it is. It is God in Giving, it is God
in an outward manifestation of love. We ask each of you to accept
this concept in your hearts and give to those around you, give
love, give understanding, give compassion, give sympathy, but most
of all give yourself to those around you. May each of you and your
families enjoy a very prosperous coming year. May you enjoy a very
Blessed and Holy Christmas.